PUBLIC HEARING - HEALTH INSURANCE PREMIUMS
June 23, 2011
MERRILL LAD  1325 G Street NW, Suite 200, Washington, DC
Phone: 800.292.4789 Fax:202.861.3425

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          BEFORE THE MARYLAND INSURANCE ADMINISTRATION
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           PUBLIC HEARING - HEALTH INSURANCE PREMIUMS
                      Baltimore, Maryland
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                    Thursday, June 23, 2011
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                           9:56 a.m.
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    Job No.: 1-200498
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    Pages 1 - 138
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    Reported by: Darlene S. Traficante, RPR, CSR, CMRS
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	Page 2	1	Page 4
1	Hearing, held at the offices of:	1	
2		2	EXHIBITS
3		3	(Exhibits attached to the original transcript.)
4	MARYLAND INSURANCE ADMINISTRATION	4	MIA HEARING EXHIBITS PAGE
5	200 St. Paul Place	5	1 Bulletin 11-12, 5/31/11 Premarked
6	Suite 2700	6	2 5/17/11 Recommendations Premarked
7	Baltimore, Maryland 21202	7	3 5/18/11 Recommendations Premarked
8	(410) 468-2000	8	4 6/1/11 Haglund written comments Premarked
9		9	5 6/2/11 Haglund written comments Premarked
10		10	6 6/16/11 MHA written comments Premarked
11		11	7 PowerPoint hard copy 11
12	Discount to a greenment hafara Darlana C	12	- ·
	Pursuant to agreement, before Darlene S.		
13	Traficante, Notary Public in and for the State of	13	9 PowerPoint hard copy 86
14	Maryland.	14	
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	Page 3		Page 5
1	Page 3 APPEARANCES	1	Page 5 COMMISSIONER GOLDSMITH: It got very quiet
1 2		1 2	COMMISSIONER GOLDSMITH: It got very quiet
	A P P E A R A N C E S $ \label{eq:formula} FOR\ THE\ MARYLAND\ INSURANCE\ ADMINISTRATION: $		COMMISSIONER GOLDSMITH: It got very quiet so I guess that means that we are ready to begin. I
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1 Recommendations to the Commissioner to Enhance

- 2 Regulatory Review and Oversight dated May 18th, 2011
- 3 which has been marked as Exhibit 3 in this proceeding.
- 4 My name is Therese Goldsmith, and joining me
- 5 this morning are two of my colleagues at the Maryland
- 6 Insurance Administration, to my left Deputy
- 7 Commissioner, Beth Sammis, and to my right Chief
- 8 Actuary, Dennis Yu.
- 9 Later today we will also be joined by Joy
- 10 Hatchette, the Associate Commissioner heading up our
- 11 Consumer Education & Advocacy unit.
- By way of just a little bit of background,
- 13 the Maryland Insurance Administration engaged Oliver
- 14 Wyman to do two things; first, to review the
- 15 administration's current actuarial rate review process
- 16 for commercial comprehensive medical insurance
- 17 products, and to make recommendations for enhancing
- 18 that process with one goal being to establish an
- 19 effective rate review program under the Affordable
- 20 Care Act as now defined in federal regulation.
- 21 Secondly, we asked Oliver Wyman to review
- 22 information currently available to consumers regarding

- shorthand, report. So first the rate review report,
- 2 presentation, question and answer, and followed by any

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Page 9

- 3 public comment, followed by the consumer information
- report, same procedure.
- 5 To date we have received written comments
- 6 from two interested parties regarding the Oliver Wyman
- 7 reports. First we received two written comments, one
- 8 regarding the consumer information and the other
- 9 regarding the rate review process from Scott D.
- 0 Haglund of the Federated Life Insurance Company and
- 11 those written comments have been marked Exhibits 4 and
- 12 Exhibit 5 and those will be a part of the public
- 13 record in this proceeding.
- 14 And then also we received comments on both
- 15 reports in one document from Michael B. Robbins on
- 6 behalf of the Maryland Hospital Association and its
- 17 members which has been marked as Exhibit 6.
- We will be holding the record open in this
- 19 proceeding through June the 30th, 2011, for any
- 20 additional written comments that anyone might wish to
- 21 submit for considerations.
  - Instructions about how to do that are

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- proposed and approved premium rate increases and to
- 2 make recommendations on ways in which to improve and
- 3 to expand that type of information in order to enhance
- 4 the transparency of the rate making process.
- 5 Oliver Wyman's work was funded by a premium
- 6 rate review grant which was awarded to the State of
- 7 Maryland by the US Department of Health and Human
- 8 Services.

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- With respect to today's procedure, and order
- 10 of events, Oliver Wyman first will present a summary
- 11 of its findings and recommendations set forth in the
- 12 Recommendations to the Commissioner to Enhance the
- 13 Regulatory Review and Oversight, so Exhibit 3. And
- 14 will answer any questions from me and my colleagues
- 15 with regard to the information contained in that
- 16 report.
- 17 Immediately after that presentation, and any
- 18 Oliver Wyman's answering any questions that we have,
- 19 those of you who are here today who wish to provide
- 20 comment on the subject of that report will have an
- 21 opportunity to do so. We'll then repeat that
- 22 procedure for the consumer information, I'll use for

- included in that written notice that I referenced
- 2 which is available on our website. And if you have
- 3 any trouble finding that, please contact Karen Barrow
- 4 who is our director of Public Affairs, her number is
- 5 (410)468-2007.
- 6 Are there any other housekeeping details
- 7 that I'm not thinking of before we proceed?
- 8 All right. Well, then I think we're ready
- 9 to hear from Ms. Tammy Tomczyk and Ms. Karen Bender10 from Oliver Wyman.
- 11 MS. BENDER: Thank you, Commissioner
- 2 Goldsmith. My name is Karen Bender and I'm a
- 13 consulting actuary and principal with Oliver Wyman
- 14 actuarial consulting. My colleague here is Tammy
- 15 Tomczyk. She's also a principal and consulting
- 16 actuary with Oliver Wyman. And we were two of the
- 17 three authors of both of these papers and we
- 8 appreciate the opportunity to discuss these papers
- 19 with you today.
- This is the proposed overview for today's
- 21 discussion. So we segregated into several main topics
- of which the first one is going to be to review,

3 (Pages 6 to 9)

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discuss or review of the current processes that the administration is employing to review rates.

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3 The rate increase disclosure and review of 4 the existing regulations and the proposed -- no longer 5 proposed, when we started this process they were 6 proposed. They are now final rate regulations 7 regarding the Accountable Care Act.

And methods for determining the reasonableness of rate increases, trend analysis, rate filing submission and requirements and then our recommendations.

12 COMMISSIONER GOLDSMITH: Ms. Bender, the 13 document that's on the screen here is a slide deck 14 that, that we I believe and the court reporter have received in hard copy entitled Recommendations to the 15 16 Commissioner to Enhance Regulatory Review and 17 Oversight, and data today, correct? 18 MS. BENDER: That's correct.

19 COMMISSIONER GOLDSMITH: So if the court 20 reporter could mark this document as Exhibit 7, 21 please.

approved. So all the correspondence that goes on, all the aspects of the reviews that take place. And we actually did this process three times, once for the individual market, once for the small group market and once for the large group market because the process is not identical for those three markets.

We also were provided copies of recent, hard copies of recent filings and the correspondence that took place between the administration and the filing carriers. And reviewed that. And once we went through that process we, in our opinion, had a pretty good understanding of the current process that takes place today.

We did review that with processes that are currently taking place in other states, based on our knowledge either working with other states, working for carriers, filing, submitting filings in other states and just our general knowledge of those processes. And there is quite a wide variation today. We set up this chart on the bottom and we described it in our report as level of rigor that takes place. So

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(MIA HEARING Exhibit 7 was marked for identification and attached to the transcript.)

MS. BENDER: And Tammy is going to talk about the review of the current processes.

MS. TOMCZYK: Thank you, Karen.

In order to make recommendations for enhancements and changes to the process, first we had to understand thoroughly what the current process was. We reviewed, we were provided and reviewed current

10 statutes, regulations and regulatory bulletins. We

11 also reviewed the information that's currently

12 included in the filing requirements. Everything from

13 information that carriers are required to submit,

14 timing of those submissions, timing of the

15 administration's review, as well as lost ratio 16 demonstrations that are required to be made.

17 Once we reviewed this information we spent 18

two days on site with the chief actuary and another 19 actuary on staff with the administration going through

20 in very thorough detail the process starting from the

21 point in time when a filing is received, all the way

22 through to the point in time when a filing is finally Page 13

Page 12

that might be where a state would fall that either has

for example on the left-hand side that's labeled 1,

- 2 no regulatory authority to review rates today, or very
- 3 limited authority. Progressing to the other extreme
- 4 where you have a state that perhaps has authority to
- 5 review rates in all three market segments, individual,
- small group and large group, may frequently use the
- 7 rate hearing, the rate hearing process, engage
- independent experts to perform independent
- calculations, and provide expert witness testimony at rate hearings.

11 So based on all of that you can see that we place Maryland between a 3 and 4 on that scale. And 13 that indicates that the process that's taking place 14 today is, is quite comprehensive.

So once we understood the current process our next step was to compare that to the proposed regulations that outlined the requirements of an effective rate review process as defined by HHS. And Karen is going to talk about that process in a little more detail.

21 MS. BENDER: I should note that I think we have alluded to it before, but when we were developing

4 (Pages 10 to 13)

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Page 14

- 1 these recommendations we were using what we called the
- draft regulations. And the day after we submitted our
- final reports when the final regulations came out, and 3
- 4 so we have noted differences on the slides where
- 5 pertinent, we will followup with the commissioner on
- noting some -- some adjustments in the report because
- 7 of the final regulations. There were just some minor
- 8 differences in our opinion.

COMMISSIONER GOLDSMITH: And that will be in 9

10 the form of an addendum to each report, correct?

MS. BENDER: This is correct, it will be in 11

12 the form of an addendum.

13 So I'm going to give a real brief overview

- of ACA. And this overview only pertains to the rate 14
- regulation portion that we are dealing with here. 15
- 16 Obviously ACA is a very large bill so we're only
- 17 focusing it on the rate regulation portion.
- 18 Firstly, the HHS regulations apply
- technically only to non grandfathered policies. And 19
- 20 non grandfathered policies, the easiest way of saying
- 21 that is for practical purposes, for our purposes here
- 22. they essentially are those policies that were issued

okay, I got to get this right -- rate regulations are

Page 16

- 2 going to take effect September 1st. If you are -- if
- 3 you meaning a carrier is in a state that does not have
- an effective rate review program, then it is policies
- 5 that are effective September 1st. If you are a
- carrier in a state that has an effective rate review
- program, it is policies filed September 1st and later.
- 8 That's our interpretation.

Right now the effective rate -- I would say the -- yeah, the effective rate review or the policy subject to review, filing subject to review are those that would have a 10 percent or greater increase at

13 the September 1st trigger date.

14 So if HHS is going to do the review, then

15 any policies submitted for September 1st effective

16 date would be subject to -- that have a rate increase

of 10 percent or greater would be subject to this 17 18

review. For states that have an effective rate review 19

program they would need to report on their reviews of

20 rate filings that have a 10 percent or greater

21 proposed rate increase to HHS for rate filings

22 submitted on or after September 1st, 2010.

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- after March 23rd, 2010 which was the effective date of
- 2 the Accountable Care Act. There are some
- 3 technicalities how you keep grandfathering and non
- 4 grandfathering, but for our purposes here that's
- 5 probably the easiest definition.

So technically these rate regulations as

7 promulgated by HHS, again, don't apply to all policies

8 at the federal level.

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The state's definition of small group may apply until 2014 when one life groups would now be

11 included. There are some, again, some technical

12 differences in how to count employees, but that wasn't

13 really the purpose of our analysis here which was to

14 review the rate review process. Now, in 2016 the

15 definition of small group is going to be increased to

16 100. And that our understanding is going to be

17 mandatory.

- And it's also our understanding that HHS based upon their final regulations is considering how
- 20 to include fully insured associations. And so that is
- 21 probably an outstanding issue as of right now.
- 22 The rate regulations would apply to all --

Page 17 COMMISSIONER GOLDSMITH: And just one point

- 2 of clarification is something that confused me
- 3 initially when I read it in the report. When in your
- report you refer to an HHS mandatory review, it's my
- understanding that what that means is that if you are
- a state with an effective rate review program, not
- that HHS will conduct the review, but rather HHS has
- mandated that review be conducted.

MS. BENDER: That is absolutely correct.

10 That's our understanding.

11 COMMISSIONER GOLDSMITH: Okay.

MS. BENDER: I probably should submit right

here now, we are actuaries, we are not lawyers. So

we're not, we cannot give a legal opinion. So all of 14

15 these that we are offering here is based upon our

16 interpretation of the law.

17 COMMISSIONER GOLDSMITH: Right. Thank you.

18 MS. BENDER: So if there's, if ultimately a

19 legal opinion would decide something different

20 obviously then we would modify things as such.

21 And we are probably going to use HHS and CMS

maybe interchangeably. We'll try and stick with HHS.

I think when this first started this was all under 2 HHS

The threshold of 10 percent is for 2011. 3 4 Beginning in 2012 that threshold can change and HHS 5 can change that threshold and they can change it to vary by state, or they may not vary by state. But 7 they will communicate July 1st what the threshold is 8 going to be for each of the states for this September 1st effective data cap. And so thereafter 10 each June 1st they'll communicate for the effective

12-month period going forward for the following September. So what must be included in the, for rate filing subject to review. HHS has identified two

15 types of information that must be submitted to HHS for 16 all rate filings equal to or exceeding that trigger

point. It does not matter whether you're in a state 17

18 that has an effective rate review program or not.

19 Part I and Part II must be submitted to HHS. And Part

20 I is a prescribed form and with a prescribed Excel

21 sheet that must be filled in with the required

22 information.

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Page 20 effective rate review program? And I can almost

classify this as essentially, get data from the

3 carriers, review the data from the carriers and

analyze the data from the carriers to determine if the

5 rate increase that they are requesting is and/or are

6 supported depending upon the number of policies,

policy forms that are included in the filing.

8 So that really takes care of the first three

items here. 10 The fourth item is that a standard has to

be -- you have to apply a standard. Like set forth a statute of regulation for determining whether a rate

13 increase is reasonable. Again, now, this is at the

14 state level to have an effective rate review program.

15 That doesn't necessarily have to be a numerical

standard but there has to be some sort of standard so

17 that it's not viewed as capricious. And states that,

states again must provide access to Part I and Part II

preliminary justification through their website. This

20 is one of the changes from the preliminary and the

21 final, at least according to our interpretation. From

22 the preliminary we didn't see this maybe more as maybe

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Part II is sort of what I would call a free form right now at least, where the carriers need to identify those significant factors that are prompting the rate increase, and to provide brief experience, overall experience of the policy.

Now, for states that do not, for carriers operating in states that do not have an effective rate review program, Part III justification must be submitted, which is specific detailed documentation supporting any rate increase.

For those states that do have an effective rate review process in place, HHS will accept, or will delegate the analysis associated under the Part III analysis to the states. And they, then the state will need to report their findings to HHS.

As of right now there's no standardized template, to our knowledge, for the states reporting their results to HHS for the Part III analysis.

Now, let me emphasize that Part III is again only required for those states that don't have an effective rate review program.

So what does the state have to do to have an

Page 21

it might be nice, but in the final it appears to us that now the states do have to provide some sort of

access to Part I and Part II. It can be just a link

to the HHS website, but it's important.

And again, as I indicated before, after the review is done, then the state has to submit to HHS the summary of its results and how they arrived at their opinion.

I overlooked one thing under 5, not only must the states provide access to Part I and Part II, they also have to have a means of accepting public comment on them as well. So that was a change from the original.

Here's some specific rate assumptions that must be reviewed. These 12 were listed in the, both the prelim-- well the final reg site, I guess there was one that was little different. So these are the 12 that are listed in the final regulations. I think it's, the most important point here is where it says where applicable, which means that if you have an effective rate review program, HHS is recognizing that the states need to have flexibility when reviewing

6 (Pages 18 to 21)

these rate filings. And has enabled them to use their 2 judgment that maybe not all of these may be applicable 3 for every single filing.

These are the things, the 12 prescribed assumptions that could be subject for review.

Now we're going to talk about considerations for determining the reasonableness of a rate increase.

When we did our review we wanted to step back and say, absent any regulations, what are some of the factors that we would consider in addition to the components of trend which obviously are some of the, is the main driver of rate increases.

So one of the factors obviously are loss ratio and loss ratio requirements. When we started this process Maryland had a minimum loss ratio of 16 60 percent for individual policies and 75 percent for small group. Since that time regulations have been changed so that it's going to be 80 percent for small group and individual effective July 1st, 2011. And if I have my notation right I believe that's SB 183 that enabled that.

Then there are some other questions as to

was having some surplus issues. Obviously you are

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- 2 also tasked with ensuring solvency for a company so
- you must be cognizant of the solvency standards. And
- a cost containment quality of improvement activities
- 5 are also part of minimum loss ratio requirements as
- defined by NAIC and adopted by HHS. So these are all
- considerations that would go into determining if a
- rate increase was reasonable as defined by ACA.

COMMISSIONER GOLDSMITH: Ms. Bender, in

10 terms of the administrative expenses, I note that you 11

just said and I think you said it in your report, that

one focus, anyway, would be on material changes in 13 expenses from one filing to the next. And I saw in

14 your report where you described certain benchmarks or

15 standards that are used in other jurisdictions to

16 assess the reasonableness of administrative expenses.

Are there any, you know, besides looking at the delta 17

18 between one rate filing and the next, are there any

19 other standards or benchmarks either that you would

20 recommend or that you would suggest that we consider?

21 MS. BENDER: Well, there are some public 22 reports. Sherlock, I mean, these are some public

Page 23

- 1 how would the loss ratio be applied. Should it be
- 2 applied at the form level or at the market segment
- 3 level? The minimum loss ratios under the ACA apply at
- the market level as opposed to the form level. And
- 5 then some discussion as to how credibility should be

6 applied.

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7 We talked about administrative expenses,

8 surplus expenses, pricing margins, and those we would, 9

we commented on that really you want to focus on there

10 is more of the change in levels of these components of

a rate from one rate filing to another rate filing. 11

- 12 You have the minimum loss ratios at the federal level
- 13 of 80 percent for small group and individual, and
- 14 85 percent for the large group. So there is sort of a
- 15 safety net that carriers, if they -- they have to
- 16 rebate excess premiums if they don't comply with those
- 17 minimum loss ratios. So you do have that floor. But
- 18 even in addition to that you still want to look at any
- material changes from one filing to another to assess 19
- 20 for reasonableness.

21 And then the last two are investment income

22 and loss would be more pertinent probably if a company reports that are obviously in the public domain,

- they're public reports. And they have done some
- analysis on administrative expenses for both what they
- call the blue plans and then for the commercial plans.
- 5 And they also further segregate it between what I
- would call type of business, Medicare, Medicaid, I'm
- not sure if they have Medicare supplement right now,
- but at least also self funded. So that would be one 9

source.

10 Another source would be to look at the, some

11 of the administrative expenses as reflected in the

NAIC database for companies completing what I would

call the orange blank or the health blanks. This is 13

14 going to be easier now that they have to, that

15 companies are going to be required to submit that

supplemental exhibit, and please don't ask me what the

17 exhibit number is because I don't have it on the tip

18 of my tongue.

19 COMMISSIONER GOLDSMITH: You could say 20 anything and I'd believe you.

21 MS. BENDER: I'm sorry, I don't have it. 22

MS. TOMCZYK: I think it's called the

(Pages 22 to 25)

Page 26 Page 28 1 supplemental healthcare. 1 MS. BENDER: Page 29. 2 MS. BENDER: That might be it. 2 MS. TOMCZYK: That one I know. 3 3 And that supplemental healthcare exhibit, MS. BENDER: Okay. 4 that's what we're calling it right now anyway, is a And then there is also the one that has 5 new exhibit required for the purposes of determining 5 small group segregated too and that's a -- I'm not administrative expenses for the MLR, or at least -going to tell you the number of that, but we can get 6 6 7 for the allowable cost containment and quality 7 that to you. 8 administrations. 8 So there are, like I said, the Sherlock 9 COMMISSIONER GOLDSMITH: Right. reports and then the orange blanks or the NAIC data I 10 I was thinking more in terms of the other 10 would think would be another good source of 11 administrative expenses category. But okay. 11 benchmarking. 12 MS. BENDER: What do you mean? 12 COMMISSIONER GOLDSMITH: Thank you. 13 MS. TOMCZYK: Operating expenses and claim 13 MS. BENDER: So next major component of any 14 processing. 14 rate filing is going to be the trend analysis. 15 COMMISSIONER GOLDSMITH: So the non quality 15 Trend is generally probably 90 percent of 16 improvement cost containment. 16 the time the major driver of change in rates. So 17 MS. BENDER: I think though that that's in 17 obviously the trend analysis is the major focus of any there, I think all the administrative expenses are in 18 18 rate review. And also a miss of trend high or low is there. But then they also, they just had to fill that going to have a major impact on subsequent rate 19 19 20 out, if I'm remembering the exhibit right. 20 reviews as well. 21 MS. TOMCZYK: If not it's certainly 21 I.e., if you overstate the trend in one 22. available, is it page 4, I can't remember, the 22 year, then the next rate review you'd expect to have Page 29 Page 27 statement of revenue and expenses that's in the 1 less than trend rate increase. Because you've, you 2 statutory statement has that information. And we've 2 have essentially excess premium that one year. 3 3 actually done some studies using that data where we've Conversely, if you understate the trend, the developed benchmark populations or looked at a pool of next year you can have significantly higher than trend carriers that are of similar size, have a similar mix 5 increases. Now, sometimes trend isn't the only major of governmental, non private insurance, Medicaid, 6 6 driver, especially in new products, sometimes it is Medicare business, and within that cohort of similar 7 very, for new products it is difficult to get all the carriers what kind of is the average expenses of the 8 assumptions that are realized as you anticipate it 9 percent of premium and some ranges around that. So originally. Probably one of the best examples of that 10 there's some good information there. 10 was initially in the high deductible health plans I MS. BENDER: And I also believe what I would 11 11 think carriers made some aggressive assumptions 12 call the state reports, individual state reports 12 regarding the utilization savings that many of these 13 segregate individual. I mean, sometimes the challenge 13 plans were going to realize. of segregating individual from small group from large 14 14 But so, but the trend is the major 15 group sometimes that's the challenge. 15 component. COMMISSIONER GOLDSMITH: What do you mean by 16 16 This lists, I'm sorry, this list 17 state reports, what state reports? 17 demonstrates that there are many drivers of trend. 18 MS. BENDER: It's called state reports, it's 18 And which makes this analysis extremely complex. 19 part of the orange, again, I call it the orange blank. 19 Obviously the first two, changes in provider 20 COMMISSIONER GOLDSMITH: Okay. 20 reimbursement and changes in the number of services 21 MS. BENDER: It's the health. 21 utilized, are generally the two that people focus on. 22 MS. TOMCZYK: Page 29. And generally it's the changes in provider

1 reimbursement that is the major driver. Although

2 other things can, such as a change in the mix of

3 services can actually make it appear that changes in

4 provider reimbursement, either greater or less, than

 $5\,$   $\,$  the underlying cost. So a mix in services can distort

6 some of these other factors.

So that's why it's extremely important when analyzing any particular rate filing, it's not just as easy as comparing, you know, maybe a cost per member per month for this year compared to a cost per member per month from the year before, and that's your trend, it's generally not quite that easy to do. So here all the drivers of trend that anyone reviewing a rate increase or rate change would need to consider and also that someone submitting a rate change should be

also that someone submitting a rate change should be willing to demonstrate that they have considered as

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Then you have all these other adjustments to trends, even if you've, you've considered all these

20 others, those other factors in your emerging

21 experience if you have large claims they can distort

22 the trends upward and as they work their way through

was, is there just as you asked, Commissioner, about,

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2 are there any benchmarks out there for maybe

3 administrative expenses, are there some benchmarks

4 other than the emerging experience in any particular

5 rate filing available to test trend assumptions to.

6 And we identified two entities currently in Maryland

7 that are tasked with gathering information pertaining

8 to specific types of medical care. And the first one

9 is the health service cost review commission, HSCRC,

10 and I'll have to look at this to make sure I get the

11 acronym right, and they are responsible for collecting

12 data on the hospitals all payer system. Their data

13 can identify, they can identify the data by hospital

14 and insurer, the challenge with that particular data

15 is that they can't really identify or segregate

16 between insured and self funded, or market segment,

17 i.e., the non group market or non group HMO or small

18 group, PPO, intermediate group, they don't have that

19 capability right now. But the advantage of this data

20 is that it is very timely. They gather this and so

21 this data is available 45 to 60 days after each

22 quarter ends. So that is a real advantage of this

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1 them they can also make it appear that trends are

2 decreasing when in fact they aren't. You have benefit

3 changes, you have demographic changes, all of these

4 items here require adjustments to the emerging

5 experience to ensure that you're not overstating the

6 trend or that you're not understating the trend. And

7 additional considerations which I would maybe benefit

8 unique, if you have a high deductible health plan then

9 the deductible, what we call deductible leveraging

10 which in essence is just an actuarial term for

11 recognizing that the value of a fixed dollar

12 deductible decreases over time because of inflation.

13 And that's what we call deductible leveraging. And

14 then aggregate trends versus trends by types of

15 service that there is not a universal trend between

16 hospital inpatient, hospital outpatient, physician,

17 X-ray, lab, pharmaceutical. So these are other

18 considerations and you might want to look at isolating

19 some of these trends, particularly between what I

20 would call medical and pharmacy to get a better handle

21 or estimate and see the true underlying trend.

One of the considerations in our discussions

particular data set.

Now, there are some barriers to it. Right

now they don't have a corresponding membership data.

4 So you have the hospital data but you don't have the

5 underlying membership so it's very, very difficult if

not impossible to get that utilization component of

7 trend. When we're going back on the other slide we

8 were talking costs of providers and then utilization

9 of services. So because we don't know the underlying

10 membership we also can't really normalize it for the

11 change in any demographic mix that may be occurring.

12 This also is on an aggregate level, even if we could

13 isolate, can isolate it for the commercial, and it's

14 still not at that same level that would appear in any

15 particular rate filing for any particular insurance

16 carrier. So that is a barrier.

17 Currently they do not have what we call 18 professional charges, those physician charges, or they 19 do not have any information on prescription drugs, and 20 those are two major, major components of regs. The 21 data set includes only Maryland hospitals, which is

good, but contracts that are issued in Maryland don't

Page 34 Page 36 limit members only seeking services in Maryland 1 COMMISSIONER GOLDSMITH: Um-hum. hospitals. So the carriers -- and I'm using carriers 2 MS. BENDER: Well, I think theoretically you 3 3 and HMOs together, I'm not going to try to segregate could start to list some of the services provided 4 those two. When I say carriers I mean carriers and 4 and/or on the outpatient side some of them, and on the 5 HMOs as one. You know, they are going to be liable 5 inpatient side, maybe the inpatient by DRGs and start for, or have to pay hospitals that are outside drilling down in to see if there are some new -- I'm 7 Maryland, either because they have their insureds who 7 trying to think of an example, would that be like a 8 live outside of Maryland, or you have Maryland neonatal intensive care? Or advances in cancer 9 insureds who may seek services to hospitals outside of treatments that you would be able to track. It might 10 Maryland. So even if we used, even if this data had 10 not be easy but I think you might be able to glean 11 some of these other barriers overcome, you would still 11 some of that information. 12 have the issue that they're not covering all the 12 You would not be able to do the age of the 13 claims that any particular carrier would have. 13 population, I think it would be very problematic on 14 So as a result the use of this data would 14 the cost shifting side because of the unique Maryland 15 represent only the cost component to hospital, either 15 situation where you have sort of the single payer or 16 hospital inpatient or hospital outpatient, for 16 single, same payment for all payers. The cost 17 essentially a sub group of the total claims that may 17 shifting you don't, theoretically you don't have cost 18 be included in any particular filing. 18 shifting on the hospital side, the cost shifting more 19 So those are sort of the barriers associated 19 on the physician side, you would not have that at all 20 with that particular database. 20 here. 21 COMMISSIONER GOLDSMITH: So in terms of the 21 Changes in claim coding methodology you 22 primary drivers of trend that are listed on slide 12, 22 might be able to do that. That would be more of a Page 35 Page 37 as the HSCRC data currently exists, in your view it 1 longitudinal comparison of type services on the 2 would provide relevant information with respect to 2 outpatient side and maybe on the hospital, again the which of these primary drivers of trend? 3 3 hospital, either the DRG or the ICD-9 codes until 4 MS. BENDER: It would provide relevant 4 ICD-10 codes come. You might be able to -- which in 5 information obviously to changes in provider those codes, the DRG codes and the ICD-9 codes are reimbursements for hospital services only. And it essentially codes that are used on the institution 6 7 would provide I think that you could use this to 7 side to indicate type of services -- no, type, what do 8 assess the changes in the mix of services utilized. I want to call it, diagnosis, heart problems, those 9 Changes in the mix of providers to a degree in that if 9 kind of things. 10 COMMISSIONER GOLDSMITH: But the DRG for 10 services were switching among hospitals within Maryland, and between inpatient and outpatient, so it 11 11 example, won't necessarily tell you what the treatment 12 would provide maybe what I would call a subset of was or what level of technology was employed to 13 that. Changes in mix of providers utilized. It would 13 provide the treatment or to conduct an evaluation? provide a portion maybe of technical advances, those 14 14 MS. BENDER: The only thing you could 15 that take place in a hospital setting, either as an probably do is if there's a shift of DRGs from one, 15 16 inpatient or an outpatient. It would not include 16 you know, compare one set to another and for some 17 those that might be taking place in only the 17 reason a shift to more complex DRGs.

10 (Pages 34 to 37)

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physician's office, or on the drug side,

provide that, like at the procedure level?

MS. BENDER: Technical advances?

COMMISSIONER GOLDSMITH: And how would it

pharmaceutical side.

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COMMISSIONER GOLDSMITH: Okay.

You know, theoretical you might have a chance of that.

Changes in morbidity I think would be very

problematic to get from that. Changes in care

MS. BENDER: You might be able to do that.

- management I think would be very, very problematic.
- Catastrophic claims since most of the cost of
- 3 catastrophic claims are at hospital institutions that
- 4 you probably could get absolute number of catastrophic
- 5 claims. The problem is that you don't have the
- membership underlying, so, you know, if you have a
- 7 larger membership you might expect a larger number of
- 8 catastrophic claims. But you might be able to say,
- 9 you know, X percent of our claims last year were over
- 10 a hundred thousand, now Y percent are, something like

that. 11

12 COMMISSIONER GOLDSMITH: But again limited

13 to the slice that represents Maryland hospitals?

MS. BENDER: Only Maryland hospitals, you're 14

15 absolutely right. And not the professional charges

16 associated with that, just this very, very small

17 slice.

18 You wouldn't be able to do changes in

19 benefits and I don't think you would be able to do

20 selection from that.

21 COMMISSIONER GOLDSMITH: Thank you.

22 MS. TOMCZYK: I'll just add two things to that because of the limitations in the data, that the

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- 2 HSCRC can't be used in a quantitative sense as the
- 3 opposite of the actuaries reviewing the rates, is it
- possible in your view to be able to get a report or
- some sort of an analysis on a quarterly basis from the
- HSCRC that might tell us in a qualitative sense how
- 7 changes in, just for Maryland hospitals, what changes
- 8 they're seeing in terms of admissions, severity of the

cases, things like that so that the actuaries may be 10 able to have a more, a different kind of dialogue with

the carrier about the trends that they're seeing for 11

12 that particular product as opposed to what's being 13 seen globally at the Maryland hospitals?

14 MS. BENDER: Sort of like a leading

15 indicator.

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COMMISSIONER GOLDSMITH: Yes.

MS. BENDER: You're saying that, no, we 17

18 can't take this information and dump it into the rate

19 filing and have it pop out with here's what's going to

20 be your trend. But as a leading -- yes, I think you

21 can. How strong it's going to be I think time will

22 tell. And it might be one of these, like once you

Page 39

- that. One, back on the DRG discussion, if the data 1
- has the revenue code on there, so within a DRG that 2
- 3 revenue code will tell you the breakdown between, for
- 4 example, drugs and radiology and how much of the claim
- 5 is due to the room and board, so you could
- theoretically look at within a given DRG is the 6
- percentage of the claim that's made up by radiology 7
- 8 charges changing.
- 9 And the other thing I just was going to
- comment that some of these are almost intertwined 10
- where it's hard to distinguish in the sense that if 11
- 12 you're starting to see more claims under a given DRG
- 13 is it because the morbidity is changing? Is it
- because the coding is changes? Is it because the mix 14
- 15 of services is changing?
- 16 MS. BENDER: Or the aging population.
- 17 MS. TOMCZYK: Exactly. Yeah.
- 18 So it would be very difficult to look at the
- 19 data, I think, and say this is due to this particular
- 20 factor. Which makes trends analysis even more
- 21 complicated.
- 22 DEPUTY COMMISSIONER SAMMIS: If we accept

start tracking it you'll have a real better feel for

2 how strong an indicator it is.

Obviously we have different issues between

the individual market as it currently is now, where

5 it's medically underwritten, accept, reject, there's

6 certain uniqueness to that particular market that as

7 opposed to the small group market which is guarantee

issue rate now, that doesn't have some of those other

9 characteristics sort of what I would call complicating

10 or masking, or exaggerating trend appearances of trend

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12 CHIEF ACTUARY YU: I mean, well, in using basically hospital trends as a leading indicator, if

13 you could -- as -- well, a couple questions come to

15 mind. How big a portion are hospital claims roughly

of total claims? And the second question is, are 16

17 trends for different types of services, so hospital

inpatient versus professional or prescription drugs,

19 are they necessarily correlated?

> MS. BENDER: I don't have the tip of my tongue what the distribution of claims are. I can give you something that on an allowed basis drug

> > (Pages 38 to 41)

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claims are somewhere between what, 15 and 20 percent

- 2 of total allowable charges. And I would say that
- hospital claims, inpatient and outpatient, what, 40 to 3
- 4 50 percent, depending upon -- the network.
- 5 CHIEF ACTUARY YU: Okay. I was just looking
- 6 for a ballpark.
- 7 MS. TOMCZYK: Yeah, I tend to have a better
- 8 feel on the paid side, I usually see close to
- 9 50 percent being inpatient/outpatient combined. Maybe
- 10 40 percent for professional and other miscellaneous
- 11 and 10 for drugs, on a paid basis.
- 12 MS. BENDER: The drugs really get leverage
- 13 because the coinsurance generally go to about 50
- 14 percent one way or the other, I mean copays. So then
- 15 you said, so that was the first part, then what was
- 16 your second part, the correlation between --
- 17 CHIEF ACTUARY YU: Well, to the extent that
- 18 we get a general feel, we use HSCRC results as a
- 19 barometer of the general feel for hospital trends.
- 20 Are hospital trends necessarily correlated with other,
- 21 other types of services? Transfer other types of
- 22 services?

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say that you can expect that your general claims

- 2 trends are going to increase as well. Will they
- 3 increase one for one, I can't say that.
- 4 MS. TOMCZYK: I think the correlation, what

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Page 45

- correlation there is is probably tied more to the
- utilization. More so than the cost. I don't know how
- 7 much correlation just because the cost on a per unit
- 8 basis is going up in hospital necessarily means drugs,
- that is probably more independent. But if hospital
- 10 utilization is going up and, you know, one of the
- causes is because the population is becoming more 11
- 12 morbid or is aging, it's likely that the more drug
- 13 claims are going to be incurred as a result.
- 14 So from a utilization perspective there
- 15 probably is some correlation. But again, the HSCRC
- 16 data as it is today without having membership you
- 17 really can't get at the utilization component, it's
- 18 really the cost component.
- 19 MS. BENDER: You definitely cannot get at
- 20 the, like a day's per thousand or things like that.
- 21 You might be able to, when you're saying just the 22
  - absolute number, you would have to track that and see.

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- MS. BENDER: Well, there obviously has been
- 2 a shift between inpatient and outpatient on the
- 3 hospital side going on for the last many, many years.
- 4 So to the extent that you're having services take
- 5 place in an outpatient setting that used to be in an
- 6 inpatient setting, you could actually have a decrease
- 7 in hospital inpatient charges, but I'm not -- with not
- 8 the corresponding decrease in professional services to
- 9 the extent. You'd have a little decrease but maybe
- 10 not as much of a decrease as you would maybe for what
- 11 the hospital inpatient would decrease.
  - But we've also seen the hospital outpatient
- 13 costs have been increasing rather rapidly.
- 14 I would like to say generally, yes, there's 15 going to be a correlation because I said it's a very
- 16 general yes. And it would be better to track this
- 17 information and to tie that, whether it's a strong
- 18 correlation, I would like to think that there is going
- 19 to be a relatively strong correlation in the
- 20 direction, not in the absolute magnitude, but if all
- 21 of a sudden hospital utilization starts to, inpatient
- utilization starts to increase dramatically, I would

- As long as you're not having a huge shift in
- 2 population that might be, again, just a leading
- 3 indicator. But I would say you would probably have to
- go back and either try to reconstruct it or track it
- 5 forward to see how strong a correlation that was.
  - I must have skipped one here, huh? Did I skip one? I'm all confused here.
- 8 MHCC data is the other data source that is
- 9 available in Maryland. And Maryland healthcare
- 10 commission maintains a statewide medical care
- 11 database. Historically they only carried or only
- 12 kept, captured I should say, professional and
- prescription drug claims. But in 2009 they began to 13
- 14 incorporate hospital claims. And membership in 2010.
- 15 So ultimately this is going to be a, what I would call
- a complete database that could be an independent 16
- 17 source for emerging experience.
- 18 Just for the record, it only contains payers
- 19 with at least \$1,000,000 in earned premium. That does
- 20 not diminish its worth materially whatsoever. So --
- 21 The biggest barrier to using the MHCC data 22 when it gets complete is really what I would call a

(Pages 42 to 45)

- timing issue. And that is that the data is not
- 2 reported until six months after the year end, so that
- 3 they can make sure that they, they've gathered all the
- service dates. And then it's generally not available 4
- 5 until 10 to 12 months after the year end because once
- 6 they get the data they have to, we call it scrub the
- 7 data, we have to make sure that, that it's
- 8 appropriate, you know, that it's clean and valid.

9 So the first full set of utilization data 10 that includes all types of services as well as all membership isn't going to be available until the Fall 11

12 of 2012. And that is going to be for 2011?

13 MS. TOMCZYK: Well, it would be the data 14 representing 2010 and 2011, but to develop trends you

15 need realistically two years of data to look at the

16 change. So. And because the 2011 data is not

17 reported until the Summer of 2012, and then by the

18 time the data is validated it's going to be the Fall

19 of 2012 before you can probably get some good trend

20 estimates.

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21 MS. BENDER: So and then you would still

22 need to normalize that data to make sure that it, but

- what the, what the lag is. Can you use this data to
- augment some of the information that you are seeing in
- the rate filings. And that's how I can best describe
- that. Again, it's not going to be one that you can
- 5 dump in.

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6 COMMISSIONER GOLDSMITH: Augment, could you

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elaborate a little bit, augment in what way? To what

use? I'm just wondering if the data is too stale by

the time it's available to be of meaningful use.

10 MS. BENDER: It may be challenging. What I

11 was envisioning is, if you have a course of years, not

12 just two or three, but over the course of years, and

this data has been running, I'm just going to make up

14

some numbers, you know, 6 percent, 7 percent,

15 8 percent, even though you have a gap, if someone is

16 coming in with 14 percent, maybe you would say, okay,

help me. Help me understand, you know, how I'm 17

getting from here to here. There could be a perfectly

rationale justification. You're not going to be able

to, like I said, take this experience in 2010 -- I

21 suppose another way that you might be able to do it is

take this experience and project it using the emerging

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- that can be done. I mean, that's not -- because you
- 2 have the membership so you, but you want to make sure
- 3 that it's normalized for changes in membership.
- 4 Now, this data set only includes Maryland
- 5 residents. So you have a little mismatch in that,
- again, the premiums that carriers are charging are 6
- 7 for, especially in the group market, for all employees
- 8 whether or not they live in Maryland. And it's very,
- 9 very common that people will live in one state,
- 10 especially in some of the smaller states and work in
- 11 another state. So you could have people working in
- 12 Maryland who are not Maryland residents. And they
- 13 would not capture that data.
- 14 This has potential, again, but it's the
- 15 timing issue. Right now rates are being developed for
- 16 2012, or it will shortly be developed for 2012, if
- 17 they haven't already. Based upon 2010 experience.
- 18 Whereas, that experience for 2010 will for the MHCC is
- 19 not going to be available until, what, September or
- 20 October of 2011 at the earliest. This is one though
- 21 that if you begin to track this, there may be -- you
- 22 may be able to develop some trends from this and see

- experience, but you would be projecting it longer time
- periods than maybe are included in the rate filings
- 3 and you might have some mismatch there.
- 4 Again, I would say it's not going to be to
- 5 use this in lieu of. It just isn't. The timing is
- going to be problematic. But if you develop enough of
- a history, and maybe in conjunction with -- I got to
- get the HSCRC data, you might be able to get some
- 9 sort, since that's what I would call a leading
- indicator, more frequent indicator, you might be able
- to do some analysis to say, hey, when this says this
- then this, then the MHCC generally says this. You
- 13 know, and -- but that's going to take sometime.
- 14 COMMISSIONER GOLDSMITH: With the idea being
- 15 it might prompt further inquiry, for example?
- 16 MS. BENDER: Yes.
- 17 DEPUTY COMMISSIONER SAMMIS: But it would
- help us then, in your view, if the MHCC were to do
- 19 some of this analysis to inform us as to whether or
- 20 not it's worth continuing to use the HSCRC data as a
- 21 leading indicator?
- 22 MS. BENDER: That would, and I think that we

49) (Pages 46 to

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- 1 might be jumping ahead a bit, but yeah, that's one of
- 2 the things that we had recommended that the MIA and
- 3 the MHCC and the HSCRC to collaborate and see what is
- 4 the potential. There's lots of good data out there,
- 5 is there a way of using this in the rate review
- 6 process? There may be, it's not going to be a turnkey
- 7 operation, would be the best way of phrasing. There
- 8 may be but it's going to require some resources to
- 9 investigate and maybe some resources to do some
- 10 econometric analysis, actuarial analysis as predicting11 powers.

So that takes us to rate filing submission requirements. And tammy gets to explain these.

14 MS. TOMCZYK: Okay.

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So our next step we wanted to look at the different aspects of the filing requirements and whether there was a feasible or whether it could be

whether there was a reasible of whether it could be

- 18 feasible to perhaps standardize them in some capacity.
- There is going to be a lot more work with having an effective rate review program. And to the extent that
- 21 things can be standardized or made more efficient we
- 22 just wanted to look at it from that aspect. So we
  - D. . .

1 The cons are it's very, very different from

- 2 how pricing is done in the commercial market today.
- 3 It would require a lot of modification, Medicare
- 4 Advantage is more of a community rated product, there
- 5 is no age variation to the rates, that's not true of
- 6 the commercial market. And it, it only uses one year
- 7 of experience. So it's just really not conducive to
- 8 being used for commercial pricing without a lot of, a
- 9 lot of work. So not to jump ahead to our

recommendations, but in our opinion the cons really outweigh the pros at this time.

That doesn't mean that it couldn't be investigated further but certainly not something we would recommend.

The other standardized type template is the preliminary justification form that Karen talked about that's going to have to be submitted for all, per the regulations, HHS regulations, for all carriers that exceed that threshold, that 10 percent in 2011. And I guess one of the pros to that is the carriers are going to have to submit it for those filings that are over the threshold and they'll become familiar with

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looked at both the requirements in terms of the data that's being submitted and the format that that data could be submitted in.

So for completeness we looked at, you know, what kind of standardized templates are out there that are being used today. And probably the most common

- one is the one that's used in the Medicare advantage
- 8 market for the bid, it's called the bid pricing tool
- 9 for the bidding process that carriers participating in
- 10 that market use. It's, for those who aren't aware,
- 11 it's an Excel based spreadsheet, it comes with a set
- 12 of instructions about that thick in terms of how you
- 13 have to fill it out. And the Medicare Advantage
- 14 carriers use it. It prescribes the data that has to
- be used and essentially the formula so all carriers
- 16 are using the same formula.

We talked about in our report some of the

- 18 pros and cons to that template. The pros are, I
- 19 guess, that it's uniform which could lead to more
- 20 efficient, more efficiency. And the ability to take
- 21 that data from a tool and dump it into some type of
- 22 analytical tool.

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it. So, so that was the pro to that.

We also did a little bit of research to see

3 if there are other states that use a standardized

- 4 template in the commercial market. And we found two,
- 5 New York and Colorado, and we included them in the
- appendix of our report. I'm not really going to talk
- about those much more than that.

8 So then we looked at the filing requirement,

- 9 the filing requirements and is there any way to
- 10 standardize that. Again to help promote efficiency of
- 11 the work flow process that the office of the actuary,
- 12 office of the chief actuary is going to conduct.

So there were several states that we found

- 14 that had them, these that we list here, Oregon,
- 15 Washington, Minnesota and Colorado are probably those
- 16 that in our opinion were more robust in their
- 17 checklist as well as contained data items that we
  - 8 thought were most valid to, or applicable I should say
- 19 to all, all reviews or all filings.

20 So with that and other, just our general

- 21 knowledge and working with carriers in other states
- and pricing, as actuaries, we developed a sample

14 (Pages 50 to 53)

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- 1 checklist that we included in the appendix as well for
- 2 your consideration. I just want to state that that
- 3 checklist is not by any means intended to be
- 4 exhaustive or fully inclusive of all of the
- 5 information that should be reviewed. It's intended to
- 6 represent common data elements that are appropriate
- 7 for, or should be reviewed in every filing, but that
- 8 doesn't mean that on a case-by-case bases or
- 9 filing-by-filing basis there's not going to be the
- 10 need to go back to a carrier and ask for
- 11 clarification, more information, and probably more
- 12 common than not that that will have to occur.
- 13 So I just wanted to clarify it's not
- 14 intended to be an all inclusive list.

15 COMMISSIONER GOLDSMITH: But the idea would

- 16 be that it would cut down hopefully on the amount of
- 17 time it would take given the back and forth that often
- 18 occurs between the office of chief actuary and the
- 19 carrier to try and streamline the process and get as
- 20 much of the information required for the review
- 21 submitted in the first instance as possible?
- 22 MS. TOMCZYK: Exactly. And as you almost

actuary signing the certification that's submitted

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- with the filing is required to comply with actuarial
- 3 standards of practice, ASOP-8 and so the American
- 4 Academy of Actuaries has recommended that these are
- 5 items that the actuary should include in their review
- 6 and analysis in preparing the filing. So that's
- 7 another, I guess, checklist that inherently is
- 8 included in that process.
  - On to our recommendations.

I'm going to summarize the recommendations

- 11 here, certainly if there are any questions feel free
- 12 to ask. They're outlined in quite a bit of detail in
- 13 the report, not only do we present our recommendations
- 14 but some rationale for each one as to why, why we've
- 15 come to form that recommendation.

And we've tried to classify them I guess in

- 17 broad categories. The first what we thought were the
- 18 most important in the primary subject of our work was
- 19 those that were going to need to be made, the changes
- 20 that were going to need to be made to have an
- 21 effective rate review program.
- 22 So there aren't a lot here and that probably

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- 1 alluded to, it will make the process more efficient.
- 2 Having conducted rate filing reviews myself in other
- 3 states, when you do a review and ask for more
- 4 information from the carrier and then it kind of sits
- 5 there for two weeks, or three weeks, and you get the
- 6 information back, you almost have to refamiliarize
- 7 yourself with the case. So to get most of the
- 8 information up front would hopefully review, or
- 9 increase the efficiency and it would decrease
- 10 hopefully the need for significant followup. And
- 11 perhaps shorten the timeline so that there's a shorter
- 12 period between when the filing is submitted and when
- 13 the approval date actually occurs. So carriers aren't
- 14 having to implement the rate increase beyond the
- 15 proposed effective date, which in a sense means the
- 16 next time they file for a rate increase they missed a
- 17 couple months of trend and only makes the next rate
- 18 increase greater. So it perhaps even would stabilize
- 19 the rate increases to some small extent, I'm not sure
- 20 to what extent.
- And then the last thing we just wanted to touch on was the actuarial standards of practice. The

- goes back to that first slide where we showed that
- 2 little first graft down at the bottom and it showed
- 3 that Maryland had quite, in our opinion, quite a
- 4 thorough review process in place today. So these are
- 5 really just additional requirements that are needed
- 6 because they're outlined in the regulations from HHS.
- 7 A couple of them may require a couple of regulatory
- 8 changes, I'm trying to remember, see if I can get this
- 9 right off the top of my head.

10 For example, administrative expenses, I

- don't believe for all carriers, carriers meaning non
- 12 profit health service corporations, HMOs and insurance
- 13 companies, I don't believe you have that authority for
- all three today and I can't remember exactly off the
- 15 top of my head which one, but I just bring that to
- 16 your attention that you may not have, and again a
- 17 legal question, as Karen said we're not lawyers, there
- 18 may be the need to have some regulatory changes.
- 19 COMMISSIONER GOLDSMITH: Or some legislative 20 activity.
- 21 MS. TOMCZYK: Legislative, I'm sorry, yes.
- 22 And again, I'm not sure if that needs to be done

15 (Pages 54 to 57)

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through legislature or regulatory. And so I'm not going to try to address any legal issues here.

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The next group was around the type of review. And while the regulations only require these enhanced reviews be performed on non grandfathered filings, and those that exceed that threshold, again,

- 7 10 percent, 2011, we're recommending that they be
- 8 performed for all individuals/small group filings.
- 9 For a couple of reasons, first it provides the same
- 10 level, equity amongst all Maryland consumers.
- 11 Everyone is getting that same level of scrutiny, if
- 12 you will, to all the components of the rates that
- 13 they're being asked to pay from the insurance
- 14 companies, not, not, based strictly on the change. So
- 15 there could be misestimation of trend in one year that
- 16 would cause a larger rate increase the following year.
- 17 And put, cause a rate increase to exceed the
- 18 10 percent threshold. And to limit the review to just
- 19 those that exceed the threshold, you're not really
- 20 being equitable to all consumers in the sense that the
- 21 real focus in my opinion at least should be what's the
- 22 ultimate rate you're asking them to pay, not so much

process. It'll promote some efficiencies there.

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With respect to the large group, we
recommend no changes. First of all we think the
reviews you're performing in the large group market
are more extensive than we typically see in many
states. Many states don't even have the authority to
review large group rates. And also the regulations
don't apply to large groups. So we kept that to
individual and small group.

The loss ratio test, our recommendation is to require the test be met at the market segment level and I guess there's not, the recommendation comes from the fact that the -- the recommendation comes from the fact that both your new law that was just passed in the state, and the HHS regulations both require that it be at the marketed level.

However, if the test can be met for a given filing, theoretically, theoretically if the test can be met for all filings or all products that a carrier has that comprise the market segment individually, then theoretically the market segment level test is met. So we're recommending that if, for that

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what's the change in the rate from the --

MS. BENDER: And conversely like you gave, where they underestimate, if the previous year they over estimated trends, so now all of a sudden maybe they're only going to get a 4 percent increase you may still warrant maybe the 4 percent isn't reasonable. If they used an unreasonable trend. And so that was another reasoning for applying it to all filings, not just the 10 percent threshold.

MS. TOMCZYK: Yeah. And again, well, the regulations address the rate increase and the reason, and they really focus on the reasonableness or unreasonableness of a rate increase, and this is my opinion, I think it really is, you know, are the rates reasonable in relation to the benefit. So that's the basis.

The other thing by having one standardized process it will allow the actuaries reviewing the filings to have more efficiencies. They won't get a filing on their desk and say, okay, now I have to look at this filing and I follow this process, or this filing is under 10 percent so I follow this other

Page 61 particular filing, taking into consideration the

- 2 credibility of that filing, so if it's a filing that
- 3 only covers a small number of policyholders you may
- 4 not want to implement this, but taking credibility
- 5 into consideration, if they can meet it or demonstrate
- 6 that it will be met at the filing level then we don't
- 7 really think that there's the need to require the
- 8 market segment level test.

The next set in relation to timing, we looked at the lead time that carriers are required to file prior to the effective date as well as the deemer periods or the time period that the administration has to conduct the reviews. And we found both that they were consistent with other states and in our opinion seemed to allow sufficient time, so we aren't recommending any changes to that, those issues.

But we did notice that, I want to get this one right, insurance carriers and non profits in the individual market have different requirements for notifying consumers of their rate increases than HMOs and in the small group market. So the requirement is that they be, consumers be notified 40 days prior to

16 (Pages 58 to 61)

- 1 the expiration of the grace period, which is 30 days,
- 2 which essentially means technically they only have to
- 3 notify consumers ten days before the effective date of
- 4 the rate increase, which doesn't really allow a lot of
- 5 time for consumers to shop if they're getting a large
- 6 rate increase for other coverage. So we're
- 7 recommending that you change it to be consistent with
- 8 HMOs and that required in the small group market which
- 9 is 45 days prior to the effective date of the rate
- 10 increase.
- With regard to filing requirements, we
- 12 recommend you require all filings be submitted through
- 13 SERFF. It's our understanding that SERFF has been
- 14 reporting requirements that you're required to make to
- 15 HHS. So again for efficiency purposes if they all
- 16 come in through SERFF it's easier on your end to use
- 17 that availability.
- The rate filing checklist I already talked a
- 19 little bit about, again, it's in Appendix D. And I
- 20 guess I didn't touch on the fact that it would promote
- 21 consistency in the data that's submitted, but again,
- 22 getting as much of the data upfront will certainly

talk about later. So to the extent that you decide to

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- 2 implement our recommendations there, this would, by
- 3 having all carriers submit this information with all
- 4 filings would facilitate the implementation of those
- 5 recommendations. So we'll talk more about that when
- 6 we talk about the other report later.
- Finally, these were kind of some other
  - recommendations that didn't really fit together in any
- 9 kind of grouping or classification. We talked
- 10 extensively, Karen did, about the data from HSCRC and
- 11 MHCC and our recommendation there is to continue to
- 12 work with them and investigate what information is
- 13 available, how you might be able to use that
- 14 information. Our focus was not really on taking a
- 15 very deep, deep dive into that data and looking at in
- 16 very detail the analytical tools, but more to make an
- 17 assessment as to what data is available and should, I
- 18 guess should further consideration be given to it.
- 19 Pricing margins and other relevant factors,
- other relevant factors we're defining as I guess,anything that's not part of the loss ratio component,
- 22 so with the 80 percent loss ratio it's that other

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- hopefully reduce the time required for the review and
- 2 make it more efficient and such.
- 3 And reduce followup.
- 4 And in that checklist we identify certain
- 5 items that we're recommending the carriers be required
- 6 to submit in Excel format. So premium membership
- 7 claims information to facilitate the actuaries perhaps
- 8 doing some of their own high level trend analysis or
- 9 looking at the experience, as well as the carrier's
- 10 trend analysis actually submitting that in Excel. So
- 11 the actuaries can actually look at the formulas and
- 12 form their own independent analysis on the
- 13 appropriate, the appropriateness of the trend
- 14 assumptions.
- 15 And we're also requiring, or recommending
- 16 that all small group and individual filings include
- 17 the Part I Preliminary, Part I Preliminary
- 18 Justification Rate Summary Worksheet. Boy, that's
- 19 difficult.
- 20 And really the driving force behind this
- 21 recommendation is tied in great deal to our
- 22 recommendations in the consumerism project that we'll

- 20 percent, admin, risk profit, we're recommending
- 2 that you consider including those, those items in your
- 3 review. And again, some of them may require
- 4 legislative changes. And Karen talked about the
- 5 reporting that you're going to have to provide to HHS
- 6 for each filing that you review that falls under that
- 7 subject to review category. There will be many
- 8 aspects of it, to our knowledge today there isn't,
- 9 there hasn't been any kind of direction or
- 10 instructions or guidance provided in terms of what has
- 11 to be included, and certainly if anything comes out
- that needs to be considered, but absent that, there
- 13 are probably some common aspects of every filing that,
- 14 and information that you're going to report to HHS.
- 15 And we've given some ideas or our thoughts on what
- 16 that information might be that HHS is looking for.
- 17 But to the extent that it can be standardized, again,
- 18 going back to standardization and making it efficient,
- 19 there's going to be a lot of additional work and that
- 20 kind of leads into the, I won't skip over the
- 21 pre-approved trends, but just touching on the next one
- on staffing needs, there's just going to be an

17 (Pages 62 to 65)

increase in the volume of the workload so anything

2 that can be done to make the process more efficient is

a plus. 3

- 4 The pre-approved trend factors, our
- 5 understanding is today that carriers are allowed to
- 6 file for a trend factor that they can use to increment
- 7 rates on a monthly basis for a period of 12 months.
- 8 At which point when the 12th month arrives the rates
- 9 are essentially locked in until additional rates are
- 10 filed, an additional rate filing is submitted to
- support increasing rates further than that point. And 11
- 12 we're recommending you continue that process, one,
- 13 hopefully absent that you may see an increase in the
- 14 volume of rate increases. And with the consideration
- 15 that in coming up with that pre-approved trend factor
- 16 you may want to consider limiting it to that threshold
- that's used to determine whether a rate increase is 17
- 18 deemed subject to review. So if that's 10 percent
- 19 again for 2011, you may not want to approve a rating
- 20 -- I'm sorry, a pre-approved trend factor that exceeds
- 21 that amount because I'm not really sure how that would
- 22 play in with causing a rate increase to exceed

- equivalent to one additional actuary and one
  - additional actuarial student.
  - 3 And finally our last recommendation was to
  - give consideration to developing a procedures manual.

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- 5 Once you decide on what the new process will be, to
- document it, it will promote consistency amongst
- different reviewers, especially if the staff grows and
- you have more people performing the reviews.
- Efficiency and then training new staff, they'll have
- something that they can at least refer to on a regular
- 11 basis until they get fully trained and implemented.

12 COMMISSIONER GOLDSMITH: Are you envisioning

13 the actuarial student performing the role of an

14 analyst? I thought I had seen an actuary and an

15 analyst somewhere in your report?

MS. TOMCZYK: I don't recall if we used

17 actuarial analyst, but I tend to think of an actuarial

18 student or an actuarial analyst as someone who perhaps

- doesn't have their credentials so they haven't
- 20 obtained the associateship in the business light of
- 21 the actuaries. Not really being a person who is
- making a final decision on a rate filing. But maybe

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- 1 10 percent at that point isn't being reviewed. So if
- 2 a carrier thinks their trends are higher than
- 3 10 percent well then maybe you require them to file
- 4 more than once a year. But put a cap on the
- 5 pre-approved.

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As far as staffing I mentioned that there is

- 7 probably, or there will be, if all of these, again, it
- 8 will be dependent on which of our recommendations
- 9 ultimately are implemented, but if they were to all be
- 10 implemented there would be a significant increase in
- 11 the filings that are reviewed, the reviews themselves
- 12 would become more detailed, someone would have to work
- 13 with HSCRC and MHCC to investigate how their data
- 14 could be used. The reporting that has to occur to
- 15 HHS. So all of that will increase the workload and
- 16 the need for staff.
- 17 And we went through and we kind of thought
- that just what we have here, and this is independent 18
- 19 from the other report, because as we'll see later
- 20 there will be independent, or additional staffing
- needs required there, but just for what falls under 21
- the scope of the rate review, we thought that would be

- 1 doing some of the work, for example, in putting
- 2 together the reporting to, that gets submitted to HHS.
- 3 They can certainly do that under the guidance of the
- chief actuary and with peer review. So taking some of
- 5 the, I don't know how to say it, the tasks that
- require less experience. Because there will be a lot
- 7 of them, just in the reporting requirements and the
- 8 consumer disclosure, some of -- some of that student,
- 9 actuarial student or actuarial analyst position, I
- 10 don't know that this, implementing these
- recommendations would fully require a person full-time
  - -- it may. But they could also work to fulfill some
- of the additional tasks that are going to be required 13
- 14 under the other report.

15 MS. BENDER: And certainly an analyst can

- 16 support the actuary by doing certain portions of the
- 17 review, such as ensuring consistency in the data
- between this particular filing and analogous data 18
- 19 points or time periods in previous filings. Those
- kind of analysis to sort of identify certain issues 21 for the actuary that's going to be performing the
- review. But we do not recommend that final decision

(Pages 66 to 69)

Page 70 Page 72 be made by a non qualified actuary. I haven't asked yet. And that relates to the 1 2 MS. TOMCZYK: Yeah. 2 administration's review of trend analysis. You had 3 3 And another example might be if the set out in your report on page 71 three options. And 4 checklist were recommending as implemented the in your recommendations you chose what appeared to me 5 actuarial student with some training could perhaps go anyway to be the least robust of the three options, in 6 through an initial high level review of the filing and terms of the review that occurs at the Maryland 7 kind of go down the checklist and make the actuary 7 Insurance Administration. And as I read the report it 8 aware, the actuary who is actually going to perform, appeared to me that at least part of the thinking 9 be responsible for performing the review and forming there was just based on the realities of staffing 10 the opinion, make them aware of which items aren't levels at the Maryland Insurance Administration and I 11 wanted to confirm whether that was, whether that was there and initially before, if there's a significant 11 12 amount of missing information, before the actuary even 12 the case? 13 starts reviewing it correspond with the company and 13 MS. TOMCZYK: That was. But I will add in 14 say, hey, you have eight things on this list that you terms of robustness, if the, in the checklist one of 15 haven't provided, we're not even going to review it 15 our recommendations is to require the analysis be 16 until you provide this information. 16 provided in Excel format. So the analysis or the MS. BENDER: Was it somehow lost in review in that third option could be a little more 17 17 18 transmission, or something, you know, I mean, stranger 18 robust as opposed to having paper copies or a PDF that 19 things have happened? 19 shows the calculations, but you can't really dig into 20 20 the formulas and calculations. So, but you're MS. TOMCZYK: So there are probably skills 21 21 correct, the primary reason for that recommendation that are beyond what an administrative type person 22 could do. But there are a lot of functions that could 22 was staffing. If staffing were not an issue we would Page 71 Page 73 be performed by a student or an analyst that's not yet 1 have selected item 1. credentialed. 2 2 COMMISSIONER GOLDSMITH: All right. Thank 3 MS. BENDER: And part of the wild card too 3 you. If no one else has any questions, I want to 4 is this, you know, the trend benchmarks and work with thank you for what I think was a very thorough and HSCRC and MHCC, that's going to require someone with helpful report. And presentation here today. 5 some experience. You know, and depending upon the For those of you who are here today, the 6 7 resources that are going to be required to support slide deck is, if it's not already available it will that effort, that has to be at what I would say an be sometime today on our website there will be a link 8 9 actuarial -- not analyst level. They might be able to to it so if you're interested in having a hard copy of do some of the preliminary analysis, pulling the data the slide deck, both this one and the consumer 10 11 or something like that but, you know, trying to get 11 information slide deck. 12 correlations or something like that, probably would 12 CHIEF ACTUARY YU: It's already posted. 13 have to be, somebody at a more senior level. 13 COMMISSIONER GOLDSMITH: Okay. So it is now 14 So again --14 available on our website. 15 MS. TOMCZYK: I guess we'll open it up to 15 Why don't we take about ten minutes and then

19 (Pages 70 to 73)

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any additional questions that you have.

CHIEF ACTUARY YU: No.

I'm sensitive to wanting to give the court reporter a break but I have just one I think additional question

COMMISSIONER GOLDSMITH: Do you have much?

DEPUTY COMMISSIONER SAMMIS: No.

COMMISSIONER GOLDSMITH: I have just one,

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we will come back and hear first from these folks who

have signed up in advance to provide comments here

today. If there are additional people who are present

as well if you'd like to provide some testimony at

today's hearing. And once we've done that we'll see

where we are and either break for lunch or move on to

who have not signed up, we're happy to hear from you

Page 74 Page 76 COMMISSIONER GOLDSMITH: Thank you, 1 the consumer information report. 1 2 (Whereupon, there was a recess in the 2 Mr. Robbins. 3 3 proceedings.) Are there any questions for Mr. Robbins? 4 COMMISSIONER GOLDSMITH: My break turned 4 Thank you very much for being here. We 5 5 into 20 minutes. I understand there's been some appreciate it. confusion in terms of access to the restroom but I'm 6 6 MR. ROBBINS: Thank you. 7 7 told there is no card swiping necessary, so the doors COMMISSIONER GOLDSMITH: Next we have 8 are open and you need not worry about getting some Mr. Gene Ransom of MedChi. 9 kind of pass to get in. If that hasn't become MR. RANSOM: Good morning. 10 apparent already. 10 COMMISSIONER GOLDSMITH: Good morning. 11 11 In terms of public comment, we have three MR. RANSOM: My comments are brief and for 12 people who have signed up in advance to provide public economy if it's okay I'll just make my comments for 13 comment and we're taking those as I understand it on a both reports right now unless there is any objection 14 to that. 14 first come first served basis. And the first of those was Michael Robbins on behalf of the Maryland Hospital 15 COMMISSIONER GOLDSMITH: I think that would 15 16 Association. 16 be fine. 17 17 MR. ROBBINS: Good morning. I'm Mike MR. RANSOM: Okay. 18 18 Robbins, I'm senior vice president with the Maryland First and foremost I want to commend the 19 Hospital Association. I thank you for the opportunity insurance commission administration for using the 20 to briefly comment since you have received my written 20 opportunity to use these federal grants to provide 21 comments already and they are part of the record. 21 these two reports which I think are very helpful for 22 the citizens of Maryland. And I also want to commend We obviously spent a lot of time working Page 75 Page 77 you and applaud you for encouraging public 1 with the HSCRC and believe there is a wealth of 2 2 participation and public comment throughout this information that is publicly available, available to 3 3 the commission, to the insurance administration for regulatory process. 4 4 reviewing at least the hospital trend portion or at Our comments are mostly strongly supportive 5 least the Maryland hospital trend portion of the of the second report which you're about to hear, premium rate requests that are before the insurance specifically we think the idea of the website adding 6 7 administration. the health insurance rate under the consumer tabs, the 8 consumer friendly summary of the rate filings, We would just support the consultants 9 creating the brochures and somehow figuring out a way recommendations that you continue to look for ways to possibly to do the automated e-mails would be very 10 work with that information, both with the MHCC as well as the HSCRC. We believe that there is some positive for our membership and for the patients they 11 12 inconsistency between some of the premium trends we've serve in Maryland so they have a better understanding of the process. I'm not going to read my entire 13 been seeing over the last few years and at least the written testimony but I'm going to ask it be 14 hospital portion of the medical trend where we've been 14 seeing very significantly single, low digit, single 15 submitted, and I've turned in copies to staff as part 15 of this hearing. 16 declines in single digit trends in at least the 16 17 17 hospital trend for the Maryland hospitals. And again, COMMISSIONER GOLDSMITH: Do you have a copy

20 (Pages 74 to 77)

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for the court reporter, sir?

that as, that would be 8.

MR. RANSOM: Yeah. Sure.

COMMISSIONER GOLDSMITH: If we could mark

that's the total trend, there's a lot of information

encourage and support those recommendations to

getting additional information to help your process.

continue to work with the HSCRC, and the MHCC on

that you need beyond that. But we would just

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1 (MIA HEARING Exhibit 8 was marked for

 $2\quad identification \ and \ attached \ to \ the \ transcript.)$ 

3 MR. RANSOM: Thank you very much.

4 COMMISSIONER GOLDSMITH: Thank you, sir.

5 And then Ms. Kimberly Robinson of the League 6 of Life and Health Insurers of Maryland.

of Life and Health Insurers of Maryland.

MS. ROBINSON: Good morning.

MS. ROBINSON: Good morning, Commissioner Goldsmith, and MIA staff.

9 COMMISSIONER GOLDSMITH: Good morning.

MS. ROBINSON: I'm Kimberly Robinson,

11 Executive Director, of the League of Life and Health

12 Insurers of Maryland, and thank you for the

13 opportunity to comment today on the Oliver Wyman

14 reports.

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We appreciate the work that the MIA has done in this area, a very thorough review that you've

17 commissioned in order to understand where Maryland

18 stands for the rate review process. As we've heard in

19 the presentation it's clear by the report Maryland

20 currently has a very rigorous rate review process in

21 place and it's to Maryland's credit that in order to

22 meet the HHS guidelines there's very little that

unintended consequence of reducing the efficiency or

Page 80

2 increasing the administrative burden upon carriers and

3 therefore the cost of the process of filing here in

the State of Maryland.

Most importantly we think that this first
 step for Maryland should be to be consistent with and

7 not go beyond the requirements of HHS' final rule as

8 it was published May 23rd, 2011. And therefore focus

9 specifically on those changes necessary to meet those

10 requirements put forth by HHS. To that end there are

some recommendations contained in the report that do

12 in fact exceed the final rule as published by HHS.

13 And just to very briefly highlight what some of those

14 recommendations are and why they do cause us some

15 concern, they would include the recommendation that

16 the preliminary justification summary Part 1 be filed

17 for all rate filings, not just those that meet the

18 10 percent threshold. As well as the recommendation

19 that the enhanced review be performed for both

20 grandfathered and non grandfathered policies in the

21 individual and small group market.

While I know it was described as being

Page 79

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1 actually has to be added in. I'm going to make my

2 comments a little bit brief today, we're probably

3 going to submit these to you in writing before the

4 June 30th closing deadline but there are a couple of

5 things I'd just like to highlight for you today in

6 terms of our response to the recommendations contained

7 in the Wyman report.

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As an over arching principle, the members of the Legal Life and Health Insurers of Maryland who

10 represent a good chunk of Maryland's health market,

11 both individual, small group and large group with very

12 levels of market share believe that it's important

13 that rate review remain a very technical and objective

14 financial and actuarial process conducted by qualified

15 actuaries because we feel that taking into account

16 projected claims, expenses, and risk changes will

17 allow that review to be the greatest consumer

18 protection that you're going to be able to provide to

19 Marylanders in our marketplace. And any

20 recommendation that the MIA accepts we believe should

21 be aimed at this consumer protection goal and you

22 should keep an eye on making sure it does not have the

Page 81 recommended to achieve some type of equity amongst

2 Marylanders I look at it this way. The reason why we

3 think Maryland should start at the point of what is

4 required by the final rule is simply this. This is a

5 new process for both the state and for carriers who

6 are doing business across the country. HHS has set

7 the 10 percent threshold and limited the review with

8 regard to grandfathered versus non grandfathered plans

after their own very thorough process and

10 consideration of comments from interested parties. To

11 go beyond that right now might just be a little

12 premature in terms of our experience both for the

13 administration and your actuarial staff who is getting

14 their hands around what these new requirements are

15 going to be and what the enhanced review is going to

16 require, but also for the companies who are trying to

17 accommodate new requirements on a 50 state basis. To

8 give ourselves this first year as HHS is determining

19 whether first of all, their threshold is even

20 appropriate, might be a good time for us all to learn

21 what it is we're doing and how it is we're going to do

22 it before Maryland decides to go beyond what the

21 (Pages 78 to 81)

1 federal government has also prescribed. And so it is

- our recommendation that Maryland follow certainly what
- 3 is in the HHS rule but be very thoughtful about
- 4 whether or not to go beyond that point.
- 5 A couple of other points just very quickly,
- 6 while we understand the recommendation to collaborate
- 7 with HSCRC and MHCC, of course we heard also what the
- 8 limitations of that data may be so we understand and
- 9 would encourage that to be a thoughtful process as
- 10 well and one that you take your time with to
- 11 understand the utility of the information in front of
- 12 you.
- 13 Another point was the suggestion that you
- 14 alter your authority to allow the law to follow more
- 15 closely the law for non profit health service plans
- 16 when it comes to the consideration of any other
- 17 relevant factor within and outside of the state.
- Looking from a national carrier perspective
- 19 as opposed to companies who are currently subject to
- 20 that portion of Maryland rate review law, many of
- 21 those companies are not writing on a national basis.
- 22 So I think for this segment of the industry trying to

- Page 84 actually means to a rate review process. So they do
- 2 not go on in the final rule to explain what they mean
- 3 by over, underestimation of medical trend in previous
- 4 years and how that should be considered in an
- 5 actuarial review. We would also ask that the MIA,
- 6 particularly to the over and under estimation of
- 7 medical trend to the reserve needs, and to the other
- 8 administrative cost bullets under that list to be very
- 9 thoughtful about how those things would be applied.
- 10 For instance, over under estimation of medical trend
- 11 while may having some impact as a company needs to
- 12 adjust their rates as they're going forward based on
- 13 the fact that actual versus expected experience did
- 14 not previously match up, we're also still, need to be
- 15 sensitive to what the anticipated trend is going
- 16 forward. So that historical look has some relevance
- 17 but to be careful not to overweight the need to
- 18 correct what is believed to be an over estimation from
  - the past as we're also trying to deal with projected
- 20 trends going forward.
- So that it does not have the unintended
- 22 consequence of harming a rate that's being approved

Page 85

Page 83

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- 1 understand what that within and without, outside of
- 2 the state would actually translate into is a slightly
- 3 different consideration, is that our experience
- 4 outside of the state what you'd be looking at how a
- 5 plan is performing on a nationwide basis, are we
- 6 looking at national trends and thresholds, for
- 7 instance, medical CPI, that are tied to regional or
- 8 national experience, particularly where some of those
- 9 national trends are concerned, it is something that's
- 10 discussed in the preamble to the HHS final rule. It
- 11 was something that they cautioned taking into
- 12 consideration and so trying to better understand how
- 13 that type of a provision would be applied to plans who
- 14 are operating on a national basis and what the
- 15 consequence of that is is something that is certainly
- 16 of concern to my members as well.
- 17 Lastly, there are the 12 factors that are
- 18 enumerated within the HHS rule and in the Oliver Wyman
- 19 report, the consultants did their best to try to
- 20 explain what they believe HHS means by each of those
- 21 12 factors. The reality is HHS has not provided any
- 22 guidance about what any one of those 12 factors

- 1 going forward.
- 2 And so, the need to review what each of
- 3 those bullets is going to mean for Maryland is
- 4 something that we would be interested in further
- 5 development and better understanding of how Maryland
- 6 would look at each of those things as you are
- 7 reviewing a rate.
- 8 And actually my very last comment is to the
- 9 MLR issues, we appreciate in the Wyman report that
- 10 they do acknowledge that the federal guidance for MLR
- 1 is tied to market level and not product or individual
- 12 filing. We support the MIA's change in the law most
- 13 recently to follow that federal rule. And to focus on
- 4 the MLR at market segment. We think that that is
- 15 appropriate and important and was well considered by
- 16 HHS as they developed their rule and believe that that
- 17 is the appropriate way to deal with the MLR issues as
  - they're discussed in the report.
- With that I will submit the rest of the
- 20 comments in writing and answer any questions that you
- 21 may have.
- 22 COMMISSIONER GOLDSMITH: Any questions for

22 (Pages 82 to 85)

Page 86 Page 88 Ms. Robinson? 1 level. 2 Thank you very much for being here. We 2 And the second is that the information has 3 to be posted on HHS' website as well as the carrier's appreciate your comments. 4 MS. ROBINSON: Thank you. website. If the state has an effective rate review 5 COMMISSIONER GOLDSMITH: Is there anyone 5 program in place, the state is also required to post the information on there, or make the information 6 else who is here who wanted to provide comments 6 7 regarding the rate review process report? 7 accessible on their website. 8 Okay. 8 And then as part of the final regulations 9 I'm good to go since we just took a break, that weren't included in the draft regulations is the 10 if others agree I think we ought to move on to the 10 requirement that an effective rate review program 11 11 consumer information report. allow or provide a mechanism to allow for public 12 Why don't we go off the record for a few 12 comment on the rate review program. So given the objective that we were tasked 13 minutes. 13 14 (Whereupon, there was a discussion off the 14 with providing recommendations to the commissioner on 15 record.) 15 information to be provided to consumers and the most COMMISSIONER GOLDSMITH: We're back on the 16 16 efficient and effective manner in which that 17 record. And we're looking at a document now that I information should be provided, our first step was to 17 believe we should mark as Exhibit 9. Recommendations 18 look at what information is out there today. And we 19 to the Commissioner on Information Provided to looked at both the Maryland Insurance Administration's 20 Consumers, that's slide deck. 20 website as well as brochures and other print 21 (MIA HEARING Exhibit 9 was marked for 21 information that was made available to us. And our 22. identification and attached to the transcript.) 22 understanding is that these brochures are provided at Page 87 Page 89 1 COMMISSIONER GOLDSMITH: Whenever you're a vast number of outreach events that occur, as well 2 2 ready. as placed in various public places such as the library 3 3 MS. TOMCZYK: All right. This first slide or the Motor Vehicle Administration. 4 just provides an overview again of our presentation. 4 In reviewing this there were a couple of 5 5 We've segmented the presentation into three areas, themes that we found in terms of the information that first the background research we conducted, some 6 6 is available and the information that's not typically 7 consumer focus groups that were conducted and then 7 available today. The information that's available are 8 finally our recommendations. general tips on purchasing insurance, how to file a 9 So I'm going to start out with the complaint, how to appeal if you've had a denied claim. background research. And as we all know, a little 10 10 A listing of carriers that are licensed in the state 11 over a year ago the Affordable Care Act was past and to help consumers avoid purchasing a policy from what 12 when we hear about it we hear about accessibility and might potentially be a fraudulent insurer. Complaints

13 affordability but there is this component to it that 14 deals with consumerism and transparent making the rate 15 making process and rate review process more 16 transparent to consumers. So there are a few aspects 17 that I put up there, we put up there that specifically 18 deal with this. The first that carriers have to

submit justification, consumer friendly justification

for the rate increases that exceed the threshold. And

again, I'll keep referring to that as the 10 percent,

22 or I forget the term Karen was using for it, trigger

The information that we really didn't find much available today is information on the rate filing process, and review process as well as just general information on the rate development at a consumer friendly level, and actually I should say even at a more technical level I don't think we really found any of that information available today.

21 So for example, Maryland does not provide online access to rate filings as several other states

> (Pages 86 to 89)

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that have been filed.

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Page 90

do. They don't have a process to notify consumers 2

- when a carrier has filed a rate increase with the
- 3 administration. They don't provide any information on
- 4 the process that's used to review those rates or how
- 5 the rates are developed.

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This is probably hard to see up there, but as the commissioner mentioned, the presentation is available online, this chart is also included in our report. So we compared this information that's

- 9 10 available and not available in Maryland today to some
- other states. And the other states were somewhat 11
- 12 random, but we did select Oregon and Connecticut and
- 13 Rhode Island specifically because to our knowledge
- 14 those are states that in our experience have been
- 15 historically more active and engaged in the consumer
- 16 transparency aspect.
- 17 So if you look at the first column for
- 18 Maryland, all those, all those first six or eight rows
- 19 that don't have Xs in them are legally the items from
- 20 the bottom half of this previous report, so the
- 21 information on rate making and rate filing process,
- 22 the items on the bottom are the ones that are

the, to a website regarding a rate filing. Now, I'm

Page 92

Page 93

- just not aware of any. I suspect that these things
- 3 may become more available as more states are
- introducing this as to find out maybe which are the
- 5 most efficient ways and the best ways of
- communicating. But I personally am not aware. 6

Are you Tammy?

8 MS. TOMCZYK: No, and just to clarify our

research was really limited to going out to these

10 sites and looking at them. That said I will say that

- 11 Oregon for example, I personally did pull up many rate
- 12 filings and for the most part everyone had at least
- 13 one or two comments that were posted. So, and again,
- 14 this is just in my small sample set, I didn't see a
- 15 lot where there wasn't any comment being posted. But
- 16 that may not be, that may not hold overall. 17 COMMISSIONER GOLDSMITH: Okay.
- 18 Thank you.

MS. TOMCZYK: So then we looked at either

- 20 recent, recent regulatory action, either laws that
- 21 have been passed or those that were currently being
- 22 debated in several states and I'm not going to go

Page 91

- available today. So you can see while some other
- 2 states have Xs in those top areas, there are a fair
- 3 number of states that aren't providing this type of
- 4 information.

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However, we expect that with the passage of

- the Affordable Care Act and the increased focus on 6
- 7 transparency that the top half of that chart will
- begin to be filled out a little bit more over the next 8
- 9 year or two. And we know that other states are
- 10 starting to look at this.

COMMISSIONER GOLDSMITH: Are you aware of 11

- 12 any information regarding, for example, in Oregon,
- 13 Oregon allows consumers to post comments on rate
- 14 filings and allows consumers to subscribe to e-mails
- 15 updates on rate filings. Do you have any information
- 16 about the uptake, the extent to which consumers in
- 17 Oregon have taken advantage of those opportunities?
- 18 MS. BENDER: I don't think there's any
- 19 statistics in the public domain right now regarding
- 20 these kind of uptakes. I'm not even sure if there is
- any information in the public domain regarding, 21
- 22 frequency, what we should call frequency of hits to

- through each one, California, Connecticut, Nevada and
- 2 there's a couple more on this next slide. What I will
- 3 say is there were really two underlying themes again
- to those, there was a move towards posting rate
- 5 filings or the desire to post rate filings online and
- to accept comment from the public, whether it be
- 7 through a rate hearing or just a bulletin board, there
- 8 is a little variety in that there. But those are
  - really the two themes that we were seeing in this
- 10 pending or recently passed legislation.

11 So after we performed our background

- 12 research to get an idea of what kind of information is
- 13 made available to consumers today, both in the State
- 14 of Maryland and in other states, we developed some
- 15 preliminary recommendations. But we wanted to
- 16 validate them. So we engaged a firm to help, assist
- 17
- us with conducting some consumer focus groups and
- 18 Karen, I'll turn it over to her, she's going to talk a
- 19 little bit about the content of those.
- 20 Oh, I'm sorry, that's still me, isn't it?
- 21 SPEAKER 2: You're not going to get off so
- 22 easy.

(Pages 90 to 93)

1 MS. TOMCZYK: So the purpose of them was

- 2 really to initially just understand or gather a
- 3 general awareness of Maryland consumers, or
- 4 information on the general awareness of whether
- 5 consumers were aware of the administration, if they
- 6 were what was their idea of the administration's role.
- 7 What type of information they felt should be made
- 8 available to consumers and in what format.

9 So as I mentioned before I tried to hand it 10 over to Karen quickly, we conducted the focus groups, we conducted five and there's no magic number to five 11 12 other than probably the primary driver was the budget

13 we had available to us.

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We separated them between consumers and small employers, again, those were the, those are the

16 subject of the new rate review regulations. In

17 conjunction with the administration staff we developed

18 a screener, a call screener that the research used to

- 19 recruit individuals and small employers. And they're
- 20 in the appendix but I'll just highlight some of the
- 21 key aspects. For example, we asked them to screen out
- 22 individuals over 65, they tend to primarily for the

economic conditions, there were perhaps a fair number

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Page 97

- 2 of people and we saw this in our results that had
- 3 insurance coverage but no longer could afford it and
- had recently lost or just dropped their individual
- policy because they couldn't afford it. So we wanted
- to make sure we included those folks in to get their

7 perspective.

So this next grouping of slides I'm going to 8

9 go through relatively quickly not dwell on each one 10 too much but if you have questions please ask.

11 COMMISSIONER GOLDSMITH: Maybe before I 12 could, excuse me for interrupting you.

MS. TOMCZYK: Sure.

14 COMMISSIONER GOLDSMITH: Before we get to

15 the composition of the focus groups, how did you go 16

about identifying potential focus group participants

17 to begin with?

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18 MS. TOMCZYK: Meaning to contact them?

COMMISSIONER GOLDSMITH: Yes. 19

20 MS. TOMCZYK: As opposed to did we take a

21 phone book and start calling them?

COMMISSIONER GOLDSMITH: Exactly.

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- most part be on Medicare and we really wanted to focus
- 2 on individuals and small employers that are purchasing
- 3 comprehensive coverage.

We excluded individuals on Medicaid. We did require that it be limited to Maryland residents. And we also excluded state and federal employees.

Within the three consumer groups we, one of the three we included or targeted individuals where

9 English is not their primary language. The primary

10 reason being most if not all of this communication is

11 going to be in print form so we wanted to be cognizant

12 if there were any special needs that that particular

demographic needed to address or needed to be taken 13

14 into consideration when developing these materials.

And then for the two small employer groups we limited them to employers with 2 to 50 employees,

17 again, to mirror the regulations.

18 And both the individual and the consumer. 19 individual consumers and the small group employers, we

- 20 didn't require that they had insurance coverage today,
- 21 but we did ask that they had insurance coverage at
- 22 some point in the last five years. So with the recent

- MS. TOMCZYK: We didn't do that ourselves.
- 2 as I mentioned, we hired a research firm in Bethesda,
- 3 Maryland.
- 4 COMMISSIONER GOLDSMITH: Do you know how
- 5 they went about doing it?
- 6 MS. TOMCZYK: They have a database that they
- use that they contacted. The information that was
- shared with us is that many of these are people who
- have actively participated in focus groups before. We
- 10 did have in one of our focus groups not to get too
- much into the details of participant, one participant
- 12 who didn't really participate a lot and we asked them
- afterwards how they handled that and they do go back
- after the fact is my understanding and if they have
- 15 participants that aren't actively participating they
- will remove them from their database. 16
- 17 So --
- COMMISSIONER GOLDSMITH: What's the name of 18
- 19 the consultant?
- 20 MS. TOMCZYK: Schugoll, S-C-H, I believe
- 21 it's, S-C-H-U-G-O-L-L [sic] Research.
- 22 COMMISSIONER GOLDSMITH: So they have a

(Pages 94 to 97)

database of people who have in the past participated 2

in focus groups so they began with their database?

MS. TOMCZYK: Yes. And I don't know but I 3 4 could call them and followup with you in terms of how

5 people get added to that database, whether they've

contacted them saying that I'm interesting in it. But

7 many of them, they did indicate that many of the

8 people who participated participate on a regular

9 basis.

10 COMMISSIONER GOLDSMITH: Are they paid for 11 their participation?

12 MS. TOMCZYK: They are.

13 COMMISSIONER GOLDSMITH: In your report on

14 page 20 there's a statement that the call screen had

15 specifically asked potential participants whether they

16 were interested in knowing more about how insurance

17 rates are developed. And if the participant said, no,

18 I'm really not interested in knowing more about that,

19 then they were not included in the focus group;

20 correct.

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21 MS. TOMCZYK: That's correct.

22 COMMISSIONER GOLDSMITH: So this is a, this association. And then on the small employer's side of

2 the 14 participants, one physician management

3 practice, one physician's office and one physical

therapy practice.

5 So my question is, is there a concern about 6 any skewing of the input provided by focus group

participants as a result of their relationship with

8 the medical committee?

MS. TOMCZYK: On the individual side, just 10 to separate the two, our call screener did ask that

11 question, the questions you were just referencing. I

12 think the one that slipped through is perhaps one that

13 we didn't do the call screening, we relied on the

14 firm. I think that one just in retrospect probably we

15 would have liked to have screened out. But one out

16 of, I believe there were roughly 30, somewhere between

25 and 30, on the individual side, we didn't think 17

18 that was a terrible concern.

On the small group side that question was not included in the call screen. So there was not a question around that.

I think the --

Page 99

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is a group that has, A, is inclined to participate in

2 focus groups. And, B, is kind of self selected in

3 terms of their interest in learning more about the

4 insurance rate making process?

5 MS. TOMCZYK: That's correct.

COMMISSIONER GOLDSMITH: Okay.

MS. TOMCZYK: I mean, from our perspective it didn't make sense to have a room of people who weren't interested and then there was no discussion and the cost associated with the research probably

11 not, would not be very beneficial.

COMMISSIONER GOLDSMITH: Understood.

And then just one other question about the group composition, there had been a statement in the report about avoiding involving anyone involved in the medical community or healthcare related industry out

17 of a concern that input from people who had a

18 relationship with the healthcare industry might skew

19 the results. But in Appendix C to this report it

20 appeared to me that one individual was employed --

21 well, here, let me say exactly what it is -- we have

22 one individual participant employed by a medical Page 101

Page 100

MS. BENDER: There was a question for the

2 insurance industry, we did have them, is your company

3 currently affiliated with the insurance industry on

4 the small group side?

5 MS. TOMCZYK: Yeah. The small group that

was focused on the insurance industry, the individuals

we asked both about the healthcare and the insurance

industry, so the three that you mentioned on small

9 group fell into healthcare I think. So they probably

10 answered no to are you associated with the insurance

11 industry. But they did --

COMMISSIONER GOLDSMITH: And was there a

13 reason for that inconsistency in the screening as

14 between individual and small group? 15 MS. TOMCZYK: I don't think. I think

16 honestly it was perhaps just oversight in the 17 question.

18 But to answer your question about concern 19 about the bias, in sitting through all of the focus

20 groups and observing, I didn't, I didn't observe

21 anything in my opinion that I thought said, we need to

throw these results out.

26 (Pages 98 to 101)

1 COMMISSIONER GOLDSMITH: Okay.

2 MS. BENDER: There's considerable

3 consistency in the small employers as we'll get to

4 later. So I would, I wouldn't be as worried about

5 that. Like I said, we had the one that must have

slipped through on the individual side. So that 6

7 wouldn't be enough to skew any results.

8 COMMISSIONER GOLDSMITH: And on the small

9 group you didn't see any trends towards people

10 affiliated with the healthcare industry responding one

way and others responding another way? 11

12 MS. BENDER: No, we did not.

13 MS. TOMCZYK: And I at least tried to pay

14 particular attention. The research firm that

15 recruited the individuals did not track that on, they

16 provided us a spreadsheet daily with the recruiting

17 efforts and they tracked some of the other

18 information, like the employer group size, but some of

19 those characteristics that are shown in that chart in

20 the exhibit were actually gathered through the focus

21 group itself. That's why you'll see when we start

22 getting through some of the questions about what, who

Page 104 MS. TOMCZYK: So just quickly through these

> 2 next slides, we, once we gathered or recruited our

> 3 target population we wanted to make sure that we

didn't have any significant concerns about skewness

5 and one of the items you just alluded to. So we tried

6 to compare for different demographic breakdowns or

cross sections how the demographics and the make up of

our focus group sample compared with the Maryland

population in general to ensure it was at least

10 somewhat representative in that respect. So this

11 first one is gender, I don't think we could get a

12 better match on gender.

13 The next one is by age. You will notice 14 that our focus groups had a slightly younger

15 population. We suspect that was due at least in part

16 to the exclusion of the federal and state employees,

in our experience they tend to have an older average 17

18 age than the population in general. And by taking out

the population that has an older average age you're by 19

20 default left with a somewhat younger population. But

21 there was a mix and it lined up reasonably well so we

22. weren't terribly concerned about that.

Page 103

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the insurance carrier is and there's a fair number in 1

2 the unknown column, sometimes in the spirit of keeping

3 the conversation and the dialogue going the moderator

4 used judgment and keeping people engaged and they

5 didn't always answer that question. And some people

just truly didn't know. Primarily I would presume the 6

7 individuals who had coverage through their employer

8 they just, that was kind of interesting.

COMMISSIONER GOLDSMITH: Thank you.

10 MS. BENDER: We probably should submit that

Shugoll is a professional market research firm that 11

12 specializes in doing focus groups for a broad range of

13 industries. The individual that, or individuals that

helped us did focus in the insurance field 14

15 specifically. And then we --

9

MS. TOMCZYK: And healthcare. 16

17 MS. BENDER: And healthcare, you're right.

18 And we also, the facilitator was a

19 professional facilitator to ensure that there was no

20 domination of a particular person and to try to make

21 sure that everyone was engaged.

22 COMMISSIONER GOLDSMITH: Okay. Thank you. Page 105

1 The next one is by ethnicity. Again, you'll

2 see there's a little bit of a skewing towards the 3

Hispanic population. And we show it separately for

4 the consumers and the English second language

5 consumers and that's what's driving that over

representation by the Hispanic population was out

7 desire to have one focus group combined entirely of

individuals where English was their second language.

We did not give specific benchmarks or targets in

10 terms of different ethnicities within that group. We

asked to have a broad cross section, but it wasn't

12 like we said, we want 20 percent African-American,

13 20 percent Asian. So it just fell out.

I think within the English second language

15 consumers and between the English second language 16 consumers and the other consumer groups we didn't

17 observe anything that was significantly different that

I thought was really worth warranting significant

19 comment.

> The next one is the distribution by where consumers, how consumers obtain their insurance, either privately meaning an individual policy that

> > 27 (Pages 102 to 105)

Page 106

that they purchase themselves, through their employer

- 2 or whether they're uninsured. The Maryland population
- 3 in general many more people who have insurance get it
- 4 through their insurer than purchase it directly. But
- 5 we did target a 50/50 mix. We wanted to get a little
- more perspective from the people who are actually
- 7 paying the entire cost out of their own pocket.
- 8 They're the ones who, well I guess I'll just say that
- 9 we tried to focus a little bit more on them.

They may be more sensitive to rate increases than those who are receiving it, the coverage through

- 12 their employer where perhaps their employer is paying
- 13 80 percent of it. They're still going to absorb the
- 14 rate increase but not to the same level. So that
- 15 skewness I guess was intended.

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The next one is by the carrier for those who

- 17 did have insurance. Our source, it's showing up in
- 18 yellow so you can't read it there, unfortunately. But
- 19 the source that we had broke the current Maryland
- 20 insurance market between Aetna, CareFirst, Kaiser,
- 21 United and then all other. So that's why there is
- 22 nothing in that last row for guardian because they

- cross section. But again, we didn't have any
- 2 comparable benchmarks to compare them to. So for
- 3 these last two we're really just trying to ensure we
- had a cross section.

5 So now I'm going to turn it over to Karen to

talk a little bit more about the topics that we 6

discussed with the focus groups.

8 MS. BENDER: Again, one of the goals of

having focus groups was essentially to establish what

10 I would call a baseline of understanding of what the

- understanding is in the general public of the 11
- administration, the administration's role, the
- 13 knowledge of rate making in general. What are the
- 14 sources that consumers are currently using to get
- 15 their information. And what are the sources that the
- consumers believe would be the most effective way and
- efficient way of getting information pertaining to 17
- 18 rates and pertaining to rate increases. And
- 19 information regarding rate making in general.

20 Actually it was a very interesting process.

21 I will say. Getting feedback from the consumers was

22 very enlightening.

Page 107

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- fell in the all other so we didn't have a true apples to apples comparison. But in general CareFirst is the
- 2 3 dominant carrier, it was the most prevalent carrier in
- 4 our sample. And likewise for the unknown we didn't
- 5 have any information because it was unknown.

So in general the distribution is relatively consistent with the population in general.

These last two slides we couldn't locate any comparable Maryland specific information to compare

10 to. This one is by group size amongst the small

- 11 employers. It does show that there is a reasonable 12 distribution. We didn't get all two to ten employers
- 13 or all employer groups that were closer to 50. So
- 14 there was a broad cross section.

And then the last one is by, again, amongst

- 16 the small employers we asked each of the
- 17 representatives from the small employers to indicate
- 18 what percentage of the premium they contribute toward
- 19 their employees' health care.
- 20 A And again a broad range, ranging from
- 21 50 percent of the premium to the entire premium, to a
- 22 flat defined contribution dollar so again a nice broad

Page 109

Page 108

1 One of the things that we learned is that

spite of what I would call tremendous outreach

the administration is not well-known to consumers in

4 efforts. If we asked -- we put MIA up on the board

5 and no one got the right acronym, let's just put it

6

that way, you know.

A couple of -- step back.

8 The small employers were more cognizant that

there was either, they might call it a commission, or

10 the commissioner of insurance as opposed to

11 definitely, you know, the administration, but they

12 were more cognizant that the entity existed and that

13 the entity had a role in the rate making process. But

14 on the individual, what we refer to as the consumer

15 groups there really was not a lot of awareness of the

resources that are currently made available to the 16

consumers through the administration.

17

18 The other thing that we discovered is small 19 employers rely tremendously on their brokers. And as

20 we go through some of the succeeding slides, they

would often say, well, yeah, I think this information

should be made available, I'm not going to look at it,

28 (Pages 106 to 109)

but I want my broker to look at it. Because I have a 1 2 business to run and anything to do with insurance I 3 hand over to my broker, that's what I'm paying him to 4 do. So that was rather enlightening as well.

And for individuals almost everyone agreed that the internet is the best way and most efficient way to post information. And that, that the most effective way for the administration to communicate pertaining to issues regarding rate filings, especially time sensitive information. And that the internet should be the primary source.

Quite frankly we had some mixed reactions on how the information would be used. We asked them, would you really look at it? It was less heartening shall we say. We had probably, most of the individuals said they probably wouldn't look at it. And that they were not sure if they would really access this information or not. But again, the employers wanted their brokers to have access to the information.

21 But generally we discovered that employers 22 and consumers both, that they were not aware of how considered non confidential, that's really what I

2 would consider a legal issue. And not an actuarial

3 issue.

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We would recommend posting the consumer, what we call the consumer friendly summary of rate filings, and obviously, again, you have to post the 7 Part I one for the rate increases that trigger the threshold. In our other report we're recommending that all carriers file this particular form for all 10 rate filings, we would then suggest that that form be 11 made available on the website.

Notification of an approved premium rate increase, the first point is consistent with the recommendations that we made in the previous report regarding just getting consistency across all types of carriers regarding the advanced notice. And then also that we post a consumer, what we call consumer friendly summary of the administration's decisions on its website for each filing review. Again, for the filings that are 10 percent or more right now, the administration is going to have to post their, or report to HHS the results of their analysis. We just

Page 111

rates are developed, how rates are reviewed, or the

2 administration's role in the review process currently 3

or obviously then any enhanced reforms.

Now we're going to go to our recommendations. And one of the first things that we would recommend is that the administration develop a

7 separate area dedicated to health insurance rates.

8 And I should probably say health insurance rate

filings would probably be a better technical term

10 there.

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So that consumers have access to this information.

13 And now I think that the final regs require 14 that at least for those rate filings that are over 15 10 percent or more that somewhere on the 16 administration's website at least there has to be a 17 link or something to HHS website so that consumers can

18 get that information.

19 We also recommend that the non confidential 20 portions of the rate filings be included on this

21 administration website. We are not making any

recommendation as to what should or should not be

Page 113

Page 112

extended this to say, post the results of your

2 analysis for all rate filings.

3 And then we would say that we would, we

would urge the administration to research the IT costs

5 associated with enabling consumers to subscribe to

receive automated e-mails, now consistent with what

Tammy was referring to in the previous slides that

that is available in some states. We have no idea as

to the cost associated with that. And that might be,

you're really going to have to do a cost benefit

analysis of that. Especially in light of at least the

12 consumer feedback that we got, maybe something else

would be to maybe broaden that consumer research to

see if this is something that consumers would use.

15 COMMISSIONER GOLDSMITH: Broaden in terms of 16 additional focus groups, increase the number of 17

people --

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MS. BENDER: Either additional focus groups,

19 other surveys. This is not exactly my area of

20 expertise, how to do that kind, but, yes -- especially

21 if the IT costs are great. Now if the IT costs, I

don't know anything about IT, if it's just flipping a

Page 114

1 switch or something so, you know, it's not very

- 2 expensive, well, then it might not, the cost of doing
- 3 the additional research might not warrant. But if the
- 4 cost to do it are significant then before I would
- 5 commit those kind of resources you definitely want to
- 6 see something consumers are going to use. You know,
- 7 if they're not going to use it then put those
- 8 resources somewhere else where that would better serve
- 9 the consumers.

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MS. TOMCZYK: I'll just say we did receive comments from the consumers, they were very, many times they would preface their responses to questions with, well, if it's cost benefit, they were cognizant of adding all these resources would mean potentially more tax dollars that they're paying, so they wanted to make sure if people are going to be asked to pay, or if tax dollars are going to be used to provide this information that it's actually going to be beneficial.

MS. BENDER: Yeah, we were very pleased, shall I say, with the financial acumen, would that be the right word, of the consumers regarding the stuff is going to cost money so they really want to have a

there are brokers, there are consumer advocacy groups,

2 there may be other stakeholders that you might

3 consider gaining their opinions.

MS. BENDER: The next recommendations are regarding consumer input into the rate review process.

regarding consumer input into the rate review proAgain, the final regulations may provide

7 that there has to be the ability for consumers to

8 respond or comment on the rate increase. They don't

9 say how. You know, they can be what, an address or

10 something, or a telephone -- or a call center or

11 something, but there is going to have to be some sort

12 of mechanism for receiving public comments. Again, we

13 would maybe urge the state to investigate the cost of

14 developing an electronic bulletin board which some

15 states have, or allows people to comment on specific

16 rate filings. Or to post comments on electronic

17 bulletin boards. Obviously there's some cost with

18 that, you have to be, someone has to screen some of

19 these comments to make sure that there aren't obscene

20 words or something like that, you know, so there is a

21 cost to doing that. Someone is going to have to

22 maintain it.

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1 cost benefit. And they would even make some comments

- 2 about the whole transparency process that if it's
- 3 going to add to my premiums I don't really want it
- 4 unless it's going to somehow save on my premiums.
- 5 Which I was excited, I was pleasantly surprised on6 that.

DEPUTY COMMISSIONER SAMMIS: But it's also

8 possible that, that individual consumers may not be

9 interested but groups representing consumers might

10 find it of interest and obviously in a focus group you

are not making an assessment of that, correct?

MS. BENDER: Absolutely. And the brokers,

13 and again, it was also universal for the small

14 employers, they are relying on their brokers and they

15 want their brokers to have access to this information.

16 That was universal. I can't remember a single one

17 that said that they would not --

MS. TOMCZYK: But that begs the point that

- 19 maybe perhaps with some, you know, the next cycle of
- 20 funding from the grants if the state applies for it,
- 21 there are other stakeholder groups that we didn't
- 22 include, we included individuals and small groups, but

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Page 116

1 Like I said, this probably had a mixed

2 reaction with the consumer groups and as Tammy said

they were very cognizant of the costs of maintaining

4 this. So like something that has to be taken into

5 consideration.

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There's, we identified a need for general

7 information on rate making and rate review. We

8 developed some general educational materials of what

9 we call frequently asked questions related to the rate

making process. These are included in Appendix F

11 through I of the report as examples.

12 Appendices F and G were actually tested on 13 the focus groups and were revised based upon input

from those focus groups trying to enable to make these what we would call consumer friendly, these are

difficult subjects to try to make, to translate some

of these concepts into what we would call consumer

18 friendly papers.

So these would be things that could be posted to the administration's website. These are

types of materials that are not time sensitive. They

are sort of what I call the background information,

Page 118

how a rate is developed, you know, what is the 2 process. So they would need to -- they wouldn't have 3 to be updated often, they might have to be updated

4 periodically for changes.

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5 MS. TOMCZYK: I was just going to say 6 they're not specific to a rate filing.

MS. BENDER: Right.

8 MS. TOMCZYK: They're more general.

9 MS. BENDER: Very, very, very general.

MS. TOMCZYK: Rate making, rate review type. 10

MS. BENDER: As opposed to a specific rate 11

12 filing which obviously is very time sensitive.

We would say to continue to include the 14 brochures in places at the locations frequented by

15 consumers and distributed at outreach appearances.

16 But we would also urge maybe the administration to

17 reassess some of the current outreach programs.

18 We were provided all the outreach programs 19 that are being done right now, I mean, the

20 administration is devoting a tremendous amount of

21 resources in outreach programs. And it must be rather

22 discouraging that at least based upon our focus groups

Page 120 COMMISSIONER GOLDSMITH: What was published

meaning the average rate increase? Why is an

3 individual insured's rate increase greater than the --

4 MS. BENDER: Absolutely, yeah, the average

5 rate increase, absolutely.

6 And then just assess the additional staffing

7 needs to support consumer transparency as well.

8 And that was the conclusions for, or that

concludes our presentation for the consumer

10 transparencies portion of our paper. Of the papers.

11 COMMISSIONER GOLDSMITH: Any questions? 12 ASSOCIATE COMMISSIONER HATCHETTE: Question

13 for you. On your Appendix I you sort of developed the

format of FAOs to basically put static information.

15 Oregon sort of has three different approaches, it has

16 FAQs sort of a list that goes into a lot of detail and

then something that's very visual for the consumer. 17

18 Based on your information that you received from the

focus group, do you think one is better than the

20 other? Or do you need some type, maybe all three to

21 reach different types of consumers?

22 MS. BENDER: That's a good question.

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they have not been as effective as one would hope to

2 be.

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3 Also, again, to assess the available IT

4 resources to determine if increased needs can be met 5 with the current staff, and what we're talking about

is current staff in both places. What I would call 6

7 the consumer support division as well as the actuarial

8 division. Because there's positives and negatives

9 about increasing consumer transparency. When you

10 increase consumer transparency you can also expect to

11 increase consumer questions. And so there's probably

12 going to be more questions regarding maybe rate making

13 in general, but probably specifically related, or more

14 specifically related to a particular rate filing as

15 that process works its way through. Or why is my

16 rate, I got a rate increase, why is my rate different

17 from what the rate increase that was put out on the

website, and there's lots, that's one of the papers, 18

19 it's in one of these exhibits that we did is why is my

20 rate increase different than what was published. But,

21 you know, I would suspect that there are going to be

22 lots more questions. Page 121

1 MS. TOMCZYK: It's interesting. I'll bring

up another observation that we had that might provide

3 some information, it's not going to directly answer

your question.

We had three different pieces of

6 information, print information that we presented, or

had the moderator present to the focus groups to 7

8 comment on. And one of them was a sample of this rate

filing decision summary, the summary that the actuary,

10 the actuaries would develop which would be posted out

11 explaining the process they went through and how they

came to their decision.

13 We had one that was more narrative. And one

14 that was more numerical with tables and charts. And

we presented both of them to the focus groups. And we

mixed it up, some saw the narrative first, and then

17 the one that had table data and table format second.

18 And other groups saw them in the reverse order and

19 every single time the one that was shown second was

20 the one that they stated was more, more efficient and

21 understandable. Our suspicion is part of that was due

to the fact that they were shown the first one, there

1 was some discussion and when they were looking at the 2 second one they already had some idea of the content in it. So somewhat biased perhaps.

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But I guess I just share that with you and I know, Joy, you were at some of these and observed this, but there probably is to some extent a different desire in how to communicate to different individuals. But again, I don't know that we can directly answer your question specifically.

10 MS. BENDER: I know that some people don't really want to read a lot on any website. So to the 11 12 extent that some of this can be converted into a more 13 visual, quite frankly, actuaries probably are not the 14 best profession to do that. You know, I'll admit 15 my own failing -- I'm really good at numbers, but this 16 probably is stretching. So I would definitely say 17 that might be something that you would want to 18 consider, that is something that we did see, and I 19 think that's, you know, some people like the pie 20 graphs better than the other things.

21 The problem is this particular one that you 22 refer to, how the administration reviews requests for

Page 124 anything that you can do to make it more palatable.

2 MS. TOMCZYK: And we did in Appendix E which

3 is that rate filing decision, this again was the one

4 where they saw the two versions, one first and one

5 second, and I neglected to say that at the very end

they did comment that there were positive features to

both. So our revised recommendation is really a

merger of the two. And on page 71, and unfortunately

we don't have it on that computer, we show in

10 numerical format a table of a breakdown of the rate

11 increase between, or the rate between claim, cost,

12 profit and administration, administrative expenses and

13 then a pie chart too. So this was designed such that

14 if that Part I preliminary justification worksheet is

15 obtained for all filings, feasibly with -- you could

16 design a tool such that that could be the input and it

17 could develop this, a majority of this. There's still

18 going to be the portion that's unique to the filing in

19 terms of the actuary's decision on the outcome.

20 But it would populate both that table and 21 this pie chart. So if you're a visual person you can

see the pie chart that shows that roughly

Page 123

rate increases, boy, this is just not the most

2 interesting, I don't think it's going to make the top

3 ten no matter what we do here, it's pretty dry. It's

important, but -- so anything you can do to make it

lively God bless you. I think it will, you know, it's 5

6 three pages, it's probably at the limit, absolutely at

7 the limit. And this is not based upon my experience

8 as an actuary outside because I do not proclaim to be,

9 the actuarial profession is just not really our, you

10 know, maybe our expertise as far as the limitations

11 and things. I'm just speaking for myself a lot of

12 times. And the input though that we got back from the

13 focus groups. We could tell that there really was

14 sort of a, a limit as to concentration shall we say

15 for these topics. And, you know, for people who

16 aren't in the business, they have real lives and they

17 have real jobs, and this is, this jargon is very

18 specific to, you know, rate reviews, it's almost like

19 a foreign language. And so it's not easy stuff. To

20 do. So I think that that might be something you want,

21 like I said, anything, different colors, I don't know,

22 get a graphic artist or something, I don't know, three-quarters of the pie chart is blue and that's the

claim costs. Or if you're a numbers person you can

look at the table. So we're trying to, without making

it too long and too complex accommodate both types of

5 people.

10

6 MS. BENDER: Also, that HHS Form I feeds

into, they have a, call it software, Excel sheets.

8 MS. TOMCZYK: I don't know too much about

9 it. We've seen an example what the output was.

MS. BENDER: It's as exciting as you can

probably make this stuff be. You know. I don't know 11

if there's going to be, if you could use it for the

non, or if it -- I don't know exactly how that's going

to feed in. But that might be something too to

consider, maybe we could ask the HHS brethren if 15

they'd be willing to share that for the under

17 10 percent as well. But, yeah, this is -- this is

tough stuff. And anything you can do to make it, like

19 you say, more consumer friendly visually, anything

20 else would certainly facilitate I think getting

21 consumers more engaged.

22 DEPUTY COMMISSIONER SAMMIS: Maybe just this

(Pages 122 to 125)

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1 one last question because since Joy brought up Oregon,

- 2 when you looked at the websites of the different
- 3 states, not ours, did you think that Oregon had the
- best website? You know, the best feature on their 4
- 5 website dedicated to rates? Or did you think
- 6 Connecticut's was -- I mean, where would you -- look
- 7 for inspiration.
- 8 MS. TOMCZYK: In my opinion, because -- I
- 9 was the one who kind of went out trying to see what I
- 10 could find. There are different aspects. Some sites
- were better in the sense that I could find the 11
- 12 information very easily. Others I dug and dug and I
- 13 was just about to the point where I was about to give
- 14 up and I found a link and it's like oh, here's a
- 15 description of the rate review process buried deep in.
- 16 So some were better than others in terms of how easy
- 17 it was to find the information. Some were better than
- 18 others in terms of the type of information and the
- 19 amount of information. But Oregon I guess if I had to
- 20 pick one and only one, that probably would be one of
- 21 the ones that I would pick. But I guess, again, I
- 22 don't mean to say that there weren't aspects of their

- to it again type thing.
- 2 MS. TOMCZYK: One thing I might recommend is

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- that when, when you design, if you do implement the
- recommendation, maybe test it with some individuals.
- I know for myself when I'm looking for something on
- the internet there's kind of this limited amount of
- time and if I can't find it in a certain amount of
- time I give up. So maybe some testing to make sure
- that, I don't know who you would do on this test,
- friends, family, say, you know, go out here and see if
- you can find the rate increase filings and see how 11
- easy it is for people to find them. Because I think 12.
- 13 that's key.
- 14 ASSOCIATE COMMISSIONER HATCHETTE: Before we
- 15 leave this, because I know that some of the consumers
- 16 also believe that we needed written material. Do you
- 17 believe that the rate increase written material should
- be a stand alone brochure, or could it be a part of an 18
- 19 existing health brochure?
- 20 MS. BENDER: The background information I
- 21 think either way. Anything to do with a specific rate
- filing I just, this is my own opinion, I just don't

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- website that I thought another state might have done
- 1 2 different so there are pros and cons to all of them.
- 3 MS. BENDER: I'm just going to make a
- 4 general statement for all states and I think it's
- going to be a real challenge for them to maybe make 5
- 6 the website for this particular rate filings more
- 7 consumer friendly or easier to find. It's just not,
- you know, the information on the website -- it's not 8
- 9 any one particular state. Up until this point in time
- as that one graphic showed, states weren't putting 10
- 11 them out there. So they didn't have to worry about
- how consumers found them because they weren't being 12
- 13 posted. Now that they're going to be posted, you
- 14 know, maybe all states are going to have to look and
- 15 see how friendly are their websites. How easy is it
- 16 to navigate the websites. And they may have to assess
- 17 those needs as well. I'm not saying yours is good,
- 18 bad or indifferent. I'm just saying, and it's not
- 19 Maryland versus anyone else's. I think Allstate's are
- 20 sort of similar to that. Just when you think you
- 21 finally, like you say, you think you found something,
- 22 nope, that's not it, or, yeah, it is but I can't get

- think it's a cost benefit to put it anywhere except on
- 2 the website. It's too time sensitive, it's going --
- 3 you know, if you put a bunch of that out there, the
- only thing you know is they're going to pick up the
- 5 one from the previous rate filing, or something like
- 6 that. So I think anything that's time sensitive
- 7 really the best place, and that's what the focus group
- said as well. The best place is the website. Some of
- 9 this other information I think you have more
- 10 flexibility, website and a combination of handouts,
- 11 brochures.

12

15

- COMMISSIONER GOLDSMITH: Any other
- 13 questions? Then I thank you very much for your report
- 14 and your presentation.
  - MS. TOMCZYK: Thank you.
- 16 COMMISSIONER GOLDSMITH: Again, very
- 17 helpful.
- 18 Mr. Robbins, do you wish to comment
- 19 separately on the consumer disclosures?
- 20 MR. ROBBINS: Sure.
- 21 Thank you again, Mike Robbins with the
- Maryland Hospital Association. And I again want to

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- support the comments and recommendations being made by
- Wyman in this report as well. But one thing I would
- 3 point out as valuable the website, the use of the
- 4 internet can be, I think we always need to be reminded
- 5 that not all consumers have ready access to the
- internet. Not just for accessing the information but
- 7 also providing the insurance administration with input
- 8 regarding decisions they're about to make on rate
- 9 requests. So we would suggest at least for maybe some
- 10 of the larger insurers, consideration of some kind of
- more formal public process where in advance the public 11
- 12 would receive notification of those rate requests, and
- 13 be given the opportunity both through the internet as
- 14 well as through some kind of formal public hearing
- 15 process similar to this where they could provide the
- 16 insurance administration with the information they
- 17 need to understand the impact of those potential
- 18 decisions on the public. So I think we just need to
- 19 be reminded that not all the information can be
- 20 derived both from, or provided through the internet
- 21 for these important decisions.
- 22 COMMISSIONER GOLDSMITH: I think it's always

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- COMMISSIONER GOLDSMITH: Was there anything
- 2 magic about the 3 to 5 percent?
- 3 MR. ROBBINS: No, I just know from my
- 4 experience from many years in West Virginia that was
- 5 the process that they used there. Generally it was
- over 5 percent. That they did have those public 6
- hearings that were held there. Not always well
- attended, but still available to the public when
- available.
- 10 Thank you.
- 11 COMMISSIONER GOLDSMITH: Thank you very
- 12 much.
- 13 Any questions?
- 14 Thank you.
- 15 Mr. Ransom, I know has already provided his
- 16 comments.
- 17 Ms. Robinson, did you have anything on this
- 18 report?
- 19 MS. ROBINSON: Again, Kimberly Robinson on
- 20 behalf of the League of Life and Health Insurers of
- 21 Maryland.

2

22 And again, my one comment is actually this.

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- dangerous to make generalizations, but I do note that 1
- 2 the average age of the focus group participant was
- 3 younger than the average age of the Maryland
- residents. And certainly some older individuals are
- 5 very computer savvy and can use the internet as well
- 6 as the next person. But there may be, again, this
- 7 isn't based on scientific research, but anecdotally
- 8 that there may be certain members of the older 9
- population who might not as readily turn to the
- 10 internet as some of the younger folks might as an 11 example of, at least in my own mind, the importance of
- 12 a multi modality approach to getting the word out and
- 13 providing an opportunity to give input.
- 14 MR. ROBBINS: And we've suggested in our
- 15 written testimony that rather than require this kind
- 16 of public hearing process for all insurers, we look at 17
- maybe those that just have a larger share of the 18 market based on some percentage of the marketplace,
- 19 similar to the list I think that was shown on the
- 20 screen earlier, so it would not necessarily be overly
- 21 burdensome for the insurance administration to hold
- 22 that kind of form of public hearing process.

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- To the extent that the recommendations you just heard regarding the public hearing, Maryland does get a
- 3 number of rate filings and I think even setting some
- 4 threshold we would spend a tremendous amount of time,
- 5 both your staff and the prominent carriers in our
- state in this room having public hearings on these 6
- 7 rate filings and we do believe that may not be the
- most efficient manner of obtaining public comment or
- 9 the most efficient use of your staff's time or the
- 10 carrier's staff's time. And that would end up having
- 11 an unintended economic impact for both the insurance
- 12 administration as well as the insurance community.
- 13 However, to the point of all consumers main
- 14 not necessarily have internet based access I do think
- 15 there's ways that you can address that ability to
- 16 comment through a means other than the internet short
- 17 of in fact having a public hearing. For instance,
- we've had many instances in our state where an agency
- 19 will make documents available for review in paper, if
- 20 someone comes to the agency, they can obtain a copy,
- 21 they can certainly submit their comments in writing
- and not exclusively by e-mail. That would still be

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Page 134 Page 136 able to engage any part of our population who was not 1 or not the carriers see it as being, you know, to what able to do so through internet portal without extent they would see it as being a reasonable necessarily needing to do it through a public hearing 3 approach for them to post something on their internet 4 and the time and resource commitment that a public site, or to give a notice to their, to the broker 5 hearing itself would take. So we would just suggest community, for example, that they have filed a rate that while you're being thoughtful how to engage the increase with the Maryland Insurance Administration 6 6 7 public you're also balancing those efficiency and and have obtained information. 8 accessibility needs for both your staff and for the MS. ROBINSON: I'd be more than happy to insurance community. That's it. inquire with our membership and include a response in 10 DEPUTY COMMISSIONER SAMMIS: And how would our comments by the end of next week. I do think part of that answer will be driven again by whether that 11 the consumer know? 11 12 MS. ROBINSON: Well, I think that's going to 12 communication could happen electronically as opposed 13 be the question even if you do a public hearing. 13 to whether or not it's happening in paper. For 14 There's still going to have to be someway to 14 instance, if you're doing in a group marketing to a 15 communicate that broadly. So whatever mechanism that broker who can then access electronically, it's you would envision to announce a public hearing would 16 16 different than mailing a copy to every insured on your books so those are the kind of things we'll take into 17 be perhaps the same method that you would use to 17 announce that there was a filing available for review. 18 18 consideration. 19 The federal government does it when they do the review 19 DEPUTY COMMISSIONER SAMMIS: But I do think 20 of regulations, they often do that process by paper, 20 the companies even on the individual side are 21 they also do it now electronically. But there are 21 beginning to collect e-mail addresses. 22 22 places in our state where we routinely announce things MS. ROBINSON: And again, because you can do Page 135 Page 137 in print. The balance has to be between the it electronically. 2 2 timeliness of the comments which I do believe is part COMMISSIONER GOLDSMITH: Right. 3 3 of why the consultants had even recommended the MS. ROBINSON: Rather than by paper and 4 internet as the appropriate place because it does 4 mailing, you know, postage has come into the costs 5 allow things to move a little bit more quickly to let 5 the filings get through their process efficiently so 6 COMMISSIONER GOLDSMITH: Anything else? 6 7 7 things are not delayed. Anytime you're taking it Thank you very much, Ms. Robinson, for your offline you're going to slow that down some. But the 8 8 comments. 9 Maryland Register, Hearing Scheduler, there are plenty 9 Anyone else who is here who hasn't signed up of other places where things can be announced without 10 10 but would like to comment on the consumer information 11 necessarily the need for a hearing. 11 aspect of the reports? 12 DEPUTY COMMISSIONER SAMMIS: If I remember, 12 Well then I believe that concludes our I can't remember if it was in the focus groups that 13 13 proceeding. I want to thank everyone for your input, 14 Oliver Wyman did, or something that some of the other 14 both here today and in writing. 15 consumer groups or focus groups that I looked at for 15 And we will consider it all as a part of the 16 different projects, maybe even HHS, I can't remember, 16 record in this proceeding in coming to our conclusions 17 but there was some discussion about the carriers being 17 about moving forward. 18 required to provide a notice to consumers that they 18 Thank you. Thank you for coming. 19 19 have filed a rate increase. So I don't think it's (Whereupon, the hearing concluded at 1:00 20 fair to ask you today because you haven't had time to 20 o'clock p.m.) 21 21 talk to your companies, but maybe it's a thing to get back to us about at some point in time about whether 22

35 (Pages 134 to 137)

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