

Network Adequacy 31.10.44

Section .04 A. - Travel Distance Standards

**Distances shall be measured from the enrollee's place of residence.

*Use the instructions of the Maryland Insurance Administration's website to determine rural, suburban, and urban zip code areas.

*All other providers and facility types NOT listed in the chart shall individually be required to meet maximum distances of 15 miles for Urban, 40 miles for Suburban, and 90 miles for Rural.

<i>PPO - PROVIDER TYPE</i>	<i>Urban Area Maximum Distance (miles)</i>	<i>% of CF enrollees that meet Urban travel distance standards</i>	<i>Suburban Area Maximum Distance (miles)</i>	<i>% of CF enrollees that meet Suburban travel distance standards</i>	<i>Rural Area Maximum Distance (miles)</i>	<i>% of CF enrollees that meet Rural travel distance standards</i>
Primary Care Physician (*When an enrollee elects to utilize a gynecologist, pediatrician, or certified registered nurse practitioner for primary care, we may consider that utilization as part of meeting the primary care provider standards of this regulation)	5	100.0%	10	100.0%	30	100.0%
Gynecology, OB/GYN	5	82.2%	10	96.1%	30	97.4%
Pediatrics -- Routine/Primary Care	5	100.0%	10	100.0%	30	100.0%
Allergy and Immunology	15	100.0%	30	100.0%	75	100.0%
Applied Behavioral Analyst	15	99.0%	30	98.1%	60	90.2%
Cardiovascular Disease	10	100.0%	20	100.0%	60	100.0%
Chiropractic	15	100.0%	30	100.0%	75	100.0%
Dermatology	10	100.0%	30	100.0%	60	100.0%
Endocrinology	15	100.0%	40	100.0%	90	100.0%
ENT/Otolaryngology	15	100.0%	30	100.0%	75	100.0%
Gastroenterology	10	100.0%	30	100.0%	60	100.0%
General Surgery	10	100.0%	20	100.0%	60	100.0%
Gynecology Only	15	99.9%	30	99.6%	75	100.0%
Licensed Clinical Social Worker	10	100.0%	25	100.0%	60	100.0%
Nephrology	15	100.0%	25	100.0%	75	100.0%
Neurology	10	100.0%	30	100.0%	60	100.0%
Oncology -- Medical, Surgical	10	99.8%	20	100.0%	60	100.0%
Oncology -- Radiation/Radiation Oncology	15	100.0%	40	100.0%	90	100.0%
Ophthalmology	10	100.0%	20	100.0%	60	100.0%
Physiatry, Rehabilitative Medicine	15	100.0%	30	100.0%	75	100.0%
Plastic Surgery	15	100.0%	40	100.0%	90	100.0%
Podiatry	10	100.0%	30	100.0%	60	100.0%
Psychiatry	10	100.0%	25	100.0%	60	100.0%
Psychology	10	100.0%	25	100.0%	60	100.0%

Pulmonology	10	100.0%	30	100.0%	60	100.0%
Rheumatology	15	100.0%	40	100.0%	90	100.0%
Urology	10	100.0%	30	100.0%	60	100.0%
All other licensed or certified providers under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%
PPO - FACILITY TYPE	Urban Area Maximum Distance (miles)		Suburban Area Maximum Distance (miles)		Rural Area Maximum Distance (miles)	
Pharmacy	5	100.0%	10	100.0%	30	100.0%
Acute Inpatient Hospitals	10	99.8%	30	100.0%	60	100.0%
Critical Care Services -- Intensive Care Units	10	99.2%	30	100.0%	100	99.9%
Diagnostic Radiology	10	100.0%	30	100.0%	60	100.0%
Inpatient Psychiatric Facility	15	100.0%	45	100.0%	75	100.0%
Outpatient Dialysis	10	99.3%	30	100.0%	50	100.0%
Outpatient Infusion/Chemotherapy	10	81.4%	30	97.3%	60	100.0%
Skilled Nursing Facilities	10	100.0%	30	100.0%	60	100.0%
Surgical Services (Outpatient or Ambulatory Surgical Center)	10	100.0%	30	100.0%	60	100.0%
Other Behavioral Health/Substance Abuse Facilities	10	100.0%	25	100.0%	60	100.0%
All other licensed or certified facilities under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%
HMO - PROVIDER TYPE	Urban Area Maximum Distance (miles)	% of CF enrollees that meet Urban travel distance standards	Suburban Area Maximum Distance (miles)	% of CF enrollees that meet Suburban travel distance standards	Rural Area Maximum Distance (miles)	% of CF enrollees that meet Rural travel distance standards
Primary Care Physician (*When an enrollee elects to utilize a gynecologist, pediatrician, or certified registered nurse practitioner for primary care, we may consider that utilization as part of meeting the primary care provider standards of this regulation)	5	100.0%	10	100.0%	30	100.0%
Gynecology, OB/GYN	5	100.0%	10	99.9%	30	100.0%
Pediatrics -- Routine/Primary Care	5	100.0%	10	100.0%	30	100.0%
Allergy and Immunology	15	100.0%	30	99.0%	75	100.0%
Applied Behavioral Analyst	15	98.9%	30	99.0%	60	96.4%
Cardiovascular Disease	10	100.0%	20	100.0%	60	100.0%
Chiropractic	15	100.0%	30	100.0%	75	100.0%
Dermatology	10	100.0%	30	100.0%	60	100.0%
Endocrinology	15	100.0%	40	100.0%	90	100.0%
ENT/Otolaryngology	15	100.0%	30	100.0%	75	100.0%
Gastroenterology	10	100.0%	30	100.0%	60	100.0%
General Surgery	10	100.0%	20	100.0%	60	100.0%
Gynecology Only	15	99.9%	30	99.9%	75	100.0%

Licensed Clinical Social Worker	10	100.0%	25	100.0%	60	100.0%
Nephrology	15	100.0%	25	100.0%	75	100.0%
Neurology	10	100.0%	30	100.0%	60	100.0%
Oncology -- Medical, Surgical	10	100.0%	20	100.0%	60	100.0%
Oncology -- Radiation/Radiation Oncology	15	100.0%	40	100.0%	90	100.0%
Ophthalmology	10	100.0%	20	100.0%	60	100.0%
Physiatry, Rehabilitative Medicine	15	100.0%	30	100.0%	75	100.0%
Plastic Surgery	15	100.0%	40	100.0%	90	100.0%
Podiatry	10	100.0%	30	100.0%	60	100.0%
Psychiatry	10	100.0%	25	100.0%	60	100.0%
Psychology	10	100.0%	25	100.0%	60	100.0%
Pulmonology	10	100.0%	30	100.0%	60	100.0%
Rheumatology	15	100.0%	40	100.0%	90	100.0%
Urology	10	100.0%	30	100.0%	60	100.0%
All other licensed or certified providers under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%
HMO - FACILITY TYPE	Urban Area Maximum Distance (miles)		Suburban Area Maximum Distance (miles)		Rural Area Maximum Distance (miles)	
Pharmacy	5	100.0%	10	100.0%	30	100.0%
Acute Inpatient Hospitals	10	99.7%	30	100.0%	60	100.0%
Critical Care Services -- Intensive Care Units	10	97.5%	30	100.0%	100	99.9%
Diagnostic Radiology	10	100.0%	30	100.0%	60	100.0%
Inpatient Psychiatric Facility	15	100.0%	45	100.0%	75	100.0%
Outpatient Dialysis	10	99.4%	30	100.0%	50	100.0%
Outpatient Infusion/Chemotherapy	10	69.1%	30	96.7%	60	99.7%
Skilled Nursing Facilities	10	100.0%	30	100.0%	60	100.0%
Surgical Services (Outpatient or Ambulatory Surgical Center)	10	100.0%	30	100.0%	60	100.0%
Other Behavioral Health/Substance Abuse Facilities	10	100.0%	25	99.2%	60	100.0%
All other licensed or certified facilities under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%
Section .04 C. - Essential Community Providers						
Each provider panel of a carrier, that is not a group model HMO provider panel, shall include at least 30 percent of the available essential community providers in each of the urban, rural, and suburban areas.						
Section .05 C. - Waiting Time Standards						

Waiting Time Standards		% of CF enrollees for which CF meets Appointment Waiting Time Standards				
*CF shall meet the waiting time standards listed below for at least 95% of the enrollees covered under health benefit plans that use that provider panel.						
Urgent Care (including medical, behavioral health, and substance use disorder services)	72 hours	93.80%				
Routine Primary Care	15 calendar days	85.50%				
Preventive Visit/Well Visit	30 calendar days	69.85%				
Non-urgent specialty care	30 calendar days	89.40%				
Non-urgent behavioral health/substance use disorder services	10 calendar days	95.10%				
Section .06 B. - Provider-to-Enrollee Ratio Standards		Do CF's provider-to-enrollee ratios meet the standard?				
1 full-time physician or other appropriate full-time provider for:						
1,200 enrollees for primary care	Yes (1:46)					
2,000 enrollees for pediatric care	Yes (1:31)					
2,000 enrollees for OB/GYN care	Yes (1:102)					
2,000 enrollees for behavioral health care or services	Yes (1:32)					
2,000 enrollees for substance use disorder care or services	N/A					
Section .09 A. Network Adequacy Access Plan Executive Summary Form						
	PPO	HMO				
Total Number of certified registered nurse practitioners counted as a primary care provider.	1485	1480				
Total percentage of primary care providers who are certified registered nurse practitioners.	19.10%	20.30%				
The total number of essential community providers in CF's network.	386	343				
The total percentage of essential community providers available in the health benefit plan's service area that are participating providers.	44.20%	39.30%				
The total percentage of telehealth appointments counted as part of the appointment waiting time standard results.	0%	0%				