

CareFirst of Maryland, Inc 2022 Network Access Plan

Executive Summary

(1) Travel Distance Standards

(a) For each provider type listed in COMAR 31.10.44.04, list the percentage of enrollees for which the carrier met the travel distance standards. **Lists should be in the following format, with provider types first in alphabetical order**, followed by facilities in alphabetical order.

<i>PPO - PROVIDER TYPE</i>	<i>% of CF enrollees that meet Urban travel distance standards</i>	<i>% of CF enrollees that meet Suburban travel distance standards</i>	<i>% of CF enrollees that meet Rural travel distance standards</i>
Primary Care Physician	100.0%	100.0%	100.0%
Gynecology, OB/GYN	99.9%	99.4%	100.0%
Pediatrics -- Routine/Primary Care	100.0%	100.0%	100.0%
Allergy and Immunology	100.0%	99.5%	100.0%
Applied Behavioral Analyst	100.0%	100.0%	100.0%
Cardiovascular Disease	100.0%	100.0%	100.0%
Chiropractic	100.0%	100.0%	100.0%
Dermatology	100.0%	100.0%	100.0%
Endocrinology	100.0%	100.0%	100.0%
ENT/Otolaryngology	100.0%	100.0%	100.0%
Gastroenterology	100.0%	100.0%	100.0%
General Surgery	100.0%	100.0%	100.0%
Gynecology Only	100%	99.6%	99.2%
Licensed Clinical Social Worker	100.0%	100.0%	100.0%
Nephrology	100.0%	100.0%	100.0%
Neurology	100.0%	100.0%	100.0%
Oncology -- Medical, Surgical	100.0%	100.0%	100.0%
Oncology -- Radiation/Radiation Oncology	100.0%	100.0%	100.0%
Ophthalmology	100.0%	100.0%	100.0%
Physiatry, Rehabilitative Medicine	100.0%	100.0%	100.0%
Plastic Surgery	100.0%	100.0%	100.0%
Podiatry	100.0%	100.0%	100.0%
Psychiatry	100.0%	100.0%	100.0%
Psychology	100.0%	100.0%	100.0%
Pulmonology	100.0%	100.0%	100.0%

Rheumatology	100.0%	100.0%	100.0%
Urology	100.0%	100.0%	100.0%
All other licensed or certified providers under contract with a carrier not listed	100.0%	100.0%	100.0%
<i>HMO - FACILITY TYPE</i>			
Pharmacy	100.0%	100.0%	100.0%
Acute Inpatient Hospitals	100.0%	100.0%	100.0%
Critical Care Services -- Intensive Care Units	100.0%	100.0%	100.0%
Diagnostic Radiology	100.0%	100.0%	100.0%
Inpatient Psychiatric Facility	100.0%	100.0%	100.0%
Outpatient Dialysis	100.0%	100.0%	100.0%
Outpatient Infusion/Chemotherapy	99.3%	100.0%	100.0%
Skilled Nursing Facilities	100.0%	100.0%	100.0%
Surgical Services (Outpatient or Ambulatory Surgical Center)	100.0%	100.0%	100.0%
Other Behavioral Health/Substance Abuse Facilities	100.0%	100.0%	100.0%
All other licensed or certified facilities under contract with a carrier not listed	100.0%	100.0%	100.0%

Certified Nurse Practitioners

(b) List the total number of **certified registered nurse practitioners** counted as a primary care provider.

LICENSED NURSE PRACTITIONER	101
NURSE PRACTITIONER - ADULT HEALTH	390
NURSE PRACTITIONER - FAMILY	2420
NURSE PRACTITIONER - PRIMARY CARE	225
NURSE PRACTITIONER - GERONTOLOGY	87
Nurse Practitioner TOTAL	3223

(c) List the **total percentage of primary care providers** who are certified registered nurse practitioners.

33%

Essential Community Providers

(e) List the total number of essential community providers in the carrier’s network and the total percentage of essential community providers available in the health benefit plan’s service area that are participating providers.

Total ECPs in CareFirst Network: 703

(2) Appointment Waiting Time Standards

(a) For each appointment type listed in Regulation 31.10.44.05, list the percentage of enrollees for which the carrier met the appointment wait time standards, in the following format:

Appointment Waiting Time Standard	% meeting the standard
Urgent care — within 72 hours	95%
Routine primary care — within 15 calendar days	95%
Preventative Visit/Well Visit — within 30 calendar days	95%
Non-urgent specialty care — within 30 calendar days	95%
Non-urgent behavioral health/substance use disorder services — within 10 calendar days	95%

(b) List the total percentage of telehealth appointments counted as part of the appointment waiting time standard results.

0%

(3) Provider-to-Enrollee Ratio Standards

(a) This subsection does not apply to Group Model HMO health benefit plans.

(b) For all other carriers, list whether the provider-to-enrollee ratios meet the standards listed in COMAR 31.10.44.06 of this chapter for each of the following categories:

Provider Service Type	Provider-to-Enrollee Ratio Standard	Meets the Standard?
Primary care	1:1200	Yes
Pediatric care	1:2000	Yes
Obstetrical/gynecological care	1:2000	Yes
Behavioral health care or service	1:2000	Yes
Substance use disorder care and services	1:2000	Yes