## Cigna Health and Insurance Company Maryland Network Access Plan Executive Summary 2021 for OAP

# Travel Distance Standards COMAR 31.10.44.04.09 A(1)(a) with Percentage of Enrollees with Access within standards identified in COMAR 31.10.44.04 A(5)

|  | Urban Area | Suburban Area | Rural Area |
|--|------------|---------------|------------|
| Provider Type:   |            |               |            |
| Allergy and Immunology   | 100.0%     | 100.0%        | 100.0%     |
| Applied Behavioral Analyst   | 100.0%     | 99.9%         | 100.0%     |
| Cardiovascular Disease   | 100.0%     | 100.0%        | 100.0%     |
| Chiropractic   | 100.0%     | 100.0%        | 100.0%     |
| Dermatology  | 100.0%     | 100.0%        | 100.0%     |
| Endocrinology  | 100.0%     | 100.0%        | 100.0%     |
| ENT/Otolaryngology   | 100.0%     | 100.0%        | 100.0%     |
| Gastroenterology   | 100.0%     | 100.0%        | 100.0%     |
| General Surgery  | 100.0%     | 100.0%        | 100.0%     |
| Gynecology, OB/GYN   | 99.9%      | 100.0%        | 100.0%     |
| Gynecology Only  | 100.0%     | 100.0%        | 100.0%     |
| Licensed Clinical Social Worker                                      | 100.0%     | 100.0%        | 100.0%     |
| Nephrology   | 100.0%     | 100.0%        | 100.0%     |
| Neurology  | 100.0%     | 100.0%        | 100.0%     |
| Oncology-Medical and Surgical  | 100.0%     | 100.0%        | 100.0%     |
| Oncology-Radiation/Radiation Oncology                                | 100.0%     | 100.0%        | 100.0%     |
| Ophthalmology  | 100.0%     | 100.0%        | 100.0%     |
| Pediatrics-Routine/Primary Care                                      | 99.9%      | 100.0%        | 100.0%     |
| Physiatry, Rehabilitative Medicine                                   | 100.0%     | 100.0%        | 100.0%     |
| Plastic Surgery  | 100.0%     | 100.0%        | 100.0%     |
| Podiatry   | 100.0%     | 100.0%        | 100.0%     |
| Primary Care Physician   | 100.0%     | 100.0%        | 100.0%     |
| Psychiatry   | 100.0%     | 100.0%        | 100.0%     |
| Psychology   | 100.0%     | 100.0%        | 100.0%     |
| Pulmonology  | 100.0%     | 100.0%        | 100.0%     |
| Rheumatology   | 100.0%     | 100.0%        | 100.0%     |
| Urology  | 100.0%     | 100.0%        | 100.0%     |
| All Other licensed or certified providers under contract not         | 100.0%     | 100.0%        | 100.0%     |
| listed   |            |               |            |
| Facility Type:   | 100.00/    | 100.00/       | 100.00/    |
| Acute Inpatient Hospitals  | 100.0%     | 100.0%        | 100.0%     |
| Critical Care Services Intensive Care Units                          | 100.0%     | 100.0%        | 100.0%     |
| Diagnostic Radiology   | 100.0%     | 100.0%        | 100.0%     |
| Inpatient Psychiatric Facility                                       | 100.0%     | 100.0%        | 100.0%     |
| Outpatient Dialysis  | 100.0%     | 100.0%        | 100.0%     |
| Outpatient Infusion/Chemotherapy                                     | 100.0%     | 100.0%        | 100.0%     |
| Pharmacy   | 100.0%     | 100.0%        | 100.0%     |
| Skilled Nursing Facilities   | 100.0%     | 100.0%        | 100.0%     |
| Surgical Services (Outpatient or Ambulatory Surgical Center)         | 100.0%     | 100.0%        | 100.0%     |
| Other Behavioral Health/Substance Abuse Facilities                   | 100.0%     | 99.9%         | 100.0%     |
| All other licensed or certified facilities under contract not listed | 100.0%     | 100.0%        | 100.0%     |

#### Nurse Practitioners COMAR 31.10.44 .09 A(1)(b)(c)

| Total number of certified registered nurse practitioners counted as a primary care provider. | 20,341 |
|--|--------|
| Total percentage of primary care providers who are certified registered nurse practitioners  | 18.1%  |

#### Essential Community Providers - Medical & Behavioral COMAR 31.10.44 .09 A(1)(d)(e)

| Total number of ECPs | 135  |
|----------------------|--|
|                      | Percentage of ECPs that are participating providers. |
| Rural                | 64%  |
| Suburban             | 50%  |
| Urban                | 60%  |

#### Maryland Appointment Waiting Time Standard Results COMAR 31.10.44 .09 A(2)(a)(b)

List the percentage of enrollees for which the carrier met the appointment wait time standards.

| Urgent care — within 72 hours   | 99%  |
|---|------|
| Routine primary care — within 15 calendar days  | 100% |
| Preventive Visit/Well Visit — within 30 calendar days   | 100% |
| Non-urgent specialty care — within 30 calendar days   | 98%  |
| Non-urgent behavioral health/substance use disorder services — within 10 calendar days                        | 100% |
| Total percentage of telehealth appointments counted as part of the appointment waiting time standard results. |      |

### Provider-to-enrollee ratios COMAR 31.10.44 .09 A(3)(b)

List whether the percentage of provider-to-enrollee ratios meet the provider-to-enrollee ratio standards for each of the following categories

| Standard #Providers to #Enrollees                   | Meet Standard? |
|---|----------------|
| 1: 1,200 Primary Care                               | Yes            |
| 1: 2,000 Pediatric Care                             | Yes            |
| 1: 2,000 OB/GYN                                     | Yes            |
| 1: 2,000 Behavioral Health Care or Service          | Yes            |
| 1: 2,000 Substance Abuse Disorder Care and Services | Yes            |