



MSAR # 7797

**2020 Report on the Number of Insured
and Self-Insured Lives**

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Commissioner**

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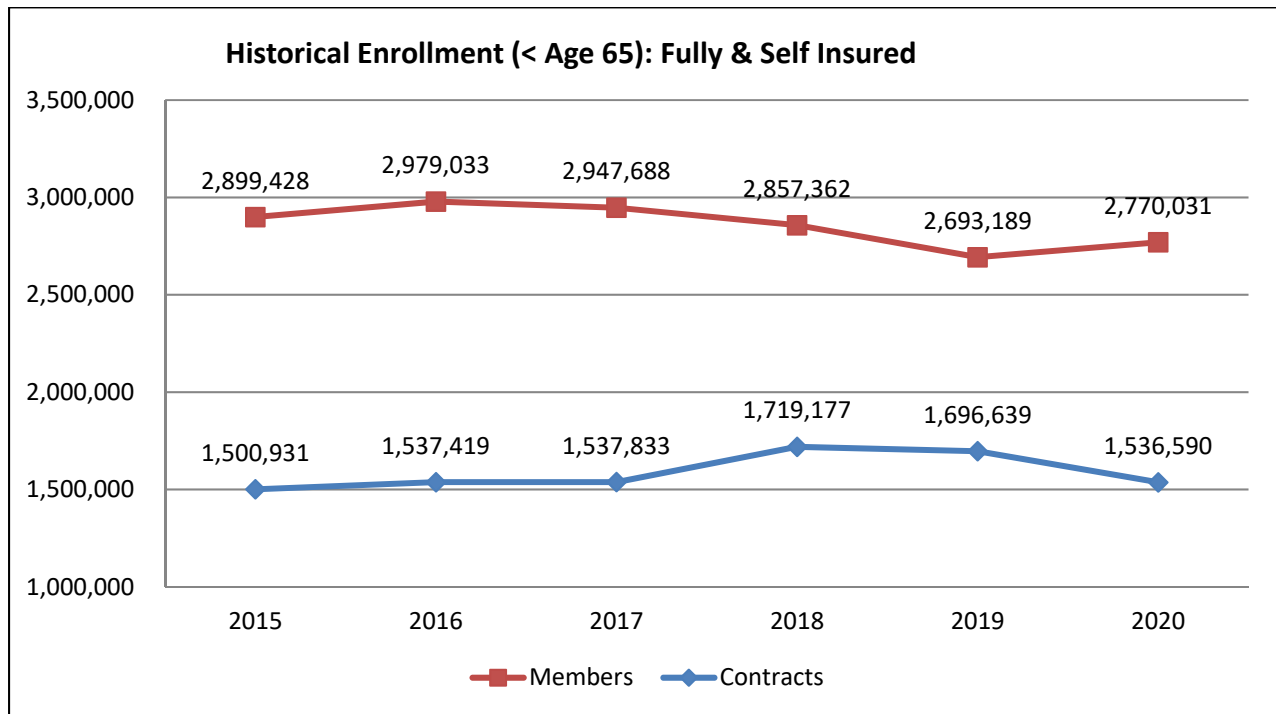
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The Administration's website address: www.insurance.maryland.gov

Background Information

As required under § 15-133 of the Insurance Article, “On or before December 1 of each year, the Commissioner shall report to the General Assembly, in accordance with § 2-1246 of the State Government Article, on the estimated number of insured and self-insured contracts for health benefit plans in the state and the number of insured and self-insured lives under the age of 65 enrolled in benefit plans in the State.” This information is summarized in the chart and graph below as well as in the Tables 1 through 4, which are further discussed in this report.

1	2	3	4	5	6	7	8	9	10	11	12	13
			06/30/19	06/30/19		06/30/20	06/30/20			Members	Members	MIA
COMMERCIAL/PRIVATE			Contracts	Members	%	Contracts	Members	%		Δ	Δ	Regulated?
Fully Insured	Group		356,879	696,081	25.8%	351,722	604,517	21.8%		(91,564)	-13.2%	Yes
	Individual Non-Medigap		180,624	210,125	7.8%	189,262	222,148	8.0%		12,023	5.7%	Yes
Subtotal			537,503	906,206	33.6%	540,984	826,665	29.8%		(79,541)	-8.8%	
Self Insured	Group		880,065	1,354,031	50.3%	710,974	1,499,670	54.1%		145,639	10.8%	No
	FEHBP		279,071	432,952	16.1%	284,632	443,696	16.0%		10,744	2.5%	No
Subtotal			1,159,136	1,786,983	66.4%	995,606	1,943,366	70.2%		156,383	8.8%	
TOTAL			1,696,639	2,693,189	100.0%	1,536,590	2,770,031	100.0%		76,842	2.9%	



The Maryland Insurance Administration (MIA) requires insurers, nonprofit health service plans, health maintenance organizations, managed care organizations, and third-party administrators to report the number of lives and contracts for health benefit plans for those under the age of 65 as of a specified date.¹ “Health benefit plans” (HBP) include policies for hospital or medical benefits. They do not include such coverage as accident-only insurance, credit health insurance, disability income insurance, coverage issued as a supplement to liability insurance, workers’ compensation, automobile medical payment insurance, dental insurance, vision insurance, long-term care insurance, disease-specific insurance, hospital indemnity or other fixed indemnity insurance, or a Medicare supplement policy as defined in §15-901 of the Annotated Code of Maryland.

There are two types of health benefit plans comprising the commercial market: insured health benefit plans and other employment-based health benefit plans. Insured health benefit plans include group insured health benefit plans and individual insured health benefit plans. Insured health benefit plans are regulated by the MIA and subject to Maryland law. Other employment-based health benefit plans include group self-insured health benefit plans and the Federal Employees Health Benefit Plan (FEHBP). These health benefit plans are not regulated by the MIA and, for the most part, are not subject to Maryland law.

In the health insurance industry, the covered life (member) is the fundamental unit of measurement. Trends regarding number of contracts generally track those regarding numbers of covered lives.

Observations

Table 1: Covered Lives by Type of Health Benefit Plan under Age 65

In 2020, approximately 2.77 million Maryland residents under the age of 65 had health insurance through a commercial health benefit plan, representing an increase of approximately +2.9% in total covered lives as compared with 2019. The number of covered lives is composed of 826,665 lives in fully insured health benefit plans and 1,943,366 lives in all other employment-based, self-insured health benefit plans.

The number of covered lives in the group insured market decreased from 696,081 to 604,517. This is a decrease of 91,564 covered lives, or approximately -13.2%. The individual non-Medigap insured market increased from 210,125 to 222,148. This is an increase of 12,023 covered lives, or approximately +5.7%. The overall number of covered lives in insured health benefit plans decreased from 906,206 covered lives in 2019 to 826,665 covered lives in 2020, or approximately -8.8%.

The number of covered lives in the group self-insured market increased from 1,354,031 to 1,499,670. This is an increase of 145,639 covered lives, or approximately +10.8%. The number of covered lives in the FEHBP market increased from 432,952 covered lives in 2019 to 443,696 covered lives in 2020, or approximately +2.5%. The overall number of covered lives in other employment-based health benefit plans increased from 1,786,983 lives in 2019 to 1,943,366 covered lives in 2020, or approximately +8.8%.

¹ The survey instrument used is available on the MIA’s website at www.insurance.maryland.gov under “Company Filing Requirements.” The data are self-reported and unaudited.

TABLE 1: Covered Lives by Type of HBP Under Age 65							
	2016	2017	2018	2019	2020	% Change 2016-2020	% Change 2019-2020
Group Fully Insured	742,910	757,346	725,687	696,081	604,517	-18.6%	-13.2%
Individual Non-Medigap	291,567	256,399	214,833	210,125	222,148	-23.8%	5.7%
All Fully Insured HBPs	1,034,377	1,013,745	940,520	906,206	826,665	-20.1%	-8.8%
Group Self-Insured	1,492,860	1,489,017	1,479,265	1,354,031	1,499,670	0.5%	10.8%
FEHBP	451,796	444,926	437,577	432,952	443,696	-1.8%	2.5%
All Self-Insured HBPs	1,944,656	1,933,943	1,916,842	1,786,983	1,943,366	0.0%	8.8%
Total All Commercial HBPs	2,979,033	2,947,688	2,857,362	2,693,189	2,770,031	-7.0%	2.9%

Table 2: Covered Lives by Type of Health Benefit Plan as a Percent of Population under Age 65

Overall, the percentage of the population under the age of 65 covered by an insured health benefit plan or other employment-based health benefit plan increased from 52.7% to 54.5% between 2019 and 2020. The percentage of the population under the age of 65 with fully insured health benefit plans decreased from 17.7% in 2019 to 16.3% in 2020.

TABLE 2: Covered Lives by Type of HBP as a Percent of Population Under Age 65					
	2016	2017	2018	2019	2020
Group Fully Insured	14.4%	14.7%	14.1%	13.6%	11.9%
Individual Non-Medigap	5.7%	5.0%	4.2%	4.1%	4.4%
All Fully Insured HBPs	20.1%	19.7%	18.3%	17.7%	16.3%
Group Self-Insured	28.9%	29.0%	28.7%	26.5%	29.5%
FEHBP	8.8%	8.7%	8.5%	8.5%	8.7%
All Self-Insured HBPs	37.7%	37.6%	37.2%	35.0%	38.2%
Total All Commercial HBPs	57.8%	57.3%	55.5%	52.7%	54.5%
Maryland Population Under Age 65	5,156,8307	5,140,237	5,147,506	5,111,582	5,086,284
Maryland Population Age 65+	849,571	876,210	904,671	931,136	959,396
Total Maryland Population	6,006,401	6,016,447	6,052,177	6,042,718	6,045,680

Table 3: Covered Lives by Type of Health Benefit Plan as a Percent of Total Commercial Health Benefit Plans

The percentage of all those with health insurance through a commercial health benefit plan covered by a fully insured health benefit plan decreased from 33.6% in 2019 to 29.9% in 2020. The percentage of all those with health insurance through a commercial health benefit plan in other employment-based health benefit plans increased from 66.4% in 2019 to 70.1% in 2020.

TABLE 3: Covered Lives by Type of HBP as a Percent of Total Commercial HBPs					
	2016	2017	2018	2019	2020
Group Fully Insured	24.9%	25.7%	25.4%	25.8%	21.9%
Individual Non-Medigap	9.8%	8.7%	7.5%	7.8%	8.0%
All Fully Insured HBPs	34.7%	34.4%	32.9%	33.6%	29.9%
Group Self-Insured	50.1%	50.5%	51.8%	50.3%	54.1%
FEHBP	15.2%	15.1%	15.3%	16.1%	16.0%
All Self-Insured HBPs	65.3%	65.6%	67.1%	66.4%	70.1%

Table 4: Contracts and Covered Lives by Type of Health Benefit Plan, 6/30/2020

Group fully insured health benefit plans, with an average of 1.7 covered lives per contract, had less covered lives per contract than Group self-insured plans. The overall covered lives per contract for all fully insured health benefit plans was 1.5, compared to an average of 2.0 for all other employment-based, self-insured health benefit plans.

TABLE 4: Contracts and Covered Lives (Members) by Type of HBP – 06/30/20			
	Contracts	Covered Lives	Covered Lives Per Contract
Group Insured	351,722	604,517	1.7
Individual	189,262	222,148	1.2
All Fully Insured HBPs	540,984	826,665	1.5
Group Self-Insured	710,974	1,499,670	2.1
FEHBP	284,632	443,696	1.6
All Self-Insured HBPs	995,606	1,943,366	2.0
Total All Commercial HBPs	1,536,590	2,770,031	1.8

Table 5: Medicaid/MCOs – HISTORICAL COVERED LIVES (Members)

The number of covered lives for Health Choice increased by +2.9% from 2019 to 2020. Health Choice increased from 1,074,784 covered lives in 2019 to 1,105,445 covered lives in 2020, an increase of 30,661 covered lives. The number of covered lives for Other Medicaid decreased by -18.7% from 2019 to 2020. Other Medicaid decreased from 124,734 covered lives in 2019 to 101,419 covered lives in 2020, a decrease of 23,315 covered lives.

Table 5: Medicaid/MCO Covered Lives for past two years						
	2019 MCO Health Choice	2019 MCO Other Medicaid	2020 MCO Health Choice	2020 MCO Other Medicaid	% Change Health Choice	% Change Other Medicaid
Aetna Health, Inc.				36,492		
Amerigroup Maryland, Inc.	267,566		289,368			
JAI Medical Systems MCO Inc. Individual	26,951			27,777		
Kaiser Foundation Health Plan	67,530		80,818			
Maryland Care, Inc.	211,137		218,159			
Medstar Family Choice, Inc.	91,912		94,703			
Priority Partners MCO, Inc.	298,292		309,613			
UnitedHealthcare of Mid-Atlantic	111,396	34,316	112,784	37,150		
Vestica Healthcare LLC		90,418				
Total	1,074,784	124,734	1,105,445	101,419	+2.9%	-18.7%

Conclusion

As of 2020, the MIA regulates and Maryland state law applies to commercial health benefit plans for approximately 16.3% of the population under the age of 65, and for approximately 29.9% of all covered lives. Lastly, this year we asked 195 carriers to voluntarily answer a data call with further detail about enrollment in our state. The results of replies from 125 carriers are compiled on the following page.

2020 Maryland Insurance Administration Data Call

Company Information	
Company Name:	
Company ID:	
Date:	

ENROLLMENT DATA AS OF 06/30/2020				
	Under Age 65 Number of Contracts	Number of Groups	Number of MD Lives Under the Age 65	Number of MD Lives Ages 65+
Individual:				
1. Medicare Supplement / Medigap:				
Pre-STDZ:	68		26	1,687
STDZ 1990:	907		395	47,209
STDZ 2010:	9,808		3,774	184,274
Group Medigap:	444	39	450	16,538
Non-Medigap (ACA):	145,121		205,414	7,042
Non-Medigap (Grandfathered):	8,253		16,360	341
Medicare Adv (Part C):	21,059		6,022	74,418
Medicare Part D:	26,610		24,936	148,846
Medicare + Cost:	110		110	755
2. Group Non FEP:				
Small Group (ACA):	141,539	36,097	255,755	6,002
Small Group (GF):	971	292	2,264	166
Large Group (ACA):	112,617	2,368	221,779	8,447
Large Group (Non-ACA):	87,363	3,501	149,504	6,301
3. FEHBP:				
FEP (OPM HMO):	71,169		158,521	25,534
FEP (Indemnity):	120,873		285,175	96,138
4. Self Insured:				
Self Insured (Small Group):	6,609	312	13,312	2,476
Self Insured (Large Group):	505,044	867	1,320,277	170,072
5. Medicaid:				
MCO - Health Choice:			1,068,750	5
MCO - CHIP:			66,718	0
MCO - Other Medicaid:			71,396	0
6. Student (ACA):	10,208	24	14,673	4
7. LTC:				
LTC (Individual):	97,548		13,903	36,992
LTC (Group):	15,192	649	13,856	9,949
8. Disability:				
ST Disability (Indiv):	23,219		23,436	1,001
LT Disability (Indiv):	78,160		16,680	599
ST Disability (Group):	149,803	2,890	166,576	1,362
LT Disability (Group):	214,878	3,314	289,545	1,477
9 Short-Term Medical:	0		0	0
10. Accident:	419,403		749,465	271,245
11. Specified Disease/Critical Illness:	36,064		39,181	10,919
12. Assoc Health Plan:	0		0	0
13. Hospital Indemnity:	43,388		52,778	12,739
14. Stand-Alone Dental:	179,271		1,187,283	81,853
15. Stand-Alone Vision:	386,367		1,007,694	130,660
16. Stop Loss:				
Specific:	117,973	385	252,880	27,087
Aggregate:	78,665	284	165,462	14,852
17. Military Healthcare:				
TriCare/CHAMPUS:	0	0	0	0
Veterans Benefits/VA/CHAMPVA:	0	0	0	0
FEDVIP (Dental/Vision):	67,054	5	119,609	1,932
18. Other:	116,334	354	115,868	988