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# **SHIP**

## **Maryland's State Health Insurance Program**

The State Health Insurance Program is a program that helps those on Medicare with personalized Medicare counseling, education, and access to financial assistance resources.

SHIP offices help Medicare beneficiaries identify and understand programs and plans such as Medicare prescription drug coverage, Medicare Advantage Plans, and Medicare supplemental insurance policies. SHIP can also help Medicare beneficiaries enroll in these plans. The services you receive through SHIP offices are confidential and free.

Allegany 301-783-1710	Harford 410-638-3577
Anne Arundel 410-222-4257	Howard 410-313-7392
Baltimore City 410-396-2273	Kent 410-778-2564
Baltimore County 410-887-2059	Montgomery 301-255-4250
Calvert 301-855-1170 & 410-535-4606	Prince George's 301-265-8450
Caroline 410-479-2535	Queen Anne's 410-758-0848 ext. 2712
Carroll 410-386-3806	Somerset 410-742-0505 ext. 106
Cecil 410-996-8174	St. Mary's 301-475-4200 x1064
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