

# Network Adequacy Executive Summary

Carrier Name: Wellfleet Insurance Company

Network Access Plan Name and Year: Wellfleet MD Cigna PPO 2025

## (1) Travel Distance Standards

This chart lists the percentage of enrollees for which the carrier met the required travel distance standard for each provider type included in the carrier's network in each geographic area served by the carrier.

*[Carrier Filing Instructions: For each provider type listed in COMAR 31.10.44.05, list the percentage of enrollees for which the carrier met the travel distance standards. **Lists should be in the following format, with provider types first in alphabetical order, followed by facilities in alphabetical order.***

*For the "Other licensed or certified provider services" and "Other licensed or certified facilities" sections, insert separate rows as needed for each additional provider type and facility type included on the carrier's provider panel, in alphabetical order at the bottom of each section, with the percentage met for the maximum standards of 15 miles for Urban Areas, 40 miles for Suburban Areas, and 90 miles for Rural Areas.*

*When selecting the additional provider types and facilities types to list on the executive summary, if the policy/certificate for a health benefit plan that uses the provider panel includes coverage for a specific service that is only available from particular provider types or facility types, each of those applicable provider types and facility types must be listed separately. This includes, but is not limited to, physical therapists and licensed dietician-nutritionists, and any of the providers listed in the attached spreadsheet, if the providers are included on the carrier's provider panel and if associated benefits are provided under the carrier's health benefit plans. Note that, except as provided in the examples from the attached spreadsheet, it is not necessary to include additional separate rows for subspecialties of provider types already listed in the chart in COMAR 31.10.44.05.*

*If the telehealth mileage credit described COMAR 31.10.44.08B was applied when calculating the percentage of enrollees for which the carrier met the travel distance standards, include an asterisk in the chart for each provider type and geographic area where the credit is being applied. Also include the required footnote below.]*

| Provider Type              | Urban Area | Suburban Area | Rural Area |
|----------------------------|------------|---------------|------------|
| Addiction Medicine         | 100%       | 100%          | 100%       |
| Allergy and Immunology     | 100%       | 100%          | 100%       |
| Applied Behavioral Analyst | 100%       | 100%          | 100%       |
| Cardiovascular Disease     | 100%       | 100%          | 100%       |
| Chiropractic               | 100%       | 100%          | 100%       |

| Dermatology                                                                                                      | 100%              | 100%                 | 100%              |
|------------------------------------------------------------------------------------------------------------------|-------------------|----------------------|-------------------|
| Endocrinology                                                                                                    | 100%              | 100%                 | 100%              |
| ENT/Otolaryngology                                                                                               | 100%              | 100%                 | 100%              |
| Gastroenterology                                                                                                 | 100%              | 100%                 | 100%              |
| General Surgery                                                                                                  | 100%              | 100%                 | 100%              |
| Gynecology, OB/GYN, Nurse-Midwifery/Certified Midwifery                                                          | 100%              | 100%                 | 100%              |
| Licensed Clinical Social Worker                                                                                  | 100%              | 100%                 | 100%              |
| Licensed Professional Counselor                                                                                  | 100%              | 100%                 | 100%              |
| Nephrology                                                                                                       | 100%              | 100%                 | 100%              |
| Neurology                                                                                                        | 100%              | 100%                 | 100%              |
| Oncology – Medical and Surgical                                                                                  | 100%              | 100%                 | 100%              |
| Oncology – Radiation / Radiation Oncology                                                                        | 100%              | 100%                 | 100%              |
| Ophthalmology                                                                                                    | 100%              | 100%                 | 100%              |
| Pediatrics – Routine / Primary Care                                                                              | 100%              | 100%                 | 100%              |
| Physiatry, Rehabilitative Medicine                                                                               | 100%              | 100%                 | 100%              |
| Plastic Surgery                                                                                                  | 100%              | 100%                 | 100%              |
| Podiatry                                                                                                         | 100%              | 100%                 | 100%              |
| Primary Care (non-pediatric)                                                                                     | 100%              | 100%                 | 100%              |
| Psychiatry – Adolescent and Child, Outpatient                                                                    | 100%              | 100%                 | 100%              |
| Psychiatry – Geriatric, Outpatient                                                                               | 100%              | 100%                 | 100%              |
| Psychiatry – Outpatient                                                                                          | 100%              | 100%                 | 100%              |
| Psychology                                                                                                       | 100%              | 100%                 | 100%              |
| Pulmonology                                                                                                      | 100%              | 100%                 | 100%              |
| Rheumatology                                                                                                     | 100%              | 100%                 | 100%              |
| Urology                                                                                                          | 100%              | 100%                 | 100%              |
|                                                                                                                  | 100%              | 100%                 | 100%              |
| <b>For other licensed or certified provider services, add each in a separate row here in alphabetical order.</b> |                   |                      |                   |
|                                                                                                                  |                   |                      |                   |
| <b>Facility Type</b>                                                                                             | <b>Urban Area</b> | <b>Suburban Area</b> | <b>Rural Area</b> |
| Acute Inpatient Hospitals                                                                                        | 100%              | 100%                 | 100%              |
| Ambulatory Infusion Centers                                                                                      | 100%              | 100%                 | 100%              |
| Critical Care Services — Intensive Care Units                                                                    | 100%              | 100%                 | 100%              |
| Diagnostic Radiology                                                                                             | 100%              | 100%                 | 100%              |
| Inpatient Psychiatric Facility                                                                                   | 100%              | 100%                 | 100%              |
| Opioid Treatment Services Provider                                                                               | 100%              | 100%                 | 100%              |
| Outpatient Dialysis                                                                                              | 100%              | 100%                 | 100%              |
| Outpatient Mental Health Clinic                                                                                  | 100%              | 100%                 | 100%              |
| Outpatient Substance Use Disorder Facility                                                                       | 100%              | 100%                 | 100%              |

|                                                                                                           |      |      |       |
|-----------------------------------------------------------------------------------------------------------|------|------|-------|
| Pharmacy                                                                                                  | 100% | 100% | 100%  |
| Residential Crisis Services                                                                               | 50%  | 2.2% | 85.7% |
| Skilled Nursing Facilities                                                                                | 100% | 100% | 100%  |
| Substance Use Disorder Residential Treatment Facility                                                     | 100% | 100% | 100%  |
| Surgical Services (Outpatient or Ambulatory Surgical Center)                                              | 100% | 100% | 100%  |
|                                                                                                           | 100% | 100% | 100%  |
| <b>For other licensed or certified facilities, add each in a separate row here in alphabetical order.</b> | 100% | 100% | 100%  |

*[Carrier Filing Instructions: Include the following footnote if the telehealth mileage credit was applied to any provide type and geographic area. \* As permitted by Maryland regulations, a telehealth mileage credit was applied to up to 10 percent of enrollees for each provider type noted with an asterisk in each of the urban, rural, or suburban geographic areas. The mileage credit is 5 miles for urban areas, 10 miles for suburban areas, and 15 miles for rural areas.]*

- (a) List the total number of **certified registered nurse practitioners** counted as a primary care provider.

1,127

- (b) List the total percentage of primary care providers who are certified registered nurse practitioners.

14.0%

- (c) List the total number of **essential community providers** in the carrier's network in each of the urban, rural, and suburban areas providing the services below. Additionally, list the total percentage of essential community providers available in the health benefit plan's service area that are participating providers for each of the nine categories shown in the chart.

|                                              | Urban               | Suburban        | Rural           |
|----------------------------------------------|---------------------|-----------------|-----------------|
|                                              | Number; Percent (%) | Number; Percent | Number; Percent |
| <b>(i) Medical services</b>                  | 110 ; 58.18%        | 29 ; 58.62%     | 134 ; 64.18%    |
| <b>(ii) Mental health services</b>           | 169 ; 41.12%        | 72 ; 41.86%     | 110 ; 58.82%    |
| <b>(iii) Substance use disorder services</b> | 167 ; 33.53%        | 71 ; 46.10%     | 102 ; 46.79%    |

(d) List the total number of **local health departments** in the carrier's network providing the services in the chart below. Out of the total number of local health departments in the carrier's service area providing each type of service, list the percentage of the local health departments providing those services that participate in the carrier's network. For a listing of local health departments, see <https://health.maryland.gov/Pages/departments.ASPX>.

| <b>Service</b>                               | <b>Number of In-Network Local Health Departments Offering:</b> | <b>Percentage of Maryland Health Depts. Offering Services in Carrier's Network</b> |
|----------------------------------------------|----------------------------------------------------------------|------------------------------------------------------------------------------------|
| <b>(i) Medical services</b>                  | 12                                                             | 25.0%                                                                              |
| <b>(ii) Mental health services</b>           | 3                                                              | 12.5%                                                                              |
| <b>(iii) Substance use disorder services</b> | 3                                                              | 12.5%                                                                              |

## **(2) Appointment Waiting Time Standards**

(a) For each appointment type listed in the chart below, list the calculated median waiting time to obtain an in-person appointment with a participating provider, in the following format, with the appropriate unit of time (e.g. hours or calendar days):

| <b>Median Appointment Waiting Time</b>                            |            |
|-------------------------------------------------------------------|------------|
| <b>Urgent care for medical services</b>                           | 22.1 Hours |
| <b>Inpatient urgent care for mental health services</b>           | 36.8 Hours |
| <b>Inpatient urgent care for substance use disorder services</b>  | 22.0 Hours |
| <b>Outpatient urgent care for mental health services</b>          | 38.9 Hours |
| <b>Outpatient urgent care for substance use disorder services</b> | 26.8 Hours |
| <b>Routine primary care</b>                                       | 1.1 Days   |
| <b>Preventive care/Well visit</b>                                 | 2.6 Days   |
| <b>Non-urgent specialty care</b>                                  | 4.0 Days   |
| <b>Non-urgent mental health</b>                                   | 3.3 Days   |
| <b>Non-urgent substance use disorder care</b>                     | 2.2 Days   |

*[Carrier Filing Instructions: If the telehealth credit described in COMAR 31.10.44.08C was applied when determining whether the carrier's provider panel met the required waiting time standards for at least 90 percent of appointments in any category, the carrier may include a statement on the executive summary disclosing the availability of telehealth appointments to supplement the in-person appointments for that category.*

*If the carrier arranges for telehealth services to be provided from participating providers beyond traditional office hours for an appointment type listed in COMAR 31.10.44.06, the carrier may include a statement on the executive summary disclosing the availability of those services]*

### **(3) Provider-to-Enrollee Ratio Standards**

(a) This subsection does not apply to Group Model HMO health benefit plans.

(b) For all other carriers, summarize the network performance for each provider-to-enrollee ratio standard listed in COMAR 31.10.44.07 by listing the calculated number of providers in the provider panel, rounded to the nearest whole number, for each of the following categories of enrollees:

| <b>Provider Service Type</b>                                      | <b>Number of Providers per 1,200 Enrollees</b> | <b>Number of Enrollees</b> |
|-------------------------------------------------------------------|------------------------------------------------|----------------------------|
| (i) 1,200 enrollees for primary care;                             | Provider # 6,355                               | $6,355/1,200 = 5$          |
| <b>Provider Service Type</b>                                      | <b>Number of Providers per 2,000 Enrollees</b> | <b>Number of Enrollees</b> |
| (ii) 2,000 enrollees for pediatric care;                          | Provider # 1,669                               | $1,669/2,000 = 1$          |
| (iii) 2,000 enrollees for obstetrical/gynecological care;         | Provider # 1,736                               | $1,736/2,000 = 1$          |
| (iv) 2,000 enrollees for mental health care or service; and       | Provider # 13,499                              | $13,499/2,000 = 7$         |
| (v) 2,000 enrollees for substance use disorder care and services. | Provider # 2,447                               | $2,447/2,000 = 1$          |