




Lunch with the Maryland Insurance Administration June 14, 2022

Maryland Department of Aging
Deputy Secretary Bernice Hutchinson



Larry Hogan | Governor
Boyd K. Rutherford | Lt. Governor
Rona E. Kramer | Secretary

 (410)-767-1100 or 1 (800) 243 3425

 AGING.MARYLAND.GOV

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WELCOME TO
THE
Maryland
DEPARTMENT OF AGING

- **ADMINISTER**
- **PLAN**
- **ADVOCATE**
- **ADVISE**
- **REGULATE**



State Plan on Aging 2022-2025

Larry Hogan | Governor
Boyd K. Rutherford | Lt. Governor
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FOCUS AREAS



ELDER
JUSTICE



ACCESS
TO
INFORMATION



HEALTH
AND
WELLNESS

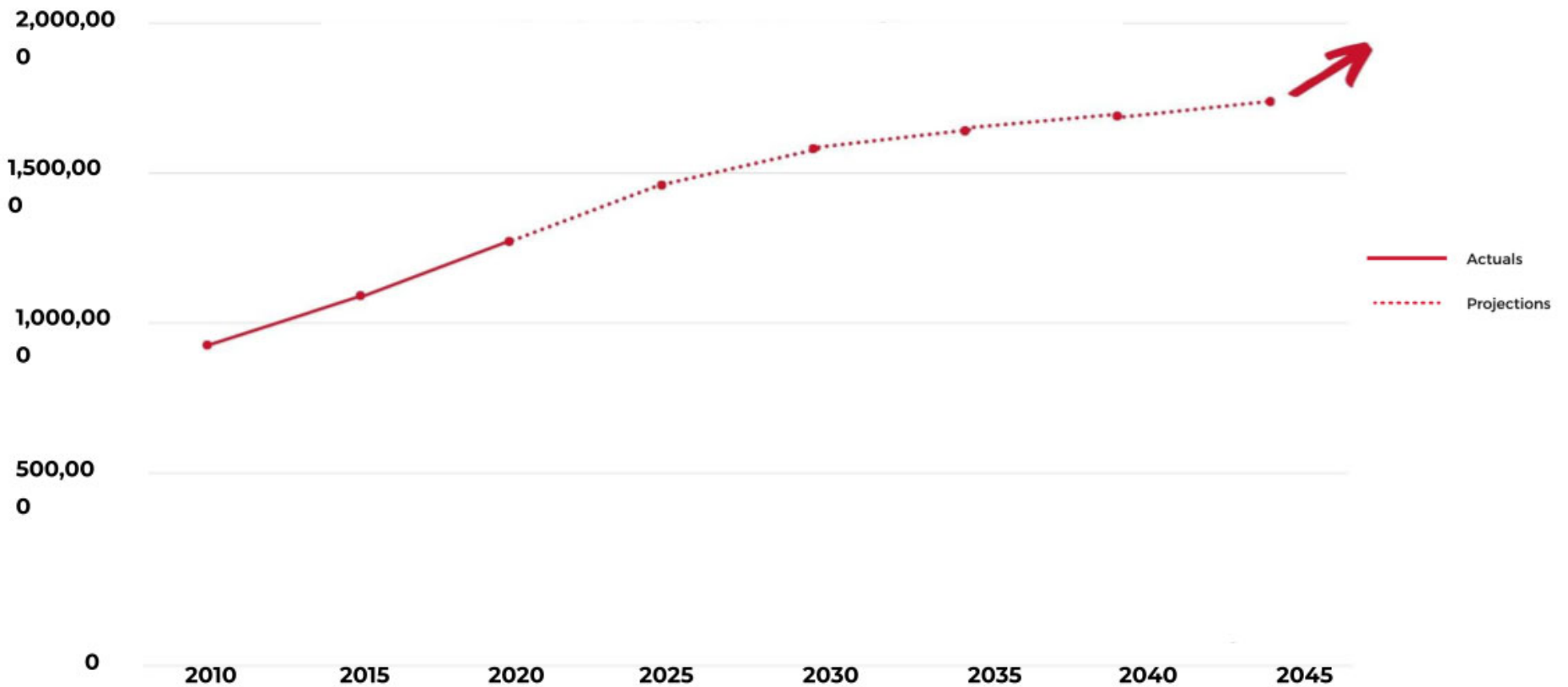


AGING
IN
PLACE



PARTNERSHIPS
TO
EXPAND
CAPACITY

A LOOK AT MARYLAND'S OLDER ADULT POPULATION:



INNOVATIONS



Senior

Call Check

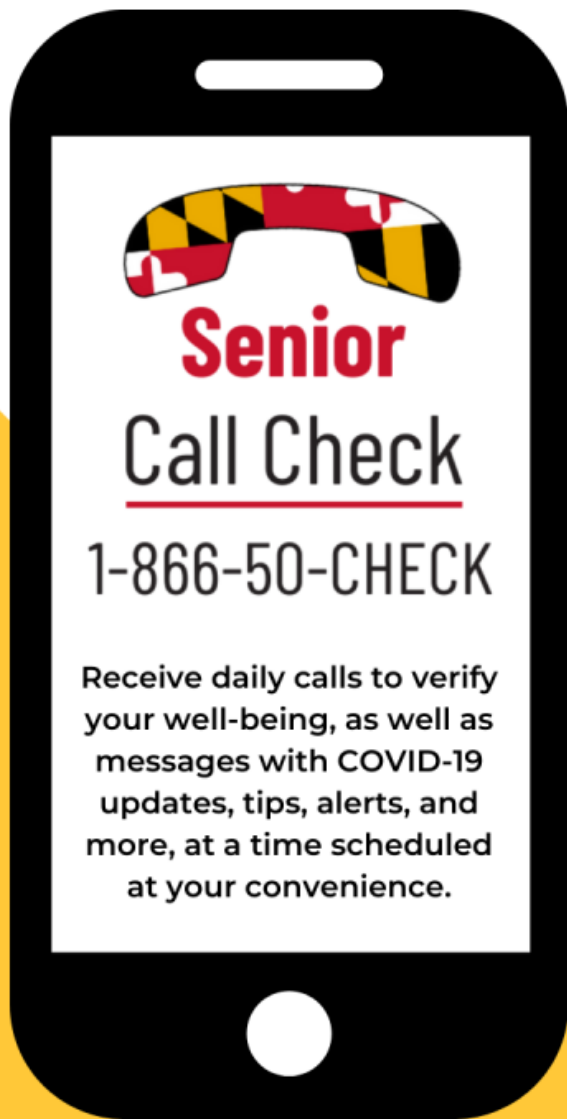
1-866-50-CHECK



**Maryland
Durable Medical
Equipment
Re-Use**



MARYLAND
**COMMUNITY
FOR LIFE**



A free daily call to check on Maryland residents 65 and older!

**Call 1-866-50-CHECK
or register online,
aging.maryland.gov**

- *Landline*
- *Cell Phone*
- *or* 





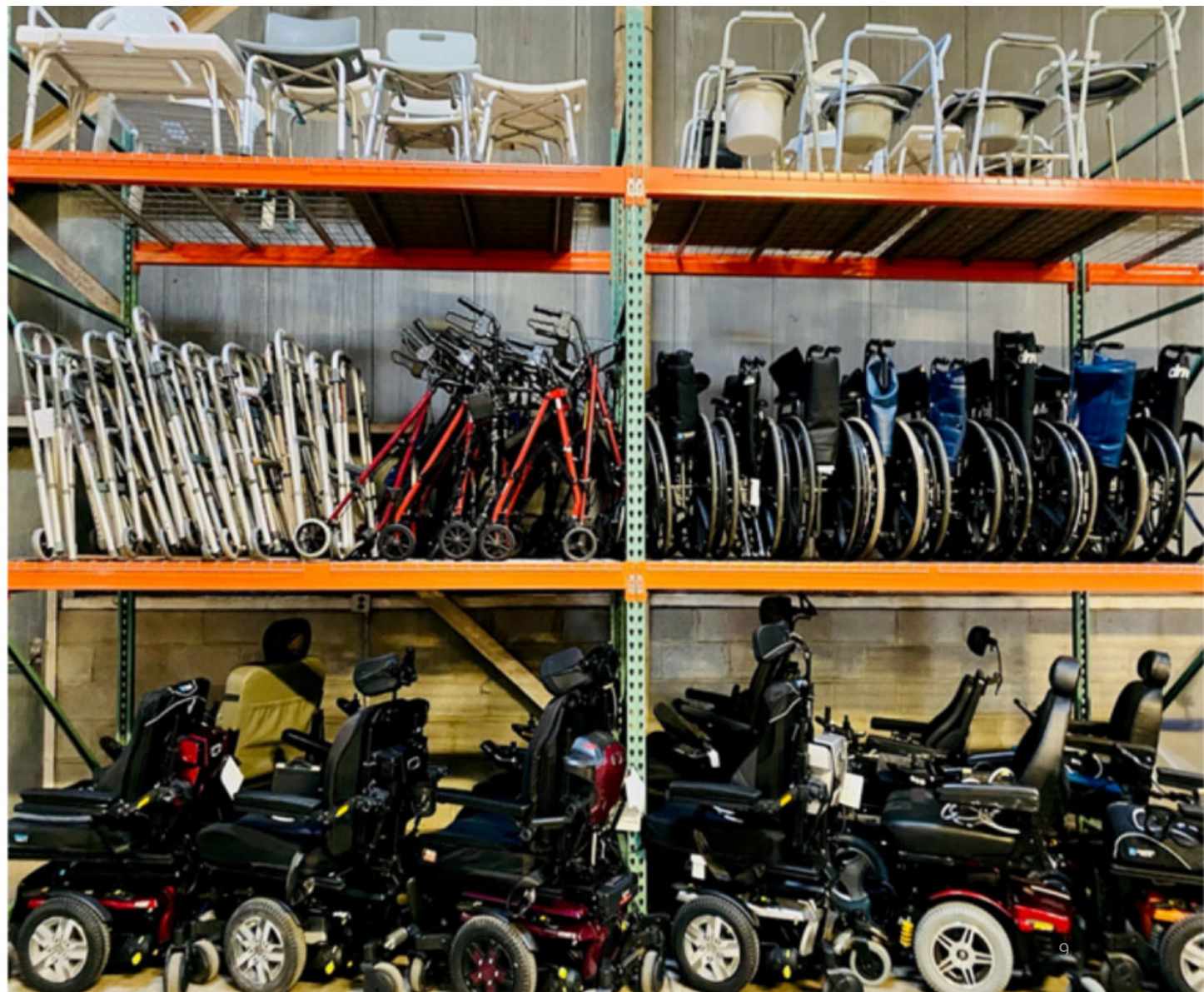
Maryland Durable Medical Equipment Re-Use





ITEMS AVAILABLE AND DONATIONS NEEDED:

- Wheelchairs
- Power Chairs
- Rollators
- Scooters
- Shower Supports
- Hospital Beds
- "Hoyer" Lifts
- Walkers
- Bedside Commodes
- & Much More!



SANITIZE IN HUB SCRUB



INSPECT AND REPAIR

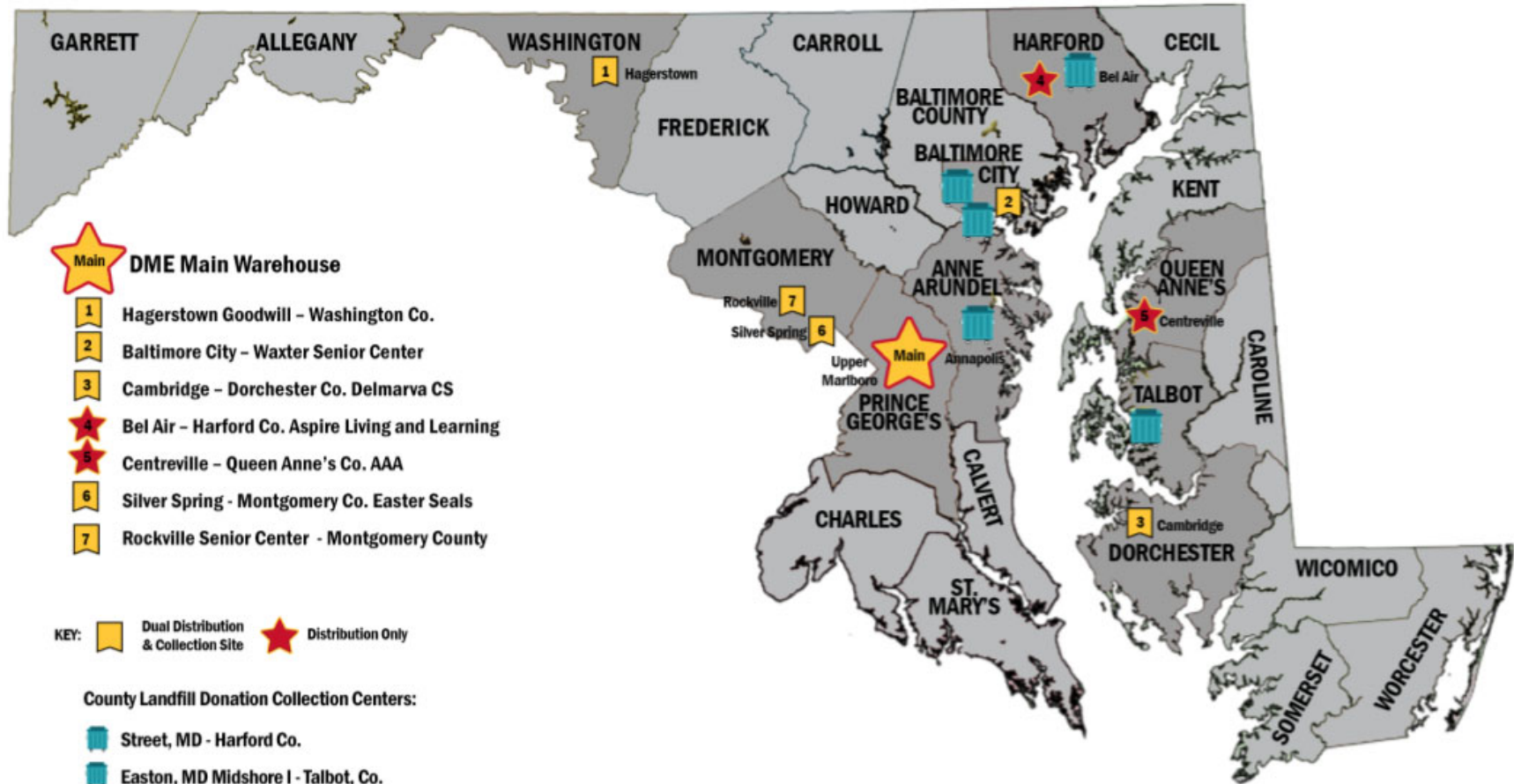




MOCK BEDROOM AND BATHROOM

**USED FOR
CLIENT TRAINING**





*Locations and Hours limited during the COVID-19 pandemic



CONTACT

Maryland Durable Medical Equipment Re-Use Center



aging.maryland.gov



240-230-8000



dme.mdoa@maryland.gov





**MARYLAND
COMMUNITY
FOR LIFE** SM

Join Maryland Community for LifeSM
today to enjoy your independence for
many tomorrows to come.

Core Services:

- Home Maintenance
- Service Navigation
- Transportation



1-800-243-3425 aging.maryland.gov

Home Maintenance

- Handyman Services
- Home Safety Inspection
- List of Vetted Contractors

Falls are the number one reason for accidental injuries and deaths every year for older adults.

* Source: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control

Private handyman services range between \$40-\$125 for one hour.



Service Navigation

A woman with brown hair and glasses, wearing a light blue button-down shirt, is smiling while talking on a headset. She is sitting at a desk with a laptop in front of her. The background is a bright, out-of-focus office environment.

- Regular Calls and Check-ins
- Coordination of Aging Services
- Encouragement of Social Activities
- Contract Review and Fraud Prevention Resources

Financial exploitation costs older adults over \$36 billion annually.

*Source: True Link Report on Elder Financial Abuse 2015

Transportation



- Maintain Independence
- Increase Socialization
- Reduce Reliance on Family, Friends, and Volunteers
- Save money on Private Transportation

A 10-mile one-way private transportation service costs between \$15-\$30.

COMMUNITY FOR LIFESM

PROVIDING SERVICES IN:

- Allegany County
- Anne Arundel County
- Baltimore County
- Baltimore City
- Caroline County
- Frederick County
- Montgomery County
- Talbot County
- Wicomico County
- Worcester County
- Washington County



CONTACT



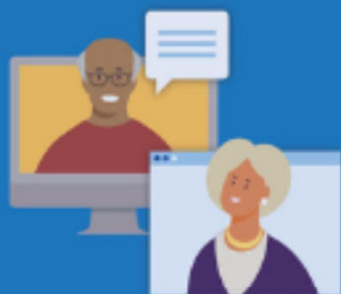
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CommunityForLife.MDoA@maryland.gov



SHIP can help YOU!



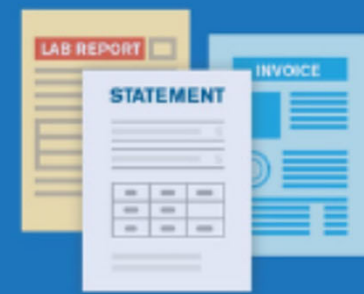
Understand costs and coverage



Compare options



Enroll in or change plans



Correct billing issues

Find your local SHIP Counselor

SHIP counseling services are confidential and free of charge.



SHIP

State Health Insurance
Assistance Program

Navigating Medicare



SMP

Senior Medicare Patrol



Preventing Medicare Fraud

• **Prevent**

• **Detect**

• **Report**

Protect Yourself From Medicare Scams



Watch out for people who:

- Ask for your Medicare number
- Ask for your bank information
- Ask for your Social Security number
- Pressure you with time limits
- Say they represent Medicare
- Offer you gifts to enroll in their plan
- Make unsolicited calls, visits, or texts
- Approach you in parking lots or malls
- Threaten that you will lose your Medicare benefits unless you sign up for their plan
- Give you materials that look like they are from official government sources

Elder Abuse

Every year, an estimated five million older Americans are victims of elder abuse, neglect, or exploitation, roughly one in ten older Americans over the age of 60 has been the victim of some kind of abuse, and that's only part of the picture.



Physical



Psychological



Financial



Sexual Abuse



Neglect

Multiple forms of abuse can occur at once.



WORLD ELDER ABUSE AWARENESS DAY

Building Strong Support for Elders

June 15th



Stop. Adult. Financial. Exploitation.

Thank you for attending

Contact Information:

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(410) 767-1100



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