

October 18, 2016

Nancy Grodin  
Deputy Insurance Commissioner  
Maryland Insurance Administration  
2000 St. Paul Place, Suite 2700  
Baltimore, Maryland 21202

Dear Deputy Commissioner Grodin:

On behalf of the Drug Policy Clinic, University of Maryland Carey School of Law Clinical Law Program, I am writing to provide an updated version of the previously submitted, Fifty-State Survey: Network Adequacy Quantitative Standards, and a summary of survey results regarding state Opioid Treatment Program participation in the CareFirst/Magellan network. I referenced the OTP survey in my testimony at the MIA's October 6, 2016 Network Adequacy hearing.

#### **A. Updated Fifty-State Survey: Network Adequacy Quantitative Standards**

We have updated the fifty-state survey, previously submitted to the MIA on August 25, 2016, to provide a cover sheet that summarizes the state law standards set out in the chart and insert the quantitative network standards for Medicare Advantage plans, Federally Facilitated Exchange plans and the National Committee for Quality Assurance (NCQA) standards. In addition, we have removed the Rhode Island information, as it does not provide quantitative standards in the three targeted metrics: wait time, distance and travel time, and provider-patient ratios. We request that the MIA use the updated survey going forward.

#### **B. Opioid Treatment Program Survey: CareFirst/Magellan Outreach and Program Participation in Network**

At two separate MIA network adequacy hearings, CareFirst's Vice President for Government Affairs, Deborah Rivkin, testified about efforts by Magellan, its behavioral health managed care organization, to contract with Opioid Treatment Programs (OTPs) as network providers. Ms. Rivkin testified that, in an effort to expand its provider network, Magellan reached out to forty (40) OTPs to determine their interest in contracting as a network provider. She reported that eight (8) OTPs responded and four (4) programs ultimately entered a contract with Magellan. Ms. Rivkin also stated that OTPs are not entering networks because they are not equipped to bill for their services.

In response to this testimony, the Drug Policy Clinic sought to learn more from the State's OTPs about their interaction with Magellan and their interest in joining the CareFirst/Magellan network. The Clinic strongly believes that community-based treatment programs should join

carrier networks in order to serve patients who have private insurance. Network participation by OTPs is particularly important because these are the only entities that are authorized under federal law to provide methadone treatment for an opioid use disorder.

From mid-August through September, the Drug Policy Clinic conducted a brief survey of licensed OTPs in Maryland to ascertain whether they had been contacted by Magellan and, if so, whether they had responded and the outcome of those discussions. For those not contacted by Magellan, we sought to determine whether they were interested in contracting and whether they were a part of any other carrier network. We obtained the list of all licensed OTPs from the Department of Health and Mental Hygiene's Behavioral Health Administration and sent the survey (via Survey Monkey) to 72 of the State's 77 OTPs.<sup>1</sup> We excluded four (4) OTPs that are located in correctional facilities and one (1) OTP that is run by the Veteran's Administration.

Twenty-seven (27) of the 72 programs responded to the survey – a 35% response rate.<sup>2</sup> The respondents are from fourteen jurisdictions around the state: Allegany County, Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Cecil County, Frederick County, Harford County, Montgomery County, Prince George's County, St. Mary's County, Talbot County, Washington County and Wicomico County. The key responses are as follows.

- 5 OTPs reported that they are in the CareFirst network: 3 had joined the network prior to 2014, and 2 joined in 2016.
- 24 answered the question – “Did Magellan contact you about becoming a network provider for its private health insurance plans.”
  - 19 (80%) responded No (they had not been contacted)
  - 5 (20%) responded Yes (they had been contacted).
- Of the 5 OTPs that were contacted, 1 responded to Magellan's outreach, but indicated that it did not enter a contract because the rates were too low.
- For the 4 OTPs that did not respond, the survey asked the reason for not doing so.<sup>3</sup>
  - 1 stated that its patient population does not have private insurance.
  - 2 were not ready to join a private insurance network.
  - 1 stated other administrative reasons.

Equally important were the responses from the 19 OTPs that had not been contacted by Magellan. Eighteen (18) responded to the question, “Are you interested in becoming a network provider with CareFirst/Magellan.” **17 OTPs (95%) responded Yes, and 1 responded No.** Of

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<sup>1</sup> The survey was sent out August 16, August 26 and September 22, 2016.

<sup>2</sup> Among the OTPs that did not respond are four (4) hospital-based programs and an OTP with nine (9) separate locations. The community-based OTP reported in a separate communication that it has been a CareFirst network provider since 2014. The 35% response rate does not include the hospital-based programs or this multi-site OTP.

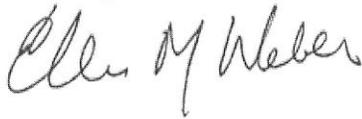
<sup>3</sup> The response options were: (1) Patient population does not have private insurance; (2) Not ready to join a private insurance network; (3) Program is a network provider with other private insurance plans; (4) Other program priorities; (5) Program does not have billing capacity; and (6) Program does not have time to do the credentialing process.

those 17 OTPs, 8 indicated that they are in other carrier networks, and 9 indicated that they are not. While confirming responses for several OTPs, we learned that 3 OTPs that had not been contacted by Magellan had begun contract negotiations independently. These programs are now either a network provider or in the contracting process. Finally, at the request of eight OTPs that indicated their interest in contracting with CareFirst, I have shared their names and contact information with Ms. Rivkin, along with the survey results.

The survey data demonstrate that OTPs around the state currently participate in carrier networks and are interested in joining the CareFirst network. While the development of quantitative network adequacy metrics should not be sidetracked by provider contracting issues, the data suggest that community-based drug treatment programs are ready, willing and able to participate in carrier networks as long as carriers provide for fair, Parity Act compliant credentialing practices and offer contracts with appropriate reimbursement rates and other terms. Over time, we expect additional providers will join those ranks.

Thank you for your consideration. I am happy to answer any questions you may have.

Sincerely,

A handwritten signature in cursive script that reads "Ellen M. Weber".

Ellen Weber  
Professor of Law

Attachment: Fifty-State Survey: Network Adequacy Quantitative Standards

# Fifty-State Survey

## Network Adequacy Quantitative Standards: Geographic Criteria, Appointment Wait Times & Provider/Enrollee Ratios Current through August 2016

### Quantitative Standards in Commercial Insurance Plans:

- Twenty-three (23) states and Medicare Advantage have adopted one or more of the quantitative standards included in this survey to measure network adequacy in commercial insurance plans: Alabama (HMO), Arizona, Arkansas, California, Colorado, Delaware, Florida (HMO), Kentucky, Louisiana, Maine, Minnesota, Missouri (HMO), Montana, Nevada (FFM), New Hampshire, New Jersey, New Mexico, New York, Pennsylvania, Tennessee, Texas (HMO & PPO), Vermont, and Washington.
  - Nevada requires health plans to meet Federally-Facilitated Marketplaces (FFM) standards issued by CMS.
- Five (5) states require health plans to meet NCQA and/or other national accreditation standards:<sup>1</sup> Connecticut, Idaho, Indiana (HMO), Louisiana and New Hampshire (for wait time standards).
- An additional six (6) states have adopted quantitative standards to measure network adequacy for emergency services only: Michigan, Mississippi, Nebraska, North Dakota (HMO), South Dakota, and Virginia (HMO).

### Appointment Wait Times:

- Twelve (12) states have established appointment wait time standards: Arizona, California, Colorado, Florida (HMO), Maine, Missouri (HMO), Montana, New Jersey, New Mexico, Texas (HMO & PPO), Vermont, and Washington.
  - Five (5) states have specific wait time standards for mental health and substance use disorder providers: California, Colorado, Maine, Texas (HMO and PPO), and Vermont.
  - An additional five (5) states require that plans satisfy NCQA appointment time standards for mental health and substance use disorder health visits: Connecticut, Idaho, Indiana (HMO), Louisiana, and New Hampshire.
- Eleven (11) states have adopted both wait time and geographic standards: Arizona, California, Colorado, Florida (HMO), Missouri (HMO), Montana, New Jersey, New Mexico, Texas (HMO & PPO), Vermont, and Washington.

### Geographic Standards:

- Twenty-one (21) states have adopted or require geographic standards of network adequacy: Alabama (HMO), Arizona, Arkansas, California, Colorado, Delaware, Florida (HMO), Kentucky, Minnesota, Missouri (HMO), Montana, Nevada (FFM), New Hampshire, New Jersey, New Mexico, New York, Pennsylvania, Tennessee, Texas (HMO & PPO), Vermont, and Washington.

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<sup>1</sup> NCQA requires carriers to establish quantitative standards to measure the availability and accessibility of primary care and specialty care. Carriers may also determine which medical specialties are subject to these quantitative standards. NCQA has established appointment wait time standards for behavioral health care.

- Eleven (11) states and Medicare Advantage have adopted or require geographic standards that account for population density: Arizona, Colorado, Delaware, Kentucky, Missouri (HMO), Nevada (FFM), New Mexico, New York, Pennsylvania, Texas (PPO), and Washington.
  - Colorado and Nevada (FFM) have adopted the population categories used by Medicare Advantage: Large Metro, Metro, Micro, Rural, and Counties with Extreme Access Considerations (CEAC).
- Twenty-one (21) states and Medicare Advantage have adopted or require time and/or distance criteria for their geographic standards.
  - Twelve (12) states have adopted or require both time and distance geographic requirements: Arizona, California, Kentucky, Minnesota, Nevada (FFM), New Hampshire, New Jersey, New Mexico, New York, Pennsylvania, Tennessee, and Washington.
  - Seven (7) states have adopted only distance requirements: Alabama (HMO), Arkansas, Colorado, Delaware, Missouri (HMO), Montana, and Texas (HMO & PPO).
  - Two (2) states have adopted only travel time requirements: Florida (HMO) and Vermont.
- Twenty (20) states and Medicare Advantage have adopted or require geographic criteria that vary by provider and/or facility-type: Alabama (HMO), Arizona, Arkansas, California, Colorado, Delaware, Florida (HMO), Kentucky, Minnesota, Missouri (HMO), Montana, Nevada (FFM), New Hampshire, New Jersey, New Mexico, New York, Tennessee, Texas (HMO & PPO), Vermont, and Washington.
  - Ten (10) states and Medicare Advantage have adopted or require geographic criteria specific to mental health and substance use disorder providers: California, Colorado, Delaware, Minnesota, Missouri (HMO), Nevada (FFM), New Hampshire, New Jersey, Vermont, and Washington.
- Six (6) states require a targeted percentage of members (90% unless otherwise designated) whose geographic access must meet the designated services: Nevada (FFM), New Hampshire, New Jersey, New Mexico, Pennsylvania, and Washington (80%).

**Provider/Enrollee Ratio or Minimum Number of Providers:**

- Nine (9) states and Medicare Advantage have adopted provider/enrollee ratios or a standard to determine the minimum number of providers available: California, Colorado, Delaware, Maine, Montana, New Jersey, New Mexico, New York, and Washington.
- Four (4) states require plans to meet the NCOA and/or other national accreditation requirement to measure the provider/enrollee ratio: Connecticut, Idaho, Indiana (HMO), and Louisiana.

*This survey was prepared by Martha Marr, Drug Policy Clinic, University of Maryland Carey School of Law, under the supervision of Ellen Weber. For additional information, please contact Ellen Weber at [eweber@law.umaryland.edu](mailto:eweber@law.umaryland.edu).*

State <sup>2</sup>	Source	Geographic Criteria <sup>3</sup>	Appointment Wait Times	Provider/Enrollee Ratio
<b>Alabama</b> <i>(Standards apply to Health Maintenance Organizations)</i>	ALA. ADMIN. CODE R. 420-5-6-.06 (1999)	<ul style="list-style-type: none"> <li>The distance from the health maintenance organization's geographic service area boundary to the nearest primary care delivery site and the nearest institutional service site shall be a radius of no more than 30 miles.</li> <li>Frequently utilized specialty services shall be within a radius of no more than 60 miles.</li> </ul>	<ul style="list-style-type: none"> <li>Providers must have policies regarding emergency telephone consultation on a 24-hour per day, 7-day per week basis including qualified physician coverage for emergency services.</li> </ul>	<ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul>
<b>Arizona</b> <i>(Standards apply to Health Care Service Organizations)</i>	ARIZ. ADMIN. CODE § R20-6-1901 to 20-6-1921 (2005); Regulatory Bulletin 2006-07 (2006) <sup>4</sup>	<ul style="list-style-type: none"> <li>HCSO may require an enrollee to travel a greater distance in-area to obtain covered services from a contracted provider than the enrollee would have to travel to obtain equivalent services from a non-contracted provider, except where a network exception is medically necessary.</li> <li><u>Urban areas</u>: 1. Primary care services from a contracted PCP located within 10 miles or 30 minutes of the enrollee's home; 2. High profile specialty care services from a contracted SCP located within 15 miles or 45 minutes of the enrollee's home; and 3. Inpatient care in a contracted general hospital, or contracted special hospital, within</li> </ul>	<ul style="list-style-type: none"> <li>Preventive care services from a contracted PCP, an appointment date within 60 days of the enrollee's request, or sooner if necessary, for the enrollee to be immunized on schedule.</li> <li>Routine-care services from a contracted PCP, an appointment date within 15 days of the enrollee's request or sooner if medically necessary.</li> <li>For specialty care services from a contracted SCP, an appointment date within 60 days of the enrollee's request or sooner if medically necessary.</li> <li>In-area urgent care services from a contracted provider 7 days per week.</li> </ul>	<ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul>

<sup>2</sup> States not identified have no quantitative standards for the network adequacy metrics included in this survey.

<sup>3</sup> Note that 3 states (Arizona, Arkansas, and New Hampshire) provide standards regarding the type, format, or level of detail required of maps that must be submitted to show compliance with geographic criteria.

<sup>4</sup> <https://insurance.az.gov/sites/default/files/documents/files/2006-07.pdf>

		<p>25 miles or 75 minutes of the enrollee's home.</p> <ul style="list-style-type: none"> <li>• <u>Suburban areas</u>: 1. Primary care from a contracted PCP located within 15 miles or 45 minutes of the enrollee's home; 2. High profile specialty care services from a contracted SPC within 20 miles or 60 minutes of the enrollee's home; and 3. Inpatient care in a contracted hospital, or a contracted special hospital within 30 miles or 90 minutes of the enrollee's home.</li> <li>• <u>Rural areas</u>: Primary care services from a contracted physician or practitioner within 30 miles or 90 minutes of the enrollee's home.</li> </ul>	<ul style="list-style-type: none"> <li>• Timely non-emergency inpatient care services from a contracted facility.</li> <li>• Timely services from a contracted physician or practitioner in a contracted facility including inpatient emergency care. Services from a contracted ancillary provider during normal business hours, or sooner if medically necessary.</li> </ul>	
<p><b>Arkansas</b> <i>(Standards apply to health benefit plans)</i></p>	<p>054-00 ARK. CODE R. §§ 077 (2014)</p>	<ul style="list-style-type: none"> <li>• Emergency services within a 30 mile radius of residence.</li> <li>• Primary care professional – at least one within 30 mile radius of residence.</li> <li>• Specialty care services within 60 mile radius of residence.</li> <li>• For QHPs: at least 1 essential community provider within a 30 mile radius of residence.</li> </ul>	<ul style="list-style-type: none"> <li>• Access to emergency services 24 hours per day, 7 days per week.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>
<p><b>California</b> <i>(Standards apply to health insurance policies)</i></p>	<p>CAL. CODE REGS. TIT. 10, § 2240.1 to 2240.15 (2016)</p>	<ul style="list-style-type: none"> <li>• Facilities used by providers to render health care services are located within reasonable proximity to the work places or the principal residences of the primary covered persons, are reasonably accessible by public transportation and are reasonably accessible, both</li> </ul>	<ul style="list-style-type: none"> <li>• Health care services available at least 40 hours per week, except for weeks including holidays. Such services shall be available until at least 10:00 p.m. at least one day per week or for at least four hours each Saturday, except for Saturdays falling on holidays.</li> </ul>	<ul style="list-style-type: none"> <li>• At least 1 full-time physician per 1,200 covered persons and at least the equivalent of 1 full-time primary care physician per 2,000 covered persons.</li> </ul>

		<p>physically and in terms of provision of service, to covered persons with disabilities.</p> <ul style="list-style-type: none"> <li>• Max travel time for PCP 30 minutes or max travel distance 15 miles from insured's residence or workplace.</li> <li>• Max travel time for specialists 60 minutes or max travel distance 30 miles from insured's residence or workplace.</li> <li>• Max travel time for MH/SUD professionals 30 minutes or max travel distance 15 miles from insured's residence or workplace.</li> <li>• Max travel time for hospital 30 minutes or max travel distance of 15 miles from insured's residence or workplace.</li> <li>• Networks for mountainous rural areas shall take into consideration typical patterns of winter road closures, so as to comply with access and timeliness standards throughout the calendar year.</li> </ul>	<ul style="list-style-type: none"> <li>• Emergency health care services are available and accessible within the service area at all times.</li> <li>• <u>Appointments meet the following timeframes:</u> <ul style="list-style-type: none"> <li>○ Urgent care appointments for services that do not require prior authorization: within 48 hours of the request for appointment,</li> <li>○ Urgent care appointments for services that require prior authorization: within 96 hours of the request for appointment</li> <li>○ Non-urgent appointments for primary care: within 10 business days of the request for appointment</li> <li>○ Non-urgent appointments with specialist physicians: within 15 business days of the request for appointment</li> <li>○ Non-urgent appointments with a non-physician mental health or substance use disorder provider: within 10 business days of the request for appointment</li> </ul> </li> <li>• Non-urgent appointments for ancillary services for the diagnosis or treatment of injury, illness, or other health condition: within 15 business days of the request for appointment.</li> </ul>	
<b>Colorado</b>	CO Bulletin No. B-4.89 (2016);	<ul style="list-style-type: none"> <li>• <u>Primary Care, OB/GYN, Pediatric Primary Care</u> <ul style="list-style-type: none"> <li>○ Large Metro – within 5 miles</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Emergency Care (Medical, Behavioral, Substance Abuse) – 24 hours per day, 7 days per</li> </ul>	<ul style="list-style-type: none"> <li>• 1:1000 for large metro, metro, and micro areas (primary care,</li> </ul>

<p><i>(Standards apply to health benefit plans)</i></p>	<p>CO Bulletin No. B-4.90 (2016); CO Bulletin No. B-4.91 (2016); CO Proposed Reg. 4-2-53 (2017)</p>	<ul style="list-style-type: none"> <li>○ Metro – within 10 miles</li> <li>○ Micro – within 20 miles</li> <li>○ Rural – within 30 miles</li> <li>○ CEAC - within 60 miles</li> <li>● <u>Mental Health and Substance Use Disorder (Licensed Clinical Social Worker, Psychiatrist, Psychologist)</u></li> <li>○ Large Metro –10 miles</li> <li>○ Metro – 30 miles</li> <li>○ Micro – 45 miles</li> <li>○ Rural – 60 miles</li> <li>○ CEAC – 100 miles</li> <li>● <u>Specialty Care (see specific specialty)</u></li> <li>○ Large Metro – ranges from 10 to 15 miles, based on specialty</li> <li>○ Metro – ranges from 20 to 40 miles, based on specialty</li> <li>○ Micro – ranges from 35 to 75 miles, based on specialty</li> <li>○ Rural – ranges from 60 to 90 miles, depending on specialty</li> <li>○ CEAC – ranges from 85 to 130 miles, depending on specialty</li> <li>● <u>Other Medical Providers (Includes other MH/SUD providers):</u></li> <li>○ Large Metro – within 15 miles</li> <li>○ Metro – within 40 miles</li> <li>○ Micro - within 75 miles</li> <li>○ Rural – within 90 miles</li> <li>○ CEAC – within 130 miles</li> <li>● <u>Facilities (see specific facility type)</u></li> <li>○ Large Metro – ranges from 5 to 15 miles, depending on facility type</li> <li>○ Metro – ranges from 10 to 45 miles, depending on facility type</li> </ul>	<p>week, with time-frame met 100% of the time</p> <ul style="list-style-type: none"> <li>● Urgent Care (Medical, Behavioral, Mental Health and Substance Abuse) - Within 24 hours, with time-frame met 100% of the time</li> <li>● Behavioral Health, Mental Health and Substance Abuse Care (Routine, non-urgent, non-emergency) - Within 7 calendar days, with timeframe met <math>\geq</math> 90% of the time.</li> <li>● PCP: Within 7 calendar days, with goal met <math>\geq</math> 90% of the time;</li> <li>● Prenatal Care: Within 7 calendar days, with goal met <math>\geq</math> 90% of the time;</li> <li>● Primary Care Access to after-hours care: Office number answered 24 hrs./ 7 days a week by answering service or instructions on how to reach a physician, with goal met <math>\geq</math> 90% of the time;</li> <li>● Preventive visit/well visits: Within 30 calendar days, with goal met <math>\geq</math> 90% of the time;</li> <li>● Specialty Care: Within 60 calendar days, with goal met <math>\geq</math> 90% of the time</li> </ul>	<p>pediatrics, OB/GYN, Mental health, behavioral health and SUD care providers)</p>
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		<ul style="list-style-type: none"> <li>○ Micro – ranges from 20 to 120 miles, depending on facility type</li> <li>○ Rural – ranges from 30 to 120 miles, depending on facility type</li> <li>○ CEAC – ranges from 60 to 140 miles, depending on facility type</li> <li>● <u>Other Facilities (see specific facility type):</u></li> <li>○ Large Metro – within 15 miles</li> <li>○ Metro – within 40 miles</li> <li>○ Micro - within 120 miles</li> <li>○ Rural – within 120 miles</li> <li>○ CEAC – within 140 miles</li> <li>● In some circumstances, access may require crossing of county or state lines.</li> </ul>		
<b>Connecticut</b> <i>(Standards apply to health insurance policies)</i>	2016 CONN. LEGIS. SERV. P.A. 16-205 (S.B. 433) (WEST) (2016)	<ul style="list-style-type: none"> <li>● Must maintain a network consistent with NCQA or URAC requirements.</li> </ul>	<ul style="list-style-type: none"> <li>● Must maintain a network consistent with NCQA or URAC requirements</li> <li>● Covered persons shall have access to emergency services 24 hours per day, 7 days per week.</li> </ul>	<ul style="list-style-type: none"> <li>● Must maintain a network consistent with NCQA or URAC requirements</li> </ul>
<b>Delaware</b> <i>(Separate standards apply to Managed Care Organizations and Qualified Health Plans)</i>	MCO: 18-1400-1403 DEL. CODE REGS. § 1.0 (2007); QHP: Delaware QHP Guidance Document <sup>5</sup> (2014)	<p>MCO:</p> <ul style="list-style-type: none"> <li>● No quantitative criteria provided.</li> </ul> <p>QHP:</p> <ul style="list-style-type: none"> <li>● PCP: 15 miles in Urban/Suburban area, 25 miles in rural area</li> <li>● OB/GYN: 15 miles in Urban/Suburban area, 25 miles in rural area</li> <li>● Pediatrician: 15 miles in Urban/Suburban area, 25 miles in rural area</li> </ul>	<p>MCO:</p> <ul style="list-style-type: none"> <li>● Health care services shall be available 24 hours per day and 7 days per week for urgent or emergency conditions.</li> </ul> <p>QHP:</p> <ul style="list-style-type: none"> <li>● No quantitative criteria provided.</li> </ul>	<p>MCO:</p> <ul style="list-style-type: none"> <li>● No quantitative criteria provided.</li> </ul> <p>QHP:</p> <ul style="list-style-type: none"> <li>● PCP: 1:2,000 patients.</li> <li>● Behavioral health practitioner or mid-level professional (licensed psychologists, psychiatric nurse specialists, Licensed</li> </ul>

<sup>5</sup> <http://dhss.delaware.gov/dhcc/files/ChooseDE.pdf>

		<ul style="list-style-type: none"> <li>• Specialty Care Providers: 35 miles in Urban/Suburban area, 45 miles in rural area</li> <li>• Behavioral Health/Mental Health/Substance Abuse Providers: 35 miles in Urban/Suburban area, 45 miles in rural area</li> <li>• Acute-care hospitals: 15 miles in Urban/Suburban area, 25 miles in rural area</li> <li>• Psychiatric hospitals: 35 miles in an Urban/Suburban area, 45 miles in a rural area</li> <li>• Dental: 35 miles in Urban/Suburban area; 45 miles in rural area</li> </ul>		<p>Clinical Social Workers, Licensed Professional Counselors of Mental Health, Licensed Marriage &amp; Family Therapists) supervised by an advanced-degree behavioral health practitioner: 1:2,000</p>
<p><b>Florida</b> <i>(Standards apply to Health Maintenance Organizations and Prepaid Health Clinics)</i></p>	<p>FLA. ADMIN. CODE ANN. R. 59A-12.006 (2003)</p>	<ul style="list-style-type: none"> <li>• Average travel time from the HMO geographic services area boundary to the nearest primary care delivery site and to the nearest general hospital no longer than 30 minutes under normal circumstances.</li> <li>• Average travel time from the HMO geographic services area boundary to the nearest provider of specialty physician services, ancillary services, specialty inpatient hospital services and all other health services of no longer than 60 minutes under normal circumstances.</li> </ul>	<ul style="list-style-type: none"> <li>• Emergencies will be seen immediately</li> <li>• Urgent cases will be seen within 24 hours;</li> <li>• Routine symptomatic cases will be seen within 2 weeks; and</li> <li>• Routine non-symptomatic cases will be seen as soon as possible.</li> <li>• Patients with appointments should have a professional evaluation within one hour of scheduled appointment time. If a delay is unavoidable, patient shall be informed and provided an alternative</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>
<p><b>Idaho</b> <i>(Standards apply to</i></p>	<p>IDAHO ADMIN. CODE R 41-3915 (2015); 2016 QHP Standards</p>	<ul style="list-style-type: none"> <li>• Carriers must meet NCQA, AAAHC or URAC standards.</li> </ul>	<ul style="list-style-type: none"> <li>• Carriers must meet NCQA, AAAHC or URAC standards.</li> </ul>	<ul style="list-style-type: none"> <li>• Carriers must meet NCQA, AAAHC or URAC standards.</li> </ul>

<i>Qualified Health Plans)</i>	Guidance Document <sup>6</sup>			
<b>Indiana</b> <i>(Standards apply to Health Maintenance Organizations)</i>	IND. CODE ANN. § 27-13-36-2 to IC 27-13-36-12 (Burns) (1999)	<ul style="list-style-type: none"> <li>• Must comply with standards developed by NCQA or a successor organization.</li> </ul>	<ul style="list-style-type: none"> <li>• Must comply with standards developed by NCQA or a successor organization.</li> </ul>	<ul style="list-style-type: none"> <li>• Must comply with standards developed by NCQA or a successor organization.</li> </ul>
<b>Kentucky</b> <i>(Standards apply to Qualified Health Plans and Managed Care Plans)</i>	KY. REV. STAT. § 304.17A-515 (West 2016); 900 KY. ADMIN. REGS. 10:010 (2015)	<ul style="list-style-type: none"> <li>• Urban areas: a provider network that is available to all persons enrolled in the plan within 30 miles or 30 minutes of each person's place of residence or work, to the extent that services are available; or</li> <li>• Non-urban areas: primary care physician services, hospital services, and pharmacy services within 30 minutes or 30 miles of each enrollee's place of residence or work, to the extent those services are available.</li> <li>• Non-urban areas: all other providers within 50 minutes or 50 miles of each enrollee's place of residence or work, to the extent those services are available.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>
<b>Louisiana</b> <i>(Standards apply to Health Benefit Plans)</i>	LA. REV. STAT. ANN. § 22:1019.2 (2013)	<ul style="list-style-type: none"> <li>• Carriers must meet standards for NCQA, American Accreditation Health Commission, Inc., or URAC accreditation.</li> </ul>	<ul style="list-style-type: none"> <li>• Carriers must meet standards for NCQA, American Accreditation Health Commission, Inc., or URAC accreditation.</li> <li>• Emergency services and ancillary emergency health care services</li> </ul>	<ul style="list-style-type: none"> <li>• Carriers must meet standards for NCQA, American Accreditation Health Commission, Inc., or URAC accreditation.</li> </ul>

<sup>6</sup> <http://doi.idaho.gov/Consumer/HCReform/2016QHPSStandardsforYHI215.pdf>

			shall be available 24 hours per day and 7 days per week.	<ul style="list-style-type: none"> <li>• PCP: minimum ratio of 1 full-time equivalent primary care provider to 2000 enrollees.</li> </ul>
<b>Maine</b> <i>(Standards apply to Health Maintenance Organizations, Managed Care Plans, and health plans)</i>	850 ME. CODE R. §02-031 (2012)	<ul style="list-style-type: none"> <li>• Carriers must define high-volume specialty care and behavioral health practitioners and establish quantifiable and measurable standards for the geographic distribution of each type of practitioner</li> </ul>	<ul style="list-style-type: none"> <li>• Behavioral Health: <ul style="list-style-type: none"> <li>○ Care for non-life-threatening emergencies within 6 hours;</li> <li>○ urgent care within 48 hours; and</li> <li>○ an appointment for a routine office visit within 10 business days</li> </ul> </li> <li>• Managed care plans must provide access to emergency services at all times.</li> </ul>	<ul style="list-style-type: none"> <li>• PCPs: 1:2000</li> <li>• Carriers must define high-volume specialty care and behavioral health practitioners and establish quantifiable and measurable standards for the number of each type of practitioner</li> </ul>
<b>Michigan</b> <i>(Standards apply to health insurance issuers, including Health Maintenance Organizations)</i>	MICH. COMP. LAWS SERV. § 500.221 (2016); Michigan Network Adequacy Guidance Document <sup>7</sup>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>• Services available and accessible to covered persons 24 hours a day and 7 days a week for the treatment of emergency episodes of illness or injury.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>
<b>Minnesota</b> <i>(Standards apply to health carriers)</i>	MINN. STAT. ANN. § 62K.10 (2013); MINN. STAT. ANN. § 62Q.19 (2013)	<ul style="list-style-type: none"> <li>• Primary care services, mental health services, and general hospital services: maximum travel distance or time shall be the lesser of 30 miles or 30 minutes to the nearest provider.</li> <li>• Specialty physician services, ancillary services, specialized hospital services, and all other health</li> </ul>	<ul style="list-style-type: none"> <li>• PCP services are available and accessible 24 hours per day, seven days per week, within the network area</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>

<sup>7</sup> [https://www.michigan.gov/documents/difs/Network\\_Adequacy\\_Guidelines\\_415418\\_7.pdf](https://www.michigan.gov/documents/difs/Network_Adequacy_Guidelines_415418_7.pdf)

		services: maximum travel distance or time shall be the lesser of 60 miles or 60 minutes to the nearest provider.		
<b>Mississippi</b> <i>(Standards apply to Managed Care Plans)</i>	MISS. ADMIN. CODE R. 19-3:14.05 (2014); MS Bulletin No. 2015-4 (MS INS BUL) (2015)	<ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>Emergency facility services shall provide access 24 hours/day and 7 days/week.</li> </ul>	<ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul>
<b>Missouri</b> <i>(Standards apply to Health Maintenance Organizations offering Managed Care Plans)</i>	MO. REV. STAT. § 354.603 (2007); MO. CODE REGS. ANN. tit. 20, § 400-7.095 (2007)	<ul style="list-style-type: none"> <li>PCPs: within 10 miles in urban areas; 20 miles in basic areas; 30 miles in rural areas</li> <li>OB/GYN: within 15 miles in urban areas; 30 miles in basic areas; 60 miles in rural areas</li> <li>Specialists: within 25 miles in urban areas; 50 miles in basic areas; 100 miles in rural areas</li> <li>Basic hospital, physical and speech therapy: 30 miles in urban, basic and rural areas</li> <li>Psychiatrist-Adult/General: within 15 miles in urban areas; 40 miles in basic areas; 80 miles in rural areas</li> <li>Psychiatrist-Child/Adolescent: within 22 miles in urban areas; 45 miles in basic areas; 90 miles in rural areas</li> <li>Psychologists/Other Therapists: within 10 miles in urban areas; 20 miles in basic areas; 40 miles in rural areas</li> </ul>	<ul style="list-style-type: none"> <li>Routine care, without symptoms— within 30 days from the time the enrollee contacts the provider;</li> <li>Routine care, with symptoms— within 5 business days from the time the enrollee contacts the provider;</li> <li>Urgent care for illnesses/injuries which require care immediately, but which do not constitute emergencies: within 24 hours from the time the enrollee contacts the provider;</li> <li>Emergency care—a provider or emergency care facility shall be available 24 hours per day, 7 days per week for enrollees who require emergency care;</li> <li>Obstetrical care—within 1 week for enrollees in the first or second trimester of pregnancy; within 3 days for enrollees in the third trimester. Emergency obstetrical</li> </ul>	<ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul>

		<ul style="list-style-type: none"> <li>• Inpatient mental health treatment facility: within 25 miles in urban areas; 40 miles in basic areas; 75 miles in rural areas</li> <li>• Ambulatory mental health treatment providers: within 15 miles in urban areas; 25 miles in basic areas; 45 miles in rural areas</li> <li>• Residential mental health treatment providers: within 20 miles in urban areas; 30 miles in basic areas; 50 miles in rural areas (Not full list) Exhibit A<sup>8</sup></li> </ul>	<p>care is subject to the same standards as emergency care, except that an obstetrician must be available 24 hours per day, 7 days per week for enrollees who require emergency obstetrical care; and</p> <ul style="list-style-type: none"> <li>• Mental health care – telephone access to licensed therapist shall be available 24 hours/day and 7 days/week.</li> </ul>	
<p><b>Montana</b> <i>(Standards apply to Managed Care Plans)</i></p>	<p>MONT. CODE ANN. § 33-36-201 (2003); MONT. ADMIN. R. 37.108.201 to 37.108.241 (2003)</p>	<ul style="list-style-type: none"> <li>• Carrier must have an adequate network of primary care providers; a hospital, critical access hospital, or medical assistance facility; and a pharmacy that is located within a 30 mile radius of each enrollee's residence or place of work, unless: <ul style="list-style-type: none"> <li>○ the usual and customary travel pattern of the general population within the service area to reach health care providers is further, and if the fact that the usual and customary travel pattern exists is documented by the health carrier; or</li> <li>○ the provider is available but does not meet the health carrier's reasonable credentialing requirements; and</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Emergency services must be available and accessible at all times;</li> <li>• Urgent care appointments must be available within 24 hours;</li> <li>• Non-urgent care with symptoms appointments must be available within 10 calendar days;</li> <li>• Immunization appointments must be available within 21 calendar days; and</li> <li>• Routine or preventive care appointments for must be available within 45 calendar days.</li> </ul>	<ul style="list-style-type: none"> <li>• Must include 1 mid-level PCP per 1,500 projected enrollees or 1 physician PCP per 2,500 projected enrollees.</li> </ul>

<sup>8</sup><https://1.next.westlaw.com/Document/N3CCEA04817E94397B6AFE13132B8D4AF/View/FullText.html?navigationPath=%2FRelatedInfo%2Fv1%2FkcCitingReferences%2Fnav%3FdocGuid%3DNCBA45B3049A111DB9A80B90E4B840C8B%26midlineIndex%3D24%26warningFlag%3DN%26planIcons%3DNO%26skipOutOfPlan%3DNO%26sort%3Ddatedesc%26category%3DkcCitingReferences%26origDocSource%3D45a534b8961245069c4697aa0cf40369&listSource=RelatedInfo&list=CitingReferences&rank=24&originContext=citingreferences&transitionType=CitingReferencesItem&contextData=%28sc.Default%29>

		<ul style="list-style-type: none"> <li>○ if no qualified provider for a service covered by the plan exists within a 30 mile radius of an enrollee's residence or place of work, the health carrier must document how covered services will be provided at no additional charge to enrollees through referrals to qualified providers outside the 30 mile radius.</li> <li>● At the time of initial selection or the renewal of a managed care plan, the maximum number of eligible employees residing and working outside the 30 mile radius of the primary place of work may not exceed the following: <ul style="list-style-type: none"> <li>○ for groups with 2 to 5 employees, 1;</li> <li>○ for groups with 6 to 15 employees, 2;</li> <li>○ for groups with 16 to 30 employees, 3, and</li> <li>○ for groups with 30 or more employees, 10% of the employees.</li> </ul> </li> </ul>		
<b>Nebraska</b> <i>(Standards apply to Managed Care Plans)</i>	NEB. REV. STAT. ANN § 44-7105 (1998)	<ul style="list-style-type: none"> <li>● No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>● Emergency facility services: access 24 hours per day, 7 days per week.</li> </ul>	<ul style="list-style-type: none"> <li>● No quantitative criteria provided.</li> </ul>
<b>Nevada</b> <i>(Standards apply to Health Benefit Plans)</i>	NEV. REV. STAT. § 57-687B.490 (2014); NEV. ADMIN. CODE § 687B.xxx(9) (2015)	<ul style="list-style-type: none"> <li>● Must meet the standards in the 2017 Letter to Issuers in the Federally-facilitated Marketplaces issued by CMS. That letter provides the following standards:</li> <li>● <u>Primary Care</u></li> </ul>	<ul style="list-style-type: none"> <li>● Must meet the standards in the 2017 Letter to Issuers in the Federally-facilitated Marketplaces issued by CMS. That letter does not provide quantitative standards.</li> </ul>	<ul style="list-style-type: none"> <li>● Must meet the standards in the 2017 Letter to Issuers in the Federally-facilitated Marketplaces issued by CMS. That letter does not provide quantitative standards.</li> </ul>

		<ul style="list-style-type: none"> <li>○ Large Metro – within 10 minutes/5 miles</li> <li>○ Metro – within 15 minutes/10 miles</li> <li>○ Micro – within 30 minutes/20 miles</li> <li>○ Rural – within 40 minutes/30 miles</li> <li>○ CEAC - within 70 minutes/60 miles</li> <li>● <u>Mental Health (Including Substance Use Disorder)</u></li> <li>○ Large Metro – within 20 minutes/10 miles</li> <li>○ Metro – within 45 minutes/30 miles</li> <li>○ Micro – within 60 minutes/45 miles</li> <li>○ Rural – within 75 minutes/60 miles</li> <li>○ CEAC – within 110 minutes/100 miles</li> <li>● <u>Other Specialty Care</u></li> <li>○ Large Metro – ranges from 20 to 30 minutes or 10 to 15 miles, based on specialty</li> <li>○ Metro – ranges from 45 to 60 minutes or 30 to 40 miles, based on specialty</li> <li>○ Micro – ranges from 60 to 100 minutes or 45 to 75 miles, based on specialty</li> <li>○ Rural – ranges from 75 to 110 minutes or 60 to 90 miles , depending on specialty</li> <li>○ CEAC – ranges from 110 to 145 minutes or 100 to 130 minutes, depending on specialty</li> <li>● Plans must provide access to at least one provider in each of the above-listed provider types for at least 90% of enrollees.</li> </ul>		
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<p><b>New Hampshire</b> <i>(Standards apply to Managed Care Plans)</i></p>	<p>N.H. CODE ADMIN. R. INS 2701.04 to 2701.10 (2010)</p>	<ul style="list-style-type: none"> <li>• PCPs: At least 2 open panel primary care providers within 15 miles or 40 minutes average driving time of at least 90 percent of the enrolled population within each county or hospital service area.</li> <li>• Key Specialists (list includes psychiatrists): Within 45 miles or 60 minutes travel time for at least 90 percent of the enrolled population within each county or hospital service area.</li> <li>• Pharmacy shall be 15 miles or 45 minutes travel time;</li> <li>• Provider of outpatient mental health services shall be 25 miles or 45 minutes travel time;</li> <li>• The travel time interval for the following list of services shall be 45 miles or 60 minutes <ul style="list-style-type: none"> <li>○ Licensed medical-surgical, pediatric, obstetrical and critical care services associated with acute care hospital services;</li> <li>○ Surgical facilities associated with acute care hospital services;</li> <li>○ General inpatient psychiatric;</li> <li>○ Emergency mental health provider;</li> <li>○ Short term care facility for involuntary psychiatric admissions;</li> <li>○ Short term care facility for substance abuse treatment; and</li> <li>○ Short term care facility for inpatient medical rehabilitation services.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Standard waiting times for appointments shall be measured from the initial request for an appointment and shall meet NCQA requirements.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>
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<p><b>New Jersey</b> <i>(Standards apply to Managed Care Plans)</i></p>	<p>N.J. ADMIN. CODE § 11:24A-4.10 (2011)</p>	<ul style="list-style-type: none"> <li>• PCPs – at least 2 within 10 miles or 30 minutes driving time or public transit time (if available), whichever is less, of 90 percent of the carrier's covered persons. Medical specialist access within 45 miles or one hour driving time, whichever is less, of 90 percent of covered persons within each county or approved sub-county service area.</li> <li>• Institutional providers - maintain geographic accessibility of the services subject to no less than the following: <ul style="list-style-type: none"> <li>○ At least one licensed acute care hospital with licensed medical-surgical, pediatric, obstetrical and critical care services in any county or service area that is no greater than 20 miles or 30 minutes driving time, whichever is less, from 90% covered persons within county/service area</li> <li>○ Surgical facilities, including acute care hospitals, licensed ambulatory surgical facilities, and/or Medicare-certified physician surgical practices available in each county or service area that are no greater than 20 miles or 30 minutes driving time, whichever is less, from 90% covered persons</li> <li>○ Specialized services available within 45 miles or 60 minutes average driving time, whichever is less, of 90 percent of covered persons within each county or service area:</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Emergencies shall be triaged immediately through the PCP or by a hospital emergency department through medical screening or evaluation;</li> <li>• Urgent care shall be provided within 24 hours of notification of the PCP or carrier; and</li> <li>• In both emergent and urgent care, PCPs shall be required to provide 24 hour per day, 7days per week access to triage services;</li> <li>• Routine appointments can be scheduled within at least 2 weeks; and</li> <li>• Routine physical exams can be scheduled within at least 4 months.</li> </ul>	<ul style="list-style-type: none"> <li>• The carrier shall demonstrate sufficiency of network PCPs to meet the adult, pediatric and primary ob/gyn needs of the current and/or projected number of covered persons by assuming:(1) 4 primary care visits per year per member, averaging one hour per year per member; and(2) 4 patient visits per hour per PCP. To demonstrate PCP availability, a carrier shall verify that the PCP has committed to providing a specific number of hours for new patients that cumulatively add up to projected clinic hour needs of the projected number of covered persons by county or service area.</li> </ul>
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		<ul style="list-style-type: none"> <li>▪ Hospital providing regional perinatal services and tertiary pediatric services</li> <li>▪ In-patient psychiatric services for adults, adolescents and children;</li> <li>▪ Residential substance abuse treatment centers;</li> <li>▪ Specialty out-patient centers for HIV/AIDS, sickle cell disease, hemophilia, and cranio-facial and congenital anomalies; and</li> <li>▪ Comprehensive rehabilitation services.</li> </ul> <p>○ Services will be available within 20 miles or 30 minutes average driving time, whichever is less, of 90 percent of covered persons within each county or service area:</p> <ul style="list-style-type: none"> <li>▪ Emergency mental health service, including a short term care facility for involuntary psychiatric admissions;</li> <li>▪ Outpatient therapy for mental health and substance abuse conditions;</li> <li>▪ Licensed long-term care facility, therapeutic radiations, MRI, diagnostic radiology, renal dialysis</li> <li>▪ In any county or approved service area in which 20 percent or more of a carrier's projected or actual number of covered persons must rely upon public transportation to access health care services, as documented by U.S. Census Data, the driving times set forth in the specifications above shall be based upon average transit</li> </ul>		
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		time using public transportation, and the carrier shall demonstrate how it will meet the requirements in its application.		
<b>New Mexico</b> <i>(Standards apply to Managed health care plans)</i>	N. M. STAT. ANN. § 59A-57-4 (1998); N.M. CODE § 13.10.22 (1998)	<ul style="list-style-type: none"> <li>• In population areas of 50,000 or more residents, 2 PCPs are available within no more than 20 miles or 20 minutes average driving time for 90 percent of the enrolled population, or, in population areas of less than 50,000, 2 PCPs are available in any county or service area within no more than 60 miles or 60 minutes average driving time for 90 percent of the enrolled population.</li> <li>• For remote rural areas, the superintendent shall consider on a case by case basis whether the MHCP has made sufficient PCPs available given the number of residents in the county or service area and given the community's standard of care.</li> <li>• Attempt to provide at least one licensed medical specialist in those specialties that are generally available in the geographic area served, taking into consideration the urban or rural nature of the service area, the geographic location of each covered person, and the type of specialty care needed by the covered person population.</li> <li>• In population areas of 50,000 or more residents, at least one licensed acute care hospital providing, at a</li> </ul>	<ul style="list-style-type: none"> <li>• Emergency care is immediately available without prior authorization requirements. The medical needs of covered persons are met 24 hours per day, seven days per week.</li> <li>• Urgent care shall be available within 48 hours of notification to the PCP or MHCP, or sooner as required by the medical exigencies of the case;</li> <li>• For emergent and urgent care, triage services by PCP 7 days per week and 24 hours per day</li> <li>• Routine appointments scheduled as soon as is practicable given the medical needs of the covered person and the nature of the health care professional's medical practice;</li> <li>• Routine physical exams shall be scheduled within 4 months;</li> <li>• All appointments shall be scheduled either during normal business hours or after hours (if applicable), depending upon the individual patient's needs and in accordance with the individual physician's scheduling practice.</li> </ul>	<ul style="list-style-type: none"> <li>• Must have a sufficient number of PCPs to meet the primary care needs of the enrolled population, using, as guidelines for calculation, the following criteria: 1) that each covered person will have four primary care visits annually, averaging a total of one hour; 2) that each PCP will see an average of four patients per hour; and 3) that one full-time equivalent PCP will be available for every 1,500 covered persons.</li> </ul>

		<p>minimum, licensed medical-surgical, emergency medical, pediatric, obstetrical, and critical care services is available no greater than 30 miles or 30 minutes average driving time for 90 percent of the enrolled population within the service area, and, in population areas of less than 50,000, that the acute care hospital is available no greater than 60 miles or 60 minutes average driving time for 90 percent of the enrolled population within the service area.</p> <ul style="list-style-type: none"> <li>• For remote rural areas, the superintendent shall consider on a case by case basis whether the MHCP has made at least one licensed acute care hospital available given the number of residents in the county or service area and given the community's standard of care.</li> </ul>		
<p><b>New York</b> <i>(Standards apply to issuers of health insurance contracts or policies)</i></p>	<p>N.Y. INS. LAW § 3241 (2015); Standards Guidance Document<sup>9</sup></p>	<ul style="list-style-type: none"> <li>• Must be geographically accessible (i.e., meeting time/distance standards) and be accessible for people with disabilities.</li> <li>• PCPs: <ul style="list-style-type: none"> <li>○ Metropolitan Areas: 30 minutes by public transportation.</li> <li>○ Non-Metropolitan Areas: 30 minutes or 30 miles by public transportation or by car.</li> <li>○ In rural areas, transportation may exceed these standards if justified.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>• A choice of 3 PCPs in each county, and potentially more based on enrollment and geographic accessibility; and</li> <li>• At least 2 of each specialist provider type, and potentially more based on enrollment and geographic accessibility.</li> <li>• Carrier must offer insureds a choice of 2</li> </ul>

<sup>9</sup> [http://www.dfs.ny.gov/insurance/health/Network\\_Adeq\\_standards\\_guidance.pdf](http://www.dfs.ny.gov/insurance/health/Network_Adeq_standards_guidance.pdf)

		<ul style="list-style-type: none"> <li>• Providers other than PCPs: It is preferred that an insurer meet the 30 minute or 30 mile standard.</li> <li>• At least one hospital in each county and at least 3 hospitals for Erie, Monroe, Nassau, Suffolk, Westchester, Bronx, Kings, New York and Queens Counties.</li> </ul>		<p>primary dentists in their service area and achieve a ratio of at least 1 primary care dentist for each 2,000 insureds.</p> <ul style="list-style-type: none"> <li>• Networks must include at least 2 orthodontists, 1 pedodontist and 1 oral surgeon.</li> </ul>
<b>North Dakota</b> <i>(Standards apply to Health Maintenance Organizations)</i>	N.D. ADMIN. CODE 45-06-07-06 (1994)	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>• Emergency Services available and accessible 24 hours/day and 7 days/week.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>
<b>Pennsylvania</b> <i>(Standards apply to Managed Care Plans)</i>	28 PA. CODE § 9.679 (2001)	<ul style="list-style-type: none"> <li>• Plan shall provide for at least 90% of its enrollees in each county in its service area, access to covered services that are within 20 miles or 30 minutes travel from an enrollee's residence or work in a county designated as a metropolitan statistical area (MSA) and within 45 miles or 60 minutes travel from an enrollee's residence or work in any other county. Standard applies to primary care, specialty care and other health care facilities and services necessary to provide covered benefits. Standards also apply to prescription drugs, vision, dental and DME, to extent provided.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>

<b>South Dakota</b> <i>(Standards apply to Managed Care Plans)</i>	S.D. CODIFIED LAWS § 58-17F-5 to 58-17F-9 (2011); S.D. ADMIN. R. 20:06:33:04 (2011)	<ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>Emergency services available twenty-four hours a day, seven days a week.</li> </ul>	<ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul>
<b>Tennessee</b> <i>(Standards apply to Health Maintenance Organizations and Managed Care Plans)</i>	TENN. CODE ANN. § 56-7-2356 (1998); TENN. COMP. R. & REGS. 1200-8-33-.06 (2003)	<ul style="list-style-type: none"> <li>Managed health insurance issuer and HMOs shall demonstrate the following: <ul style="list-style-type: none"> <li>An adequate number of acute care hospital services, within a reasonable distance or travel time;</li> <li>An adequate number of primary care providers and hospitals within not more than 30 miles distance or 30 minutes travel time at a reasonable speed;</li> <li>An adequate number of specialists and subspecialists, within a reasonable distance or travel time.</li> </ul> </li> <li>Point of service providers shall see patients on a timely basis.</li> </ul>	<ul style="list-style-type: none"> <li>Access to emergency services 24 hours per day, 7 days per week.</li> <li>For HMOs, the hours of operation and service availability for behavioral health care must reflect the needs of members needing behavioral health care.</li> </ul>	<ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul>
<b>Texas</b> <i>(Separate standards apply to Health Maintenance Organizations and Preferred Provider Organizations)</i>	HMO: 28 TEX. ADMIN. CODE § 11.1607 (2006); PPO: 28 TEX. ADMIN. CODE § 3.3704 (2013)	HMO: <ul style="list-style-type: none"> <li>30 miles for primary care and general hospital care; and 75 miles for specialty care, specialty hospitals, and single healthcare service plan physicians or providers.</li> </ul> PPO: <ul style="list-style-type: none"> <li>Provide for preferred benefit services sufficiently accessible and available as necessary to ensure that the distance from any point in the</li> </ul>	HMO: <ul style="list-style-type: none"> <li>Emergency care, general, special, and psychiatric hospital care available and accessible 24 hours per day, 7 days per week, within the HMO's service area.</li> <li>Urgent care shall be available: <ul style="list-style-type: none"> <li>medical, dental and behavioral health conditions within 24 hours;</li> </ul> </li> <li>Routine care shall be available: <ul style="list-style-type: none"> <li>medical conditions within 3 weeks ;</li> </ul> </li> </ul>	HMO: <ul style="list-style-type: none"> <li>No quantitative criteria provided.</li> </ul> PPO: <ul style="list-style-type: none"> <li>No quantitative criteria provided</li> </ul>

		<p>insurer's designated service area to a point of service is not greater than:</p> <ul style="list-style-type: none"> <li>○ Primary care and general hospital care - 30 miles in non-rural areas and 60 miles in rural areas ; and</li> <li>○ Specialty care and specialty hospitals - 75 miles.</li> </ul>	<ul style="list-style-type: none"> <li>○ behavioral health conditions within 2 weeks</li> <li>○ dental conditions within 8 weeks ; and</li> <li>● Preventive health services shall be available: <ul style="list-style-type: none"> <li>○ within 2 months for a child;</li> <li>○ within 3 months for an adult; and</li> <li>○ within 4 months for dental services.</li> </ul> </li> <li>PPO: <ul style="list-style-type: none"> <li>● Emergency care available 24 hours/day and 7 days/week</li> <li>● Urgent care for medical and behavioral health conditions available and accessible within designated service area within 24 hours</li> <li>● Routine care: <ul style="list-style-type: none"> <li>○ within 3 weeks for medical conditions; and</li> <li>○ within 2 weeks for behavioral health conditions;</li> </ul> </li> <li>● Preventive health services: <ul style="list-style-type: none"> <li>● within 2 months for a child, or earlier if necessary for compliance with recommendations for specific preventive care services; and</li> <li>● within 3 months for an adult.</li> </ul> </li> </ul> </li> </ul>	
<p><b>Vermont</b> <i>(Standards apply to</i></p>	<p>21-040-010 VT. CODE R. § 1 (2009)</p>	<ul style="list-style-type: none"> <li>● Travel times from residence or place of business, generally should not exceed: <ul style="list-style-type: none"> <li>○ Primary care provider - 30 minutes ;</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Immediate access to emergency care</li> <li>● Urgent care - 24 hours or a time frame consistent with the medical</li> </ul>	<ul style="list-style-type: none"> <li>● No quantitative criteria provided</li> </ul>

<p><i>Managed Care Organizations)</i></p>		<ul style="list-style-type: none"> <li>○ Mental health and substance abuse services routine, office-based services - 30 minutes ;</li> <li>○ Outpatient physician specialty care; intensive outpatient, partial hospital, residential or inpatient mental health and substance abuse services; laboratory; pharmacy; general optometry; inpatient; imaging; and inpatient medical rehabilitation services - 60 minutes;</li> <li>○ Kidney transplantation; major trauma treatment; neonatal intensive care; and tertiary-level cardiac services, including procedures such as cardiac catheterization and cardiac surgery -- 90 minutes; and</li> <li>○ Reasonable accessibility for other specialty services, including major burn care, organ transplantation (other than kidneys), and specialty pediatric care.</li> </ul>	<p>exigencies of the case for urgent care</p> <ul style="list-style-type: none"> <li>● Outpatient mental health and substance abuse care designated by the member or provider as non-urgent is not considered to be urgent care;</li> <li>● Non-emergency, non-urgent care - 2 weeks ;</li> <li>● Preventive care, including routine physical examinations, - 90 days; and</li> <li>○ Routine laboratory, imaging, general optometry, and all other routine services - 30 days.</li> </ul>	
<p><b>Virginia</b> <i>(Standards apply to Health Maintenance Organizations)</i></p>	<p>VA. CODE ANN. § 38.2-4312.3 (2011)</p>	<ul style="list-style-type: none"> <li>○ No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>● Emergency medical care available on a 24-hour basis: <ul style="list-style-type: none"> <li>○ access to medical care or</li> </ul> </li> <li>● access by telephone to a physician or licensed health care professional with appropriate medical training.</li> </ul>	<ul style="list-style-type: none"> <li>● No quantitative criteria provided.</li> </ul>
<p><b>Washington</b> <i>(Standards apply to Essential Health Benefit Services)</i></p>	<p>WASH. ADMIN. CODE § 284-170-200 (2016)</p>	<ul style="list-style-type: none"> <li>● Hospitals and Emergency Services: Each enrollee access within 30 minutes in urban area and 60 minutes in a rural area from either residence or workplace</li> </ul>	<ul style="list-style-type: none"> <li>● Emergency services are accessible 24 hours per day, 7 days per week.</li> <li>● EHB services: Urgent appointments without prior authorization within 48 hours, or</li> </ul>	<ul style="list-style-type: none"> <li>● PCP: the ratio of primary care providers to enrollees within the issuer's service area as a whole must meet or exceed the average ratio</li> </ul>

		<ul style="list-style-type: none"> <li>• PCP: 80% of enrollees within the service area are within 30 miles of a sufficient number of primary care providers in an urban area and within 60 miles of a sufficient number of primary care providers in a rural area from either their residence or work.</li> <li>• Mental health and substance use disorder providers, such as licensed psychiatrists, psychologists, social workers, and mental health nurse practitioners, 80% of the enrollees in the service area have access to a mental health provider within 30 miles in an urban area and 60 miles in a rural area from either their residence or workplace.</li> <li>• For specialty mental health providers and substance use disorder providers, 80% of the enrollees must access to the following types of service provider or facility: evaluation and treatment, voluntary and involuntary inpatient mental health and substance use disorder treatment, outpatient mental health and substance use disorder treatment, and behavioral therapy.</li> </ul>	<p>with prior authorization, within 96 hours of the provider's referral.</p> <ul style="list-style-type: none"> <li>• PCP: Non- preventive services within 10 business days of request.</li> <li>• Specialists: Non-urgent services - within 15 business days of referral.</li> <li>○ Preventive care services, and periodic follow-up care including, but not limited to, standing referrals to specialists for chronic conditions, periodic office visits to monitor and treat pregnancy, cardiac or mental health conditions, and laboratory and radiological or imaging monitoring for recurrence of disease, scheduling in advance, consistent with professionally recognized standards of practice.</li> </ul>	<p>for Washington State for the prior plan year.</p>
<p><b>Medicare Advantage</b> <i>(Standards apply to Medicare</i></p>	<p>Centers for Medicare &amp; Medicaid Services 2017 Letter to Issuers in the Federally-</p>	<ul style="list-style-type: none"> <li>• <u>Primary Care</u></li> <li>○ Large Metro – within 10 minutes/5 miles</li> <li>○ Metro – within 15 minutes/10 miles</li> <li>○ Micro – within 30 minutes/20 miles</li> <li>○ Rural – within 40 minutes/30 miles</li> <li>○ CEAC – within 70 minutes/60 miles</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Primary Care</u></li> <li>○ Large Metro – 1.67 ratio</li> <li>○ Metro – 1.67 ratio</li> <li>○ Micro – 1.42 ratio</li> <li>○ Rural – 1.42 ratio</li> <li>○ CEAC – 1.42 ratio</li> </ul>

<p><i>Advantage Organizations)</i></p>	<p>facilitated Marketplaces;  <sup>10</sup> CMS 2017 HSD Reference File<sup>11</sup></p>	<ul style="list-style-type: none"> <li>• <u>Specialty Care (see specific specialty)</u> <ul style="list-style-type: none"> <li>○ Large Metro – ranges from 20 to 30 minutes or 10 to 15 miles, based on specialty</li> <li>○ Metro – ranges from 30 to 60 minutes or 20 to 40 miles, based on specialty</li> <li>○ Micro – ranges from 50 to 100 minutes or 35 to 75 miles, based on specialty</li> <li>○ Rural – ranges from 75 to 110 minutes or 60 to 90 miles, depending on specialty</li> <li>○ CEAC – ranges from 95 to 145 minutes or 85 to 130 miles, depending on specialty</li> </ul> </li> <li>• <u>Facilities (see specific facility type)</u> <ul style="list-style-type: none"> <li>○ Large Metro – ranges from 20 to 30 minutes or 10 to 15 miles, depending on facility type</li> <li>○ Metro – ranges from 45 to 70 minutes or 30 to 45 miles, depending on facility type</li> <li>○ Micro – ranges from 80 to 160 minutes or 60 to 120 miles, depending on facility type</li> <li>○ Rural – ranges from 75 to 145 minutes or 60 to 120 miles, depending on facility type</li> </ul> </li> <li>• CEAC – ranges from 110 to 155 minutes or 100 to 140 miles, depending on facility type</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Specialty Care (see specific specialty)</u> <ul style="list-style-type: none"> <li>○ Large Metro – ranges from 0.01 to 0.27 ratio, based on specialty</li> <li>○ Metro – ranges from 0.01 to 0.28 ratio, based on specialty</li> <li>○ Micro – ranges from 0.01 to 0.24 ratio, based on specialty</li> <li>○ Rural – ranges from 0.01 to 0.24 ratio, depending on specialty</li> </ul> </li> <li>• CEAC – ranges from 0.01 to 0.24 ratio, depending on specialty</li> <li>• MAOs must have at least one of each HSD facility type.</li> <li>• Must have a minimum of 12.2 inpatient hospital beds per 1,000 beneficiaries required to cover for that county.</li> <li>• Provider/enrollee and facility ratios vary based on type of provider or facility and on the geographic category.</li> </ul>
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<sup>10</sup> [https://www.cms.gov/Medicare/Medicare-Advantage/MedicareAdvantageApps/Downloads/CY2017\\_MA\\_HSD\\_Network\\_Criteria\\_Guidance.PDF](https://www.cms.gov/Medicare/Medicare-Advantage/MedicareAdvantageApps/Downloads/CY2017_MA_HSD_Network_Criteria_Guidance.PDF)

<sup>11</sup> [https://www.cms.gov/Medicare/Medicare-Advantage/MedicareAdvantageApps/Downloads/CY2017\\_MA\\_HSD\\_Reference\\_File.zip](https://www.cms.gov/Medicare/Medicare-Advantage/MedicareAdvantageApps/Downloads/CY2017_MA_HSD_Reference_File.zip)

		<ul style="list-style-type: none"> <li>• At least 90% of have access to at least one provider/facility, for each specialty type, within established time and distance requirements for that county.</li> <li>• Specialized, long-term care, and pediatric/children’s hospitals as well as providers/facilities contracted with the MAO only for its commercial, Medicaid, or other products do not count toward meeting HSD criteria.</li> </ul>		
<b>National Committee for Quality Assurance (NCQA)</b>  <i>(Standards apply to NCQA Accredited Health Plans)</i>	Health Plan Accreditation 2016 and Additional Accreditation and Certification Product Updates Overview <sup>12</sup> ; 2016 NCQA Health Plan Accreditation Requirements <sup>13</sup>	<ul style="list-style-type: none"> <li>• Organizations must analyze access, availability and member experience to ensure that all services are accessible without an unreasonable delay.</li> <li>• Carriers must set quantitative standards for availability and accessibility of primary care providers and specialty care. The carrier determines which specialties these standards must apply to based on claim volume.</li> </ul>	<ul style="list-style-type: none"> <li>• NCQA has set appointment time standards for behavioral health and requires carriers to measure these for each type of behavioral health professional meeting NCQA's credentialing standards (e.g., psychologists, psychiatrists, licensed clinical social workers...).</li> <li>• Organizations must currently assess access for “routine” behavioral health visits within 10 business days.</li> </ul>	<ul style="list-style-type: none"> <li>• Plans must have enough in-network hospitals and doctors available to members so that all services will be accessible without an unreasonable delay.</li> <li>• Organizations currently must identify specialties considered high volume, which at a minimum must include obstetrics/gynecology.</li> </ul>
<b>Federally-Facilitated Marketplaces</b>	2017 Letter to Issuers in the Federally-facilitated Marketplaces <sup>14</sup>	<ul style="list-style-type: none"> <li>• <u>Primary Care</u> <ul style="list-style-type: none"> <li>○ Large Metro – within 10 minutes/5 miles</li> <li>○ Metro – within 15 minutes/10 miles</li> <li>○ Micro – within 30 minutes/20 miles</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>	<ul style="list-style-type: none"> <li>• No quantitative criteria provided.</li> </ul>

<sup>12</sup><https://www.ncqa.org/Portals/0/PublicComment/HPA2016/Health%20Plan%20Accreditation%202016%20and%20Additional%20Accreditation%20%26%20Certification%20Product%20Updates%20Overview.pdf>

<sup>13</sup> [https://www.ncqa.org/Portals/0/Programs/Accreditation/2016\\_HPA\\_SGs.pdf](https://www.ncqa.org/Portals/0/Programs/Accreditation/2016_HPA_SGs.pdf)

<sup>14</sup> <https://www.cms.gov/CCIIO/Resources/Regulations-and-Guidance/Downloads/Final-2017-Letter-to-Issuers-2-29-16.pdf>

<p><i>(Standards apply to Qualified Health Plans in Federally-Facilitated Marketplaces)</i></p>		<ul style="list-style-type: none"> <li>○ Rural – within 40 minutes/30 miles</li> <li>○ CEAC - within 70 minutes/60 miles</li> <li>● <u>Mental Health (Including Substance Use Disorder)</u></li> <li>○ Large Metro – within 20 minutes/10 miles</li> <li>○ Metro – within 45 minutes/30 miles</li> <li>○ Micro – within 60 minutes/45 miles</li> <li>○ Rural – within 75 minutes/60 miles</li> <li>○ CEAC – within 110 minutes/100 miles</li> <li>● <u>Other Specialty Care</u></li> <li>○ Large Metro – ranges from 20 to 30 minutes or 10 to 15 miles, based on specialty</li> <li>○ Metro – ranges from 45 to 60 minutes or 30 to 40 miles, based on specialty</li> <li>○ Micro – ranges from 60 to 100 minutes or 45 to 75 miles, based on specialty</li> <li>○ Rural – ranges from 75 to 110 minutes or 60 to 90 miles , depending on specialty</li> <li>○ CEAC – ranges from 110 to 145 minutes or 100 to 130 minutes, depending on specialty</li> <li>● Plans must provide access to at least one provider in each of the above-listed provider types for at least 90% of enrollees.</li> </ul>		
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