



200 St. Paul Place, Suite 2700, Baltimore, Maryland 21202  
Direct Dial: 410-468-2170 Fax: 410-468-2204  
1-800-492-6116 TTY: 1-800-735-2258  
[www.insurance.maryland.gov](http://www.insurance.maryland.gov)

## **CARRIERS WITH SMALL EMPLOYER GROUP HEALTH BENEFIT PLANS IN MARYLAND**

September 22, 2025

**(For policies with effective dates on or after January 1, 2026)**

<b>CARRIER</b>
<b>CareFirst BlueChoice, Inc.</b> 1501 S. Clinton Street Baltimore, MD 21224 <a href="http://www.CareFirst.com">www.CareFirst.com</a>
<b>CareFirst of Maryland, Inc.</b> <b>(trading as CareFirst BlueCross BlueShield)</b> 10455 Mill Run Circle Owings Mills, MD 21117 <a href="http://www.CareFirst.com">www.CareFirst.com</a>
<b>Group Hospitalization and Medical Services, Inc.</b> <b>(trading as CareFirst BlueCross BlueShield)</b> 840 First Street, NE Washington, DC 20065 <a href="http://www.CareFirst.com">www.CareFirst.com</a>

**Persons with disabilities may request this document in an alternative format.**  
Any reproductions of this material must be made in conformance with the MIA's Policy for Reproduction of Publications, available on the Consumer Publications page of our web site.

<b>CARRIER</b>
<b>Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.</b> 2101 East Jefferson Street Rockville, MD 20852 301-486-6000 <a href="https://kp.kaiserpermanente.org/">https://kp.kaiserpermanente.org/</a>
<b>MAMSI Life and Health Insurance Company</b> 10175 Little Patuxent Parkway Columbia, MD 21044 1-866-496-9226 <a href="http://www.myuhc.com">www.myuhc.com</a>
<b>Optimum Choice, Inc.</b> 10175 Little Patuxent Parkway Columbia, MD 21044 1-866-496-9226 <a href="http://www.myuhc.com">www.myuhc.com</a>
<b>UnitedHealthcare Insurance Company</b> 10175 Little Patuxent Parkway Columbia, MD 21044 1-866-496-9226 <a href="http://www.myuhc.com">www.myuhc.com</a>
<b>UnitedHealthcare of the Mid-Atlantic, Inc.</b> 10175 Little Patuxent Parkway Columbia, MD 21044 1-866-496-9226 <a href="http://www.myuhc.com">www.myuhc.com</a>

**Persons with disabilities may request this document in an alternative format.**  
Any reproductions of this material must be made in conformance with the MIA's Policy for Reproduction of Publications, available on the Consumer Publications page of our web site.