## PUBLIC HEARING - HEALTH INSURANCE PREMIUMS

June 23, 2011

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| 4 | BEFORE THE MARYLAND INSURANCE ADMINISTRATION |  |
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| 10 | PUBLIC HEARING - HEALTH INSURANCE PREMIUMS |  |
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discuss or review of the current processes that the administration is employing to review rates.

The rate increase disclosure and review of the existing regulations and the proposed -- no longer proposed, when we started this process they were proposed. They are now final rate regulations regarding the Accountable Care Act.

And methods for determining the reasonableness of rate increases, trend analysis, rate filing submission and requirements and then our recommendations.

COMMISSIONER GOLDSMITH: Ms. Bender, the
document that's on the screen here is a slide deck
that, that we I believe and the court reporter have received in hard copy entitled Recommendations to the Commissioner to Enhance Regulatory Review and Oversight, and data today, correct?

MS. BENDER: That's correct.
COMMISSIONER GOLDSMITH: So if the court reporter could mark this document as Exhibit 7, please.

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(MIA HEARING Exhibit 7 was marked for identification and attached to the transcript.)

MS. BENDER: And Tammy is going to talk about the review of the current processes.

MS. TOMCZYK: Thank you, Karen.
In order to make recommendations for enhancements and changes to the process, first we had to understand thoroughly what the current process was. We reviewed, we were provided and reviewed current statutes, regulations and regulatory bulletins. We also reviewed the information that's currently included in the filing requirements. Everything from information that carriers are required to submit, timing of those submissions, timing of the administration's review, as well as lost ratio demonstrations that are required to be made.

Once we reviewed this information we spent two days on site with the chief actuary and another actuary on staff with the administration going through in very thorough detail the process starting from the point in time when a filing is received, all the way through to the point in time when a filing is finally
approved. So all the correspondence that goes on, all the aspects of the reviews that take place. And we actually did this process three times, once for the individual market, once for the small group market and once for the large group market because the process is not identical for those three markets.

We also were provided copies of recent, hard copies of recent filings and the correspondence that took place between the administration and the filing carriers. And reviewed that. And once we went through that process we, in our opinion, had a pretty good understanding of the current process that takes place today.

We did review that with processes that are currently taking place in other states, based on our knowledge either working with other states, working for carriers, filing, submitting filings in other states and just our general knowledge of those processes. And there is quite a wide variation today. We set up this chart on the bottom and we described it in our report as level of rigor that takes place. So for example on the left-hand side that's labeled 1 ,
that might be where a state would fall that either has no regulatory authority to review rates today, or very limited authority. Progressing to the other extreme where you have a state that perhaps has authority to review rates in all three market segments, individual, small group and large group, may frequently use the rate hearing, the rate hearing process, engage independent experts to perform independent calculations, and provide expert witness testimony at rate hearings.

So based on all of that you can see that we place Maryland between a 3 and 4 on that scale. And that indicates that the process that's taking place today is, is quite comprehensive.

So once we understood the current process our next step was to compare that to the proposed regulations that outlined the requirements of an effective rate review process as defined by HHS. And Karen is going to talk about that process in a little more detail.

MS. BENDER: I should note that I think we have alluded to it before, but when we were developing


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Part II is sort of what I would call a free form right now at least, where the carriers need to identify those significant factors that are prompting the rate increase, and to provide brief experience, overall experience of the policy.

Now, for states that do not, for carriers operating in states that do not have an effective rate review program, Part III justification must be submitted, which is specific detailed documentation supporting any rate increase.

For those states that do have an effective rate review process in place, HHS will accept, or will delegate the analysis associated under the Part III analysis to the states. And they, then the state will need to report their findings to HHS.

As of right now there's no standardized template, to our knowledge, for the states reporting their results to HHS for the Part III analysis.

Now, let me emphasize that Part III is again only required for those states that don't have an effective rate review program.

So what does the state have to do to have an
effective rate review program? And I can almost classify this as essentially, get data from the carriers, review the data from the carriers and analyze the data from the carriers to determine if the rate increase that they are requesting is and/or are supported depending upon the number of policies, policy forms that are included in the filing.

So that really takes care of the first three items here.

The fourth item is that a standard has to be -- you have to apply a standard. Like set forth a statute of regulation for determining whether a rate increase is reasonable. Again, now, this is at the state level to have an effective rate review program. That doesn't necessarily have to be a numerical standard but there has to be some sort of standard so that it's not viewed as capricious. And states that, states again must provide access to Part I and Part II preliminary justification through their website. This is one of the changes from the preliminary and the final, at least according to our interpretation. From the preliminary we didn't see this maybe more as maybe
it might be nice, but in the final it appears to us that now the states do have to provide some sort of access to Part I and Part II. It can be just a link to the HHS website, but it's important.

And again, as I indicated before, after the review is done, then the state has to submit to HHS the summary of its results and how they arrived at their opinion.

I overlooked one thing under 5, not only must the states provide access to Part I and Part II, they also have to have a means of accepting public comment on them as well. So that was a change from the original.

Here's some specific rate assumptions that must be reviewed. These 12 were listed in the, both the prelim-- well the final reg site, I guess there was one that was little different. So these are the 12 that are listed in the final regulations. I think it's, the most important point here is where it says where applicable, which means that if you have an effective rate review program, HHS is recognizing that the states need to have flexibility when reviewing

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these rate filings. And has enabled them to use their judgment that maybe not all of these may be applicable for every single filing.

These are the things, the 12 prescribed assumptions that could be subject for review.

Now we're going to talk about considerations for determining the reasonableness of a rate increase.

When we did our review we wanted to step back and say, absent any regulations, what are some of the factors that we would consider in addition to the components of trend which obviously are some of the, is the main driver of rate increases.

So one of the factors obviously are loss ratio and loss ratio requirements. When we started this process Maryland had a minimum loss ratio of 60 percent for individual policies and 75 percent for small group. Since that time regulations have been changed so that it's going to be 80 percent for small group and individual effective July 1st, 2011. And if I have my notation right I believe that's SB 183 that enabled that.

Then there are some other questions as to

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how would the loss ratio be applied. Should it be applied at the form level or at the market segment level? The minimum loss ratios under the ACA apply at the market level as opposed to the form level. And then some discussion as to how credibility should be applied.

We talked about administrative expenses, surplus expenses, pricing margins, and those we would, we commented on that really you want to focus on there is more of the change in levels of these components of a rate from one rate filing to another rate filing. You have the minimum loss ratios at the federal level of 80 percent for small group and individual, and 85 percent for the large group. So there is sort of a safety net that carriers, if they -- they have to rebate excess premiums if they don't comply with those minimum loss ratios. So you do have that floor. But even in addition to that you still want to look at any material changes from one filing to another to assess for reasonableness.

And then the last two are investment income and loss would be more pertinent probably if a company
was having some surplus issues. Obviously you are also tasked with ensuring solvency for a company so you must be cognizant of the solvency standards. And a cost containment quality of improvement activities are also part of minimum loss ratio requirements as defined by NAIC and adopted by HHS. So these are all considerations that would go into determining if a rate increase was reasonable as defined by ACA.

COMMISSIONER GOLDSMITH: Ms. Bender, in terms of the administrative expenses, I note that you just said and I think you said it in your report, that one focus, anyway, would be on material changes in expenses from one filing to the next. And I saw in your report where you described certain benchmarks or standards that are used in other jurisdictions to assess the reasonableness of administrative expenses. Are there any, you know, besides looking at the delta between one rate filing and the next, are there any other standards or benchmarks either that you would recommend or that you would suggest that we consider?

MS. BENDER: Well, there are some public reports. Sherlock, I mean, these are some public
reports that are obviously in the public domain, they're public reports. And they have done some analysis on administrative expenses for both what they call the blue plans and then for the commercial plans. And they also further segregate it between what I would call type of business, Medicare, Medicaid, I'm not sure if they have Medicare supplement right now, but at least also self funded. So that would be one source.

Another source would be to look at the, some of the administrative expenses as reflected in the NAIC database for companies completing what I would call the orange blank or the health blanks. This is going to be easier now that they have to, that companies are going to be required to submit that supplemental exhibit, and please don't ask me what the exhibit number is because I don't have it on the tip of my tongue.

COMMISSIONER GOLDSMITH: You could say anything and I'd believe you.

MS. BENDER: I'm sorry, I don't have it.
MS. TOMCZYK: I think it's called the

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supplemental healthcare.
MS. BENDER: That might be it.
And that supplemental healthcare exhibit, that's what we're calling it right now anyway, is a new exhibit required for the purposes of determining administrative expenses for the MLR, or at least -for the allowable cost containment and quality administrations.
COMMISSIONER GOLDSMITH: Right.
I was thinking more in terms of the other administrative expenses category. But okay.
MS. BENDER: What do you mean?
MS. TOMCZYK: Operating expenses and claim processing.
COMMISSIONER GOLDSMITH: So the non quality improvement cost containment.
MS. BENDER: I think though that that's in there, I think all the administrative expenses are in there. But then they also, they just had to fill that out, if I'm remembering the exhibit right.
MS. TOMCZYK: If not it's certainly available, is it page 4, I can't remember, the
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statement of revenue and expenses that's in the
statutory statement has that information. And we've
actually done some studies using that data where we've
developed benchmark populations or looked at a pool of carriers that are of similar size, have a similar mix of governmental, non private insurance, Medicaid,
Medicare business, and within that cohort of similar
carriers what kind of is the average expenses of the
percent of premium and some ranges around that. So
there's some good information there.
MS. BENDER: And I also believe what I would
call the state reports, individual state reports
segregate individual. I mean, sometimes the challenge
of segregating individual from small group from large
group sometimes that's the challenge.
COMMISSIONER GOLDSMITH: What do you mean by
state reports, what state reports?
MS. BENDER: It's called state reports, it's
part of the orange, again, I call it the orange blank.
COMMISSIONER GOLDSMITH: Okay.
MS. BENDER: It's the health.
MS. TOMCZYK: Page 29.

MS. BENDER: Page 29.
MS. TOMCZYK: That one I know.
MS. BENDER: Okay.
And then there is also the one that has
small group segregated too and that's a -- I'm not going to tell you the number of that, but we can get that to you.

So there are, like I said, the Sherlock reports and then the orange blanks or the NAIC data I would think would be another good source of benchmarking.

COMMISSIONER GOLDSMITH: Thank you.
MS. BENDER: So next major component of any rate filing is going to be the trend analysis.

Trend is generally probably 90 percent of the time the major driver of change in rates. So obviously the trend analysis is the major focus of any rate review. And also a miss of trend high or low is going to have a major impact on subsequent rate reviews as well.
I.e., if you overstate the trend in one year, then the next rate review you'd expect to have
less than trend rate increase. Because you've, you have essentially excess premium that one year.

Conversely, if you understate the trend, the next year you can have significantly higher than trend increases. Now, sometimes trend isn't the only major driver, especially in new products, sometimes it is very, for new products it is difficult to get all the assumptions that are realized as you anticipate it originally. Probably one of the best examples of that was initially in the high deductible health plans I think carriers made some aggressive assumptions regarding the utilization savings that many of these plans were going to realize.

But so, but the trend is the major component.

This lists, I'm sorry, this list demonstrates that there are many drivers of trend. And which makes this analysis extremely complex. Obviously the first two, changes in provider reimbursement and changes in the number of services utilized, are generally the two that people focus on.
And generally it's the changes in provider
reimbursement that is the major driver. Although other things can, such as a change in the mix of services can actually make it appear that changes in provider reimbursement, either greater or less, than the underlying cost. So a mix in services can distort some of these other factors.

So that's why it's extremely important when analyzing any particular rate filing, it's not just as easy as comparing, you know, maybe a cost per member per month for this year compared to a cost per member per month from the year before, and that's your trend, it's generally not quite that easy to do. So here all the drivers of trend that anyone reviewing a rate increase or rate change would need to consider and also that someone submitting a rate change should be willing to demonstrate that they have considered as well.

Then you have all these other adjustments to trends, even if you've, you've considered all these others, those other factors in your emerging experience if you have large claims they can distort the trends upward and as they work their way through

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them they can also make it appear that trends are decreasing when in fact they aren't. You have benefit changes, you have demographic changes, all of these items here require adjustments to the emerging experience to ensure that you're not overstating the trend or that you're not understating the trend. And additional considerations which I would maybe benefit unique, if you have a high deductible health plan then the deductible, what we call deductible leveraging which in essence is just an actuarial term for recognizing that the value of a fixed dollar deductible decreases over time because of inflation. And that's what we call deductible leveraging. And then aggregate trends versus trends by types of service that there is not a universal trend between hospital inpatient, hospital outpatient, physician, X-ray, lab, pharmaceutical. So these are other considerations and you might want to look at isolating some of these trends, particularly between what I would call medical and pharmacy to get a better handle or estimate and see the true underlying trend.

One of the considerations in our discussions
was, is there just as you asked, Commissioner, about, are there any benchmarks out there for maybe administrative expenses, are there some benchmarks other than the emerging experience in any particular rate filing available to test trend assumptions to. And we identified two entities currently in Maryland that are tasked with gathering information pertaining to specific types of medical care. And the first one is the health service cost review commission, HSCRC, and I'll have to look at this to make sure I get the acronym right, and they are responsible for collecting data on the hospitals all payer system. Their data can identify, they can identify the data by hospital and insurer, the challenge with that particular data is that they can't really identify or segregate between insured and self funded, or market segment, i.e., the non group market or non group HMO or small group, PPO, intermediate group, they don't have that capability right now. But the advantage of this data is that it is very timely. They gather this and so this data is available 45 to 60 days after each quarter ends. So that is a real advantage of this

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particular data set.
Now, there are some barriers to it. Right now they don't have a corresponding membership data.
So you have the hospital data but you don't have the underlying membership so it's very, very difficult if not impossible to get that utilization component of trend. When we're going back on the other slide we were talking costs of providers and then utilization of services. So because we don't know the underlying membership we also can't really normalize it for the change in any demographic mix that may be occurring. This also is on an aggregate level, even if we could isolate, can isolate it for the commercial, and it's still not at that same level that would appear in any particular rate filing for any particular insurance carrier. So that is a barrier.

Currently they do not have what we call professional charges, those physician charges, or they do not have any information on prescription drugs, and those are two major, major components of regs. The data set includes only Maryland hospitals, which is good, but contracts that are issued in Maryland don't

management I think would be very, very problematic.
Catastrophic claims since most of the cost of catastrophic claims are at hospital institutions that you probably could get absolute number of catastrophic claims. The problem is that you don't have the membership underlying, so, you know, if you have a larger membership you might expect a larger number of catastrophic claims. But you might be able to say, you know, X percent of our claims last year were over a hundred thousand, now Y percent are, something like that.

COMMISSIONER GOLDSMITH: But again limited to the slice that represents Maryland hospitals?

MS. BENDER: Only Maryland hospitals, you're absolutely right. And not the professional charges associated with that, just this very, very small slice.

You wouldn't be able to do changes in benefits and I don't think you would be able to do selection from that.

COMMISSIONER GOLDSMITH: Thank you.
MS. TOMCZYK: I'll just add two things to
that. One, back on the DRG discussion, if the data
has the revenue code on there, so within a DRG that
revenue code will tell you the breakdown between, for example, drugs and radiology and how much of the claim is due to the room and board, so you could theoretically look at within a given DRG is the percentage of the claim that's made up by radiology charges changing.

And the other thing I just was going to comment that some of these are almost intertwined where it's hard to distinguish in the sense that if you're starting to see more claims under a given DRG is it because the morbidity is changing? Is it because the coding is changes? Is it because the mix of services is changing?

MS. BENDER: Or the aging population.
MS. TOMCZYK: Exactly. Yeah.
So it would be very difficult to look at the
data, I think, and say this is due to this particular
factor. Which makes trends analysis even more complicated.

DEPUTY COMMISSIONER SAMMIS: If we accept

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that because of the limitations in the data, that the HSCRC can't be used in a quantitative sense as the opposite of the actuaries reviewing the rates, is it possible in your view to be able to get a report or some sort of an analysis on a quarterly basis from the HSCRC that might tell us in a qualitative sense how changes in, just for Maryland hospitals, what changes they're seeing in terms of admissions, severity of the cases, things like that so that the actuaries may be able to have a more, a different kind of dialogue with the carrier about the trends that they're seeing for that particular product as opposed to what's being seen globally at the Maryland hospitals?

MS. BENDER: Sort of like a leading indicator.

COMMISSIONER GOLDSMITH: Yes.
MS. BENDER: You're saying that, no, we can't take this information and dump it into the rate filing and have it pop out with here's what's going to be your trend. But as a leading -- yes, I think you can. How strong it's going to be I think time will tell. And it might be one of these, like once you
start tracking it you'll have a real better feel for how strong an indicator it is.

Obviously we have different issues between the individual market as it currently is now, where it's medically underwritten, accept, reject, there's certain uniqueness to that particular market that as opposed to the small group market which is guarantee issue rate now, that doesn't have some of those other characteristics sort of what I would call complicating or masking, or exaggerating trend appearances of trend shall I say.

CHIEF ACTUARY YU: I mean, well, in using basically hospital trends as a leading indicator, if you could -- as -- well, a couple questions come to mind. How big a portion are hospital claims roughly of total claims? And the second question is, are trends for different types of services, so hospital inpatient versus professional or prescription drugs, are they necessarily correlated?

MS. BENDER: I don't have the tip of my tongue what the distribution of claims are. I can give you something that on an allowed basis drug

| claims are somewhere between what, 15 and 20 percent of total allowable charges. And I would say that hospital claims, inpatient and outpatient, what, 40 to 50 percent, depending upon -- the network. <br> CHIEF ACTUARY YU: Okay. I was just looking for a ballpark. <br> MS. TOMCZYK: Yeah, I tend to have a better <br> feel on the paid side, I usually see close to <br> 50 percent being inpatient/outpatient combined. Maybe <br> 40 percent for professional and other miscellaneous and 10 for drugs, on a paid basis. <br> MS. BENDER: The drugs really get leverage because the coinsurance generally go to about 50 percent one way or the other, I mean copays. So then you said, so that was the first part, then what was your second part, the correlation between -- <br> CHIEF ACTUARY YU: Well, to the extent that we get a general feel, we use HSCRC results as a barometer of the general feel for hospital trends. Are hospital trends necessarily correlated with other, other types of services? Transfer other types of services? | say that you can expect that your general claims trends are going to increase as well. Will they increase one for one, I can't say that. <br> MS. TOMCZYK: I think the correlation, what correlation there is is probably tied more to the utilization. More so than the cost. I don't know how much correlation just because the cost on a per unit basis is going up in hospital necessarily means drugs, that is probably more independent. But if hospital utilization is going up and, you know, one of the causes is because the population is becoming more morbid or is aging, it's likely that the more drug claims are going to be incurred as a result. <br> So from a utilization perspective there probably is some correlation. But again, the HSCRC data as it is today without having membership you really can't get at the utilization component, it's really the cost component. <br> MS. BENDER: You definitely cannot get at the, like a day's per thousand or things like that. You might be able to, when you're saying just the absolute number, you would have to track that and see. |
| :---: | :---: |
| MS. BENDER: Well, there obviously has been <br> a shift between inpatient and outpatient on the hospital side going on for the last many, many years. So to the extent that you're having services take place in an outpatient setting that used to be in an inpatient setting, you could actually have a decrease in hospital inpatient charges, but I'm not -- with not the corresponding decrease in professional services to the extent. You'd have a little decrease but maybe not as much of a decrease as you would maybe for what the hospital inpatient would decrease. <br> But we've also seen the hospital outpatient costs have been increasing rather rapidly. <br> I would like to say generally, yes, there's going to be a correlation because I said it's a very general yes. And it would be better to track this information and to tie that, whether it's a strong correlation, I would like to think that there is going to be a relatively strong correlation in the direction, not in the absolute magnitude, but if all of a sudden hospital utilization starts to, inpatient utilization starts to increase dramatically, I would | As long as you're not having a huge shift in population that might be, again, just a leading indicator. But I would say you would probably have to go back and either try to reconstruct it or track it forward to see how strong a correlation that was. <br> I must have skipped one here, huh? Did I skip one? I'm all confused here. <br> MHCC data is the other data source that is available in Maryland. And Maryland healthcare commission maintains a statewide medical care database. Historically they only carried or only kept, captured I should say, professional and prescription drug claims. But in 2009 they began to incorporate hospital claims. And membership in 2010. So ultimately this is going to be a, what I would call a complete database that could be an independent source for emerging experience. <br> Just for the record, it only contains payers with at least $\$ 1,000,000$ in earned premium. That does not diminish its worth materially whatsoever. So -- <br> The biggest barrier to using the MHCC data when it gets complete is really what I would call a |

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timing issue. And that is that the data is not reported until six months after the year end, so that they can make sure that they, they've gathered all the service dates. And then it's generally not available until 10 to 12 months after the year end because once they get the data they have to, we call it scrub the data, we have to make sure that, that it's appropriate, you know, that it's clean and valid.

So the first full set of utilization data that includes all types of services as well as all membership isn't going to be available until the Fall of 2012. And that is going to be for 2011?

MS. TOMCZYK: Well, it would be the data representing 2010 and 2011, but to develop trends you need realistically two years of data to look at the change. So. And because the 2011 data is not reported until the Summer of 2012, and then by the time the data is validated it's going to be the Fall of 2012 before you can probably get some good trend estimates.

MS. BENDER: So and then you would still need to normalize that data to make sure that it, but
that can be done. I mean, that's not -- because you have the membership so you, but you want to make sure that it's normalized for changes in membership.

Now, this data set only includes Maryland residents. So you have a little mismatch in that, again, the premiums that carriers are charging are for, especially in the group market, for all employees whether or not they live in Maryland. And it's very, very common that people will live in one state, especially in some of the smaller states and work in another state. So you could have people working in Maryland who are not Maryland residents. And they would not capture that data.

This has potential, again, but it's the timing issue. Right now rates are being developed for 2012, or it will shortly be developed for 2012, if they haven't already. Based upon 2010 experience. Whereas, that experience for 2010 will for the MHCC is not going to be available until, what, September or October of 2011 at the earliest. This is one though that if you begin to track this, there may be -- you may be able to develop some trends from this and see
what the, what the lag is. Can you use this data to
augment some of the information that you are seeing in
the rate filings. And that's how I can best describe
that. Again, it's not going to be one that you can dump in.

COMMISSIONER GOLDSMITH: Augment, could you
elaborate a little bit, augment in what way? To what
use? I'm just wondering if the data is too stale by the time it's available to be of meaningful use.

MS. BENDER: It may be challenging. What I was envisioning is, if you have a course of years, not just two or three, but over the course of years, and this data has been running, I'm just going to make up some numbers, you know, 6 percent, 7 percent, 8 percent, even though you have a gap, if someone is coming in with 14 percent, maybe you would say, okay, help me. Help me understand, you know, how I'm getting from here to here. There could be a perfectly rationale justification. You're not going to be able to, like I said, take this experience in 2010 -- I suppose another way that you might be able to do it is take this experience and project it using the emerging
experience, but you would be projecting it longer time periods than maybe are included in the rate filings and you might have some mismatch there.

Again, I would say it's not going to be to use this in lieu of. It just isn't. The timing is going to be problematic. But if you develop enough of a history, and maybe in conjunction with -- I got to get the HSCRC data, you might be able to get some sort, since that's what I would call a leading indicator, more frequent indicator, you might be able to do some analysis to say, hey, when this says this then this, then the MHCC generally says this. You know, and -- but that's going to take sometime.

COMMISSIONER GOLDSMITH: With the idea being it might prompt further inquiry, for example?

MS. BENDER: Yes.
DEPUTY COMMISSIONER SAMMIS: But it would help us then, in your view, if the MHCC were to do some of this analysis to inform us as to whether or not it's worth continuing to use the HSCRC data as a leading indicator?

MS. BENDER: That would, and I think that we


| Page 54 | Page 56 |
| :---: | :---: |
| 1 checklist that we included in the appendix as well for | 1 actuary signing the certification that's submitted |
| 2 your consideration. I just want to state that that | 2 with the filing is required to comply with actuarial |
| 3 checklist is not by any means intended to be | 3 standards of practice, ASOP-8 and so the American |
| 4 exhaustive or fully inclusive of all of the | 4 Academy of Actuaries has recommended that these are |
| 5 information that should be reviewed. It's intended to | 5 items that the actuary should include in their review |
| 6 represent common data elements that are appropriate | 6 and analysis in preparing the filing. So that's |
| 7 for, or should be reviewed in every filing, but that | 7 another, I guess, checklist that inherently is |
| 8 doesn't mean that on a case-by-case bases or | 8 included in that process. |
| 9 filing-by-filing basis there's not going to be the | 9 On to our recommendation |
| 10 need to go back to a carrier and ask for | 10 I'm going to summarize the recommendations |
| 11 clarification, more information, and probably more | 11 here, certainly if there are any questions feel free |
| 12 common than not that that will have to occur | 12 to ask. They're outlined in quite a bit of detail in |
| 13 So I just wanted to clarify it's not | 13 the report, not only do we present our recommendations |
| 14 intended to be an all inclusive list. | 14 but some rationale for each one as to why, why we've |
| 15 COMMISSIONER GOLDSMITH: But the idea would | 15 come to form that recommendation. |
| 16 be that it would cut down hopefully on the amount of | 16 <br> And we've tried to classify them I guess in |
| 17 time it would take given the back and forth that often | 17 broad categories. The first what we thought were the |
| 18 occurs between the office of chief actuary and the | 18 most important in the primary subject of our work was |
| 19 carrier to try and streamline the process and get as | 19 those that were going to need to be made, the changes |
| 20 much of the information required for the review | 20 that were going to need to be made to have an |
| 21 submitted in the first instance as possible | 21 effective rate review program. |
| 22 MS. TOMCZYK: Exactly. And as you almost | 22 So there aren't a lot here and that probably |
| Page 55 | Page 57 |
| 1 alluded to, it will make the process more efficient. | 1 goes back to that first slide where we showed that |
| 2 Having conducted rate filing reviews myself in other | 2 little first graft down at the bottom and it showed |
| 3 states, when you do a review and ask for more | 3 that Maryland had quite, in our opinion, quite a |
| 4 information from the carrier and then it kind of sits | 4 thorough review process in place today. So these are |
| 5 there for two weeks, or three weeks, and you get the | 5 really just additional requirements that are needed |
| 6 information back, you almost have to refamiliarize | 6 because they're outlined in the regulations from HHS. |
| 7 yourself with the case. So to get most of the | 7 A couple of them may require a couple of regulatory |
| 8 information up front would hopefully review, or | 8 changes, I'm trying to remember, see if I can get this |
| 9 increase the efficiency and it would decrease | 9 right off the top of my head. |
| 10 hopefully the need for significant followup. And | 10 For example, administrative expenses, I |
| 11 perhaps shorten the timeline so that there's a shorter | 11 don't believe for all carriers, carriers meaning non |
| 12 period between when the filing is submitted and when | 12 profit health service corporations, HMOs and insurance |
| 13 the approval date actually occurs. So carriers aren't | 13 companies, I don't believe you have that authority for |
| 14 having to implement the rate increase beyond the | 14 all three today and I can't remember exactly off the |
| 15 proposed effective date, which in a sense means the | 15 top of my head which one, but I just bring that to |
| 16 next time they file for a rate increase they missed a | 16 your attention that you may not have, and again a |
| 17 couple months of trend and only makes the next rate | 17 legal question, as Karen said we're not lawyers, there |
| 18 increase greater. So it perhaps even would stabilize | 18 may be the need to have some regulatory changes. |
| 19 the rate increases to some small extent, I'm not sure | 19 COMMISSIONER GOLDSMITH: Or some legislative |
| 20 to what extent. | 20 activity. |
| 21 And then the last thing we just wanted to | 21 MS. TOMCZYK: Legislative, I'm sorry, yes. |
| 22 touch on was the actuarial standards of practice. The | 22 And again, I'm not sure if that needs to be done |


| through legislature or regulatory. And so I'm not going to try to address any legal issues here. <br> The next group was around the type of review. And while the regulations only require these enhanced reviews be performed on non grandfathered filings, and those that exceed that threshold, again, 10 percent, 2011, we're recommending that they be performed for all individuals/small group filings. For a couple of reasons, first it provides the same level, equity amongst all Maryland consumers. Everyone is getting that same level of scrutiny, if you will, to all the components of the rates that they're being asked to pay from the insurance companies, not, not, based strictly on the change. So there could be misestimation of trend in one year that would cause a larger rate increase the following year. And put, cause a rate increase to exceed the 10 percent threshold. And to limit the review to just those that exceed the threshold, you're not really being equitable to all consumers in the sense that the real focus in my opinion at least should be what's the ultimate rate you're asking them to pay, not so much | process. It'll promote some efficiencies there. <br> With respect to the large group, we <br> recommend no changes. First of all we think the <br> reviews you're performing in the large group market <br> are more extensive than we typically see in many <br> states. Many states don't even have the authority to <br> review large group rates. And also the regulations <br> don't apply to large groups. So we kept that to <br> individual and small group. <br> The loss ratio test, our recommendation is <br> to require the test be met at the market segment level <br> and I guess there's not, the recommendation comes from the fact that the -- the recommendation comes from the <br> fact that both your new law that was just passed in the state, and the HHS regulations both require that it be at the marketed level. <br> However, if the test can be met for a given <br> filing, theoretically, theoretically if the test can <br> be met for all filings or all products that a carrier <br> has that comprise the market segment individually, <br> then theoretically the market segment level test is <br> met. So we're recommending that if, for that |
| :---: | :---: |
| what's the change in the rate from the -- <br> MS. BENDER: And conversely like you gave, where they underestimate, if the previous year they over estimated trends, so now all of a sudden maybe they're only going to get a 4 percent increase you may still warrant maybe the 4 percent isn't reasonable. If they used an unreasonable trend. And so that was another reasoning for applying it to all filings, not just the 10 percent threshold. <br> MS. TOMCZYK: Yeah. And again, well, the regulations address the rate increase and the reason, and they really focus on the reasonableness or unreasonableness of a rate increase, and this is my opinion, I think it really is, you know, are the rates reasonable in relation to the benefit. So that's the basis. <br> The other thing by having one standardized process it will allow the actuaries reviewing the filings to have more efficiencies. They won't get a filing on their desk and say, okay, now I have to look at this filing and I follow this process, or this filing is under 10 percent so I follow this other | particular filing, taking into consideration the credibility of that filing, so if it's a filing that only covers a small number of policyholders you may not want to implement this, but taking credibility into consideration, if they can meet it or demonstrate that it will be met at the filing level then we don't really think that there's the need to require the market segment level test. <br> The next set in relation to timing, we looked at the lead time that carriers are required to file prior to the effective date as well as the deemer periods or the time period that the administration has to conduct the reviews. And we found both that they were consistent with other states and in our opinion seemed to allow sufficient time, so we aren't recommending any changes to that, those issues. <br> But we did notice that, I want to get this one right, insurance carriers and non profits in the individual market have different requirements for notifying consumers of their rate increases than HMOs and in the small group market. So the requirement is that they be, consumers be notified 40 days prior to |


| the expiration of the grace period, which is 30 days, which essentially means technically they only have to notify consumers ten days before the effective date of the rate increase, which doesn't really allow a lot of time for consumers to shop if they're getting a large rate increase for other coverage. So we're recommending that you change it to be consistent with HMOs and that required in the small group market which is 45 days prior to the effective date of the rate increase. <br> With regard to filing requirements, we recommend you require all filings be submitted through SERFF. It's our understanding that SERFF has been reporting requirements that you're required to make to HHS. So again for efficiency purposes if they all come in through SERFF it's easier on your end to use that availability. <br> The rate filing checklist I already talked a little bit about, again, it's in Appendix D. And I guess I didn't touch on the fact that it would promote consistency in the data that's submitted, but again, getting as much of the data upfront will certainly | talk about later. So to the extent that you decide to implement our recommendations there, this would, by having all carriers submit this information with all filings would facilitate the implementation of those recommendations. So we'll talk more about that when we talk about the other report later. <br> Finally, these were kind of some other recommendations that didn't really fit together in any kind of grouping or classification. We talked extensively, Karen did, about the data from HSCRC and MHCC and our recommendation there is to continue to work with them and investigate what information is available, how you might be able to use that information. Our focus was not really on taking a very deep, deep dive into that data and looking at in very detail the analytical tools, but more to make an assessment as to what data is available and should, I guess should further consideration be given to it. <br> Pricing margins and other relevant factors, other relevant factors we're defining as I guess, anything that's not part of the loss ratio component, so with the 80 percent loss ratio it's that other |
| :---: | :---: |
| hopefully reduce the time required for the review and make it more efficient and such. <br> And reduce followup. <br> And in that checklist we identify certain <br> items that we're recommending the carriers be required to submit in Excel format. So premium membership claims information to facilitate the actuaries perhaps doing some of their own high level trend analysis or looking at the experience, as well as the carrier's trend analysis actually submitting that in Excel. So the actuaries can actually look at the formulas and form their own independent analysis on the appropriate, the appropriateness of the trend assumptions. <br> And we're also requiring, or recommending that all small group and individual filings include the Part I Preliminary, Part I Preliminary Justification Rate Summary Worksheet. Boy, that's difficult. <br> And really the driving force behind this recommendation is tied in great deal to our recommendations in the consumerism project that we'll | 20 percent, admin, risk profit, we're recommending that you consider including those, those items in your review. And again, some of them may require legislative changes. And Karen talked about the reporting that you're going to have to provide to HHS for each filing that you review that falls under that subject to review category. There will be many aspects of it, to our knowledge today there isn't, there hasn't been any kind of direction or instructions or guidance provided in terms of what has to be included, and certainly if anything comes out that needs to be considered, but absent that, there are probably some common aspects of every filing that, and information that you're going to report to HHS. And we've given some ideas or our thoughts on what that information might be that HHS is looking for. But to the extent that it can be standardized, again, going back to standardization and making it efficient, there's going to be a lot of additional work and that kind of leads into the, I won't skip over the pre-approved trends, but just touching on the next one on staffing needs, there's just going to be an |

increase in the volume of the workload so anything that can be done to make the process more efficient is a plus.

The pre-approved trend factors, our understanding is today that carriers are allowed to file for a trend factor that they can use to increment rates on a monthly basis for a period of 12 months. At which point when the 12th month arrives the rates are essentially locked in until additional rates are filed, an additional rate filing is submitted to support increasing rates further than that point. And we're recommending you continue that process, one, hopefully absent that you may see an increase in the volume of rate increases. And with the consideration that in coming up with that pre-approved trend factor you may want to consider limiting it to that threshold that's used to determine whether a rate increase is deemed subject to review. So if that's 10 percent again for 2011, you may not want to approve a rating -- I'm sorry, a pre-approved trend factor that exceeds that amount because I'm not really sure how that would play in with causing a rate increase to exceed

10 percent at that point isn't being reviewed. So if a carrier thinks their trends are higher than 10 percent well then maybe you require them to file more than once a year. But put a cap on the pre-approved.

As far as staffing I mentioned that there is probably, or there will be, if all of these, again, it will be dependent on which of our recommendations ultimately are implemented, but if they were to all be implemented there would be a significant increase in the filings that are reviewed, the reviews themselves would become more detailed, someone would have to work with HSCRC and MHCC to investigate how their data could be used. The reporting that has to occur to HHS. So all of that will increase the workload and the need for staff.

And we went through and we kind of thought that just what we have here, and this is independent from the other report, because as we'll see later there will be independent, or additional staffing needs required there, but just for what falls under the scope of the rate review, we thought that would be
equivalent to one additional actuary and one
additional actuarial student.
And finally our last recommendation was to give consideration to developing a procedures manual. Once you decide on what the new process will be, to document it, it will promote consistency amongst different reviewers, especially if the staff grows and you have more people performing the reviews. Efficiency and then training new staff, they'll have something that they can at least refer to on a regular basis until they get fully trained and implemented.

COMMISSIONER GOLDSMITH: Are you envisioning the actuarial student performing the role of an analyst? I thought I had seen an actuary and an analyst somewhere in your report?

MS. TOMCZYK: I don't recall if we used actuarial analyst, but I tend to think of an actuarial student or an actuarial analyst as someone who perhaps doesn't have their credentials so they haven't obtained the associateship in the business light of the actuaries. Not really being a person who is making a final decision on a rate filing. But maybe
doing some of the work, for example, in putting together the reporting to, that gets submitted to HHS. They can certainly do that under the guidance of the chief actuary and with peer review. So taking some of the, I don't know how to say it, the tasks that require less experience. Because there will be a lot of them, just in the reporting requirements and the consumer disclosure, some of -- some of that student, actuarial student or actuarial analyst position, I don't know that this, implementing these recommendations would fully require a person full-time -- it may. But they could also work to fulfill some of the additional tasks that are going to be required under the other report.

MS. BENDER: And certainly an analyst can support the actuary by doing certain portions of the review, such as ensuring consistency in the data between this particular filing and analogous data points or time periods in previous filings. Those kind of analysis to sort of identify certain issues for the actuary that's going to be performing the review. But we do not recommend that final decision

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be made by a non qualified actuary.
MS. TOMCZYK: Yeah.
And another example might be if the checklist were recommending as implemented the actuarial student with some training could perhaps go through an initial high level review of the filing and kind of go down the checklist and make the actuary aware, the actuary who is actually going to perform, be responsible for performing the review and forming the opinion, make them aware of which items aren't there and initially before, if there's a significant amount of missing information, before the actuary even starts reviewing it correspond with the company and say, hey, you have eight things on this list that you haven't provided, we're not even going to review it until you provide this information.
MS. BENDER: Was it somehow lost in transmission, or something, you know, I mean, stranger things have happened?
MS. TOMCZYK: So there are probably skills that are beyond what an administrative type person could do. But there are a lot of functions that could
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be performed by a student or an analyst that's not yet credentialed.

MS. BENDER: And part of the wild card too is this, you know, the trend benchmarks and work with HSCRC and MHCC, that's going to require someone with some experience. You know, and depending upon the resources that are going to be required to support that effort, that has to be at what I would say an actuarial -- not analyst level. They might be able to do some of the preliminary analysis, pulling the data or something like that but, you know, trying to get correlations or something like that, probably would have to be, somebody at a more senior level.

So again --
MS. TOMCZYK: I guess we'll open it up to any additional questions that you have.

COMMISSIONER GOLDSMITH: Do you have much?
DEPUTY COMMISSIONER SAMMIS: No.
CHIEF ACTUARY YU: No.
COMMISSIONER GOLDSMITH: I have just one,
I'm sensitive to wanting to give the court reporter a
break but I have just one I think additional question

I haven't asked yet. And that relates to the
administration's review of trend analysis. You had set out in your report on page 71 three options. And in your recommendations you chose what appeared to me anyway to be the least robust of the three options, in terms of the review that occurs at the Maryland Insurance Administration. And as I read the report it appeared to me that at least part of the thinking there was just based on the realities of staffing levels at the Maryland Insurance Administration and I wanted to confirm whether that was, whether that was the case?

MS. TOMCZYK: That was. But I will add in terms of robustness, if the, in the checklist one of our recommendations is to require the analysis be provided in Excel format. So the analysis or the review in that third option could be a little more robust as opposed to having paper copies or a PDF that shows the calculations, but you can't really dig into the formulas and calculations. So, but you're correct, the primary reason for that recommendation was staffing. If staffing were not an issue we would

## have selected item 1.

COMMISSIONER GOLDSMITH: All right. Thank you. If no one else has any questions, I want to thank you for what I think was a very thorough and helpful report. And presentation here today.

For those of you who are here today, the
slide deck is, if it's not already available it will
be sometime today on our website there will be a link to it so if you're interested in having a hard copy of the slide deck, both this one and the consumer information slide deck.

CHIEF ACTUARY YU: It's already posted.
COMMISSIONER GOLDSMITH: Okay. So it is now available on our website.

Why don't we take about ten minutes and then we will come back and hear first from these folks who have signed up in advance to provide comments here today. If there are additional people who are present who have not signed up, we're happy to hear from you as well if you'd like to provide some testimony at today's hearing. And once we've done that we'll see where we are and either break for lunch or move on to

| Page 74 | Page 76 |
| :---: | :---: |
| 1 the consumer information report. | 1 COMMISSIONER GOLDSMITH: Thank you, |
| 2 (Whereupon, there was a recess in the | 2 Mr. Robbins. |
| 3 proceedings.) | 3 Are there any questions for Mr. Robbins? |
| 4 COMMISSIONER GOLDSMITH: My break turned | 4 Thank you very much for being here. We |
| 5 into 20 minutes. I understand there's been some | 5 appreciate it. |
| 6 confusion in terms of access to the restroom but I'm | 6 MR. ROBBINS: Thank you. |
| 7 told there is no card swiping necessary, so the doors | 7 COMMISSIONER GOLDSMITH: Next we have |
| 8 are open and you need not worry about getting some | 8 Mr. Gene Ransom of MedChi. |
| 9 kind of pass to get in. If that hasn't become | 9 MR. RANSOM: Good morning. |
| 10 apparent already. | 10 COMMISSIONER GOLDSMITH: Good morning. |
| 11 In terms of public comment, we have three | 11 MR. RANSOM: My comments are brief and for |
| 12 people who have signed up in advance to provide public | 12 economy if it's okay I'll just make my comments for |
| 13 comment and we're taking those as I understand it on a | 13 both reports right now unless there is any objection |
| 14 first come first served basis. And the first of those | 14 to that. |
| 15 was Michael Robbins on behalf of the Maryland Hospital | 15 COMMISSIONER GOLDSMITH: I think that would |
| 16 Association. | 16 be fine. |
| 17 MR. ROBBINS: Good morning. I'm Mike | 17 MR. RANSOM: Okay. |
| 18 Robbins, I'm senior vice president with the Maryland | 18 First and foremost I want to commend the |
| 19 Hospital Association. I thank you for the opportunity | 19 insurance commission administration for using the |
| 20 to briefly comment since you have received my written | 20 opportunity to use these federal grants to provide |
| 21 comments already and they are part of the record. | 21 these two reports which I think are very helpful for |
| 22 We obviously spent a lot of time working | 22 the citizens of Maryland. And I also want to commend |
| Page 75 | Page 77 |
| 1 with the HSCRC and believe there is a wealth of | 1 you and applaud you for encouraging public |
| 2 information that is publicly available, available to | 2 participation and public comment throughout this |
| 3 the commission, to the insurance administration for | 3 regulatory process. |
| 4 reviewing at least the hospital trend portion or at | $4 \quad$ Our comments are mostly strongly supportive |
| 5 least the Maryland hospital trend portion of the | 5 of the second report which you're about to hear, |
| 6 premium rate requests that are before the insurance | 6 specifically we think the idea of the website adding |
| 7 administration. | 7 the health insurance rate under the consumer tabs, the |
| 8 We would just support the consultants | 8 consumer friendly summary of the rate filings, |
| 9 recommendations that you continue to look for ways to | 9 creating the brochures and somehow figuring out a way |
| 10 work with that information, both with the MHCC as well | 10 possibly to do the automated e-mails would be very |
| 11 as the HSCRC. We believe that there is some | 11 positive for our membership and for the patients they |
| 12 inconsistency between some of the premium trends we've | 12 serve in Maryland so they have a better understanding |
| 13 been seeing over the last few years and at least the | 13 of the process. I'm not going to read my entire |
| 14 hospital portion of the medical trend where we've been | 14 written testimony but I'm going to ask it be |
| 15 seeing very significantly single, low digit, single | 15 submitted, and I've turned in copies to staff as part |
| 16 declines in single digit trends in at least the | 16 of this hearing. |
| 17 hospital trend for the Maryland hospitals. And again, | 17 COMMISSIONER GOLDSMITH: Do you have a copy |
| 18 that's the total trend, there's a lot of information | 18 for the court reporter, sir? |
| 19 that you need beyond that. But we would just | 19 MR. RANSOM: Yeah. Sure. |
| 20 encourage and support those recommendations to | 20 COMMISSIONER GOLDSMITH: If we could mark |
| 21 continue to work with the HSCRC, and the MHCC on | 21 that as, that would be 8. |
| 22 getting additional information to help your process. | 22 |

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                    Page 78
(MIA HEARING Exhibit 8 was marked for identification and attached to the transcript.)
MR. RANSOM: Thank you very much. COMMISSIONER GOLDSMITH: Thank you, sir. And then Ms. Kimberly Robinson of the League of Life and Health Insurers of Maryland.
MS. ROBINSON: Good morning, Commissioner Goldsmith, and MIA staff.
COMMISSIONER GOLDSMITH: Good morning.
MS. ROBINSON: I'm Kimberly Robinson, Executive Director, of the League of Life and Health Insurers of Maryland, and thank you for the opportunity to comment today on the Oliver Wyman reports.
We appreciate the work that the MIA has done in this area, a very thorough review that you've commissioned in order to understand where Maryland stands for the rate review process. As we've heard in the presentation it's clear by the report Maryland currently has a very rigorous rate review process in place and it's to Maryland's credit that in order to meet the HHS guidelines there's very little that
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actually has to be added in. I'm going to make my comments a little bit brief today, we're probably going to submit these to you in writing before the June 30th closing deadline but there are a couple of things I'd just like to highlight for you today in terms of our response to the recommendations contained in the Wyman report.

As an over arching principle, the members of the Legal Life and Health Insurers of Maryland who represent a good chunk of Maryland's health market, both individual, small group and large group with very levels of market share believe that it's important that rate review remain a very technical and objective financial and actuarial process conducted by qualified actuaries because we feel that taking into account projected claims, expenses, and risk changes will allow that review to be the greatest consumer protection that you're going to be able to provide to Marylanders in our marketplace. And any recommendation that the MIA accepts we believe should be aimed at this consumer protection goal and you should keep an eye on making sure it does not have the
unintended consequence of reducing the efficiency or increasing the administrative burden upon carriers and therefore the cost of the process of filing here in the State of Maryland.

Most importantly we think that this first step for Maryland should be to be consistent with and not go beyond the requirements of HHS' final rule as it was published May 23rd, 2011. And therefore focus specifically on those changes necessary to meet those requirements put forth by HHS. To that end there are some recommendations contained in the report that do in fact exceed the final rule as published by HHS. And just to very briefly highlight what some of those recommendations are and why they do cause us some concern, they would include the recommendation that the preliminary justification summary Part 1 be filed for all rate filings, not just those that meet the 10 percent threshold. As well as the recommendation that the enhanced review be performed for both grandfathered and non grandfathered policies in the individual and small group market.

While I know it was described as being recommended to achieve some type of equity amongst Marylanders I look at it this way. The reason why we think Maryland should start at the point of what is required by the final rule is simply this. This is a new process for both the state and for carriers who are doing business across the country. HHS has set the 10 percent threshold and limited the review with regard to grandfathered versus non grandfathered plans after their own very thorough process and consideration of comments from interested parties. To go beyond that right now might just be a little premature in terms of our experience both for the administration and your actuarial staff who is getting their hands around what these new requirements are going to be and what the enhanced review is going to require, but also for the companies who are trying to accommodate new requirements on a 50 state basis. To give ourselves this first year as HHS is determining whether first of all, their threshold is even appropriate, might be a good time for us all to learn what it is we're doing and how it is we're going to do it before Maryland decides to go beyond what the
federal government has also prescribed. And so it is our recommendation that Maryland follow certainly what is in the HHS rule but be very thoughtful about whether or not to go beyond that point.

A couple of other points just very quickly, while we understand the recommendation to collaborate with HSCRC and MHCC, of course we heard also what the
limitations of that data may be so we understand and would encourage that to be a thoughtful process as well and one that you take your time with to understand the utility of the information in front of you.

Another point was the suggestion that you alter your authority to allow the law to follow more closely the law for non profit health service plans when it comes to the consideration of any other relevant factor within and outside of the state.

Looking from a national carrier perspective as opposed to companies who are currently subject to that portion of Maryland rate review law, many of those companies are not writing on a national basis. So I think for this segment of the industry trying to

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understand what that within and without, outside of the state would actually translate into is a slightly different consideration, is that our experience outside of the state what you'd be looking at how a plan is performing on a nationwide basis, are we looking at national trends and thresholds, for instance, medical CPI, that are tied to regional or national experience, particularly where some of those national trends are concerned, it is something that's discussed in the preamble to the HHS final rule. It was something that they cautioned taking into consideration and so trying to better understand how that type of a provision would be applied to plans who are operating on a national basis and what the consequence of that is is something that is certainly of concern to my members as well.

Lastly, there are the 12 factors that are enumerated within the HHS rule and in the Oliver Wyman report, the consultants did their best to try to explain what they believe HHS means by each of those 12 factors. The reality is HHS has not provided any guidance about what any one of those 12 factors
actually means to a rate review process. So they do not go on in the final rule to explain what they mean by over, underestimation of medical trend in previous years and how that should be considered in an actuarial review. We would also ask that the MIA, particularly to the over and under estimation of medical trend to the reserve needs, and to the other administrative cost bullets under that list to be very thoughtful about how those things would be applied. For instance, over under estimation of medical trend while may having some impact as a company needs to adjust their rates as they're going forward based on the fact that actual versus expected experience did not previously match up, we're also still, need to be sensitive to what the anticipated trend is going forward. So that historical look has some relevance but to be careful not to overweight the need to correct what is believed to be an over estimation from the past as we're also trying to deal with projected trends going forward.

So that it does not have the unintended consequence of harming a rate that's being approved going forward.

And so, the need to review what each of those bullets is going to mean for Maryland is something that we would be interested in further development and better understanding of how Maryland would look at each of those things as you are reviewing a rate.

And actually my very last comment is to the MLR issues, we appreciate in the Wyman report that they do acknowledge that the federal guidance for MLR is tied to market level and not product or individual filing. We support the MIA's change in the law most recently to follow that federal rule. And to focus on the MLR at market segment. We think that that is appropriate and important and was well considered by HHS as they developed their rule and believe that that is the appropriate way to deal with the MLR issues as they're discussed in the report.

With that I will submit the rest of the
comments in writing and answer any questions that you may have.

COMMISSIONER GOLDSMITH: Any questions for

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Ms. Robinson?
Thank you very much for being here. We appreciate your comments.
MS. ROBINSON: Thank you.
COMMISSIONER GOLDSMITH: Is there anyone else who is here who wanted to provide comments regarding the rate review process report?
Okay.
I'm good to go since we just took a break, if others agree I think we ought to move on to the consumer information report.
Why don't we go off the record for a few minutes.
(Whereupon, there was a discussion off the record.)
COMMISSIONER GOLDSMITH: We're back on the
record. And we're looking at a document now that I
believe we should mark as Exhibit 9, Recommendations
to the Commissioner on Information Provided to
Consumers, that's slide deck.
(MIA HEARING Exhibit 9 was marked for identification and attached to the transcript.)
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COMMISSIONER GOLDSMITH: Whenever you're ready.

MS. TOMCZYK: All right. This first slide just provides an overview again of our presentation. We've segmented the presentation into three areas, first the background research we conducted, some consumer focus groups that were conducted and then finally our recommendations.

So I'm going to start out with the background research. And as we all know, a little over a year ago the Affordable Care Act was past and when we hear about it we hear about accessibility and affordability but there is this component to it that deals with consumerism and transparent making the rate making process and rate review process more transparent to consumers. So there are a few aspects that I put up there, we put up there that specifically deal with this. The first that carriers have to submit justification, consumer friendly justification for the rate increases that exceed the threshold. And again, I'll keep referring to that as the 10 percent, or I forget the term Karen was using for it, trigger
level.
And the second is that the information has to be posted on HHS' website as well as the carrier's website. If the state has an effective rate review program in place, the state is also required to post the information on there, or make the information accessible on their website.

And then as part of the final regulations that weren't included in the draft regulations is the requirement that an effective rate review program allow or provide a mechanism to allow for public comment on the rate review program.

So given the objective that we were tasked with providing recommendations to the commissioner on information to be provided to consumers and the most efficient and effective manner in which that information should be provided, our first step was to look at what information is out there today. And we looked at both the Maryland Insurance Administration's website as well as brochures and other print information that was made available to us. And our understanding is that these brochures are provided at
a vast number of outreach events that occur, as well as placed in various public places such as the library or the Motor Vehicle Administration.

In reviewing this there were a couple of themes that we found in terms of the information that is available and the information that's not typically available today. The information that's available are general tips on purchasing insurance, how to file a complaint, how to appeal if you've had a denied claim. A listing of carriers that are licensed in the state to help consumers avoid purchasing a policy from what might potentially be a fraudulent insurer. Complaints that have been filed.

The information that we really didn't find much available today is information on the rate filing process, and review process as well as just general information on the rate development at a consumer friendly level, and actually I should say even at a more technical level I don't think we really found any of that information available today.

So for example, Maryland does not provide online access to rate filings as several other states





| that they purchase themselves, through their employer or whether they're uninsured. The Maryland population in general many more people who have insurance get it through their insurer than purchase it directly. But we did target a $50 / 50$ mix. We wanted to get a little more perspective from the people who are actually paying the entire cost out of their own pocket. They're the ones who, well I guess I'll just say that we tried to focus a little bit more on them. <br> They may be more sensitive to rate increases than those who are receiving it, the coverage through their employer where perhaps their employer is paying 80 percent of it. They're still going to absorb the rate increase but not to the same level. So that skewness I guess was intended. <br> The next one is by the carrier for those who did have insurance. Our source, it's showing up in yellow so you can't read it there, unfortunately. But the source that we had broke the current Maryland insurance market between Aetna, CareFirst, Kaiser, United and then all other. So that's why there is nothing in that last row for guardian because they | cross section. But again, we didn't have any comparable benchmarks to compare them to. So for these last two we're really just trying to ensure we had a cross section. <br> So now I'm going to turn it over to Karen to talk a little bit more about the topics that we discussed with the focus groups. <br> MS. BENDER: Again, one of the goals of having focus groups was essentially to establish what I would call a baseline of understanding of what the understanding is in the general public of the administration, the administration's role, the knowledge of rate making in general. What are the sources that consumers are currently using to get their information. And what are the sources that the consumers believe would be the most effective way and efficient way of getting information pertaining to rates and pertaining to rate increases. And information regarding rate making in general. <br> Actually it was a very interesting process. <br> I will say. Getting feedback from the consumers was very enlightening. |
| :---: | :---: |
| fell in the all other so we didn't have a true apples to apples comparison. But in general CareFirst is the dominant carrier, it was the most prevalent carrier in our sample. And likewise for the unknown we didn't have any information because it was unknown. <br> So in general the distribution is relatively consistent with the population in general. <br> These last two slides we couldn't locate any comparable Maryland specific information to compare to. This one is by group size amongst the small employers. It does show that there is a reasonable distribution. We didn't get all two to ten employers or all employer groups that were closer to 50 . So there was a broad cross section. <br> And then the last one is by, again, amongst the small employers we asked each of the representatives from the small employers to indicate what percentage of the premium they contribute toward their employees' health care. <br> A And again a broad range, ranging from 50 percent of the premium to the entire premium, to a flat defined contribution dollar so again a nice broad | One of the things that we learned is that <br> the administration is not well-known to consumers in spite of what I would call tremendous outreach efforts. If we asked -- we put MIA up on the board and no one got the right acronym, let's just put it that way, you know. <br> A couple of -- step back. <br> The small employers were more cognizant that there was either, they might call it a commission, or the commissioner of insurance as opposed to definitely, you know, the administration, but they were more cognizant that the entity existed and that the entity had a role in the rate making process. But on the individual, what we refer to as the consumer groups there really was not a lot of awareness of the resources that are currently made available to the consumers through the administration. <br> The other thing that we discovered is small employers rely tremendously on their brokers. And as we go through some of the succeeding slides, they would often say, well, yeah, I think this information should be made available, I'm not going to look at it, |


| but I want my broker to look at it. Because I have a business to run and anything to do with insurance I hand over to my broker, that's what I'm paying him to do. So that was rather enlightening as well. <br> And for individuals almost everyone agreed that the internet is the best way and most efficient way to post information. And that, that the most effective way for the administration to communicate pertaining to issues regarding rate filings, especially time sensitive information. And that the internet should be the primary source. <br> Quite frankly we had some mixed reactions on how the information would be used. We asked them, would you really look at it? It was less heartening shall we say. We had probably, most of the individuals said they probably wouldn't look at it. And that they were not sure if they would really access this information or not. But again, the employers wanted their brokers to have access to the information. <br> But generally we discovered that employers <br> and consumers both, that they were not aware of how | considered non confidential, that's really what I would consider a legal issue. And not an actuarial issue. <br> We would recommend posting the consumer, what we call the consumer friendly summary of rate filings, and obviously, again, you have to post the Part I one for the rate increases that trigger the threshold. In our other report we're recommending that all carriers file this particular form for all rate filings, we would then suggest that that form be made available on the website. <br> Notification of an approved premium rate increase, the first point is consistent with the recommendations that we made in the previous report regarding just getting consistency across all types of carriers regarding the advanced notice. And then also that we post a consumer, what we call consumer friendly summary of the administration's decisions on its website for each filing review. Again, for the filings that are 10 percent or more right now, the administration is going to have to post their, or report to HHS the results of their analysis. We just |
| :---: | :---: |
| rates are developed, how rates are reviewed, or the <br> administration's role in the review process currently or obviously then any enhanced reforms. <br> Now we're going to go to our <br> recommendations. And one of the first things that we would recommend is that the administration develop a separate area dedicated to health insurance rates. And I should probably say health insurance rate filings would probably be a better technical term there. <br> So that consumers have access to this information. <br> And now I think that the final regs require <br> that at least for those rate filings that are over <br> 10 percent or more that somewhere on the <br> administration's website at least there has to be a <br> link or something to HHS website so that consumers can get that information. <br> We also recommend that the non confidential <br> portions of the rate filings be included on this <br> administration website. We are not making any <br> recommendation as to what should or should not be | extended this to say, post the results of your analysis for all rate filings. <br> And then we would say that we would, we would urge the administration to research the IT costs associated with enabling consumers to subscribe to receive automated e-mails, now consistent with what Tammy was referring to in the previous slides that that is available in some states. We have no idea as to the cost associated with that. And that might be, you're really going to have to do a cost benefit analysis of that. Especially in light of at least the consumer feedback that we got, maybe something else would be to maybe broaden that consumer research to see if this is something that consumers would use. <br> COMMISSIONER GOLDSMITH: Broaden in terms of additional focus groups, increase the number of people -- <br> MS. BENDER: Either additional focus groups, other surveys. This is not exactly my area of expertise, how to do that kind, but, yes -- especially if the IT costs are great. Now if the IT costs, I don't know anything about IT, if it's just flipping a |



[^1]
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they have not been as effective as one would hope to be.

Also, again, to assess the available IT resources to determine if increased needs can be met with the current staff, and what we're talking about is current staff in both places. What I would call the consumer support division as well as the actuarial division. Because there's positives and negatives about increasing consumer transparency. When you increase consumer transparency you can also expect to increase consumer questions. And so there's probably going to be more questions regarding maybe rate making in general, but probably specifically related, or more specifically related to a particular rate filing as that process works its way through. Or why is my rate, I got a rate increase, why is my rate different from what the rate increase that was put out on the website, and there's lots, that's one of the papers, it's in one of these exhibits that we did is why is my rate increase different than what was published. But, you know, I would suspect that there are going to be lots more questions.

COMMISSIONER GOLDSMITH: What was published
meaning the average rate increase? Why is an
individual insured's rate increase greater than the --
MS. BENDER: Absolutely, yeah, the average rate increase, absolutely.

And then just assess the additional staffing
needs to support consumer transparency as well.
And that was the conclusions for, or that
concludes our presentation for the consumer transparencies portion of our paper. Of the papers.

COMMISSIONER GOLDSMITH: Any questions?
ASSOCIATE COMMISSIONER HATCHETTE: Question
for you. On your Appendix I you sort of developed the
format of FAQs to basically put static information.
Oregon sort of has three different approaches, it has
FAQs sort of a list that goes into a lot of detail and
then something that's very visual for the consumer.
Based on your information that you received from the
focus group, do you think one is better than the
other? Or do you need some type, maybe all three to
reach different types of consumers?
MS. BENDER: That's a good question. some information, it's not going to directly answer your question.

We had three different pieces of information, print information that we presented, or had the moderator present to the focus groups to comment on. And one of them was a sample of this rate filing decision summary, the summary that the actuary, the actuaries would develop which would be posted out explaining the process they went through and how they came to their decision.

We had one that was more narrative. And one that was more numerical with tables and charts. And we presented both of them to the focus groups. And we mixed it up, some saw the narrative first, and then the one that had table data and table format second. And other groups saw them in the reverse order and every single time the one that was shown second was the one that they stated was more, more efficient and understandable. Our suspicion is part of that was due to the fact that they were shown the first one, there
was some discussion and when they were looking at the second one they already had some idea of the content in it. So somewhat biased perhaps.

But I guess I just share that with you and I know, Joy, you were at some of these and observed this, but there probably is to some extent a different desire in how to communicate to different individuals. But again, I don't know that we can directly answer your question specifically.

MS. BENDER: I know that some people don't really want to read a lot on any website. So to the extent that some of this can be converted into a more visual, quite frankly, actuaries probably are not the best profession to do that. You know, I'll admit my own failing -- I'm really good at numbers, but this probably is stretching. So I would definitely say that might be something that you would want to consider, that is something that we did see, and I think that's, you know, some people like the pie graphs better than the other things.

The problem is this particular one that you refer to, how the administration reviews requests for
rate increases, boy, this is just not the most interesting, I don't think it's going to make the top ten no matter what we do here, it's pretty dry. It's important, but -- so anything you can do to make it lively God bless you. I think it will, you know, it's three pages, it's probably at the limit, absolutely at the limit. And this is not based upon my experience as an actuary outside because I do not proclaim to be, the actuarial profession is just not really our, you know, maybe our expertise as far as the limitations and things. I'm just speaking for myself a lot of times. And the input though that we got back from the focus groups. We could tell that there really was sort of a a limit as to concentration shall we say for these topics. And, you know, for people who aren't in the business, they have real lives and they have real jobs, and this is, this jargon is very specific to, you know, rate reviews, it's almost like a foreign language. And so it's not easy stuff. To do. So I think that that might be something you want, like I said, anything, different colors, I don't know, get a graphic artist or something, I don't know,

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anything that you can do to make it more palatable.
MS. TOMCZYK: And we did in Appendix E which is that rate filing decision, this again was the one where they saw the two versions, one first and one second, and I neglected to say that at the very end they did comment that there were positive features to both. So our revised recommendation is really a merger of the two. And on page 71, and unfortunately we don't have it on that computer, we show in numerical format a table of a breakdown of the rate increase between, or the rate between claim, cost, profit and administration, administrative expenses and then a pie chart too. So this was designed such that if that Part I preliminary justification worksheet is obtained for all filings, feasibly with -- you could design a tool such that that could be the input and it could develop this, a majority of this. There's still going to be the portion that's unique to the filing in terms of the actuary's decision on the outcome.

But it would populate both that table and this pie chart. So if you're a visual person you can see the pie chart that shows that roughly people.

MS. BENDER: Also, that HHS Form I feeds into, they have a, call it software, Excel sheets.

MS. TOMCZYK: I don't know too much about it. We've seen an example what the output was.

MS. BENDER: It's as exciting as you can probably make this stuff be. You know. I don't know if there's going to be, if you could use it for the non, or if it -- I don't know exactly how that's going to feed in. But that might be something too to consider, maybe we could ask the HHS brethren if they'd be willing to share that for the under 10 percent as well. But, yeah, this is -- this is tough stuff. And anything you can do to make it, like you say, more consumer friendly visually, anything else would certainly facilitate I think getting consumers more engaged.

DEPUTY COMMISSIONER SAMMIS: Maybe just this



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| :---: | :---: |
| 1 able to engage any part of our population who was not | 1 or not the carriers see it as being, you know, to what |
| 2 able to do so through internet portal without | 2 extent they would see it as being a reasonable |
| 3 necessarily needing to do it through a public hearing | 3 approach for them to post something on their internet |
| 4 and the time and resource commitment that a public | 4 site, or to give a notice to their, to the broker |
| 5 hearing itself would take. So we would just suggest | 5 community, for example, that they have filed a rate |
| 6 that while you're being thoughtful how to engage the | 6 increase with the Maryland Insurance Administration |
| 7 public you're also balancing those efficiency and | 7 and have obtained information. |
| 8 accessibility needs for both your staff and for the | 8 MS. ROBINSON: I'd be more than happy to |
| 9 insurance community. That's it. | 9 inquire with our membership and include a response in |
| 10 DEPUTY COMMISSIONER SAMMIS: And how would | 10 our comments by the end of next week. I do think part |
| 11 the consumer know? | 11 of that answer will be driven again by whether that |
| 12 MS. ROBINSON: Well, I think that's going to | 12 communication could happen electronically as opposed |
| 13 be the question even if you do a public hearing. | 13 to whether or not it's happening in paper. For |
| 14 There's still going to have to be someway to | 14 instance, if you're doing in a group marketing to a |
| 15 communicate that broadly. So whatever mechanism that | 15 broker who can then access electronically, it's |
| 16 you would envision to announce a public hearing would | 16 different than mailing a copy to every insured on your |
| 17 be perhaps the same method that you would use to | 17 books so those are the kind of things we'll take into |
| 18 announce that there was a filing available for review. | 18 consideration. |
| 19 The federal government does it when they do the review | 19 DEPUTY COMMISSIONER SAMMIS: But I do think |
| 20 of regulations, they often do that process by paper, | 20 the companies even on the individual side are |
| 21 they also do it now electronically. But there are | 21 beginning to collect e-mail addresses. |
| 22 places in our state where we routinely announce things | 22 MS. ROBINSON: And again, because you can do |
| Page 135 | Page 137 |
| 1 in print. The balance has to be between the | 1 it electronically. |
| 2 timeliness of the comments which I do believe is part | 2 COMMISSIONER GOLDSMITH: Right. |
| 3 of why the consultants had even recommended the | 3 MS. ROBINSON: Rather than by paper and |
| 4 internet as the appropriate place because it does | 4 mailing, you know, postage has come into the costs |
| 5 allow things to move a little bit more quickly to let | 5 these days. |
| 6 the filings get through their process efficiently so | 6 COMMISSIONER GOLDSMITH: Anything else? |
| 7 things are not delayed. Anytime you're taking it | 7 Thank you very much, Ms. Robinson, for your |
| 8 offline you're going to slow that down some. But the | 8 comments. |
| 9 Maryland Register, Hearing Scheduler, there are plenty | 9 Anyone else who is here who hasn't signed up |
| 10 of other places where things can be announced without | 10 but would like to comment on the consumer information |
| 11 necessarily the need for a hearing. | 11 aspect of the reports? |
| 12 DEPUTY COMMISSIONER SAMMIS: If I remember, | 12 Well then I believe that concludes our |
| 13 I can't remember if it was in the focus groups that | 13 proceeding. I want to thank everyone for your input, |
| 14 Oliver Wyman did, or something that some of the other | 14 both here today and in writing. |
| 15 consumer groups or focus groups that I looked at for | 15 And we will consider it all as a part of the |
| 16 different projects, maybe even HHS, I can't remember, | 16 record in this proceeding in coming to our conclusions |
| 17 but there was some discussion about the carriers being | 17 about moving forward. |
| 18 required to provide a notice to consumers that they | 18 Thank you. Thank you for coming. |
| 19 have filed a rate increase. So I don't think it's | 19 (Whereupon, the hearing concluded at 1:00 |
| 20 fair to ask you today because you haven't had time to | 20 o'clock p.m.) |
| 21 talk to your companies, but maybe it's a thing to get | 21 |
| 22 back to us about at some point in time about whether | 22 |

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CERTIFICATE OF SHORTHAND REPORTER - NOTARY PUBLIC
    I, DARLENE S. TRAFICANTE, Registered
Professional Reporter, Certified Shorthand Reporter
and Notary Public, the officer before whom the
foregoing public hearing was taken, do hereby certify
that the foregoing transcript is a true and correct
record of the testimony given; that said testimony was
taken by me stenographically and thereafter reduced to
typewriting under my supervision; and that I am
neither counsel for or related to, nor employed by any
of the parties to this case and have no interest,
financial or otherwise, in its outcome.
    IN WITNESS WHEREOF, I have hereunto set my
hand and affixed my notarial seal this 23rd day of
June 2011.
    My commission expires:
    July 25, 2011
NOTARY PUBLIC IN AND FOR THE
STATE OF MARYLAND
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    I think when this first started this was all under HHS.

    The threshold of 10 percent is for 2011. Beginning in 2012 that threshold can change and HHS can change that threshold and they can change it to vary by state, or they may not vary by state. But they will communicate July 1st what the threshold is going to be for each of the states for this September 1st effective data cap. And so thereafter each June 1st they'll communicate for the effective 12-month period going forward for the following September.

    So what must be included in the, for rate filing subject to review. HHS has identified two types of information that must be submitted to HHS for all rate filings equal to or exceeding that trigger point. It does not matter whether you're in a state that has an effective rate review program or not. Part I and Part II must be submitted to HHS. And Part I is a prescribed form and with a prescribed Excel sheet that must be filled in with the required information.

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    how a rate is developed, you know, what is the process. So they would need to -- they wouldn't have to be updated often, they might have to be updated periodically for changes.

    MS. TOMCZYK: I was just going to say they're not specific to a rate filing.

    MS. BENDER: Right.
    MS. TOMCZYK: They're more general.
    MS. BENDER: Very, very, very general.
    MS. TOMCZYK: Rate making, rate review type.
    MS. BENDER: As opposed to a specific rate filing which obviously is very time sensitive.

    We would say to continue to include the brochures in places at the locations frequented by consumers and distributed at outreach appearances. But we would also urge maybe the administration to reassess some of the current outreach programs.

    We were provided all the outreach programs that are being done right now, I mean, the administration is devoting a tremendous amount of resources in outreach programs. And it must be rather discouraging that at least based upon our focus groups

