CareFirst of Maryland, Inc 2020	4/9/2021						
Network Adequacy 31.10.44							NOTES
Section .04 A Travel Distance Standards	_						NOTES
PPO - PROVIDER TYPE	Urban Area Maximum Distance (miles)	% of CF enrollees that meet Urban travel distance standards	Suburban Area Maximum Distance (miles)	% of CF enrollees that meet Suburban travel distance standards	Rural Area Maximum Distance (miles)	% of CF enrollees that meet Rural travel distance standards	
Primary Care Physician	5	100.0%	10	100.0%	30	100.0%	
Gynecology, OB/GYN	5	99.9%	10	99.9%	30	100.0%	
Pediatrics Routine/Primary Care	5	99.6%	10	99.3%	30	100.0%	
Allergy and Immunology	15	100.0%	30	99.5%	75	100.0%	
Applied Behavioral Analyst	15	100.0%	30	100.0%	60	100.0%	
Cardiovascular Disease	10	99.9%	20	100.0%	60	100.0%	
Chiropractic	15	100.0%	30	100.0%	75	100.0%	
Dermatology	10	99.9%	30	100.0%	60	100.0%	
Endocrinology	15	100.0%	40	100.0%	90	100.0%	
ENT/Otolaryngology	15	100.0%	30	100.0%	75	100.0%	
Gastroenterology	10	100.0%	30	100.0%	60	100.0%	
General Surgery	10	100.0%	20	100.0%	60	100.0%	
Gynecology Only	15	100.0%	30	99.5%	75	100.0%	
Licensed Clinical Social Worker	10	100.0%	25	100.0%	60	100.0%	
Nephrology	15	100.0%	25	100.0%	75	100.0%	
Neurology	10	99.9%	30	100.0%	60	100.0%	
Oncology Medical, Surgical	10	99.9%	20	100.0%	60	100.0%	
Oncology Radiation/Radiation Oncology	15	100.0%	40	100.0%	90	100.0%	
Ophthalmology	10	100.0%	20	100.0%	60	100.0%	
Physiatry, Rehabilitative Medicine	15	100.0%	30	100.0%	75	100.0%	
Plastic Surgery	15	100.0%	40	100.0%	90	100.0%	
Podiatry	10	100.0%	30	100.0%	60	100.0%	
Psychiatry	10	100.0%	25	100.0%	60	100.0%	
Psychology	10	100.0%	25	100.0%	60	100.0%	
Pulmonology	10	99.9%	30	100.0%	60	100.0%	
Rheumatology	15	100.0%	40	100.0%	90	100.0%	
Urology	10	100.0%	30	100.0%	60	100.0%	
All other licensed or certified providers under contract with a carrier not listed	15	100.0%	40	100.0%	90	100.0%	
	Urban Area Maximum		Suburban Area Maximum		Rural Area Maximum		
PPO - FACILITY TYPE	Distance (miles)	100.00/	Distance (miles)	100.00/	Distance (miles)	100.0%	
Pharmacy	5	100.0%	10	100.0%	30	100.0%	
Acute Inpatient Hospitals	10	99.9%	30	100.0%	60	100.0%	
Critical Care Services Intensive Care Units	10	99.9%	30	99.9%	100	100.0%	
Diagnostic Radiology	10	100.0%	30	100.0%	60	100.0%	
Inpatient Psychiatric Facility	15	100.0%	45	100.0%	75	100.0%	
Outpatient Dialysis	10	100.0%	30	100.0%	50	100.0%	
Outpatient Infusion/Chemotherapy	10	87.9%	30	92.7%	60	100.0%	
Skilled Nursing Facilities	10	100.0%	30	100.0%	60	100.0%	
Surgical Services (Outpatient or Ambulatory Surgical Center)	10	100.0%	30	100.0%	60	100.0%	
Other Behavioral Health/Substance Abuse Facilities	10	100.0%	25	100.0%	60	100.0%	
All other licensed or certified facilities under contract with a carrier not listed	15	100.0%	40	100.0%	90	99.6%	

Initiany Case Psycholan 5 100.0% 10 100.0% 20 100.0% Pediatios-Routing/Prinary Care 5 100.0% 10 100.0% 30 100.0% Reigand Immunology 125 100.0% 30 100.0% 60 100.0% Applied Enhavoral Analyst 215 100.0% 30 100.0% 60 100.0% Cardiovascular Dresses 10 99.9% 20 100.0% 60 100.0% Chargenetic 15 100.0% 30 100.0% 60 100.0% Enderschaft 15 100.0% 30 100.0% 50 100.0% Enderschaft 15 100.0% 30 100.0% 50 100.0% Cardiovascular Dresses 10 100.0% 30 100.0% 75 100.0% Constrainedbay 15 100.0% 30 199.9% 60 100.0% Edenational Analysis 60 100.0% 25 100.0% 75 1	HMO - PROVIDER TYPE	Urban Area Maximum Distance (miles)	% of CF enrollees that meet Urban travel distance standards	Suburban Area Maximum Distance (miles)	% of CF enrollees that meet Suburban travel distance standards	Rural Area Maximum Distance (miles)	% of CF enrollees that meet Rural travel distance standards	
Symetology, Ob/CV1 S 99.6% 10 99.9% 30 100.0% Allergy and Immuology, a	Primary Care Physician	5	100.0%	10	100.0%	30	100.0%	
netation S 100.0% 100 100.0% 30 100.0% Apgined Behavioral Analyst 15 100.0% 30 190.0% 60 150.0% Apgined Behavioral Analyst 15 100.0% 30 100.0% 60 150.0% Chrogractic 15 100.0% 30 100.0% 60 100.0% Demratolog 15 100.0% 30 100.0% 60 100.0% Endocrinology 15 100.0% 30 100.0% 60 100.0% Endocrinology 10 100.0% 30 100.0% 60 100.0% Carcerd Surgery 10 100.0% 20 100.0% 60 100.0% Syncology On/ 15 100.0% 30 99.9% 60 100.0% Concrology - Bodiation Rescine 10 100.0% 20 99.9% 60 100.0% Concrology - Bodiation Rescine 15 100.0% 20 99.9% 60 100.0%			99.6%		99.0%		100.0%	
Altergy and Immunology 15 100.0% 30 99.9% 75 100.0% Cardioxasular Disease 10 99.9% 20 100.0% 60 100.0% Cardioxasular Disease 10 99.9% 20 100.0% 60 100.0% Chronpactic 10 99.9% 30 100.0% 60 100.0% Dermatology 10 100.0% 40 100.0% 60 100.0% Endocrinology 15 100.0% 30 100.0% 60 100.0% Extroenterology 10 100.0% 30 100.0% 60 100.0% General Surgery 10 100.0% 20 100.0% 60 100.0% General Surgery 15 100.0% 25 100.0% 60 100.0% Neuroitagy 10 100.0% 25 100.0% 60 100.0% Oncology - Reductor/Reductor Ancients 10 100.0% 20 100.0% 60 100.0% <td></td> <td></td> <td>100.0%</td> <td>10</td> <td>100.0%</td> <td>30</td> <td>100.0%</td> <td></td>			100.0%	10	100.0%	30	100.0%	
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Indexmony 15 100 M* 40 100 M* 90 100 M* IST/Orloshyngology 15 100 M* 30 100 M* 30 100 M* 75 100 M* Gastroentarology 10 100 M* 30 100 M* 60 100 M* Gastroentarology 10 100 M* 30 100 M* 60 100 M* Gastroentarology 10 100 M* 30 100 M* 60 100 M* General Strager, 10 100 M* 25 100 M* 60 100 M* Metrology 15 100 M* 25 100 M* 60 100 M* Oncology - Medical, Surgical 10 100 M* 30 99 M* 60 100 M* Oncology - Medical Verter 15 100 M* 30 100 M* 60 100 M* Oncology - Medical Surgical 10 100 M* 30 100 M* 60 100 M* Ophthalmology 15 100 M* 30 100 M*	Chiropractic	15	100.0%	30	100.0%	75	100.0%	
INV/Drologramsplogy 15 100 //k 30 100 //k 75 100 //k Gastroenterology 10 100 //k 30 100 //k 60 100 //k Gastroenterology 10 100 //k 30 100 //k 60 100 //k General Surgey 10 100 //k 30 99 //k 75 100 //k General Surgey 10 100 //k 30 99 //k 75 100 //k Usersed Clinical Social Worker 10 100 //k 25 100 //k 60 100 //k Neurology 15 100 //k 25 100 //k 60 100 //k Concology - Medical Surgical 10 100 //k 20 99 //k 60 100 //k Ophthamology 15 100 //k 20 100 //k 90 100 //k Ophthamology 15 100 //k 20 100 //k 60 100 //k Positaly Rehabilitative Medicine 15 100 //k 30 100 //k	Dermatology	10	99.9%	30	100.0%	60	100.0%	
Castronizaria 10 100 30 100.0% 60 100.0% General Surgery 10 100.0% 20 100.0% 60 100.0% Gyneology Only 15 100.0% 20 100.0% 60 100.0% Liensed Ginical Social Worker 10 100.0% 25 100.0% 75 100.0% Neurology 115 100.0% 25 100.0% 75 100.0% Neurology 110 100.0% 30 99.9% 60 100.0% Oncology - Medical, Surgical 10 100.0% 40 100.0% 60 100.0% Ophthalmology 15 100.0% 40 100.0% 60 100.0% Physitry, Rehabilistive Medicine 15 100.0% 30 100.0% 60 100.0% Physitry, Rehabilistive Medicine 15 100.0% 30 100.0% 60 100.0% Psychology 10 100.0% 30 100.0% 60 100.0	Endocrinology	15	100.0%	40	100.0%	90	100.0%	
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Gymecology Only 15 100.0% 30 99.9% 75 100.0% Licensed Clinical Social Worker 10 100.0% 25 100.0% 60 100.0% Neurology 15 100.0% 25 100.0% 75 100.0% Neurology 10 100.0% 30 99.9% 60 100.0% Oncology - Medical, Surgical 10 100.0% 20 99.9% 60 100.0% Oncology - Medical, Surgical 10 100.0% 20 99.9% 60 100.0% Oncology - Medical, Surgical 10 100.0% 20 100.0% 60 100.0% Ophthalmology 10 100.0% 20 100.0% 75 100.0% Physitary Rehabilitative Medicine 15 100.0% 30 100.0% 60 100.0% Poliatry 10 100.0% 25 100.0% 60 100.0% Psychology 10 100.0% 40 100.0% 60 <td< td=""><td></td><td>10</td><td>100.0%</td><td>30</td><td>100.0%</td><td>60</td><td>100.0%</td><td></td></td<>		10	100.0%	30	100.0%	60	100.0%	
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Oneclogy Hadiation/Radiation Oncology 15 100.0% 40 100.0% 90 100.0% Ophthalmology 10 100.0% 20 100.0% 60 100.0% Physiatry, Rehabilitative Medicine 15 100.0% 30 100.0% 90 100.0% Plastic Surgery 15 100.0% 40 100.0% 90 100.0% Podiatry 10 100.0% 30 100.0% 60 100.0% Psychology 10 100.0% 25 100.0% 60 100.0% Psychology 10 100.0% 25 100.0% 60 100.0% Pulmonology 10 100.0% 25 100.0% 60 100.0% All other icensed or certified providers under contract with a carrier not listed 15 100.0% 30 100.0% 60 100.0% All other icensed or certified providers under contract with a carrier not listed 15 100.0% 30 100.0% 60 100.0% Pharmacy	Neurology	10	100.0%	30	99.9%	60	100.0%	
Ophthalmology 10 100.0% 20 100.0% 60 100.0% Physitry, Rehabilitative Medicine 15 100.0% 30 100.0% 75 100.0% Positiry, Rehabilitative Medicine 15 100.0% 30 100.0% 90 100.0% Podiatry 10 100.0% 30 100.0% 60 100.0% Podiatry 10 100.0% 30 100.0% 60 100.0% Psycholtry 10 100.0% 25 100.0% 60 100.0% Psychology 10 100.0% 25 100.0% 60 100.0% Pulmonology 10 100.0% 40 100.0% 60 100.0% Urology 10 100.0% 30 100.0% 60 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 40 100.0% 90 100.0% Pharmacy 5 100.0% 10 100.0% 30 <td>Oncology Medical, Surgical</td> <td>10</td> <td>100.0%</td> <td>20</td> <td>99.9%</td> <td>60</td> <td>100.0%</td> <td></td>	Oncology Medical, Surgical	10	100.0%	20	99.9%	60	100.0%	
Physiatry, Rehabilitative Medicine 15 100.0% 30 100.0% 75 100.0% Plastic Surgery 15 100.0% 40 100.0% 90 100.0% Podiatry 10 100.0% 30 100.0% 60 100.0% Psychiatry 10 100.0% 25 100.0% 60 100.0% Psychology 10 100.0% 25 100.0% 60 100.0% Pulmonology 10 100.0% 25 100.0% 60 100.0% Rheumatology 10 100.0% 40 100.0% 60 100.0% Urology 10 100.0% 30 100.0% 60 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 40 100.0% 90 100.0% HMO - FACILITY TYPE Urban Area Maximum Distance (miles) Maximum Distance (miles) Distance (miles) Distance (miles) 0 100.0% 30 100.0% 100 100.0	Oncology Radiation/Radiation Oncology	15	100.0%	40	100.0%	90	100.0%	
Plastic Surgery 15 100.0% 40 100.0% 90 100.0% Podiaty 10 100.0% 30 100.0% 60 100.0% Psychatry 10 100.0% 25 100.0% 60 100.0% Psychology 10 100.0% 25 100.0% 60 100.0% Psychology 10 100.0% 25 100.0% 60 100.0% Pulmonology 10 100.0% 40 100.0% 60 100.0% Urology 15 100.0% 40 100.0% 90 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 40 100.0% 90 100.0% HMO - FACILITY TYPE Urban Area Maximum Maximum Distance (miles) 10 100.0% 30 100.0% Pharmacy 5 100.0% 30 100.0% 60 100.0% Acute Inpatient Hospitals 10 100.0% 30 <t< td=""><td>Ophthalmology</td><td>10</td><td>100.0%</td><td>20</td><td>100.0%</td><td>60</td><td>100.0%</td><td></td></t<>	Ophthalmology	10	100.0%	20	100.0%	60	100.0%	
Podiatry 10 100.0% 30 100.0% 60 100.0% Psychology 10 100.0% 25 100.0% 60 100.0% Pulmonology 10 100.0% 25 100.0% 60 100.0% Pulmonology 10 99.9% 30 100.0% 60 100.0% Rhematology 15 100.0% 40 100.0% 90 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 40 100.0% 90 100.0% HMO - FACILITY TYPE Distance (miles) Virban Area Maximum Maximum Distance (miles) Rural Area Maximum	Physiatry, Rehabilitative Medicine	15	100.0%	30	100.0%	75	100.0%	
Psychiatry 10 100.0% 25 100.0% 60 100.0% Psychology 10 100.0% 25 100.0% 60 100.0% Pulmonology 10 99.9% 30 100.0% 60 100.0% Rheumatology 15 100.0% 40 100.0% 90 100.0% Urology 10 100.0% 30 100.0% 60 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 30 100.0% 90 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 30 100.0% 90 100.0% HMO - FACILITY TYPE Urban Area Maximum Distance (miles) Suburban Area Maximum Distance (miles) Rural Area Maximum Distance (miles) Rural Area Maximum Distance (miles) 100.0% 30 100.0% 30 100.0% Pharmacy 5 100.0% 10 100.0% 30 100.0% 60 100.0% 100 100.0% <t< td=""><td>Plastic Surgery</td><td>15</td><td>100.0%</td><td>40</td><td>100.0%</td><td>90</td><td>100.0%</td><td></td></t<>	Plastic Surgery	15	100.0%	40	100.0%	90	100.0%	
Psychology 10 100.0% 25 100.0% 60 100.0% Pulmonology 10 99.9% 30 100.0% 60 100.0% Rheumatology 15 100.0% 40 100.0% 90 100.0% Urology 10 100.0% 30 100.0% 60 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 40 100.0% 60 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 40 100.0% 90 100.0% HAO - FACLITY TYPE Urban Area Maximum Distance (miles) Suburban Area Maximum Distance (miles) Rural Area Maximum Distance (miles) Rural Area Maximum Distance (miles) 10 100.0% 30 100.0% 60 100.0% Critical Care Services - Intensive Care Units 10 100.0% 30 100.0% 60 100.0% Inpatient Psychiatric Facility 10 100.0% 30 100.0% 60 100.0% 100	Podiatry	10	100.0%	30	100.0%	60	100.0%	
Pulmonology 10 99.9% 30 100.0% 60 100.0% Rheumatology 15 100.0% 40 100.0% 90 100.0% Urology 10 100.0% 30 100.0% 90 100.0% All other licensed or certified providers under contract with a carrier not listed 15 100.0% 40 100.0% 60 100.0% HMO - FACILITY TYPE Urban Area Maximum Distance (miles) Suburban Area Maximum Distance (miles) Rural Area Maximum Distance (miles) Rural Area Maximum Distance (miles) 10 100.0% 30 100.0% Pharmacy 5 100.0% 10 100.0% 30 100.0% Acute Inpatient Hospitals 10 99.9% 30 100.0% 60 100.0% Diagnostic Radiology 10 100.0% 30 100.0% 55 100.0% 60 100.0% Inpatient Psychiatric Facility 15 100.0% 30 100.0% 50 100.0% Outpatient Dialysis 10 100.0%	Psychiatry	10	100.0%	25	100.0%	60	100.0%	
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Urology10100.0%30100.0%60100.0%All other licensed or certified providers under contract with a carrier not listed15100.0%40100.0%90100.0%HMO - FACILITY TYPEUrban Area Maximum Distance (miles)Suburban Area Maximum Distance (miles)Rural Area Maximum Distance (miles)Rural Area Maximum Distance (miles)Pharmacy5100.0%10100.0%30100.0%Acute Inpatient Hospitals1099.9%30100.0%60100.0%Critical Care Services Intensive Care Units10100.0%30100.0%60100.0%Inpatient Psychiatric Facility15100.0%30100.0%60100.0%Outpatient Dialysis10100.0%30100.0%50100.0%Outpatient Infusion/Chemotherapy10100.0%30100.0%50100.0%Skilled Nursing Facilities10100.0%30100.0%60100.0%Outpatient Infusion/Chemotherapy10100.0%30100.0%60100.0%Skilled Nursing Facilities10100.0%30100.0%60100.0%Other Behavioral Health/Substance Abuse Facilities10100.0%30100.0%60100.0%Other Behavioral Health/Substance Abuse Facilities10100.0%30100.0%60100.0%	Pulmonology	10	99.9%	30	100.0%	60	100.0%	
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Section .05 C Waiting Time Standards		15	100.076	40	100.076	30	55.570	

Waiting Time Standards *CF shall meet the waiting time standards listed below for at least 95% of the enrollees covered under health benefit plans that use that provider panel.		% of CF enrolleesfor which CF meets Appointment Waiting Time Standards			
		РРО	НМО		
Urgent Care (including medical, behavioral health, and substance use disorder services)	72 hours	96%	95%		
Routine Primary Care	15 calendar days	79%	78%		
Preventive Visit/Well Visit	30 calendar days	82%	85%		
Non-urgent specialty care	30 calendar days	87%	87%		
Non-urgent behavioral health/substance use disorder services	10 calendar days	75%	75%		
Section .06 B Provider-to-Enrollee Ratio Standards	Do CF's provider- to-enrollee ratios meet the standard?				
	PPO	нмо			
1 full-time physician or other appropriate full-time provider for:					
1,200 enrollees for primary care	1:37	1:12			
2,000 enrollees for pediatric care	1:60	1:17			
2,000 enrollees for OB/GYN care	1:179	1:51			
2,000 enrollees for behavioral health care or services	1:38	1:11			
2,000 enrollees for substance use disorder care or services	1:38	1:11			
Section .09 A. Network Adequacy Access Plan Executive Summary Form					
	РРО	НМО			
Total Number of certified registered nurse practitioners counted as a primary care provider.	1,677	1,675			
Total percentage of primary care providers who are certified registered nurse	1,077	1,075			
practitioners.	22.1%	14.7%			
The total number of essential community providers in CF's network.	499	485			
The total percentage of essential community providers and site work.	435	400			
plan's service area that are participating providers.	44%	43%			
The total percentage of telehealth appointments counted as part of the appointment					
waiting time standard results.	0%	0%			