

Maryland Network Adequacy Access Plan Executive Summary 2020

With Cigna PPO and OAP Network

OAP and PPO	
<ul style="list-style-type: none"> List the total number of certified registered nurse practitioners counted as a primary care provider. List the total percentage of primary care providers who are certified registered nurse practitioners. 	Nurse Practitioners provide primary care services to Cigna enrollees in accordance with our policy; however, Cigna's reporting system does not currently distinguish Nurse Practitioners by specialty.
<ul style="list-style-type: none"> List the total number of essential community providers in the carrier's network. List the total percentage of essential community providers available in the health benefit plan's service area who are participating providers. 	Cigna's network does include Essential Community Providers; however, Cigna's reporting system does not currently distinguish Essential Community Providers.

Medical, Behavioral Health and Substance Use Disorder Appointment Waiting Time Survey*		Results
Urgent care (including medical, behavioral health, and substance use disorder services)	72 hours	91%*
Routine Primary Care	15 calendar days	100%
Preventive Visit/Well Visit	30 calendar days	100%
Non-urgent Specialty Care	30 calendar days	100%
Non-urgent Behavioral Health/Substance Use Disorder Provider	10 calendar days	96%*

*The wait time standards are determined through third party assessment as opposed to first hand data directly from providers. As a result, they are at best an approximation of what patients experience but are not a complete picture. This metric is affected by geographic distribution of providers and availability of certain specialties. Cigna's network is currently open and accepting providers and facilities that meet credentialing requirements and will agree to contract terms.

Telehealth appointments; Telemedicine/Telehealth appointments are not currently captured in the Appointment Waiting Time Analysis.

PPO			
Provider Count	Member Count	Ratio of Providers to Enrollees (#Providers to 1 Enrollee)	Urban Employees with Access
4,818	2,605	1.84952015355086 : 1	Primary care
1,153	2605	0.442610364683301 : 1	Pediatrics
1,316	2605	0.505182341650672 : 1	OB/GYN
3,447	2,605	1.3232245681382 : 1	Behavioral Health (Used "Psychiatry")
506	2,605	0.194241842610365 : 1	Substance Abuse Disorder Care and Services
Provider Count	Member Count	Ratio of Providers to Enrollees (#Providers to 1 Enrollee)	Suburban Employees with Access
2,850	680	4.19117647058824 : 1	Primary care
676	680	0.994117647058824 : 1	Pediatrics
769	680	1.13088235294118 : 1	OB/GYN
2,535	680	3.72794117647059 : 1	Behavioral Health (Used "Psychiatry")
411	680	0.604411764705882 : 1	Substance Abuse Disorder Care and Services
Provider Count	Member Count	Ratio of Providers to Enrollees (#Providers to 1 Enrollee)	Rural Employees with Access
2,722	539	5.05009276437848 : 1	Primary care
707	539	1.31168831168831 : 1	Pediatrics
522	539	0.968460111317254 : 1	OB/GYN
2,467	539	4.57699443413729 : 1	Behavioral Health (Used "Psychiatry")
391	539	0.725417439703154 : 1	Substance Abuse Disorder Care and Services

OAP			
Provider Count	Member Count	Ratio of Providers to Enrollees (#Providers to 1 Enrollee)	Urban Employees with Access
4,673	20	233.65 : 1	Primary care
1,125	20	56.25 : 1	Pediatrics
1,302	20	65.1 : 1	OB/GYN
3,447	20	172.35 : 1	Behavioral Health (Used "Psychiatry")
506	20	25.3 : 1	Substance Abuse Disorder Care and Services
Provider Count	Member Count	Ratio of Providers to Enrollees (#Providers to 1 Enrollee)	Suburban Employees with Access
2,769	24	115.375 : 1	Primary care
665	24	27.7083333333333 : 1	Pediatrics
751	24	31.2916666666667 : 1	OB/GYN
2,535	24	105.625 : 1	Behavioral Health (Used "Psychiatry")
411	24	17.125 : 1	Substance Abuse Disorder Care and Services
Provider Count	Member Count	Ratio of Providers to Enrollees (#Providers to 1 Enrollee)	Rural Employees with Access
2,682	106	25.3018867924528 : 1	Primary care
696	106	6.56603773584906 : 1	Pediatrics
532	106	5.0188679245283 : 1	OB/GYN
2,467	106	23.2735849056604 : 1	Behavioral Health (Used "Psychiatry")
391	106	3.68867924528302 : 1	Substance Abuse Disorder Care and Services

¹ “Urban area” means a zip code that, according to the Maryland Department of Planning has a human population equal to or greater than 3,000 per square mile.

² “Suburban area” means a zip code that, according to the Maryland Department of Planning has a human population equal to or greater than 1,000 per square mile but less than 3,000 per square mile.

³ “Rural area” means a zip code that, according to the Maryland Department of Planning has a human population of less than 1,000 per square mile.