INDIVIDUAL LONG TERM CARE INSURANCE

| COMPANY: | NAIC Code: |
|---------------------|------------|
| FORM(S): | |
| DATE: | |
| | |
| SERFF TRACKING NO.: | |

This checklist is not required to be included with a form filing. It should be used as a guide in determining which laws and regulations apply to the contract. The items listed below may paraphrase the law or regulation. Unless otherwise specified, all section references are to the Insurance Article of the Annotated Code of Maryland.

A. Filing Incomplete or in Unacceptable Format

| | Citation | Description | "X" Means Applicable | Form/ Page |
|------|---|--|-------------------------|---------------|
| A1. | COMAR 31.10.01.03A | Premium Rates and Actuarial Memorandum (Include in same SERFF tracking number filing) | | |
| A2. | COMAR 31.04.17.03I(2) | If the filing is not being made by the insurer, the filer must submit a signed third party authorization letter from the insurer. | | |
| A3. | COMAR 31.04.17.03D | Form Number (Form number must be identical to form number in SERFF Form Schedule) | | |
| A4. | COMAR 31.04.17.03G, COMAR 31.10.01.03B | Corporate Name | | |
| A5. | COMAR 31.04.17.03H | Unacceptable Modifications | | |
| A6. | COMAR 31.04.17.03K | Specimen Data | | |
| A7. | COMAR 31.04.17.03M | Signature of Officer | | |
| A8. | COMAR 31.04.17.04A(1) | Form contains items in brackets, denoting variability. Only specific items allowed for variability. Submit specific description of how each item can vary. | | |
| A9. | COMAR 31.04.17.04 | Contracts Comprised of Insert Pages | | |
| | COMAR 31.04.17.04B(1)(b)(i) | a. Description of How Pages will be Combined | | |
| | COMAR 31.04.17.04B(1)(b)(ii) | b. Listing of Substitute Pages | | |
| | COMAR 31.04.17.04B(4)(a) | c. Form Number and Approval Date for Pages Replaced | | |
| | COMAR 31.04.17.04B(4)(b) | d. Copy of Currently Approved Contract | | |
| A10. | COMAR 31.04.17.04C | Contracts Comprised of Sections | | |

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| | COMAR 31.04.17.04C(1)(b)(i) | a. Description of How Sections will be Combined | | |
| | COMAR 31.04.17.04C(1)(b)(ii) | b. Listing of Substitute Sections | | |
| | COMAR 31.04.17.04C(3)(a) | c. Form Number and Approval Date for Pages Replaced | | |
| | COMAR 31.04.17.04C(3)(b) | d. Copy of Currently Approved Contract | | |
| A11. | COMAR 31.04.17.07 | Advertising Prohibited | | |
| A12. | §15-201(d) | Size of Type | | |
| A13. | COMAR 31.10.02 | Simplified Language (Readability Certification) | | |
| A14. | §2-112(a)(10) | Filing Fee Insufficient | | |
| A15. | COMAR 31.04.17.03F | Language other than English in Form | | |
| A16. | COMAR 31.04.17.03J | Description of New Features | | |
| A17. | COMAR 31.14.03.05 | Long Term Care Partnership Policy filing submission must be separate from Long Term Care Partnership Policy certification filing submission | | |
| A18. | Title 18, Subtitle 1; COMAR 31.14.03.05A | Long Term Care Partnership Policy must comply with requirements for Long Term Care insurance under | | |
| A19. | COMAR 31.14.03.05D | Long Term Care Partnership Policy must comply with COMAR 31.14.01 | | |

B. Mandated Benefits/Provisions

| | Citation | Description | "X" Means Applicable | Form/ Page |
|-----|--|---|-------------------------|---------------|
| B1. | §18-101(f)(1) | 24 Consecutive Months Minimum Coverage | | |
| B2. | | Renewability Provision | | |
| | §18-118(a)(1); COMAR 31.14.01.04A(1)(b), COMAR 31.14.01.04A(3) | a. Noncancellable or Guaranteed Renewable for Life | | |
| | COMAR 31.14.01.04A(1) | b. Renewal Provision Required on First Page of Policy | | |
| | COMAR 31.14.01.04F(1) | c. Permissible Causes of Termination | | |
| | COMAR 31.14.01.04A(2) | d. Statement Required That Premium Rates May Change If Insurer Has Right To Change of Premium | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| B3. | COMAR 31.14.02.03K | Notice of Premium Increase | | |
| B4. | §18-118(a)(2) | Statement Required that Contract Will Not Be Canceled for Nonpayment Unless Insured and Designated Individual Are Notified of Nonpayment | | |
| B5. | §18-119(b); COMAR 31.14.01.04J(1) | 30 Day Right to Return Policy Provision | | |
| B6. | 18-103(c)(5); COMAR 31.14.01.04J(2) | Notice to Buyer on First Page | | |
| B7. | COMAR 31.14.01.06A(2) | Notice on First Page If Application Is Part of Policy | | |
| B8. | §18-118(c) | Extension of Benefits | | |
| B9. | | Definitions May Not Be More Restrictive Than the Following: | | |
| | COMAR 31.14.01.02B(2) | a. Acute Condition | | |
| | COMAR 31.14.01.02B(3) | b. Adult Day Care | | |
| | COMAR 31.14.01.02B(4) | c. Alzheimer's Disease | | |
| | COMAR 31.14.01.02B(9) | d. Cognitive Impairment | | |
| | COMAR 31.14.01.02B(11) | e. Domiciliary Care | | |
| | COMAR 31.14.01.02B(17) | f. Hands-On Assistance | | |
| | COMAR 31.14.01.02B(28) | g. Nursing Home | | |
| | COMAR 31.14.01.02B(32) | h. Personal Care | | |
| | §18-101(i); COMAR 31.14.01.02B(34) | i. Pre-Existing Condition | | |
| | COMAR 31.14.01.05B | j. "Usual and Customary" Must Be Defined If Used | | |
| B10. | COMAR 31.14.01.03A | Define Services in Relation to Level of Skill Required | | |
| B11. | COMAR 31.14.01.03B(1) | Define Providers of Service | | |
| B12. | COMAR 31.14.01.03B(2) | If type of provider requires provider to be appropriately licensed, certified or registered; definition must state the requirements a provider must meet instead of licensure, certification, or registration when the state in which the service is to be furnished does not require provider of these services to be licensed, certified or registered; or licenses, certifies or registers the provider under another name | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| B13. | COMAR 31.14.01.05E(1) | Benefit Triggers - Activities of Daily Living and Cognitive Impairment | | |
| B14. | | Contingent Benefit | | |
| | COMAR 31.14.01.13E | a. Contingent Benefit Upon Lapse Provision | | |
| | COMAR 31.14.01.13D(1) | If Nonforfeiture Benefit in COMAR 31.14.01.13B(1) is rejected, Contingent Benefit Upon Lapse must be provided at issue | | |
| | COMAR 31.14.01.13D(2) | If Nonforfeiture Benefit in COMAR 31.14.01.13B(1) is accepted, a Policy with Fixed or Limited Premium Paying Period Contingent Benefit Upon Lapse still applies | | |
| | COMAR 31.14.01.13F | Nonforfeiture Benefit Under Contingent Benefit Upon Lapse Provision must Meet Requirements of | | |
| | COMAR 31.14.01.13F(6) | Contingent Benefit Upon Lapse is effective during first 3 years the policy is in force, as well as after the first 3 years the policy is in force | | |
| | COMAR 31.14.01.13F | Contingent Benefit Upon Lapse Triggers for Policy with No Limited Paying Premium Period | | |
| | COMAR 31.14.01.13E(5) | Required Table for Triggers for a Substantial Premium Increase for Policy with No Limited Premium Paying Period | | |
| | COMAR 31.14.01.13E(7) | Insurer Offer Requirements for Substantial Premium Increase for Policy with No Limited Premium Paying Period | | |
| | COMAR 31.14.01.13E(6)(a) | Contingent Benefit Upon Lapse Triggers for Policy with Fixed or Limited Premium Paying Period | | |
| | COMAR 31.14.01.13E(6)(c) | Required Table for Triggers for Substantial Premium Increase for Policy with Fixed or Limited Premium Paying Period | | |

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| COMAR 31.14.01.13E(6)(d) | Contingent Benefit Upon Lapse for Policy with Fixed or Limited Premium Paying Period Provision is in addition to Contingent Benefit Upon Lapse for Policy with Policy with No Fixed Premium Paying Period Provision. When both contingent benefits are triggered, the benefit provided is the insured's option | | |
| COMAR 31.14.01.13 | • Insurer Offer Requirements for Substantial Premium Increase for Policy with Fixed or Limited Premium Paying Period | | |
| | Even if Offer of Nonforfeiture Benefit Under COMAR 31.14.01.13B(1) is accepted for a policy with a fixed or limited premium paying period, the contingent benefit upon lapse benefit in COMAR 31.14.01.13E(6) still applies | | |
| §18-116.1 | b. Contingent Benefit Upon Lapse | | |
| §18-116.1(b) | applies to policies or contracts issued or delivered in state before 4/01/03 for rate increases approved on after 6/01/19 if the carrier increases the premium rate for the insured the insured has maintained the policy or contract through the carrier for at least 20 years; and the insured terminates the policy or contract within 120 days after the date the premium rate increase becomes effective for the policy or maintained by the insured | | |
| §18-116.1(c)(1) | 2. Must provide a paid-up coverage: with no additional premiums due; and with a reduced lifetime maximum benefit equal to the sum of all premium paid minus any claims paid | | |

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| §18-116.1(c)(2) | 3. Except for the maximum lifetime benefit calculated in accordance with §18-116.1(c)(1), all other benefits of the policy or contract in effect on the date of the lapse of the policy or contract shall remain unchanged and may not be increased after the date of the lapse of the policy or contract | | |

C. Other Mandated Benefits

| | Citation | Description | "X" Means Applicable | Form/ Page |
|-----|----------------------------------|--|-------------------------|---------------|
| C1. | §18-114(b) | Inflation Protection a. Required Offer | I I I | |
| | §18-114(c); COMAR 31.14.01.12 | b. Minimum Requirements | | |
| | COMAR 31.14.03.05F | c. Long Term Care Partnership Policy Inflation Protection Benefit Minimum inflation protection benefit required for Individual younger than 76 years old | | |
| | COMAR 31.14.03.05F(1)(a) | 1. Individual younger than 61 years old: a minimum 1 percent compound annual inflation protection or; compound annual inflation protection with interest rate equal to annual increase in Consumer Price Index – All Urban | | |
| | COMAR 31.14.03.05F(1)(b) | 2. Individual older than 61 years old, but younger than 76 years old: • Required to provide inflation protection, but applicant is permitted to reject level of inflation protection required by COMAR 31.14.01.12A | | |
| | COMAR 31.14.03.05F(2) | 3. Required inflation protection benefit may not be alternative inflation protection option permitted under COMAR 31.14.01.12B for an individual who is younger than 76 years old | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| | COMAR 31.14.03.05F(5)(a) | 4. If inflation protection benefit is based on Consumer Price Index, it must include text that if Consumer Price Index is discontinued or substantially changed, the carrier may substitute with comparable index only with prior approval by the Commissioner | | |
| | COMAR 31.14.03.05F(5)(b), COMAR 31.14.03.05F(5)(c) | Requirements for inflation protection benefit based on increases in the Consumer Price Index | | |
| C2. | COMAR 31.14.01.13B(1), COMAR 31.14.01.13K | Nonforfeiture Benefits a. Required Offer | | |
| | COMAR 31.14.01.13C, COMAR 31.14.01.13F | b. Minimum Benefit | | |
| | COMAR 31.14.01.13F(4), COMAR 31.14.01.13G | c. Calculation of the Nonforfeiture Credit | | |
| C3. | COMAR 31.14.01.11A(1), COMAR 31.14.01.11E | Home Health Care a. Required Offer | | |
| | COMAR 31.14.01.11A(2) | b. Minimum Benefit Requirement | | |
| | COMAR 31.14.01.11B | c. May Offer Benefit Less Than Required By COMAR 31.14.01.11A(2) Only When Written Rejection Received From Applicant | | |
| | §18-110(a); COMAR 31.14.01.02B(18) | d. Definition of Home Health Care Services | | |
| | COMAR 31.14.01.11C(1) | e. May Not Condition Benefits on the Need for Nursing Facility or Hospital Care | | |
| | §18-110(b)(2) | f. May Not Condition Benefits on Insured First for Simultaneously Receiving Nursing or Therapeutic Services at Home or in a Community Setting | | |
| | §18-110(b)(3) | g. May Not Limit Eligible Services Provided by RN or LPN | | |
| | §18-110(b)(4) | h. May Not Require Nurse or Therapist Perform Services Which May Be Performed By Other Licensed Provider | | |
| | §18-110(b)(5) | i. May Not Require Insured to Have Acute Condition | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| | §18-110(b)(6) | j. May Not Limit Benefits to Services Provided By Medicare-Certified Providers | | |
| | COMAR 31.14.01.11C(7) | k. May Not Exclude Coverage for Personal Care Services provided by a Home Health Aide | | |
| | COMAR 31.14.01.11C(8) | I. May Not Require Home Health Care Services Be at a Level of Certification or Licensure Greater than that Required by the Eligible Service | | |
| C4. | §15-809 | Hospice Care a. Required offer | | |
| | COMAR 31.10.09 | b. Minimum benefits | | |

D. Required Standard Provisions

| | Citation | Description | "X" Means Applicable | Form/ Page |
|------|-------------|--|-------------------------|---------------|
| D1. | §15-207 | Entire Contract | | |
| D2. | §15-208 | Time Limit on Certain Defenses | | |
| D3. | §15-209 | Grace Period | | |
| D4. | §15-210 | Reinstatement | | |
| D5. | §15-211 | Notice of Claim | | |
| D6. | §15-212 | Claim Forms | | |
| D7. | §15-213 | Proofs of Loss | | |
| | §15-1005(d) | For contracts that provide direct reimbursement to providers, must include statement that providers have 180 days from date of service to submit claim for payment | | |
| D8. | §15-214 | Time of Payment of Claims | | |
| D9. | §15-215 | Payment of Claims | | |
| D10. | §15-216 | Physical Examination and Autopsy | | |
| D11. | §15-217 | Legal Actions | | |
| D12. | §15-218 | Change of Beneficiary | | |

E. Optional Standard Provisions

| | Citation | Description | "X" Means Applicable | Form/ Page |
|-----|------------------|--------------------------------|-------------------------|---------------|
| E1. | §15-219 | Change of Occupation | | |
| E2. | §15-220, §15-204 | Misstatement of Age | | |
| E3. | §15-221 | Other Insurance With Insurer | | |
| E4. | §15-222, §15-223 | Insurance With Other Insurers | | |
| E5. | §15-225 | Unpaid Premiums | | |
| E6. | §15-226 | Conformity With State Statutes | | |

F. Prohibited Provisions

| | Citation | Description | "X" Means Applicable | Form/ Page |
|------|-----------------------------|---|-------------------------|---------------|
| F1. | §18-111 | Alzheimer's Disease or Other Senile Dementia Exclusion | | |
| F2. | COMAR 31.14.01.04B(1)(a) | May Not Be Cancelled, Nonrenewed or Terminated Due To Age or Deterioration of Mental or Physical Health | | |
| F3. | COMAR 31.14.01.04B(1)(b) | New Waiting Periods for Replaced or Converted Coverage | | |
| F4. | COMAR 31.14.01.04B(1)(c) | Exclusively Skilled Nursing Care Coverage | | |
| F5. | COMAR 31.14.01.04B(1)(c) | Reduction of Benefits for Non-Skilled Care in a Facility | | |
| F6. | COMAR 31.14.01.04D(2) | Providing Benefits at Lower Level of Care Only If Higher Level of Care Previously Received | | |
| F7. | COMAR 31.14.01.04D(1) | Prior Institutionalization Required | | |
| F8. | COMAR 31.14.01.04B(4) | May Not Deny Claim Because Services Are Provided in a State other than State of Policy Issue Under Allowed Conditions Shown | | |
| F9. | §15-505 | Home Confinement Medical Treatment Permitted Elsewhere | | |
| F10. | COMAR 31.10.01.03P | Reimbursement Language | | |
| F11. | COMAR 31.04.17.10B | Good Health Warranty not permitted | | |
| F12. | COMAR 31.10.01.03Q | Strict Compliance Language | | |
| F13. | COMAR 31.14.01.04F | Contains Non-Permissible Termination Provisions | | |

G. Limitations and Exclusions

| | Citation | Description | "X" Means Applicable | Form/ Page |
|-----|---|--|-------------------------|---------------|
| G1. | COMAR 31.14.01.04C(1), COMAR 31.14.01.04C(3) | Pre-Existing Conditions Exclusion a. May Not Exclude For Longer Than 6 Months | | |
| | COMAR 31.14.01.05C | b. Must Appear in Separately Titled Paragraph | | |
| G2. | §18-109(b); COMAR 31.14.01.04B(2) | Contains Non-Permissible Limitations or Exclusions | | |
| G3. | §15-502 | May Not Reduce Benefits For Services Covered By: a. Medicaid | | |
| | §15-603 | b. Department of Health | | |
| | §19-507 | c. Automobile Coverage | | |
| G4. | §15-602 | May Not Reduce Benefits For Services: a. Received In State, County or City Institutions | | |
| | §15-10B-07 | b. Which Are Approved By Private Review Agent (PRA) | | |
| G5. | §15-110(d) | Required Exclusion for Prohibited Practitioner Referral | | |
| G6. | §27-504 | Prohibited Discrimination for Domestic Violence Victims | | |

H. Replacement

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| H1. | COMAR 31.14.01.10 | Must Waive Exclusionary Periods to the Extent Covered Under a Prior Plan | | |
| H2. | COMAR 31.14.01.06E, COMAR 31.14.01.06F | Replacement Notice a. Required to Be Submitted | | |
| | COMAR 31.14.01.22, COMAR 31.14.01.23 | b. Required Text | | |

I. Other Contract/Rider Requirements

| | Citation | Description | "X" Means Applicable | Form/ Page |
|-----|--------------------|-------------------------------------|-------------------------|---------------|
| I1. | COMAR 31.10.01.03C | Standard of Time | | |
| 12. | COMAR 31.10.28.05 | Premium Due Date | | |
| I3. | COMAR 31.10.01.03G | Right to Elect Alternative Benefits | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| 14. | | Prescription Drugs (applicable only if contract provides prescription drugs) | | |
| | §15-824 | a. 90 Day Supply for Maintenance Drugs Exception for first prescription or change in prescription | | |
| | §15-805 | b. Coverage of Drugs from Local Pharmacies Same as Mail Order | | |
| | §15-804 | c. Off Label Use of Drugs | | |
| | §15-804(a)(4) | Include "Standard reference compendia" definition | | |
| | §15-827 | d. Coverage for Medical Clinical Trials | | |
| | §15-831 | e. May use a formulary for brand-name drugs in compliance with §15-831 | | |
| | §15-831 | Apply formulary exception process to drugs or devices that are removed from formulary or moved to a higher deductible, copayment or coinsurance tier | | |
| | §15-831(d)(3) | Must cover a contraceptive prescription drug or device that is not on the formulary if it is medically necessary for the member to adhere to the appropriate use of the prescription drug or device in the judgement of the authorized prescriber | | |
| | §15-841 | f. Coverage for Smoking Cessation Treatment | | |
| | §15-842 | g. Copayment or coinsurance for prescription or device may not exceed the retail price of drug or device | | |
| | §15-845(b)(1), §15-845 (b)(2)(i) | h. Coverage for Certain Prescription Eye Drop Refills (if contract provides coverage for prescription eye drops) | | |
| | §15-142(c) | Step therapy or fail first protocol may not be imposed under certain circumstances | | |
| | §15-142(e) | Preauthorization cannot be imposed on certain cancer drugs | | |
| | §15-850 | Preauthorization cannot be required for certain drug products used to treat opioid use disorder | | |

| Citation | Description | "X" Means Applicable | Form/ Page |
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| §15-851 | Preauthorization cannot be required for certain drugs used for treatment of opioid addiction | .,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | 1 3 3 |
| §15-854 | j. Limits on prior authorization requirements for certain drugs | | |
| §15-849 | k. Abuse-Deterrent Opioid Analgesic Drug Products – Tier Placement and Step Therapy | | |
| §15-849(c)(1) | If contract lists specific drugs that are covered, must list at least two brand name and two generic abuse-deterrent opioid analgesic drugs on the lowest cost tier | | |
| §15-849(c)(2) | No fail first protocol applied to opioid analgesic drugs before being allowed abuse-deterrent opioid analgesic drugs | | |
| §15-847 | Specialty Drugs- Copayment/Coinsurance Limits | | |
| §15-847(a) | Definition excludes drugs for the treatment of diabetes, HIV, or AIDS | | |
| §15-847.1 | m. Prescription drugs for the treatment of diabetes, HIV, or AIDS Copayment/Coinsurance limits | | |
| §15-822.1, House Bill 1397, Chpt. 405, Acts of 2022, (effective 01/01/23) | n. Copayment or coinsurance for insulin cannot be more than \$30 for a 30-day supply, regardless of amount or type of insulin needed. | | |
| §15-846 | Chemotherapy Parity – Coverage for benefits at same (or better) level for oral chemotherapy as benefits for cancer chemotherapy that is administered intravenously or by injection | | |
| §15-852 | p. Prorated daily copayment/coinsurance for partial supply of prescription drug dispensed by in-network pharmacy | | |
| §15-858, House Bill 970, Chpt. 684, Acts of 2022 (effective 01/01/23) | q. Prohibition on prior authorization for prescription drugs used as Postexposure Prophylaxis for the prevention of HIV if the drug is prescribed for use in accordance with Centers for Disease Control and Prevention guidelines | | |

| COMAR 31.14.01.05A(1) | Riders | Applicable | Page |
|---|---|---|---|
| | Reduction Riders Added After the Date of Issue or at Reinstatement or Renewal Require Policyholder Signature | | |
| COMAR 31.14.01.05A(3) | b. Rider Premium Must be shown in Rider or Policy | | |
| COMAR 31.14.01.05A(2) | c. Policyholder Signature Required If Issued After Policy Date and If Rider Increases Premium | | |
| COMAR 31.14.01.04C(4) | d. Waiver Riders Not Permitted After 6 Month Waiting Period | | |
| COMAR 31.10.28.04 | Arbitration Provision - May Not Require Insured To Use Arbitration to Settle Disputes with Insurer | | |
| COMAR 31.14.01.07F(1), COMAR 31.14.01.07F(2) | Unintentional Lapse Provisions a. Notice to designated third party of nonpayment of premium must be given at least 30 days prior to termination of coverage | | |
| COMAR 31.14.01.07G | b. Five months right to reinstate policy if proof of cognitive impairment or loss of functional incapacity is provided | | |
| COMAR 31.14.01.07A(1), COMAR 31.14.01.07B | Required Written Designation of Individual To Receive Notice of Termination of Policy for Nonpayment of Premium | | |
| COMAR 31.14.01.07C | Required Waiver Text for an Applicant's Signed and Dated Rejection of Designated Individuals To Receive Notice of Nonpayment of Premium | | |
| §27-221 | May Not Reunderwrite An Individual for Health Coverage Under Individual Contract After Individual Contract Has Been Issued | | |
| COMAR 31.14.01.36A(1) | Right to Reduce Coverage and Lower Premiums Provision 1. Right to Reduce Coverage Provision | | |
| | Required provision that allows the policyholder or certificateholder to reduce coverage and lowers the policy or certificate premium to do at least one of the following: | | |
| | Reduce the maximum benefit; or Reduce the daily, weekly, or monthly benefit amount | | |
| | COMAR 31.14.01.05A(2) COMAR 31.14.01.04C(4) COMAR 31.14.01.07F(1), COMAR 31.14.01.07F(2) COMAR 31.14.01.07G COMAR 31.14.01.07B COMAR 31.14.01.07C | Renewal Require Policyholder Signature COMAR 31.14.01.05A(3) b. Rider Premium Must be shown in Rider or Policy COMAR 31.14.01.05A(2) c. Policyholder Signature Required If Issued After Policy Date and If Rider Increases Premium COMAR 31.14.01.04C(4) d. Waiver Riders Not Permitted After 6 Month Walting Period COMAR 31.10.28.04 Arbitration Provision - May Not Require Insured To Use Arbitration to Settle Disputes with Insurer COMAR 31.14.01.07F(1), COMAR 31.14.01.07F(2) Unintentional Lapse Provisions a. Notice to designated third party of nonpayment of premium must be given at least 30 days prior to termination of coverage COMAR 31.14.01.07G b. Five months right to reinstate policy if proof of cognitive impairment or loss of functional incapacity is provided COMAR 31.14.01.07B Required Written Designation of Individual To Receive Notice of Termination of Policy for Nonpayment of Premium COMAR 31.14.01.07C Required Waiver Text for an Applicant's Signed and Dated Rejection of Designated Individuals To Receive Notice of Nonpayment of Premium \$27-221 May Not Reunderwrite An Individual for Health Coverage Under Individual Contract After Individual Contract Has Been Issued COMAR 31.14.01.36A(1) Right to Reduce Coverage and Lower Premiums Provision a. Required provision that allows the policyholder or certificateholder to reduce coverage and lowers the policy or certificate premium to do at least one of the following: 1. Reduce the maximum benefit; or 2. Reduce the daily, weekly, or | Renewal Require Policyholder Signature COMAR 31.14.01.05A(3) b. Rider Premium Must be shown in Rider or Policy COMAR 31.14.01.05A(2) c. Policyholder Signature Required If Issued After Policy Date and If Rider Increases Premium COMAR 31.14.01.04C(4) d. Waiver Riders Not Permitted After 6 Month Waiting Period COMAR 31.10.28.04 Arbitration Provision - May Not Require Insured To Use Arbitration to Settle Disputes with Insurer COMAR 31.14.01.07F(1), COMAR 31.14.01.07F(2) Unintentional Lapse Provisions a. Notice to designated third party of nonpayment of premium must be given at least 30 days prior to termination of coverage COMAR 31.14.01.07G b. Five months right to reinstate policy if proof of cognitive impairment or loss of functional incapacity is provided COMAR 31.14.01.07A(1), Required Written Designation of Individual To Receive Notice of Termination of Policy for Nonpayment of Premium COMAR 31.14.01.07C Required Waiver Text for an Applicant's Signed and Dated Rejection of Designated Individuals To Receive Notice of Nonpayment of Premium \$27-221 May Not Reunderwrite An Individual for Health Coverage Under Individual Contract After Individual Contract A |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| | COMAR 31.14.01.36A(2) | Carrier may also offer other reduction options that are consistent with the policy or certificate design or the insurer's administrative processes | 7,5000000 | · ago |
| | COMAR 31.14.01.36B | Provision must include description of ways in which coverage may be reduced and the process for requesting and implementing a reduction in coverage | | |
| | COMAR 31.14.01.36C | d. Required provision must include description of ways in which coverage may be reduced and the process for requesting and implementing a reduction in coverage | | |
| | COMAR 31.14.01.36D | 2. Premium or Reduced Coverage | | |
| | COMAR 31.14.01.36D(1) (applicable to long term care policies issued in Maryland on or after 9/10/08) | Age used to determine premium for coverage is based on age used to determine premiums currently in force | | |
| | COMAR 31.14.01.36D(2) | Premium based on same age and underwriting class used to determine the premium for the coverage currently in force and be consistent with approved rate table | | |
| I12. | COMAR 31.14.01.35A, COMAR 31.14.01.35B | Availability of New Services or Providers; Exchanges a. Notice Required for New LTC Series Coverage for New LTC Services or Providers | | |
| | COMAR 31.14.01.35D | b. Method Options to Make New LTC Coverage Available | | |
| I13. | §27-216; MIA Bulletin 17-10 | Requirements for Acceptance of Credit Cards for Premium Payment and Charging of Fees for Use of Credit Cards | | |
| I14. | §15-716, House Bill 1151, Chpt. 301, Acts of 2023 (amended effective 01/01/24); §15-701 | May not exclude coverage for licensed pharmacists providing patient assessment regarding and in administering self-administered medications or maintenance injectable medications when acting within lawful scope of practice. | | |
| | §15-716, House Bill 1151, Chpt. 301, Acts of 2023 (amended effective 01/01/24) | May not condition on whether pharmacist is employed by a physician, pharmacy, or facility or acting under physician's order | | |

J. Applications

| | Citation | Description | "X" Means Applicable | Form/ Page |
|-----|---|--|-------------------------|---------------|
| J1. | | Health Questions | 1.1. | |
| | §12-205(b)(9) | a. Health Questions Limited to 7 Prior Years | | |
| | COMAR 31.14.01.09A | b. Question is Unclear or Ambiguous | | |
| | COMAR 31.04.17.06E; §12-207 | c. Health questions must be asked to the best of the applicant's knowledge and belief or application must include statement that all answers provided are representations and are not warranties | | |
| | COMAR 31.04.17.06C | d. Questions about "hazardous activities" must list" activities considered to be "hazardous" | | |
| | COMAR 31.04.17.06D | e. Questions about the use of "habit- forming drugs" must list specific drugs considered to be "habit- forming" | | |
| | COMAR 31.04.17.06F, COMAR 31.04.17.06G | f. Questions about symptoms or indications of physical/mental conditions must ask about "known symptoms" and "known indications" | | |
| | §18-120 | g. May not inquire about Genetic Tests or Genetic Information | | |
| J2. | §18-103(c)(6)(i); COMAR 31.14.01.06C(1) | Must Inquire About: a. Types and Amounts of In-Force LTC Insurance, Other Insurance, including HMO | | |
| | §18-103(c)(6)(ii); COMAR 31.14.01.06C(2) | b. LTC Insurance In Force During Last 12 Months | | |
| | §18-103(c)(6)(iii); COMAR 31.14.01.06C(2)(c) | c. Coverage Under Medical Assistance | | |
| | §18-103(c)(6)(iv); COMAR 31.14.01.06C(2)(d) | d. Applicant's Intention to Replace Medical Coverage With LTC Coverage | | |
| J3. | §18-104(b); COMAR 31.14.01.09B | If Inquires About Medications, Must Ask Applicant to List Medications | | |
| J4. | COMAR 31.14.01.08A(1)(a) | Include Signed Statement From Applicant of Following: a. Right to Designate Person to Receive Termination Notice | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| | COMAR 31.14.01.08A(1)(b)(i) | b. Right to Purchase Inflation Protection | | |
| | COMAR 31.14.01.08A(1)(b)(ii) | c. Right to Purchase Home Health Care | | |
| | COMAR 31.14.01.08A(1)(b)(iii) | d. Right to Purchase Nonforfeiture Benefits | | |
| | COMAR 31.14.01.08A(2) | e. Benefits and Cost Have Been Explained | | |
| J5. | COMAR 31.14.01.06A(1) | Notice Required Regarding Incorrect or Untrue Statements | | |
| J6. | COMAR 31.14.01.06D | For Agent Solicited Applications, List of Coverage During Prior 5 Year Period | | |
| J7. | §27-504(b) | Domestic Violence | | |
| J8. | COMAR 31.14.01.07E(2) | For Payroll or Pension Deduction Plan, must indicate payment plan selected by applicant on application | | |
| J9. | COMAR 31.14.01.12J | Required Specific Waiver Text If Applicant Rejects the Inflation Protection Option | | |
| J10. | §12-202(c) | Application Changes | | |
| J11. | COMAR 31.04.17.08 | Proxy | | |
| J12. | COMAR 31.04.17.10B | Good Health Warranty not permitted | | |
| J13. | COMAR 31.04.17.06B | Certain States | | |
| J14. | §12-205(b)(2) | The description of the preexisting conditions limitation is not the same as in the policy | | |
| J15. | COMAR 31.04.17.06H(1) | Check-off boxes required for carrier name if application is to be used by more than one carrier | | |
| J16. | COMAR 31.04.17.06J | If application is to be completed by more than one individual, application signature box must clearly indicate that signature applies only to portion of application completed by that individual | | |
| J17. | COMAR 31.04.17.06A | Policyholder's application shall stipulate the plan and amount of insurance and any added optional benefits applied for | | |
| J18. | §27-805; MIA Bulletin 12-07 | Insurance Fraud-Required Disclosure Statement | | |
| J19. | COMAR 31.14.03.06A(1) | Applications for Long Term Care Partnership Policy | | |

| Citation | Description | "X" Means Applicable | Form/ Page |
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| | a. First page of application for partnership policy must clearly indicate application is for a partnership policy, if it is not used for both partnership policy and non-partnership policy | • | |
| COMAR 31.14.03.06A(2) | b. If application is used for both partnership policy and non-partnership policy, it must have separate section that identifies the inflation protection options required for partnership policy | | |
| COMAR 31.14.03.06B(1), COMAR 31.14.03.05F | c. Unless application requires all applicants, regardless of age, to purchase an inflation protection benefit of at least 5 percent compounded annually, it must show separate inflation options to elect depending on the age of the applicant For younger than 61 years old, it must show that the applicant must purchase at least a 1 percent compounded annually inflation protection benefit or | | |
| COMAR 31.14.03.06B(2) | Compound annual inflation protection with interest rate equal to annual increase in Consumer Price Index – All Urban Consumers, U.S. City Average, All Items | | |
| COMAR 31.14.03.06B(3) | For older than 61 years old, but younger than 76 years old, it must show that the applicant is required to purchase an inflation protection benefit | | |
| COMAR 31.14.03.06B(4) | d. The application shall include the option to purchase inflation protection benefit of 5 percent compounded annually as required by COMAR 31.14.01.12A for applicants of all ages | | |

K. Premiums

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| K1. | COMAR 31.10.01.03A | Required to File | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| K2. | COMAR 31.14.01.04A(4), COMAR 31.14.01.04A(7), COMAR 31.14.01.12G | Required Level Premiums | | |
| K3. | COMAR 31.14.02.05 | Actuarial Memorandum Required a. 60% Minimum Loss Ratio for policy or policies first sold before 10/01/02 | | |
| | COMAR 31.14.02.04A(1), COMAR 31.14.02.06 | b. For a policy issued on or after 10/01/02 and before 9/01/17 | | |
| | COMAR 31.14.02.04A(2), COMAR 31.14.02.06 | c. For a policy issued on and after 9/01/17 | | |
| K4. | COMAR 31.14.02.04B(2), COMAR 31.14.02.04C | Actuarial Certification Required | | |
| | | a. Insurer's Name and Form Numbers | | |
| | | b. Actuary a Member of American Academy of Actuaries (Signature, Name, Company Name and Date Signed by Actuary) | | |
| K5. | COMAR 31.14.03.05E | Premiums and reserves for Long Term Care Partnership Policy must comply with COMAR 31.14.02 | | |

L. Disclosures

| | Citation | Description | "X" Means Applicable | Form/ Page |
|-----|------------------------|--|-------------------------|---------------|
| L1. | §18-106(a), §18-106(c) | Buyer's Guide | | |
| L2. | §18-106(a), §18-106(b) | Outline of Coverage | | |
| | §18-103(c)(5) | Required Notice to Buyer on First Page of Outline of Coverage and Policy | | |
| | COMAR 31.14.01.18C(6) | b. Required Statement Regarding Refund of Premium | | |
| | COMAR 31.14.01.21 | c. Contains Required Text | | |
| L3. | §18-106(d) | Graphic Comparison of Benefit Levels | | |
| L4. | §15-919(d) | Medicare Supplement Disclaimer for Individuals eligible for Medicare Due To Age | | |
| L5. | COMAR 31.14.01.05G | Non-Qualified Plans - Statement Required Policy and Outline of Coverage Does Not Satisfy the Requirements For A Federally Qualified Plan | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| L6. | COMAR 31.14.02.03, COMAR 31.14.01.16A(3) | Required Disclosures of Rating Practices | | |
| | COMAR 31.14.01.25C, COMAR 31.14.02.08 | a. Long Term Care Insurance Personal Worksheet | | |
| | COMAR 31.14.02.09 | b. Potential Rate Increase Disclosure Form | | |
| L7. | COMAR 31.14.01.25F, COMAR 31.14.01.30 | "Things You Should Know Before You Buy Long Term Care Insurance" Disclosure Form | | |
| L8. | COMAR 31.14.01.25G, COMAR 31.14.01.31 (insurer's option to use letter) | Long Term Care Suitability Letter | | |
| L9. | COMAR 31.14.03.05B(1) | Long Term Care Partnership Policy Schedule Page Disclosure a. Notice disclosure must be in 12-point type and on policy schedule page or group certificate schedule page | | |
| | §18-107; COMAR 31.14.03.05B(2) | b. Does not include correct disclosure notice statement | | |
| | COMAR 31.14.03.05B(3) | c. If approved schedule page includes more than required disclosure notice, it must be filed for approval | | |
| L10. | §18-107; COMAR 31.14.03.05C(1); MIA Bulletin 09-13 | Disclosure Requirement for Long Term Care Partnership Policy Coverage Certification Filing | | |
| | | a. Disclosure notice on carrier's letterhead | | |
| | COMAR 31.14.03.05C(2) through COMAR 31.14.03.05C(5) | b. Disclosure notice, if modified, must be filed | | |
| L11. | COMAR 31.14.03.08; MIA Bulletin 09-13 | Policy Summary Requirements for Long Term Care Partnership Policy Certification Filing | | |

M. Requirements for Federally Qualified Plan

| | Citation | Description | "X" Means Applicable | Form/ Page |
|-----|--|---|-------------------------|---------------|
| M1. | COMAR 31.14.01.04A | Must be Guaranteed Renewable | | |
| M2. | COMAR 31.14.01.02C(1)(a)(i), COMAR 31.14.01.27B(4) | May Cover Only Qualified Long Term Care Services | | |

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| M3. | 31.14.01.02C(1)(a)(ii), COMAR 31.14.01.02C(3) | May Not Pay For Services Reimbursable Under Medicare (does not apply to indemnity contracts) | | |
| M4. | COMAR 31.14.01.27F | Does Not Comply with Permissible Frequency of Certifications by Licensed Health Care Practitioner | | |
| M5. | COMAR 31.14.01.11F | May Not Exclude Coverage for Adult Day Care Services when Home Health Care or Community Care is provided in Qualified LTC contracts | | |
| M6. | COMAR 31.14.01.02C(1)(a)(iv) | Certain Cash Surrenders Are Prohibited | | |
| M7. | COMAR 31.14.01.02C(1)(a)(v) | Any Refunds Of Premiums or Policyholder Dividends Are Applied to Reduce Future Premiums or Increase Future Benefits | | |
| M8. | | Chronically III Individual Definition a. Definition Must Appear | | |
| | COMAR 31.14.01.27B(1) | b. Does Not Comply With | | |
| M9. | | Activities of Daily Living Definition a. Definition Must Appear | | |
| | COMAR 31.14.01.02B(1), COMAR 31.14.01.26B | b. Does Not Comply With | | |
| M10. | | Licensed Health Care Practitioner Definition a. Definition Must Appear | | |
| | COMAR 31.14.01.27B(2) | b. Does Not Comply With | | |
| M11. | COMAR 31.14.01.27B(3) | Maintenance or Personal Care Definition Does Not Comply With | | |
| M12. | COMAR 31.14.01.05F, COMAR 31.14.01.18C(8) | Required Statement in Policy and Outline that Policy is Qualified | | |
| M13. | COMAR 31.14.01.33 | Incontestability Period Provision | | |
| M14. | U.S. Code Title 26, Subtitle D, Chpt. 43, Section 4980C(c)(1)(B)(vi) | Applications - May not contain medical questions if the policy is field issued | | |
| M15. | | Submit list of all riders intended to be used with the qualified policy. Please identify by description, form number and date of approval | | |
| M16. | U.S. Code Title 26, Subtitle D, Chpt. 43, Section 4980C(c)(1)(B)(i) | If premium paid with application, company must return premium within 30 days of denial | | |

| | Citation | Description | "X" Means Applicable | Form/ Page |
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| M17. | COMAR 31.14.01.33E | Policy May Be Field Issued, if the Compensation to the Field Issuer is Not Based on the Number of Policies or Certificates Issued | | |
| M18. | COMAR 31.14.01.33F | If Insurer Has Paid Benefits Under a Long Term Care Policy, the Insurer May Not Recover the Benefits if such Policy is Rescinded | | |