

**Wellfleet Insurance Company**  
**Maryland Network Adequacy Access Plan Executive Summary 2021 - OAP**

Wellfleet Insurance Company ("Wellfleet") partners with the Cigna Network to provide network services to Wellfleet members in Maryland. Wellfleet provides this Executive Summary for our 2021 Maryland Network Adequacy Access Plan filing.

- 1. Essential Community Providers (ECP):** Below please find the list of the total number of essential community providers in the network and the total percentage of essential community providers available in the service area who are participating providers.

**OAP Essential Community Providers - Medical & Behavioral**

|                             |   |
|-----------------------------|---|
| <b>Total number of ECPs</b> | 135   |
|                             | <b>Percentage of ECPs that are participating providers.</b> |
| Rural                       | 64%   |
| Suburban                    | 50%   |
| Urban                       | 60%   |

- 2. Nurse Practitioners:** Below please find the list of the total number of certified nurse practitioners counted as a primary care provider and the total percentage of primary care providers who are certified registered nurse practitioners.

**OAP Nurse Practitioners**

|  |        |
|--|--------|
| Total number of certified registered nurse practitioners counted as a primary care provider. | 20,341 |
| Total percentage of primary care providers who are certified registered nurse practitioners  | 18.1%  |

**3. Appointment Waiting Time Standard Results:**

Below please find the Appointment Waiting Time Standard Results.

**OAP**

|   |        |
|---|--------|
| Urgent care — within 72 hours   | 99%    |
| Routine primary care — within 15 calendar days  | 100%   |
| Preventive Visit/Well Visit — within 30 calendar days   | 100%   |
| Non-urgent specialty care — within 30 calendar days   | 98%    |
| Non-urgent behavioral health/substance use disorder services — within 10 calendar days                        | 100%   |
| Total percentage of telehealth appointments counted as part of the appointment waiting time standard results. | 18.19% |

#### 4. Distance Travel Chart

| Wellfleet with Cigna OAP   |                    |                         |                        |                         |                         |                         |
|--|--------------------|-------------------------|------------------------|-------------------------|-------------------------|-------------------------|
| Specialty  | Urban <sup>1</sup> | Percentage of Enrollees | Sub-Urban <sup>2</sup> | Percentage of Enrollees | Rural Area <sup>3</sup> | Percentage of Enrollees |
| <i>Provider Type:</i>  |                    |                         |                        |                         |                         |                         |
| Allergy and Immunology   | 15                 | n/a                     | 30                     | n/a                     | 75                      | 100%                    |
| Applied Behavioral Analyst   | 15                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| Cardiovascular Disease   | 10                 | n/a                     | 20                     | n/a                     | 60                      | 100%                    |
| Chiropractic   | 15                 | n/a                     | 30                     | n/a                     | 75                      | 100%                    |
| Dermatology  | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| Endocrinology  | 15                 | n/a                     | 40                     | n/a                     | 90                      | 100%                    |
| ENT/Otolaryngology   | 15                 | n/a                     | 30                     | n/a                     | 75                      | 100%                    |
| Gastroenterology   | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| General Surgery  | 10                 | n/a                     | 20                     | n/a                     | 60                      | 100%                    |
| Gynecology, OB/GYN   | 5                  | n/a                     | 10                     | n/a                     | 30                      | 100%                    |
| Gynecology Only  | 15                 | n/a                     | 30                     | n/a                     | 75                      | 100%                    |
| Licensed Clinical Social Worker  | 10                 | n/a                     | 25                     | n/a                     | 60                      | 100%                    |
| Nephrology   | 15                 | n/a                     | 25                     | n/a                     | 75                      | 100%                    |
| Neurology  | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| Oncology-Medical and Surgical  | 10                 | n/a                     | 20                     | n/a                     | 60                      | 100%                    |
| Oncology-Radiation/Radiation Oncology  | 15                 | n/a                     | 40                     | n/a                     | 90                      | 100%                    |
| Ophthalmology  | 10                 | n/a                     | 20                     | n/a                     | 60                      | 100%                    |
| Pediatrics-Routine/Primary Care  | 5                  | n/a                     | 10                     | n/a                     | 30                      | 100%                    |
| Physiatry, Rehabilitative Medicine   | 15                 | n/a                     | 30                     | n/a                     | 75                      | 100%                    |
| Plastic Surgery  | 15                 | n/a                     | 40                     | n/a                     | 90                      | 100%                    |
| Podiatry   | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| Primary Care Physician   | 5                  | n/a                     | 10                     | n/a                     | 30                      | 100%                    |
| Psychiatry   | 10                 | n/a                     | 25                     | n/a                     | 60                      | 100%                    |
| Psychology   | 10                 | n/a                     | 25                     | n/a                     | 60                      | 100%                    |
| Pulmonology  | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| Rheumatology   | 15                 | n/a                     | 40                     | n/a                     | 90                      | 100%                    |
| Urology  | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| All Other licensed or certified providers under contract with a carrier not listed | 15                 | n/a                     | 40                     | n/a                     | 90                      | 100%                    |
| <i>Facility Type:</i>  |                    |                         |                        |                         |                         |                         |
| Acute Inpatient Hospitals  | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| Critical Care Services -- Intensive Care Units                                     | 10                 | n/a                     | 30                     | n/a                     | 100                     | 100%                    |
| Diagnostic Radiology   | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| Inpatient Psychiatric Facility   | 15                 | n/a                     | 45                     | n/a                     | 75                      | 100%                    |
| Outpatient Dialysis  | 10                 | n/a                     | 30                     | n/a                     | 50                      | 100%                    |
| Outpatient Infusion/Chemotherapy   | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
|  |                    |                         |                        |                         |                         |                         |
| Skilled Nursing Facilities   | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |
| Surgical Services (Outpatient or Ambulatory Surgical Center)                       | 10                 | n/a                     | 30                     | n/a                     | 60                      | 100%                    |

| Wellfleet with Cigna OAP  |                    |                         |                        |                         |                         |                         |
|---|--------------------|-------------------------|------------------------|-------------------------|-------------------------|-------------------------|
| Specialty   | Urban <sup>1</sup> | Percentage of Enrollees | Sub-Urban <sup>2</sup> | Percentage of Enrollees | Rural Area <sup>3</sup> | Percentage of Enrollees |
| Other Behavioral Health/Substance Abuse Facilities                                  | 10                 | n/a                     | 25                     | n/a                     | 60                      | 100%                    |
| All other licensed or certified facilities under contract with a carrier not listed | 15                 | n/a                     | 40                     | n/a                     | 90                      | 100%                    |

<sup>1</sup> “Urban area” means a zip code that, according to the Maryland Department of Planning has a human population equal to or greater than 3,000 per square mile.

<sup>2</sup> “Suburban area” means a zip code that, according to the Maryland Department of Planning has a human population equal to or greater than 1,000 per square mile but less than 3,000 per square mile.

<sup>3</sup> “Rural area” means a zip code that, according to the Maryland Department of Planning has a human population of less than 1,000 per square mile.

## 5. Provider to Enrollee Ratio Standards

### Provider-to-Enrollee Ratios Statement:

The Network Adequacy Access Plan Executive Summary Form (COMAR 31.10.44.09) requires the following information for Provider-to-Enrollee Ratio Standards:

“ (b) For all other carriers, list whether the percentage of provider-to-enrollee ratios meet the provider-to-enrollee ratio standards listed in Regulation .06 of this chapter for each of the following categories:

- (i) 1,200 enrollees for primary care;
- (ii) 2,000 enrollees for pediatric care;
- (iii) 2,000 enrollees for obstetrical/gynecological care;
- (iv) 2,000 enrollees for behavioral health care or service; and
- (v) 2,000 enrollees for substance use disorder care and services.”

The requirement for information publishable to the public is detailed in COMAR 31.10.44.09, which requires that we list whether the percentage of provider-to-enrollee ratios meet the provider-to-enrollee ratio standard. We have provided that information below on this Executive Summary Form.

Cigna classifies raw provider and enrollee numbers as competitively sensitive data; however, as your office has requested for the raw provider and enrollee numbers and we are providing it here for your review, satisfying requirements in COMAR 31.10.44.03C(2)&(3) and COMAR 31.10.44.06.

| Provider to Enrollee Ratios                        | Provider Count | Enrollee Count | Ratio of Enrollees to Providers<br>(#Enrollees to 1 Provider) | Provider-to-Enrollee Ratios Results |
|--|----------------|----------------|---|-------------------------------------|
| 1: 1,200 Primary Care                              | 112,621        | 88             | 0.000781382   | 1279.784091                         |
| 1: 2,000 Pediatric Care                            | 19,562         | 88             | 0.004498518   | 222.2954545                         |
| 1: 2,000 OB/GYN                                    | 24,932         | 88             | 0.003529601   | 283.3181818                         |
| 1: 2,000 Behavioral health care or services        | 26,054         | 88             | 0.0033776   | 296.0681818                         |
| 1:2,000 Substance Abuse Disorder Care and Services | 26,054         | 88             | 0.0033776   | 296.0681818                         |