

Cigna Health and Insurance Company  
Maryland Network Access Plan Executive Summary 2021 for PPO

**Travel Distance Standards COMAR 31.10.44.04.09 A(1)(a)** with Percentage of Enrollees with Access within standards identified in **COMAR 31.10.44.04 A(5)**

<i>Provider Type:</i>	<b>Urban mileage</b>	<b>Urban Area</b>	<b>Suburban Mileage</b>	<b>Suburban Area</b>	<b>Rural Mileage</b>	<b>Rural Area</b>
Allergy and Immunology	15	100.0%	30	100.0%	75	100.0%
Applied Behavioral Analyst	15	100.0%	30	100.0%	60	100.0%
Cardiovascular Disease	10	100.0%	20	100.0%	60	100.0%
Chiropractic	15	100.0%	30	100.0%	75	100.0%
Dermatology	10	100.0%	30	100.0%	60	100.0%
Endocrinology	15	100.0%	40	100.0%	90	100.0%
ENT/Otolaryngology	15	100.0%	30	100.0%	75	100.0%
Gastroenterology	10	100.0%	30	100.0%	60	100.0%
General Surgery	10	100.0%	20	100.0%	60	100.0%
Gynecology, OB/GYN	5	100.0%	10	100.0%	30	100.0%
Gynecology Only	15	100.0%	30	100.0%	75	100.0%
Licensed Clinical Social Worker	10	100.0%	25	100.0%	60	100.0%
Nephrology	15	100.0%	25	100.0%	75	100.0%
Neurology	10	100.0%	30	100.0%	60	100.0%
Oncology-Medical and Surgical	10	100.0%	20	100.0%	60	100.0%
Oncology-Radiation/Radiation Oncology	15	100.0%	40	100.0%	90	100.0%
Ophthalmology	10	100.0%	20	100.0%	60	100.0%
Pediatrics-Routine/Primary Care	5	100.0%	10	100.0%	30	100.0%
Physiatry, Rehabilitative Medicine	15	100.0%	30	100.0%	75	100.0%
Plastic Surgery	15	100.0%	40	100.0%	90	100.0%
Podiatry	10	100.0%	30	100.0%	60	100.0%
Primary Care Physician	5	100.0%	10	100.0%	30	100.0%
Psychiatry	10	100.0%	25	100.0%	60	100.0%
Psychology	10	100.0%	25	100.0%	60	100.0%
Pulmonology	10	100.0%	30	100.0%	60	100.0%
Rheumatology	15	100.0%	40	100.0%	90	100.0%
Urology	10	100.0%	30	100.0%	60	100.0%
All Other licensed or certified providers under contract not listed	15	100.0%	40	100.0%	90	100.0%
<i>Facility Type:</i>						
Acute Inpatient Hospitals	10	100.0%	30	100.0%	60	100.0%
Critical Care Services -- Intensive Care Units	10	100.0%	30	100.0%	100	100.0%
Diagnostic Radiology	10	100.0%	30	100.0%	60	100.0%
Inpatient Psychiatric Facility	15	100.0%	45	100.0%	75	100.0%
Outpatient Dialysis	10	100.0%	30	100.0%	50	100.0%
Outpatient Infusion/Chemotherapy	10	100.0%	30	100.0%	60	100.0%
Pharmacy	5	100.0%	10	100.0%	30	100.0%
Skilled Nursing Facilities	10	100.0%	30	100.0%	60	100.0%
Surgical Services (Outpatient or Ambulatory Surgical Center)	10	100.0%	30	100.0%	60	100.0%

<i>Provider Type:</i>	<b>Urban mileage</b>	<b>Urban Area</b>	<b>Suburban Mileage</b>	<b>Suburban Area</b>	<b>Rural Mileage</b>	<b>Rural Area</b>
Other Behavioral Health/Substance Abuse Facilities	10	100.0%	25	100.0%	60	100.0%
All other licensed or certified facilities under contract not listed	15	100.0%	40	100.0%	90	100.0%

**Nurse Practitioners COMAR 31.10.44 .09 A(1)(b)(c)**

Total number of certified registered nurse practitioners counted as a primary care provider.	16,975
Total percentage of primary care providers who are certified registered nurse practitioners	18.7%

**Essential Community Providers - Medical & Behavioral COMAR 31.10.44 .09 A(1)(d)(e)**

<b>Total number of ECPs</b>	135
	<b>Percentage of ECPs that are participating providers.</b>
Rural	64%
Suburban	50%
Urban	60%

**Maryland Appointment Waiting Time Standard Results COMAR 31.10.44 .09 A(2)(a)(b)**

List the percentage of enrollees for which the carrier met the appointment wait time standards.

Urgent care — within 72 hours	99%
Routine primary care — within 15 calendar days	100%
Preventive Visit/Well Visit — within 30 calendar days	100%
Non-urgent specialty care — within 30 calendar days	98%
Non-urgent behavioral health/substance use disorder services — within 10 calendar days	100%
Total percentage of telehealth appointments counted as part of the appointment waiting time standard results.	100%

**Provider-to-enrollee ratios COMAR 31.10.44 .09 A(3)(b)**

List whether the percentage of provider-to-enrollee ratios meet the provider-to-enrollee ratio standards for each of the following categories

<b>Standard #Providers to #Enrollees</b>	<b>Meet Standard?</b>
1: 1,200 Primary Care	Yes
1: 2,000 Pediatric Care	Yes
1: 2,000 OB/GYN	Yes
1: 2,000 Behavioral Health Care or Service	Yes
1: 2,000 Substance Abuse Disorder Care and Services	Yes