

Cigna Health and Insurance Company
Maryland Network Access Plan Executive Summary 2021 for PPO

Travel Distance Standards COMAR 31.10.44.04.09 A(1)(a) with Percentage of Enrollees with Access within standards identified in **COMAR 31.10.44.04 A(5)**

	Urban Area	Suburban Area	Rural Area
<i>Provider Type:</i>			
Allergy and Immunology	100.0%	100.0%	100.0%
Applied Behavioral Analyst	100.0%	100.0%	100.0%
Cardiovascular Disease	100.0%	100.0%	100.0%
Chiropractic	100.0%	100.0%	100.0%
Dermatology	100.0%	100.0%	100.0%
Endocrinology	100.0%	100.0%	100.0%
ENT/Otolaryngology	100.0%	100.0%	100.0%
Gastroenterology	100.0%	100.0%	100.0%
General Surgery	100.0%	100.0%	100.0%
Gynecology, OB/GYN	100.0%	100.0%	100.0%
Gynecology Only	100.0%	100.0%	100.0%
Licensed Clinical Social Worker	100.0%	100.0%	100.0%
Nephrology	100.0%	100.0%	100.0%
Neurology	100.0%	100.0%	100.0%
Oncology-Medical and Surgical	100.0%	100.0%	100.0%
Oncology-Radiation/Radiation Oncology	100.0%	100.0%	100.0%
Ophthalmology	100.0%	100.0%	100.0%
Pediatrics-Routine/Primary Care	100.0%	100.0%	100.0%
Physiatry, Rehabilitative Medicine	100.0%	100.0%	100.0%
Plastic Surgery	100.0%	100.0%	100.0%
Podiatry	100.0%	100.0%	100.0%
Primary Care Physician	100.0%	100.0%	100.0%
Psychiatry	100.0%	100.0%	100.0%
Psychology	100.0%	100.0%	100.0%
Pulmonology	100.0%	100.0%	100.0%
Rheumatology	100.0%	100.0%	100.0%
Urology	100.0%	100.0%	100.0%
All Other licensed or certified providers under contract not listed	100.0%	100.0%	100.0%
<i>Facility Type:</i>			
Acute Inpatient Hospitals	100.0%	100.0%	100.0%
Critical Care Services -- Intensive Care Units	100.0%	100.0%	100.0%
Diagnostic Radiology	100.0%	100.0%	100.0%
Inpatient Psychiatric Facility	100.0%	100.0%	100.0%
Outpatient Dialysis	100.0%	100.0%	100.0%
Outpatient Infusion/Chemotherapy	100.0%	100.0%	100.0%
Pharmacy	100.0%	100.0%	100.0%
Skilled Nursing Facilities	100.0%	100.0%	100.0%
Surgical Services (Outpatient or Ambulatory Surgical Center)	100.0%	100.0%	100.0%
Other Behavioral Health/Substance Abuse Facilities	100.0%	100.0%	100.0%
All other licensed or certified facilities under contract not listed	100.0%	100.0%	100.0%

Nurse Practitioners COMAR 31.10.44 .09 A(1)(b)(c)

Total number of certified registered nurse practitioners counted as a primary care provider.	16,975
Total percentage of primary care providers who are certified registered nurse practitioners	18.7%

Essential Community Providers - Medical & Behavioral COMAR 31.10.44 .09 A(1)(d)(e)

Total number of ECPs	135
	Percentage of ECPs that are participating providers.
Rural	64%
Suburban	50%
Urban	60%

Maryland Appointment Waiting Time Standard Results COMAR 31.10.44 .09 A(2)(a)(b)

List the percentage of enrollees for which the carrier met the appointment wait time standards.

Urgent care — within 72 hours	99%
Routine primary care — within 15 calendar days	100%
Preventive Visit/Well Visit — within 30 calendar days	100%
Non-urgent specialty care — within 30 calendar days	98%
Non-urgent behavioral health/substance use disorder services — within 10 calendar days	100%
Total percentage of telehealth appointments counted as part of the appointment waiting time standard results.	18.07%

Provider-to-enrollee ratios COMAR 31.10.44 .09 A(3)(b)

List whether the percentage of provider-to-enrollee ratios meet the provider-to-enrollee ratio standards for each of the following categories

Standard #Providers to #Enrollees	Meet Standard?
1: 1,200 Primary Care	Yes
1: 2,000 Pediatric Care	Yes
1: 2,000 OB/GYN	Yes
1: 2,000 Behavioral Health Care or Service	Yes
1: 2,000 Substance Abuse Disorder Care and Services	Yes