Network Adequacy Executive Summary

Carrier Name: CareFirst

Network Access Plan Name and Year: CFMI 2023

(1) Travel Distance Standards

This chart lists the percentage of enrollees for which the carrier met the required travel distance standard for each provider type included in the carrier's network in each geographic area served by the carrier.

*[Carrier Filing Instructions: For each provider type listed in COMAR 31.10.44.05, list the percentage of enrollees for which the carrier met the travel distance standards. **Lists should be in the following format, with provider types first in alphabetical order,** followed by facilities in alphabetical order. Insert rows as needed for other providers and facility types included on the carrier's provider panel but not listed in the chart, including physical therapists and licensed dietitian-nutritionists, with the percentage met for the maximum standards of 15 miles for Urban Areas, 40 miles for Suburban Areas, and 90 miles for Rural Areas.*

If the telehealth mileage credit described COMAR 31.10.44.08B was applied when calculating the percentage of enrollees for which the carrier met the travel distance standards, include an asterisk in the chart for each provider type and geographic area where the credit is being applied. Also include the required footnote below.]

Provider Type	Urban Area	Suburban Area	Rural Area
Addiction Medicine	100.0%	100.0%	100.0%
Allergy and Immunology	100.0%	100.0%	100.0%
Applied Behavioral Analyst	100.0%	100.0%	100.0%
Cardiovascular Disease	100.0%	100.0%	100.0%
Chiropractic	100.0%	100.0%	100.0%
Dermatology	100.0%	100.0%	100.0%
Endocrinology	100.0%	100.0%	100.0%
ENT/Otolaryngology	100.0%	100.0%	100.0%
Gastroenterology	100.0%	100.0%	100.0%
General Surgery	100.0%	100.0%	100.0%
Gynecology, OB/GYN, Nurse-Midwifery/Certified Midwifery	99.9%	98.5%	100.0%
Home Health	97.5%	99.9%	100.0%
Hospice	98.6%	100.0%	100.0%
Licensed Clinical Social Worker	100.0%	100.0%	100.0%
Licensed Professional Counselor	100.0%	100.0%	100.0%
Nephrology	100.0%	100.0%	100.0%

	Urban Area	Suburban Area	Rural Area
Neurology	99.9%	100.0%	100.0%
Oncology – Medical and Surgical	100.0%	100.0%	100.0%
Oncology – Radiation / Radiation Oncology	100.0%	100.0%	100.0%
Ophthalmology	100.0%	100.0%	100.0%
Oral Surgery	100.0%	100.0%	100.0%
Pediatrics – Routine / Primary Care	100.0%	99.9%	100.0%
Physiatry, Rehabilitative Medicine	100.0%	100.0%	100.0%
Plastic Surgery	100.0%	100.0%	100.0%
Podiatry	100.0%	100.0%	100.0%
Primary Care (non-pediatric)	100.0%	100.0%	100.0%
Psychiatry – Adolescent and Child, Outpatient	100.0%	100.0%	100.0%
Psychiatry – Geriatric, Outpatient	100.0%	100.0%	100.0%
Psychiatry – Outpatient	100.0%	100.0%	100.0%
Psychology	100.0%	100.0%	100.0%
Pulmonology	99.9%	100.0%	100.0%
Rheumatology	100.0%	100.0%	100.0%
Urology	100.0%	100.0%	100.0%
For other licensed or certified providers under contract with a carrier not included above, add rows as needed to list	100.0%	100.0%	100.0%
Facility Type	**Urban Area**	**Suburban Area**	**Rural Area**
Acute Inpatient Hospitals	99.8%	100.0%	100.0%
Ambulatory Infusion Centers	97.8%	100.0%	100.0%
Critical Care Services — Intensive Care Units	99.6%	100.0%	100.0%
Diagnostic Radiology	100.0%	100.0%	100.0%
Inpatient Psychiatric Facility	100.0%	100.0%	100.0%
Opioid Treatment Services Provider	100.0%	100.0%	100.0%
Outpatient Dialysis	100.0%	100.0%	100.0%
Outpatient Mental Health Clinic	100.0%	100.0%	100.0%
Outpatient Substance Use Disorder Facility	100.0%	100.0%	100.0%
Pharmacy	100.0%	100.0%	100.0%
Residential Crisis Services	97.4%	99.7%	100.0%
Skilled Nursing Facilities	100.0%	100.0%	100.0%
Substance Use Disorder Residential Treatment Facility	100.0%	100.0%	100.0%
Surgical Services (Outpatient or Ambulatory Surgical Center)	100.0%	100.0%	100.0%

*[Carrier Filing Instructions: Include the following footnote if the telehealth mileage credit was applied to any provide type and geographic area. * As permitted by Maryland regulations, a telehealth*

mileage credit was applied to up to 10 percent of enrollees for each provider type noted with an asterisk in each of the urban, rural, or suburban geographic areas. The mileage credit is 5 miles for urban areas, 10 miles for suburban areas, and 15 miles for rural areas.]

(a) List the total number of **certified registered nurse practitioners** counted as a primary care provider.

6,751

(b) List the total percentage of primary care providers who are certified registered nurse practitioners.

19,611

(c) List the total number of **essential community providers** in the carrier's network in each of the urban, rural, and suburban areas providing the services below. Additionally, list the total percentage of essential community providers available in the health benefit plan's service area that are participating providers for each of the nine categories shown in the chart.

	Urban number; percent	Suburban number; percent	Rural number; percent
(i) Medical services	363 ; 43%	201 ; 55%	271 ; 64%
(ii) Mental health services	171 ; 53%	100 ; 58%	114 ; 67%
(iii) Substance use disorder services	345 ; 42%	198 ; 55%	259 ; 63%

(d) List the total number of **local health departments** in the carrier's network providing the services in the chart below. Of all the health departments in the state providing the services below, list the percentage in the carrier's network.

Service	Number Offering Service in the Network	Percentage of Maryland Health Depts. Offering Service
(i) Medical services	16	66.7%
(ii) Mental health services	16	66.7%
(iii) Substance use disorder services	16	66.7%

(2) Appointment Waiting Time Standards

(a) For each appointment type listed in the chart below, list the calculated median waiting time to obtain an in-person appointment with a participating provider, in the following format:

	Median Appointment Waiting Time
Urgent care for medical services	Within 24 hours
Inpatient urgent care for mental health services	Within 24 hours

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Reference: COMAR 31.10.44.11

Inpatient urgent care for substance use disorder services	Within 24 hours
Outpatient urgent care for mental health services	Within 7 - 10 calendar days
Outpatient urgent care for substance use disorder services	Within 7 - 10 calendar days
Routine primary care	Within 7 calendar days or less
Preventive care/Well visit	Within 7 calendar days or less
Non-urgent specialty care	Within 15 calendar days
Non-urgent mental health	Within 10 calendar days
Non-urgent substance use disorder care	Within 10 calendar days

[Carrier Filing Instructions: If the telehealth credit described in COMAR 31.10.44.08C was applied when determining whether the carrier's provider panel met the required waiting time standards for at least 90 percent of appointments in any category, the carrier may include a statement on the executive summary disclosing the availability of telehealth appointments to supplement the in-person appointments for that category.

If the carrier arranges for telehealth services to be provided from participating providers beyond traditional office hours for an appointment type listed in COMAR 31.10.44.06, the carrier may include a statement on the executive summary disclosing the availability of those services]

(3) Provider-to-Enrollee Ratio Standards

(a) This subsection does not apply to Group Model HMO health benefit plans.

(b) For all other carriers, summarize the network performance for each provider-to-enrollee ratio standard listed in COMAR 31.10.44.07 by listing the calculated number of providers in the provider panel, rounded to the nearest whole number, for each of the following categories of enrollees:

Provider Service Type	Number of Providers per 1,200 Enrollees
(i) 1,200 enrollees for primary care;	1:28

Provider Service Type	Number of Providers per 2,000 Enrollees
(ii) 2,000 enrollees for pediatric care;	1:87
(iii) 2,000 enrollees for obstetrical/gynecological care;	1:207
(iv) 2,000 enrollees for mental health care or service; and	1:18
(v) 2,000 enrollees for substance use disorder care and services.	1:15