

CareFirst of Maryland, Inc

| Network Adequacy 31.10.44 | | | | | | | NOTES |
|--|---|--|--|---|---|--|-------|
| Section .04 A. - Travel Distance Standards | | | | | | | |
| *Distances shall be measured from the enrollee's place of residence. *Use the instructions of the Maryland Insurance Administration's website to determine rural, suburban, and urban zip code areas. *All other providers and facility types NOT listed in the chart shall individually be required to meet maximum distances of 15 miles for Urban, 40 miles for Suburban, and 90 miles for Rural. | | | | | | | |
| | Urban Area Maximum Distance (miles) | % of CF enrollees that meet Urban travel distance standards | Suburban Area Maximum Distance (miles) | % of CF enrollees that meet Suburban travel distance standards | Rural Area Maximum Distance (miles) | % of CF enrollees that meet Rural travel distance standards | |
| PPO - PROVIDER TYPE | | | | | | | |
| Primary Care Physician (*When an enrollee elects to utilize a gynecologist, pediatrician, or certified registered nurse practitioner for primary care, we may consider that utilization as part of meeting the primary care provider standards of this regulation) | 5 | 100.0% | 10 | 100.0% | 30 | 100.0% | |
| Gynecology, OB/GYN | 5 | 99.8% | 10 | 99.4% | 30 | 100.0% | |
| Pediatrics – Routine/Primary Care | 5 | 100.0% | 10 | 100.0% | 30 | 100.0% | |
| Allergy and Immunology | 15 | 100.0% | 30 | 99.8% | 75 | 100.0% | |
| Applied Behavioral Analyst | 15 | 99.9% | 30 | 100.0% | 60 | 100.0% | |
| Cardiovascular Disease | 10 | 99.9% | 20 | 100.0% | 60 | 100.0% | |
| Chiropractic | 15 | 100.0% | 30 | 100.0% | 75 | 100.0% | |
| Dermatology | 10 | 100.0% | 30 | 100.0% | 60 | 100.0% | |
| Endocrinology | 15 | 100.0% | 40 | 100.0% | 90 | 100.0% | |
| ENT/Otolaryngology | 15 | 100.0% | 30 | 100.0% | 75 | 100.0% | |
| Gastroenterology | 10 | 99.9% | 30 | 100.0% | 60 | 100.0% | |
| General Surgery | 10 | 100.0% | 20 | 100.0% | 60 | 100.0% | |
| Gynecology Only | 15 | 100.0% | 30 | 99.7% | 75 | 100.0% | |
| Licensed Clinical Social Worker | 10 | 100.0% | 25 | 100.0% | 60 | 100.0% | |
| Nephrology | 15 | 100.0% | 25 | 100.0% | 75 | 100.0% | |
| Neurology | 10 | 99.9% | 30 | 100.0% | 60 | 100.0% | |
| Oncology – Medical, Surgical | 10 | 99.9% | 20 | 100.0% | 60 | 100.0% | |
| Oncology – Radiation/Radiation Oncology | 15 | 100.0% | 40 | 100.0% | 90 | 100.0% | |
| Ophthalmology | 10 | 99.9% | 20 | 100.0% | 60 | 100.0% | |
| Physiatry, Rehabilitative Medicine | 15 | 100.0% | 30 | 100.0% | 75 | 100.0% | |
| Plastic Surgery | 15 | 100.0% | 40 | 100.0% | 90 | 100.0% | |
| Podiatry | 10 | 100.0% | 30 | 100.0% | 60 | 100.0% | |
| Psychiatry | 10 | 100.0% | 25 | 100.0% | 60 | 100.0% | |
| Psychology | 10 | 100.0% | 25 | 100.0% | 60 | 100.0% | |
| Pulmonology | 10 | 99.9% | 30 | 100.0% | 60 | 100.0% | |
| Rheumatology | 15 | 100.0% | 40 | 100.0% | 90 | 100.0% | |
| Urology | 10 | 99.9% | 30 | 100.0% | 60 | 100.0% | |
| All other licensed or certified providers under contract with a carrier not listed | 15 | 100.0% | 40 | 100.0% | 90 | 100.0% | |
| PPO - FACILITY TYPE | | | | | | | |
| Pharmacy | 5 | 100.0% | 10 | 100.0% | 30 | 100.0% | |
| Acute Inpatient Hospitals | 10 | 99.7% | 30 | 100.0% | 60 | 100.0% | |
| Critical Care Services – Intensive Care Units | 10 | 99.8% | 30 | 100.0% | 100 | 100.0% | |
| Diagnostic Radiology | 10 | 100.0% | 30 | 100.0% | 60 | 100.0% | |
| Inpatient Psychiatric Facility | 15 | 100.0% | 45 | 100.0% | 75 | 100.0% | |

| | | | | | | | |
|---|------------------|--------|--|--------|---|--------|--|
| Outpatient Dialysis | 10 | 99.9% | 30 | 100.0% | 50 | 100.0% | |
| Outpatient Infusion/Chemotherapy | 10 | 32.6% | 30 | 96.2% | 60 | 99.8% | |
| Skilled Nursing Facilities | 10 | 99.7% | 30 | 100.0% | 60 | 100.0% | |
| Surgical Services (Outpatient or Ambulatory Surgical Center) | 10 | 99.9% | 30 | 100.0% | 60 | 100.0% | |
| Other Behavioral Health/Substance Abuse Facilities | 10 | 100.0% | 25 | 100.0% | 60 | 100.0% | |
| All other licensed or certified facilities under contract with a carrier not listed | 15 | 100.0% | 40 | 100.0% | 90 | 100.0% | |
| Section .04 C. - Essential Community Providers | | | | | | | |
| Each provider panel of a carrier, that is not a group model HMO provider panel, shall include at least 30 percent of the available essential community providers in each of the urban, rural, and suburban areas. | | | | | | | |
| Section .05 C. - Waiting Time Standards | | | | | | | |
| Waiting Time Standards | | | % of CF enrollees for which CF meets Appointment Waiting Time Standards | | | | |
| *CF shall meet the waiting time standards listed below for at least 95% of the enrollees covered under health benefit plans that use that provider panel. | | | | | | | |
| | | | PPO | | | | |
| Urgent Care (including medical, behavioral health, and substance use disorder services) | 72 hours | 93.00% | | | | | |
| Routine Primary Care | 15 calendar days | 79.00% | | | | | |
| Preventive Visit/Well Visit | 30 calendar days | 82.00% | | | | | |
| Non-urgent specialty care | 30 calendar days | 79.96% | | | | | |
| Non-urgent behavioral health/substance use disorder services | 10 calendar days | 57.53% | | | | | |
| Section .06 B. - Provider-to-Enrollee Ratio Standards | | | Do CF's provider-to-enrollee ratios meet the standard? | | | | |
| | | | PPO | | | | |
| 1 full-time physician or other appropriate full-time provider for: | | | | | | | |
| 1,200 enrollees for primary care | | | Yes (1:30) | | | | |
| 2,000 enrollees for pediatric care | | | Yes (1:48) | | | | |
| 2,000 enrollees for OB/GYN care | | | Yes (1:166) | | | | |
| 2,000 enrollees for behavioral health care or services | | | Yes (1:50) | | | | |
| 2,000 enrollees for substance use disorder care or services | | | N/A | | | | |
| Section .09 A. Network Adequacy Access Plan Executive Summary Form | | | | | | | |
| | | | PPO | | | | |
| Total Number of certified registered nurse practitioners counted as a primary care provider. | | | 1,874 | | | | |
| Total percentage of primary care providers who are certified registered nurse practitioners. | | | 22% | | | | |
| The total number of essential community providers in CF's network. | | | 519 | | In addition, CF contracts with 18 Md Health Depts in the PPO network. | | |
| The total percentage of essential community providers available in the health benefit plan's service area that are participating providers. | | | 49.80% | | | | |
| The total percentage of telehealth appointments counted as part of the appointment waiting time standard results. | | | 0% | | | | |