CareFirst of Maryland, Inc 2020

Network Adequacy 31.10.44 Section .04 A. - Travel Distance Standards							NOTES
PPO - PROVIDER TYPE	***Urban Area Maximum Distance (miles)***	*% of CF enrollees that meet **Urban** travel distance standards*	***Suburban Area Maximum Distance (miles)***	*% of CF enrollees that meet **Suburban** travel distance standards*	***Rural Area Maximum Distance (miles)***	*% of CF enrollees that meet **Rural** travel distance standards*	
Primary Care Physician	*5*	**100.0%**	*10*	**100.0%**	*30*	**100.0%**	Gynecologists, pediatricians, and certified registered nurse practitioners are **not** used to meet the primary care standards. Pediatricians are considered primary care but are counted under the separate category of Pediatrics -- Routine/Primary Care
Gynecology, OB/GYN	*5*	**99.8%**	*10*	**99.5%**	*30*	**100.0%**	
Pediatrics -- Routine/Primary Care	*5*	**100.0%**	*10*	**100.0%**	*30*	**100.0%**	
Allergy and Immunology	*15*	**100.0%**	*30*	**99.7%**	*75*	**100.0%**	
Applied Behavioral Analyst	*15*	**100.0%**	*30*	**100.0%**	*60*	**100.0%**	
Cardiovascular Disease	*10*	**99.9%**	*20*	**100.0%**	*60*	**100.0%**	
Chiropractic	*15*	**100.0%**	*30*	**100.0%**	*75*	**100.0%**	
Dermatology	*10*	**99.9%**	*30*	**100.0%**	*60*	**100.0%**	
Endocrinology	*15*	**100.0%**	*40*	**100.0%**	*90*	**100.0%**	
ENT/Otolaryngology	*15*	**100.0%**	*30*	**100.0%**	*75*	**100.0%**	
Gastroenterology	*10*	**100.0%**	*30*	**100.0%**	*60*	**100.0%**	
General Surgery	*10*	**100.0%**	*20*	**100.0%**	*60*	**100.0%**	
Gynecology Only	*15*	**100.0%**	*30*	**99.7%**	*75*	**100.0%**	
Licensed Clinical Social Worker	*10*	**100.0%**	*25*	**100.0%**	*60*	**100.0%**	
Nephrology	*15*	**100.0%**	*25*	**100.0%**	*75*	**100.0%**	
Neurology	*10*	**99.9%**	*30*	**100.0%**	*60*	**100.0%**	
Oncology -- Medical, Surgical	*10*	**99.9%**	*20*	**100.0%**	*60*	**100.0%**	
Oncology -- Radiation/Radiation Oncology	*15*	**100.0%**	*40*	**100.0%**	*90*	**100.0%**	
Ophthalmology	*10*	**100.0%**	*20*	**100.0%**	*60*	**100.0%**	
Physiatry, Rehabilitative Medicine	*15*	**100.0%**	*30*	**100.0%**	*75*	**100.0%**	
Plastic Surgery	*15*	**100.0%**	*40*	**100.0%**	*90*	**100.0%**	
Podiatry	*10*	**100.0%**	*30*	**100.0%**	*60*	**100.0%**	
Psychiatry	*10*	**100.0%**	*25*	**100.0%**	*60*	**100.0%**	
Psychology	*10*	**100.0%**	*25*	**100.0%**	*60*	**100.0%**	
Pulmonology	*10*	**99.9%**	*30*	**100.0%**	*60*	**100.0%**	
Rheumatology	*15*	**100.0%**	*40*	**100.0%**	*90*	**100.0%**	
Urology	*10*	**100.0%**	*30*	**100.0%**	*60*	**100.0%**	
All other licensed or certified providers under contract with a carrier not listed	*15*	**100.0%**	*40*	**100.0%**	*90*	**100.0%**	
PPO - FACILITY TYPE	***Urban Area Maximum Distance (miles)***		***Suburban Area Maximum Distance (miles)***		***Rural Area Maximum Distance (miles)***		
Pharmacy	*5*	**100.0%**	*10*	**100.0%**	*30*	**100.0%**	
Acute Inpatient Hospitals	*10*	**99.9%**	*30*	**100.0%**	*60*	**100.0%**	
Critical Care Services -- Intensive Care Units	*10*	**99.9%**	*30*	**99.9%**	*100*	**100.0%**	
Diagnostic Radiology	*10*	**100.0%**	*30*	**100.0%**	*60*	**100.0%**	
Inpatient Psychiatric Facility	*15*	**100.0%**	*45*	**100.0%**	*75*	**100.0%**	

Outpatient Dialysis	*10*	**100.0%**	*30*	**100.0%**	*50*	**100.0%**	
Outpatient Infusion/Chemotherapy	*10*	**68.0%**	*30*	**94.8%**	*60*	**100.0%**	
Skilled Nursing Facilities	*10*	**100.0%**	*30*	**100.0%**	*60*	**100.0%**	
Surgical Services (Outpatient or Ambulatory Surgical Center)	*10*	**100.0%**	*30*	**100.0%**	*60*	**100.0%**	
Other Behavioral Health/Substance Abuse Facilities	*10*	**100.0%**	*25*	**100.0%**	*60*	**100.0%**	
All other licensed or certified facilities under contract with a carrier not listed	*15*	**100.0%**	*40*	**100.0%**	*90*	**99.6%**	
Section .04 C. - Essential Community Providers							
Each provider panel of a carrier, that is not a group model HMO provider panel, shall include at least 30 percent of the available essential community providers in each of the urban, rural, and suburban areas.							See Access Plan #5
Section .05 C. - Waiting Time Standards							
Waiting Time Standards *CF shall meet the waiting time standards listed below for at least **95%** of the enrollees covered under health benefit plans that use that provider panel.		***% of CF enrolleesfor which CF meets Appointment Waiting Time Standards***					
		PPO					
Urgent Care (including medical, behavioral health, and substance use disorder services)	*72 hours*	**96%**					
Routine Primary Care	*15 calendar days*	**79%**					
Preventive Visit/Well Visit	*30 calendar days*	**82%**					
Non-urgent specialty care	*30 calendar days*	**87%**					
Non-urgent behavioral health/substance use disorder services	*10 calendar days*	**75%**					
Section .06 B. - Provider-to-Enrollee Ratio Standards	***Do CF's provider-to-enrollee ratios meet the standard?***						
		PPO					
1 full-time physician or other appropriate full-time provider for:							
1,200 enrollees for primary care		**Yes (1:16)**					See Access Plan #10
2,000 enrollees for pediatric care		**Yes (1:25)**					See Access Plan #10
2,000 enrollees for OB/GYN care		**Yes (1:95)**					See Access Plan #10
2,000 enrollees for behavioral health care or services		**Yes (1:30)**					See Access Plan #10
2,000 enrollees for substance use disorder care or services		**N/A; see note**					SUD providers are included with Behavior Health providers
Section .09 A. Network Adequacy Access Plan Executive Summary Form							
		PPO					
Total Number of certified registered nurse practitioners counted as a primary care provider.		**1,677**					
Total percentage of primary care providers who are certified registered nurse practitioners.		**22.1%**					
The total number of essential community providers in CF's network.		**499**					
The total percentage of essential community providers available in the health benefit plan's service area that are participating providers.		**44%**					
The total percentage of telehealth appointments counted as part of the appointment waiting time standard results.		**0%**					