CareFirst of Maryland, Inc 2020 4/9/2021

Carefirst of Maryland, Inc 2020	4/9/2021						
Network Adequacy 31.10.44							NOTES
Section .04 A Travel Distance Standards							
PPO - PROVIDER TYPE	Urban Area Maximum Distance (miles)	% of CF enrollees that meet Urban travel distance standards	Suburban Area Maximum Distance (miles)	% of CF enrollees that meet Suburban travel distance standards	Rural Area Maximum Distance (miles)	% of CF enrollees that meet Rural travel distance standards	
Primary Care Physician	5	100.0%	10	100.0%	30	100.0%	
Gynecology, OB/GYN	5	99.9%	10	99.9%	30	100.0%	
Pediatrics Routine/Primary Care	5	99.6%	10	99.3%	30	100.0%	
Allergy and Immunology	15	100.0%	30	99.5%	<i>7</i> 5	100.0%	
Applied Behavioral Analyst	15	100.0%	30	100.0%	60	100.0%	
Cardiovascular Disease	10	99.9%	20	100.0%	60	100.0%	
Chiropractic	15	100.0%	30	100.0%	75	100.0%	
Dermatology	10	99.9%	30	100.0%	60	100.0%	
Endocrinology	15	100.0%	40	100.0%	90	100.0%	
ENT/Otolaryngology	15	100.0%	30	100.0%	75	100.0%	
Gastroenterology	10	100.0%	30	100.0%	60	100.0%	
General Surgery	10	100.0%	20	100.0%	60	100.0%	
General Surgery Gynecology Only	15	100.0%	30	99.5%	75	100.0%	
Licensed Clinical Social Worker	10	100.0%	25	100.0%	60	100.0%	
	15	100.0%	25	100.0%	75	100.0%	
Nephrology	10	99.9%	30	100.0%	60	100.0%	
Neurology Oncology Medical, Surgical	10	99.9%	20	100.0%	60	100.0%	
		100.0%		100.0%		100.0%	
Oncology Radiation/Radiation Oncology	15		40		90		
Ophthalmology	10	100.0%	20	100.0%	60	100.0%	
Physiatry, Rehabilitative Medicine	15	100.0%	30	100.0%	75	100.0%	
Plastic Surgery	15	100.0%	40	100.0%	90	100.0%	
Podiatry	10	100.0%	30	100.0%	60	100.0%	
Psychiatry	10	100.0%	25	100.0%	60	100.0%	
Psychology	10	100.0%	25	100.0%	60	100.0%	
Pulmonology	10	99.9%	30	100.0%	60	100.0%	
Rheumatology	15	100.0%	40	100.0%	90	100.0%	
Urology	10	100.0%	30	100.0%	60	100.0%	
All other licensed or certified providers under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%	
PPO - FACILITY TYPE	Urban Area Maximum Distance (miles)		Suburban Area Maximum Distance (miles)		Rural Area Maximum Distance (miles)		
Pharmacy	5	100.0%	10	100.0%	30	100.0%	
Acute Inpatient Hospitals	10	99.9%	30	100.0%	60	100.0%	
Critical Care Services Intensive Care Units	10	99.9%	30	99.9%	100	100.0%	
Diagnostic Radiology	10	100.0%	30	100.0%	60	100.0%	
Inpatient Psychiatric Facility	15	100.0%	45	100.0%	75	100.0%	
Outpatient Dialysis	10	100.0%	30	100.0%	50	100.0%	
Outpatient Infusion/Chemotherapy	10	87.9%	30	92.7%	60	100.0%	
Skilled Nursing Facilities	10	100.0%	30	100.0%	60	100.0%	
Surgical Services (Outpatient or Ambulatory Surgical Center)	10	100.0%	30	100.0%	60	100.0%	
Other Behavioral Health/Substance Abuse Facilities		100.0%		100.0%	60	100.0%	
All other licensed or certified facilities under contract with a carrier not listed	10 15	100.0%	25 40	100.0%	90	99.6%	
An other neemed or certified facilities under Contract With a Carrier flot listed	13	100.0%	40	100.0%	30	33.6%	

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HMO - PROVIDER TYPE	Urban Area Maximum Distance (miles)	% of CF enrollees that meet Urban travel distance standards	Suburban Area Maximum Distance (miles)	% of CF enrollees that meet Suburban travel distance standards	Rural Area Maximum Distance (miles)	% of CF enrollees that meet Rural travel distance standards	
Primary Care Physician	5	100.0%	10	100.0%	30	100.0%	
Gynecology, OB/GYN	5	99.6%	10	99.0%	30	100.0%	
Pediatrics Routine/Primary Care	5	100.0%	10	100.0%	30	100.0%	
Allergy and Immunology	15	100.0%	30	99.9%	<i>7</i> 5	100.0%	
Applied Behavioral Analyst	15	100.0%	30	100.0%	60	100.0%	
Cardiovascular Disease	10	99.9%	20	100.0%	60	100.0%	
Chiropractic	15	100.0%	30	100.0%	<i>7</i> 5	100.0%	
Dermatology	10	99.9%	30	100.0%	60	100.0%	
Endocrinology	15	100.0%	40	100.0%	90	100.0%	
ENT/Otolaryngology	15	100.0%	30	100.0%	<i>7</i> 5	100.0%	
Gastroenterology	10	100.0%	30	100.0%	60	100.0%	
General Surgery	10	100.0%	20	100.0%	60	100.0%	
Gynecology Only	15	100.0%	30	99.9%	<i>7</i> 5	100.0%	
Licensed Clinical Social Worker	10	100.0%	25	100.0%	60	100.0%	
Nephrology	15	100.0%	25	100.0%	<i>7</i> 5	100.0%	
Neurology	10	100.0%	30	99.9%	60	100.0%	
Oncology Medical, Surgical	10	100.0%	20	99.9%	60	100.0%	
Oncology Radiation/Radiation Oncology	15	100.0%	40	100.0%	90	100.0%	
Ophthalmology	10	100.0%	20	100.0%	60	100.0%	
Physiatry, Rehabilitative Medicine	15	100.0%	30	100.0%	<i>7</i> 5	100.0%	
Plastic Surgery	15	100.0%	40	100.0%	90	100.0%	
Podiatry	10	100.0%	30	100.0%	60	100.0%	
Psychiatry	10	100.0%	25	100.0%	60	100.0%	
Psychology	10	100.0%	25	100.0%	60	100.0%	
Pulmonology	10	99.9%	30	100.0%	60	100.0%	
Rheumatology	15	100.0%	40	100.0%	90	100.0%	
Urology	10	100.0%	30	100.0%	60	100.0%	
All other licensed or certified providers under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%	
·	Urban Area Maximum Distance (miles)		Suburban Area Maximum Distance (miles)		Rural Area Maximum Distance (miles)		
HMO - FACILITY TYPE					, ,		
Pharmacy	5	100.0%	10	100.0%	30	100.0%	
Acute Inpatient Hospitals	10	99.9%	30	100.0%	60	100.0%	
Critical Care Services Intensive Care Units	10	100.0%	30	99.9%	100	99.9%	
Diagnostic Radiology	10	100.0%	30	100.0%	60	100.0%	
Inpatient Psychiatric Facility	15	100.0%	45	100.0%	75	100.0%	
Outpatient Dialysis	10	100.0%	30	100.0%	50	100.0%	
Outpatient Infusion/Chemotherapy	10	90.1%	30	93.9%	60	100.0%	
Skilled Nursing Facilities	10	100.0%	30	100.0%	60	100.0%	
Surgical Services (Outpatient or Ambulatory Surgical Center)	10	100.0%	30	100.0%	60	100.0%	
Other Behavioral Health/Substance Abuse Facilities	10	100.0%	25	99.8%	60	100.0%	
All other licensed or certified facilities under contract with a carrier not listed	15	100.0%	40	100.0%	90	99.9%	
Section .05 C Waiting Time Standards							

*CF shall meet the waiting time standards listed below for at least 95% of the enrollees covered under health benefit plans that use that provider panel.		% of CF enrolleesfor which CF meets Appointment Waiting Time Standards	нмо		
		PPU	HIVIO		
Urgent Care (including medical, behavioral health, and substance use disorder services)	72 hours	96%	95%		
Routine Primary Care	15 calendar days	79%	78%		
Preventive Visit/Well Visit	30 calendar days	82%	85%		
Non-urgent specialty care	30 calendar days	87%	87%		
Non-urgent behavioral health/substance use disorder services	10 calendar days	75%	75%		
Section .06 B Provider-to-Enrollee Ratio Standards	Do CF's provider- to-enrollee ratios meet the standard?				
	PPO	НМО			
1 full-time physician or other appropriate full-time provider for:					
1,200 enrollees for primary care	1:37	1:12			
2,000 enrollees for pediatric care	1:60	1:17			
2,000 enrollees for OB/GYN care	1:179	1:51			
2,000 enrollees for behavioral health care or services	1:38	1:11			
2,000 enrollees for substance use disorder care or services	1:38	1:11			
Section .09 A. Network Adequacy Access Plan Executive Summary Form					
	PPO	НМО			
Total Number of certified registered nurse practitioners counted as a primary care					
provider.	1,677	1,675			
Total percentage of primary care providers who are certified registered nurse					
practitioners.	22.1%	14.7%			
The total number of essential community providers in CF's network.	499	485			
The total percentage of essential community providers available in the health benefit					
plan's service area that are participating providers.	44%	43%			
The total percentage of telehealth appointments counted as part of the appointment waiting time standard results.	0%	0%			